

INSIDE: Meet our new Camp Director (page 5), Drive "fore" Camp Golf Tournament (page 16), Odyssey Challenge (page 23), and much more!



MEMBERSHIP RENEWALS
Don't forget to renew by 12/31!
See page 3 for details.



WINTER & SPRING 2025

Winding Trails Newsletter



Fostering a Love for the Outdoors • Developing Leadership and Life Skills • Creating a Sense of Community



Dear Friends,

As you receive this newsletter, we will be well into December, and your 2024 membership will be ending. If you plan on renewing, remember that it must be done by December 31st. We have been taking renewals online since October 1st and appreciate that most of you have renewed. If you have not done so yet, do so immediately because we will not be able to offer any memberships after the end of the year.

Reflecting on the past year, it has been busy on many fronts. The Board of Directors continued its commitment to the Dunning Lake Master Plan by building the new Lakeside Pavilion, Grille, and new sidewalks. The new Grille had record usage with families eager to grab a meal and eat those delicious curly fries. The Lakeside Pavilion was a great spot for families and friends to gather for a picnic or catch one of the many musical events held there throughout the summer. The new post-tension concrete pickleball and tennis courts have been very well received by players of all ages. By the time you read this, we will also have a new pavilion completed at the courts which will be a nice, shaded area that can be used before or after your game.

Improvements for next year will be on the smaller size due to the large amount of money spent last year. We do plan on constructing a few new family changing areas in the Dunning Lake Bathhouse on the west side which was the location of the old Grille. This is something the membership has requested for some time and will be welcomed by those families with young children. We also will be replacing the wooden deck in front of the Boathouse pavilion with a concrete pad that will be cooler for your feet and not subject to splinters. In the camp area, we have replaced the asphalt patio in front of Garmany Hall and will be landscaping this area to improve camper safety and aesthetics. We have also built a new Gaga pit between the Raccoon and Hawk pavilions. This is a favorite camp activity and having a pit with a solid floor that does not puddle for a day after rainstorms will be welcomed. Lastly, we have plans to construct a new handicapped accessible year-round bathroom on the south side of the Lodge building. This will provide a welcome comfort station with running water in the "off season" when we must close our upper and lower bathhouses.

We would like to thank everyone who took the time to complete our member survey. We conduct these surveys every 3-4 years, and it was nice to hear you are enjoying our programs and the improvements we have made. We will spend this winter reading through your suggestions and seeing what else we can do to make Winding Trails even better.

As we move into 2025, I see Winding Trails as the place for people to come together, "unplug" from your screens, and recharge yourselves. Coming off a very contentious Presidential election the world continues to be a chaotic place with people seeming to focus only on our differences instead of what we have in common. I believe at Winding Trails we all can agree on our guiding principles of fostering a love for the outdoors, creating a sense of community, and developing leadership and life skills. These principles are not political and can be embraced regardless of age, sex, ethnicity, or sexual orientation. Winding Trails is a place that welcomes everyone, and we look forward to seeing old friends and making new ones in the coming year.

This newsletter is full of interesting articles and some wonderful programs. Keep in mind we only produce this newsletter twice a year. Throughout the year, we will add programs to our schedule that will be promoted through our website, Facebook, and Instagram. Please be sure you refer to these online postings for the latest program offerings. As we move to the holiday season, we want to thank all of you for your support this year and hope you have a healthy and safe New Year. If you have any questions, suggestions, or concerns please contact me at scott@windingtrails.org or call (860) 677-8458 x 18.

Sincerely

Scott Brown, CPRP
Executive Director

WINDING TRAILS 2025 INCOMING BOARD OF DIRECTORS

Reem Nouh, *President*
 Tom Greenebaum, *Vice President*
 Tim Roy, *Treasurer*
 Tom Atkins
 Stacie Aubrey
 Chris Chisholm
 Colette Fennessy

Donna Hamzy
 Steve Juers
 Alex Kushnir
 Jeff Rogers
 Tiffany Smetak
 James Sullivan

WINDING TRAILS 2025 INCOMING COMMITTEE MEMBER VOLUNTEERS

Kristen Burns
 Kerry Callahan
 Jusin Carbonneau
 Jonathan Chaia
 Jill Clark
 Sal Corio
 Brian Cunningham
 Elizabeth Daly-Standish
 Cedric DeLaCruz
 Kate Doemland
 Lisa Duquette
 Joy Fausey
 Colette Fennessy
 Patrice Freeman
 Emily French
 Stephen Frenkel
 Tom Greenebaum
 Stacy Kennedy
 Wendy Ku

Patty Lavendier
 Alana Ledford
 Rob Low
 Alison McVeigh
 Scott Muska
 Pam Nahorniak
 Mahmoud Omar
 Jim Platosh
 Mario Reyes
 Rania Rifaey
 Tom Roy
 Shannon Rutherford
 Betsy Sargent
 Paul Schned
 Danitza Sieklicki
 Greg Sieklicki
 Rob Tacinelli
 Danielle Truncali
 Jon Wu

WINDING TRAILS ANNUAL MEETING

Winding Trails will hold its Annual Meeting on Thursday, January 9th, 2025, at 6:30pm in the Main Office Conference Room. This meeting is open to the general membership. Anyone interested in attending or putting an item on the agenda must contact Scott Brown, Executive Director, at (860) 677-8458 x18 or email scott@windingtrails.org by Friday, January 3rd.

WINDING TRAILS STAFF • (860) 677-8458

Membership/Programs Administrator	Kim Kowalski	Ext. 10	kim@windingtrails.org
Recreation Supervisor	Bailey Dailey	Ext. 11	bailey@windingtrails.org
Camp Administrator	Renee Felter	Ext. 12	renee@windingtrails.org
Recreation Supervisor	Shawn Hussey	Ext. 13	shawn@windingtrails.org
Outdoor Adventure Coordinator	Mike Trevail	Ext. 14	mike@windingtrails.org
Education Director	Mark Dale	Ext. 16	mark@windingtrails.org
Executive Director	Scott Brown, CPRP	Ext. 18	scott@windingtrails.org
Financial Manager	Pat Schnee	Ext. 19	pat@windingtrails.org
Park Director	Bryan Martin	Ext. 21	bryan@windingtrails.org
Camp Director	Paul Cappadona	Ext. 31	paul@windingtrails.org
Park Maintainer	Anthony Baio		
Park Maintainer II	Kyle Harding		
Park Maintainer	Kyle Murkovicz		
Park Maintainer	Nick Voitkevics		

MEMBERSHIP REMINDER

Membership renewals were sent out on October 1st. We have also sent multiple reminders through email, Facebook, and Instagram about renewing your membership for 2025. Many of you have already taken advantage of our convenient online renewal process. If you still need to renew, just go to windingtrails.org and click on the Membership Renewal link. You can call our office to have a paper copy mailed to you if you prefer. Your 2024 membership expires on December 31, 2024. As our wait list is over 2100 families, we will only be able to guarantee your membership spot until December 31st. *Do not forget to renew!!*

As a member, you agree to follow all our rules, policies, and new member code of conduct. If you would like to review these policies, you can find our new Member Handbook on the Membership tab of our website. Your membership is based on your acceptance of the membership policies and procedures listed in the handbook. Please be sure to read these policies and abide by them.

With our barcode system, new stickers will only be issued if you change vehicles or there is a problem scanning your sticker. If your sticker has trouble scanning at the gate, please contact our office for a replacement. Barcode stickers will remain valid if dues are paid up to date. If you sell a vehicle or have the windshield replaced, you should remove your sticker and return it to the office. We hope to see you next year!

OFFICE HOURS/DROP BOX

The Main Office is open 8:30am–4:00pm, Monday through Friday. If you miss our office hours, you can always use the Drop Box located next to the office door.

HOLIDAY HOURS

Our Main Office will be closed on Tuesday, December 24th and Wednesday, December 25th for the Christmas Holiday and on Wednesday, January 1st for the New Year's Day holiday. In the event we have snow, the Cross-Country Ski Center will also be closed on Christmas Day. The Main Office will also be closed on Friday, April 18th and Monday, May 26th for Good Friday and Memorial Day, respectively.





NATURE PORCH HOURS

Nature's Porch is located on the eastern shore of Walton Pond and offers nature-themed "drop-in" activities during open hours. Nature programs, from birdwatching and walks to fishing classes and more, are offered for families and individuals on many weekends. Check the calendar for program dates. The large front porch and its inviting chairs are available anytime during park hours. Come visit us and explore this portion of the property!

Dates: Saturday & Sundays, April 26th – September 28th
Holiday Mondays, May 26th (Memorial Day) & September 1st (Labor Day)

Hours: 12:00pm – 5:00pm

PARK ENTRANCE

Winding Trails access is through our Main Gate only. The job of our Gatehouse staff is to greet constituents, verify membership and guests, and provide information on the park. Our gatehouse staff are here to ensure the integrity of your membership. Although the winter and spring may be "quieter" seasons at Winding Trails, all rules and policies are still in effect. This includes the fact that membership is required all year, along with paying for guests, and no pets are allowed. Please remember to roll your windows down when approaching the gate and announce any guests you may have. Also be sure your vehicle has your membership sticker affixed to the lower left-hand side of your windshield. The gate attendant will welcome you and scan your vehicle membership sticker which will let us know you are on property. If you see any issues or problems on property and the Main Office is not open, be sure to let the gate attendant know and they can contact the appropriate staff.



GUEST FEES

Guests of members must be registered online using the Guest Registration link on our homepage. These guests must park outside the main gate and ride into the park in the members' car. Members are limited to six guests per membership per day. Guest fees are \$7.00 for adults and \$5.00 for children ages 3 to 15. Discounted guest books are available at the front gate or in the main office.

NO SMOKING POLICY

If you are a smoker and must smoke on property, we ask that you do not smoke on Dunning Lake beach or in the picnic area. Smoking will be permitted north of the wooden guard rail fence. We ask for your cooperation in complying with this policy.

BOAT STORAGE

Winding Trails has a limited number of boat storage slips for members located across the road from the Main Office. Boat storage is available from April 1st to November 15th for a fee of \$120.00. **All boats will need to be removed each year by November 15th, year-round storage is not provided.**

FISHING ON DUNNING LAKE

Dunning Lake is open for fishing year-round except for April 1st through April 4th due to our annual trout stocking. (Please note we will be holding the Children's Fishing Derby on Saturday, April 5th from 8:00am – 10:00am.) Members 16 years of age and older must have a valid CT fishing license. To help with the health of our fish population and the enjoyment of all anglers, we encourage you to "catch and release". If you do intend to take the fish, you are limited to three trout or bass per day. If you bring a guest, you and your guest are limited to five trout or bass per day. There is also a size limit on bass. Twelve-to-sixteen-inch bass are in the protective range and must be released. Only one bass over 16" may be kept each day.

PICKLEBALL AND TENNIS INFORMATION

Winding Trails has six pickleball courts and two tennis courts. These courts will be open for play around April 1st depending on the weather. The hours will be from 8:00am to 7:45pm. Time limit per court is one hour unless no one is waiting to use them. Tennis camp will be using both tennis courts between the hours of 9:00am to noon the week of June 23rd - June 27th and July 28th – August 1st. The temporary pickleball courts at the far end may be used by the camp program Monday- Friday from 10:00am to 3:00pm, June 23rd to August 15th.

THE FUTURE OF BIRDING AT THE TRAILS

Do you have a smart phone and an interest in learning about the birds surrounding your life? You can be part of the future of Birding at Winding Trails. The free app is called Merlin Bird ID by Cornell Lab and is part of E-Bird and Cornell University. The app allows us, who can hear the birds, but can't see them, to identify the bird by its song! Merlin not only hears them all but then brings up a picture and provides species information.

The Connecticut Ornithological Association has 450 listed bird species for the state posted at this link: www.ctbirding.org/birds-birding/checklist-of-the-birds-of-connecticut/ On that list, 7 species are extinct or extirpated from the state. There are roughly another 152 species of birds that would not travel to our property because we don't have an ocean shoreline or the habitat they like.

This leaves us with 291 possible species that might live on property or stop by. Winding Trails started keeping a bird checklist in 2007. As of 2024, we have seen, heard and verified 127 species. Of the remaining numbers, 28 species are likely to visit us for the summer while the other 136 species we need to catch during migration season.

This fall, we beta tested a program using Merlin Bird ID with a large group of people throughout the woods of



Winding Trails. Many thanks to the Farmington Branch of Bank of America for donating Community Volunteers for the day. We learned a few things and are ready to include the membership in our quest to enjoy, educate, and appreciate the role of birds on property and your backyard. Download the app and start practicing at your home this winter while we figure out how to efficiently catalog the results. We have scheduled a bird program (page 26) at the end of April to coincide with migration season. If you have any interest in birds, mark the date and let's get listening!

CAMP CORNER



Winding Trails Summer Camp Program has had the good fortune of having several long-term Camp Directors in its 77-year history. In fact, in the last 38 years we have had only four individuals in that position. Starting in December, we will welcome our new Camp Director, Paul Cappadona.

Paul was offered the position after a two-month search that saw 138 candidates apply for this position. After several interviews, we felt he would be the best candidate to lead our camp program for the coming years. He has 10 years experience as a Camp Director with the YMCA at both Camp Jewell and Camp Chase. His knowledge of the camps, experience training and hiring staff, and passion for youth development were a few things that stood out. Paul has a degree in Outdoor Adventure Education and other experience with challenge courses, recreation, and property management. He also attended Winding Trails as a camper years ago. Paul lives in Bloomfield with his wife Katie and their daughter Rory. He hopes to continue to create the quality camp experience our families are accustomed to and create programs that serve the whole family, campers and parents alike. We look forward to you getting to know Paul through our camp program and other events.

Looking toward the summer of 2025, enrollment opened in mid-November and most camp sessions filled as usual. Keep in mind that in addition to the Summer Day Camp, we also offer a variety of activities throughout the summer on a weekly basis that include half-day Sports Programs and Adventure Camps that in conjunc-



tion with Afternoon Explorers can be a full day. Schedule adjustments, special events, and new activities are being discussed and hiring for next summer is going on now.



Accepting Applications for Seasonal Work: Do you love working outdoors and believe in Winding Trails mission of fostering love for the outdoors, creating a sense of community, and developing leadership and life skills? We are accepting applications for summer positions as camp counselors, program specialists, lifeguards, swim instructors, challenge course facilitators, boating and gate attendants, and more. For more information and applications visit windingtrails.org/ employment or come to our Job Fair scheduled for Saturday, January 4th from 10am to noon in Garmany Hall.

TRAIL WORK

A Peak Behind the Curtain



Have you ever wondered how things get done at Winding Trails? The impertinent answer is “to darn fast or glacially slow” depending on your perspective, with most of us piled somewhere in the middle. To anchor this tale, we will use the new Lakeside Pavilion which replaced the Roosen Roost Pavilion at Dunning Lake. Winding Trails is a non-profit organization and is owned by its members. It is governed by dues paying members who volunteer to serve on a 13-person Board of Directors presently Chaired by Jon Chaia with six different Committees to support the Board. Scott Brown is the Executive Director and manages the day-to-day work with 13 full-time employees and 275 part-time employees. We are the largest employer of young people in the Valley. The Lakeside Pavilion first showed up as an idea in 2014. Winding Trails had just completed its “Save Walton Pond” project which included dredging the pond,

installing new dams, and the building of Nature’s Porch. Our next major task was controlling erosion problems at the beach and picnic areas during major rains which often left 3-foot-deep crevasses on the beach. The Board of Directors (BOD) commissioned a study to address the erosion problem and develop improvements for Dunning Lake beach and picnic areas. The result was a plan that identified multiple projects to be completed in the next decade. The Boathouse Pavilion was the first project from that plan along with the construction of new sidewalks which direct the water to new catch basins which caught the water before destroying the beach. This was followed by a bathhouse face-lift, lifeguard pavilions, and a new playground which brings us to 2022 and the task of creating a new pavilion to open for the summer of 2024. The following is a list of different players involved in that project, with a short discussion of their focus, expertise, and contributions to bring the idea to fruition.

Members:

Members were invited to contribute their input to the 10-year Dunning Lake Master Plan in 2014. There have been several membership surveys since then that quantify interest and overall happiness with the direction, design, and functionality of existing structures and programming with future possibilities.

Board of Directors (BOD):

The BOD is responsible for governing and overseeing a nonprofit organization's operations. They set goals, strategic plans, ensure legal and ethical compliance, and provide financial stability and long-term sustainability. The BOD greenlighted the idea of the Lakeside Pavilion and then sent it down to the committees and staff to work out a proposal with design and cost details before ultimately approving it. Each supporting committee is chaired by a sitting Board member.

Executive Director and Staff:

The staff spent a lot of time hashing out the who, what, when, where and why. It was felt that this should be primarily a member pavilion, located in the northwest corner, with seating for 100 people, including a double stage for indoor/outdoor events, be the official Dunning Lake program area, and rainy-day space for camp and swim lessons. For cost savings, our maintenance staff would remove the old pavilion and do the final landscaping.

Area and Facilities Committee (A & F):

The A & F Committee is responsible for recommending the development and maintenance of the property, facilities, construction, and equipment at Winding Trails. A & F then took the programming requests for a new pavilion and started to provide basic shape and design to fit with form and function. Out of this, a Request for Proposals was released to general and specialty contractors to provide drawings and bids on the project. All drawings and bids were reviewed with the top three interviewed and details and costs clarified. Once a contract was awarded, the Committee oversaw the staging, construction, materials, and clean-up of the project while keeping the BOD updated.

Finance and Insurance Committee (F & I):

The F & I Committee is responsible for ensuring the financial stability of the organization, assuring appropriate use

of funds and assurance of the safety of all assets. These are people with expertise in managing, accounting, investing and insurance. They provide the Board with information on how much and when money should be spent. This committee made sure we had the funds to complete such a project.

Development Committee:

The Development Committee and the whole Board are responsible for strategic fund development and implementation. This Committee designs and oversees the fundraising efforts for the Trails Fund and major gift initiatives. This included a Farm-to-Table fundraiser dinner held in mid-September.

The Risk Management Committee:

The Risk Management Committee is responsible for reviewing accident and incident reports and promoting park and workforce safety. They watched out for member safety during construction. This included lightning protection on the new pavilion and a safety walkthrough before the official opening.

Community Engagement Committee (CEC):

The Community Engagement Committee (CEC) exists to help improve the overall experience at Winding Trails for ALL its constituents by supporting efforts that help ensure the conservation & stewardship of Winding Trails and building an inclusive and diverse community of members and partners. They looked at the environmental impacts of the new pavilion and ensured wheelchair access to the pavilion, tables, and stage as well as putting together this summer's member survey for future planning.

Board Stewardship Committee:

The Board Stewardship Committee had nothing and everything to do with a new pavilion. They provide the foundation of Winding Trails by soliciting, interviewing, and placing volunteers on different committees, Board of Directors, and overseeing the hiring and evaluating of the Executive Director.

The result is the Lakeside Pavilion, an esthetically pleasing functional pavilion. Please keep in mind that this simple list of "who does what" lacks all the human input of time, effort and frustration associated with big projects. The Board and committees care and work hard to provide a park that is beautiful, functional and sustainable. And, despite all of our differences, we all agree that Winding Trails has something special.



It took the focus, expertise, and contributions of the Winding Trails community to bring the Lakeside Pavilion and other projects from concept to reality.



THANK YOU FOR YOUR DONATIONS!

Winding Trails is extremely fortunate to have many generous supporters. These include members, summer camp families, businesses, and local civic groups.

This past year was a unique year. Not only did we do our traditional Trails Fund campaign, but we also held a Grille and Facilities Campaign to support the construction of our new tennis and pickleball courts as well as the Lakeside Pavilion and Grille.

Thanks to the generosity of hundreds of you, Winding Trails continues to improve each year. This summer many of you got to enjoy the new courts, pavilion, sidewalks, and Grille. It was great to see these facilities getting tons of use. Support to Winding Trails comes in a variety of different ways. Much of the support comes directly through financial contributions and other monies come from the proceeds from our various fundraising special events. We are forever grateful for the generosity of all you who donate and encourage others to consider making Winding Trails part of your charitable giving.

Winding Trails was fortunate to receive 360 donations last year totaling \$130,483. There was \$85,690 donated to the Trails Fund and \$38,881 to our Facilities Campaign. There was an additional \$5,912 donated to our endowment and Colan Callahan Memorial Campership Fund. This year's fundraising events brought in an additional \$51,260. This included a record \$37,098 from our Drive for Camp golf tournament, \$9,497 from the Acoustic Festival, \$3,636 from Nature's Open House, and \$5,130 from our new Farm to Table event.



The Development Committee makes recommendations on how Trails Fund donations are spent, and the Board of Directors then approves these expenditures. The following is the breakdown of how this past year's monies were spent or plan to be spent in the coming year:

CAMPERSHIP:

\$36,450 was used to send 84 children to camp in 2024.

CAMP IMPROVEMENTS:

\$40,000 will be spent on a new year-round handicap bathroom in the camp area

\$8,000 for improvements to front of Garmany Hall

\$7,500 for new Camp Mountain Bikes

\$6,000 for new Sportsplex stairs

\$1,500 for new sand at Walton Pond

ENVIRONMENTAL INITIATIVES:

\$10,000 for erosion and trail improvements

\$5,000 for new trees and landscaping

\$2,500 for free wildlife and educational programs

DUNNING LAKE BEACH AND PICNIC AREA:

\$5,000 for new flagpole

\$7,000 for new picnic tables for Lakeside Pavilion

\$5,000 for additional beach sand

\$3,800 for lightning protection on Lakeside Pavilion

\$3,000 for Lakeside Pavilion sound system

GENERAL SUPPORT:

\$4,000 for resealing park buildings

\$3,500 for used motor for Pontoon Boat

\$3,000 for continued park surveying

\$2,500 for Acoustic Nights

\$2,000 for Winding Trails Staff Scholarship

The following is a list of our major donors as of fiscal year end September 30, 2024. If you recognize any of these names, please be sure to thank them for their additional support to conserving the environment, providing opportunities for children to attend camp, and providing general organization support.

An * means the people donated to the 2024 Grille and Facilities Campaign as well.

LEADERSHIP CIRCLE: \$5,000 & OVER

Joy Fausey and Peter McHugh *
Ellen J. Goldfarb Memorial
Charitable Trust
Highland Park Families Foundation
Kristian & Nancy Jensen
Low Family

BENEFACTORS: \$2,500 - \$4,999

Bill and Jill Clark
Alan & Betty Coykendall
Farmington Community Chest
Elizabeth Hurgin
Kaitlyn Lagassey
Leber Family *
Winding Trails Campers

PATRONS: \$1,000 - \$2,499

Tom and Kris Atkins *
Stacie and Andrew Aubrey *
Aucoin Family *
Dick & Katie Benashski *
Kerry & Maura Callahan
Community Foundation of
Chattahoochee Valley
Cedric DeLaCruz
Fahlstedt Family
Camille Gagliardi & Dana Gillette
Jeff and Jennifer Hogan *
Keating Family *
Maura and Daniel Kennedy
Brian & Bonnie Liistro *
William & Nicole Rubinow
Rutherford Family
Jackie Scheib
Nancy and Russ Sylvester

SUPPORTERS: \$500 - \$999

Ann & Randy Barton
Douglas & Elizabeth Bowen
Judith Brown *
Scott & Sue Brown *
Burns/Beck Family
Mrs. Robert F. Campbell *
Chaia Family
Brian Cunningham & Family *
Mark & Melissa Dale *
Doemland Family
Brian and Sandy Gervais
Lewis & Margaret Gillett

Erin & Kent Herzog *
Hoppa Family
Niels & Barbara Jensen *
Kushnir Family
Loucks Family *
John Maloney Family *
Kate Mylod and
Tim Lynch *
Nelson Family
Reem Nouh and Mahmoud Omar *
Alan Perrie
Platosh Family *
Rogers Family
Tim & Danielle Roy
Schiller Freess Family
William Scurr and Tiffany Smetak *
Richard & Candace Seaman *
Sean and Lisa Smith
Molly Sullivan
Titolo Family
Udal Family *
Luke & Matt Versland *
Lizz & Patrick Weiler *
Susan Burr Williams *
Jon Wu/Shumei Kuo *

FRIENDS: \$250 - \$499

Anita Ackerlind
Ascenzo Family *
Robert & Delia Ayer
Donna & John Baily *
Bischof Family *
Terri Buganski *
Byrne Family *
Cahalane Family
Elizabeth & Tony Carroll
Bill and Lorraine Cromack
Liz Daly-Standish *
Demers Family
Lisa Duquette
Joel & Laura Ferreira *
Byron & Janice Fisher *
Kate Flanders
Michael & Patrice Freeman
Paul and Allison Freeman
and Family *
Frenkel Family *
Tom & Peggy Goz
Herens Family *
Glenn Hogan Family



Johansen Family
Susan Keller *
Barbara Knibbs
Alex Lucyk
McCollam/O'Connor Family
Alison McVeigh *
Melo Family
Frank Michitti & Wendy Ku
Bob & Carol Mumford
Nancy and Hugh Murray *
Christopher & Shirine Niemann *
William Nusom
The Office Works
Pio Family
Paula & Kevin Ray *
Laura Reiter & Robert Cohen *
Rifaey Family
Brian and Melissa Rubino
Marieanne & Henry Schadler
Seapan Family *
Sieklicki Family
Gaida Skulte & Juris Freiman *
Skulte Family *
Tacinelli Family
Tangerine Project
Tostmann Family
Waller Family *
Donna & Dean Williams *
Zenke Family

ENDOWMENT CONTRIBUTORS:

William Bitterli
Hartford foundation for Public Giving
Steven Honeyman
John Horak & Deborah Robin
Neil & Heather Kelsey
Mahlis/Martinelli Family
Matos Family
Douglas A Ross
Deborah & Michael Sacks



CROSS COUNTRY SKIING

Winding Trails operates the only full-service cross-country ski center in the state. Winding Trails machine grooms all 12.5 miles of trails for both traditional skiing and skate skiing. As a member of Winding Trails, you always ski for free. If you need to rent skis or take a lesson, there is a fee. Winding Trails has a beautiful fleet of Fisher skis available for rent. We also have a retail shop if you are interested in purchasing equipment. The Ski Center is open to the public and attracts cross country enthusiasts from throughout southern New England and New York.

Winding Trails does plan to open its Cross-Country Ski Center as soon as we get sufficient snowfall. The number of days of skiing is dependent on Mother Nature, we are hopeful for a good winter. As soon as Mother Nature unfolds her 6" white blanket, our 20 km of trails will be groomed and tracked for your skiing pleasure. Please no walking on ski trails – No pets allowed on premises at any time. *This program is weather permitting so be sure to check our website for current conditions.*

HOURS

Daily 9:00am – 5:00pm, weather permitting

RATES

GENERAL PUBLIC TRAIL PASS TICKETS MUST BE PURCHASED IN ADVANCE ONLINE AT: WINDINGTRAILS.ORG/WINTER-GUEST-REGISTRATION/

NOTE: 2025 Winding Trails members do not pay for trail passes

Daily Ski Trail Pass	Full Day
Adult	\$14
Senior (62+)	\$10
Child (3 to 15)	\$8

Daily Snowshoeing, Ice Skating, and Sledding Fees

Adult	\$7
Child (3 to 15)	\$5

WINTER SEASON PASSES

Individual	\$125
Family (up to 4 members)	\$300
Each Additional Family Member	\$.50
Senior Pass (62+)	\$100

RENTALS

Children	Adults (15 & under)
Traditional Skis (skis, boots, poles)	\$17 \$12
Skate Skis (skis, boots, poles)	\$19
Pulk Sled (2 hour limit)	\$12
Snowshoes	\$12 \$10
Snow Tube	\$6
Ice Skates	\$5

All rentals must stay on premises and be returned by 4:30pm.

LESSONS

	Adults	Children (8 to 15)
Group Beginner Lessons (1 hour)	\$20	\$15
Semi-Private Lessons (1 hour)	\$25	\$20
Private Lessons (1 hour)	\$30	\$25

Group lessons are offered weekdays at 10am & 1pm, weekends/holidays at 9:30am, 11am, 1pm & 2:30pm. The semi-private lessons are for 2 or more. Prices are per student. Private lessons are scheduled by appointment.

CROSS COUNTRY RETAIL SHOP

Winding Trails is the place to purchase a beautiful new set of Fisher skis or pick up a ski accessory or wax. You won't find better prices or service. When the Ski Center is open the retail shop will be open. Typical shop hours: Monday–Friday, 9:00am–4:30pm. If there is no snow, call ahead at (860) 677-8458 and a staff member will be happy to schedule a time to show you our selection of ski equipment.

WINDING TRAILS CROSS COUNTRY SKI CENTER

(860) 677-8458

www.windingtrails.org

TRAIL MARKINGS

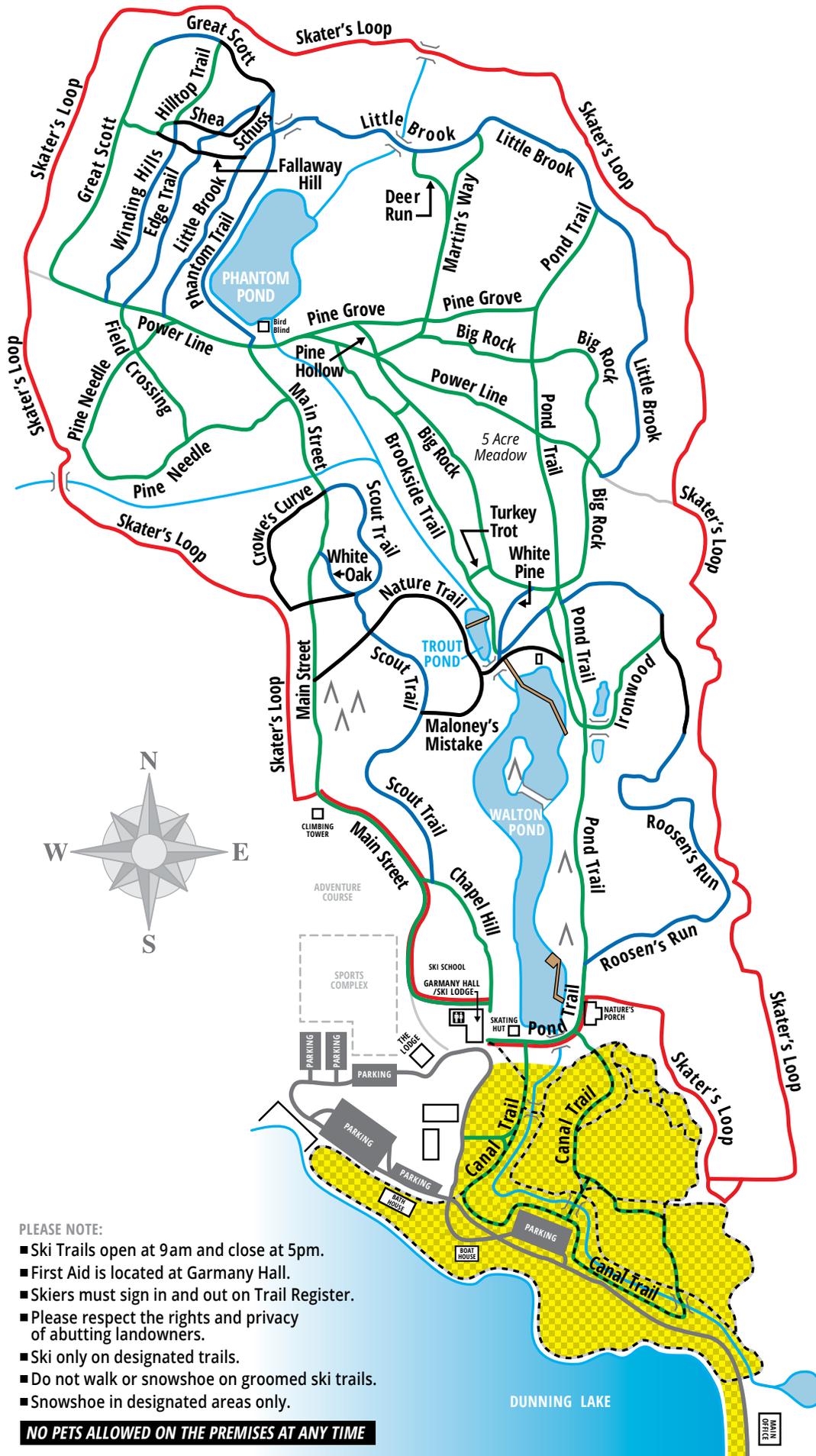
-  EASIEST
-  MORE DIFFICULT
-  MOST DIFFICULT
-  SKATING LOOP

MAP LEGEND

-  Campsites
-  Bridge
-  Restrooms
-  Snowshoe Area

Garmany Hall includes the Ski Center, Ski Rentals & Lessons, Ski Shop, Snack Bar and Restrooms.

The Sports Complex includes areas for softball, soccer, basketball, volleyball, tennis, pickle ball, sledding, and a playscape.



PLEASE NOTE:

- Ski Trails open at 9am and close at 5pm.
- First Aid is located at Garmany Hall.
- Skiers must sign in and out on Trail Register.
- Please respect the rights and privacy of abutting landowners.
- Ski only on designated trails.
- Do not walk or snowshoe on groomed ski trails.
- Snowshoe in designated areas only.

NO PETS ALLOWED ON THE PREMISES AT ANY TIME



ICE FISHING

Although in recent years the weather has not cooperated, we are hopeful that our fishing enthusiasts will get a winter that will provide enough ice to safely ice fish on Dunning Lake. This activity is permitted at your own risk. Winding Trails does not check Dunning Lake for ice thickness and safe conditions. Ice fishing is allowed during normal park hours. No ice fishing is allowed on Walton Pond. All other fishing rules and catch limits apply.

SLEDDING

Our Sportsplex hill is adjacent to the soccer field and provides a great sledding location. It is wide, long, and free of obstacles. Interested sledders can park in the parking lot adjacent to the Sportsplex and walk across the soccer field to get to the hill. Sledding is permitted during regular park hours. Parental supervision is required for any child under 15. Sledding is also at your own risk. Please be sure to sled in designated areas only and use the fenced walking path to get back to the top of the hill. There is no sledding permitted on cross-country ski trails. Bring your own sled or rent one of our tubes at Garmany Hall when the Ski Center is open. Non-member fees for sledding are \$7.00 for adults and \$5.00 for children ages 3 to 15. Check out our website for current conditions.



ICE SKATING

Winters are unpredictable and the number of days of skating has varied tremendously depending on temperature and snowfall amounts. Skating is permitted on Walton Pond once the ice reaches a safe thickness of 5" to 8" depending on conditions. Skating will be open daily until 9pm, weather permitting. The lights will go off at 9:00pm each night. There is no skating on Dunning Lake. Skating is free for Members. Skate rentals are available in Garmany Hall when the Ski Center is open.

We will also be setting up a skating rink under the Owl Pavilion. This rink's size will be 32' x 64' and will freeze much quicker than Walton Pond. Hockey is not be allowed on this rink and our Learn to Skate programs have priority. Non-member fee for skating is \$7.00 for adults and \$5.00 for children ages 3 to 15. Skating conditions will be posted on our website.



REMINDER: WINDING TRAILS IS A WILDLIFE PRESERVE. TO PROTECT THE WILDLIFE WE ASK THAT NO DOGS OR PETS BE ALLOWED ON PROPERTY. THIS INCLUDES THE ENTIRE TRAILS SYSTEM. THANK YOU FOR YOUR COOPERATION!





IMPORTANT PROGRAM REGISTRATION POLICIES

Winding Trails produces two newsletters per year. The Winter Spring edition promotes programs from January through May and the Summer-Fall edition has programs from June through December. The opening of registration for these programs will occur roughly the first of each month, the month before the program is running. Also, check our website and emails for the promotion of new programs or additional program offerings.

WINDING TRAILS JOB FAIR

Talk to any staff at Winding Trails and you are most likely going to hear about what a great place it is to work. It is a beautiful setting, with support, and competitive wages. Positions range from camp counselors, program specialists, and lifeguards to gate staff, boating attendants, and challenge course staff. Come out and learn more about working at Winding Trails! Hear about all of the summer openings, leadership skills and training opportunities. *Registration is not required.*

Date: Saturday, January 4th
Snow date: Saturday, January 11th
Time: 10:00am - 12:00pm
Where: Garmany Hall
Fee: Free

WINDING TRAILS CAMPUS TOUR

Are you a new member and not quite sure where everything is? Then this extensive tour of the park is just for you. Learn about the history of Winding Trails, where all the facilities are, and where the “special” spots can be found. Dress appropriately for weather and walking. This is a member only program. *Registration opens the first Monday of the month, prior to each program date.*

Date: Saturday, April 5th
Times: 11:00am - 12:30pm
Where: Garmany Hall
Ages: All ages
Fee: Free
Minimum: 10 Maximum: 50

FAMILY SKATE NIGHT AT WALTON POND

Join us at Walton Pond for an evening of fun under the lights and skating. There will be music, a roaring fire, hot chocolate, hotdogs, and more. This program will be held weather permitting. This is a member only program. *Registration opens the first Monday of the month, prior to each program date.*

Date: Saturday, February 8th
(Snow date: Saturday, February 15th)
Time: 6:30pm - 8:00pm
Where: Walton Pond
Fee: Free
Minimum: 50 Maximum: 200

FAMILY MOVIE NIGHT

Bring the whole family out for a great dinner served up in front of our big screen movie. A dinner of ziti with red sauce, meatballs, cheesy garlic bread, and salad will be served up family style. Dessert and beverages are also included. Reserve your seats today as seating is limited. Movie will be Despicable Me 4. *Registration opens the first Monday of the month, prior to each program date.*



Date: Friday, February 28th
Time: 6:00pm - 10:00pm
Where: Garmany Hall
Fee: \$35.00 per Family
Member Fee: \$25.00 per Family
Minimum: 30 Maximum: 80



78TH ANNUAL CHILDREN’S FISHING DERBY

Children ages 5 to 15 can test their fishing skills and are eligible to participate in this long-standing event for prizes. We will have prizes in two different age categories as well as prizes for heaviest fish that is not a trout, first fish caught, and of course a cash prize for catching the elusive “Golden Trout.” So come on down and enjoy the morning fishing at Dunning Lake! *Participation is limited to members, their guests, and Farmington residents only. Registration is not required.*

Date: Saturday, April 5th
Time: 8:00am - 10:00am
Ages: 5 - 15 years old
Where: Dunning Lake
Fee: No Charge
(Food and worms will be available for a nominal fee)



FAMILY EGG HUNT FEATURING PETER RABBIT

Join Peter Rabbit and your entire family as they scramble for all the holiday goodies scattered about on the trail! We have plenty of treasures and treats for all. In addition to the candy and toys, every family will receive one golden egg with a special prize inside! Don't forget your goodie bag/basket to hold all your findings. The Egg Hunt will take place in a short loop on the trails ending with a continental breakfast at the Owl Pavilion. Space is limited, register early- this program fills up fast! *This is a member program only. Registration opens the first Monday of the month, prior to each program date.*

Date: Saturday, April 19th
 Session I:..... 8:00am
 Session II:..... 8:45am
 Session III:..... 9:30am
 Session IV: 10:15am
 Session V:..... 11:00am
 Session VI: 11:45am
 Ages: 10 and under
 Where:.....Meet at the Amphitheater
 Member Fee:..... \$25.00 per family
 Minimum: 30 people per session. . . .Maximum: 150 per session

CELEBRATE EARTH DAY – HELP WINDING TRAILS DO SOME SPRING CLEANING!

What better way to celebrate Earth Day than by joining the Winding Trails staff as we “spruce” up the park for the coming busy season. Volunteers will be placed in groups and assigned to a project. These will include cleaning up the campsites, splitting wood, waxing the playgrounds, water treating decks, leaf pickup, and more. Come dressed to get dirty and help make your park a better place. Lunch will be provided. This is a member only program. *Registration opens the first Monday of the month, prior to each program date.*

Date: Saturday, April 26th
 Time: 9:00am – 12:00pm
 Where:Lodge Building
 Ages: Adults
 Fee: Free
 Minimum: 10Maximum: 50



TOUCH-A-TRUCK

Through the generosity of many local businesses, children can see a variety of "special" vehicles up close. Each year we have vehicles from the local fire, police, and EMS. There is also construction equipment, military vehicles, and more. Food is available for a nominal fee.



You and your little one won't want to miss this day.

If you are a business and would like to display your vehicle, email shawn@windingtrails.org. This is a great community event and a nice way to promote your business. *No registration required for this program.*

Date: Sunday, May 4th (Rain date – Sunday, May 18th)
 Time: 1:00pm – 3:00pm
 Where:Upper Parking Lots
 Fee: Free



Winding Trails
Drive "fore" Camp

DRIVE "FORE" CAMP GOLF TOURNAMENT

All proceeds will go to the Winding Trails Summer Day Camp!

**FRIDAY, MAY 2ND • 11:30AM
TUNXIS COUNTRY CLUB**

**18 HOLES * SHOTGUN START * BEST BALL
MULLIGANS, RAFFLES, GAMES, CONTESTS, AUCTIONS & MORE!**

**\$600 PER 4-SOME • \$150 PER SINGLE GOLFER
REGISTRATION BEGINS AT 10:30AM, SHOTGUN START AT 11:30AM
INCLUDES 18 HOLES, CART, LUNCH AND DINNER (SERVED AT
WINDING TRAILS IMMEDIATELY FOLLOWING THE TOURNAMENT).
DINNER ONLY (NO GOLF): \$25**



REGISTER ONLINE AT

WWW.WINDINGTRAILS.ORG/PROGRAMS



LITTLE GLIDERS

Your four and five year olds can begin to learn the sport of cross-country skiing. This fun-based 4-session program will be a group cross-country ski lesson specially designed for kids. Your child will learn the basics of cross-country skiing on level terrain and become familiar with the snow. Skis and boots will be provided. Helmets are recommended. Classes meet at Garmany Hall Ski Center. *Weather permitting. Registration opens the first Monday of the month, prior to each program date.*

Session I

Date: Tuesdays & Thursdays, January 7th - 16th

Session II

Date: Mondays & Wednesdays, February 3rd - 12th

Time: 11:00am - noon

Ages: 4 & 5 years old (must be 4 by start of program)

Where: Garmany Hall

Fee: \$65.00

Member Fee: \$50.00

Minimum: 4 Maximum 8

AFTER SCHOOL GLIDERS

Learn the sport of cross-country skiing. This fun-based 4-session program will be a group cross-country ski lesson specially designed for kids. Your child will learn the basics of cross-country skiing on level terrain and become familiar with the snow. Skis, poles and boots will be provided. Helmets are recommended. Classes meet at Garmany Hall Ski Center weather permitting. *Registration opens the first Monday of the month, prior to each program date.*

Session I

Date: Tuesdays and Thursdays, January 7th - January 16th

Session II

Date: Mondays & Wednesdays, February 3rd - 12th

Time: 4:00pm - 5:00pm

Age: 6 - 10 years old

Where: Ski Center

Fee: \$65.00

Members Fee: \$50.00

Minimum: 4 Maximum: 8



JANUARY PROGRAMS

Winding Trails Job Fair..... Saturday, January 4th, 10am - noon

Little Kids Exploring Nature,
Session I: Exploring Winter Saturday, January 4th, 9:30am - 11:30am

Families Exploring Nature,
Session I: Exploring Winter Saturday, January 4th, 1:30pm - 3:30pm

Learn, Ski, & Lunch, Session I Monday, January 6th, 11am - 12:30pm

Little Gliders, Session I... Tuesdays & Thursdays, Jan. 7th - 16th 11am - noon

Adult Drop-In Hockey Tuesdays, January 7th - March 4th, 6:30pm - 8pm

After School Gliders... Tuesdays/Thursdays, January 7th - 16th, 4pm - 5pm

Winter Youth Explorers,
Session I Wednesdays, January 8th - 29th, 4pm - 5pm

Learn to Skate (4-5 year olds),
Session I Wednesdays/Fridays, January 15th - 24th, 10am - 10:45am

Learn to Skate (6-9 year olds),
Session II Wednesdays/Fridays, January 15th - 24th, 4:15pm - 5pm

Arts & Crafts for Preschoolers,
Session I Wednesdays, January 15th - February 12th, 11:30am - 12:15pm

Evening Ski Tour, Session I Friday, January 17th, 7pm - 10pm

Corporate Training 101 Saturday, January 18th, 9am - noon

CARE Ice Fishing Class Saturday, January 18th, 9:30am - 3pm

Mad Science - Science Surprise ... Tues., Jan. 21st - Mar. 4th, 10am - 11:15am
(No class Feb. 18th)

I'm a New Member Now What? Wednesday, Jan. 22nd, 6:30pm - 8pm

Climbing Tower Days, Session II Saturday, January 25th, 10am - noon

Trivia Night at Winding Trails..... Friday, January 31st, 7pm - 10pm

FEBRUARY PROGRAMS

Little Gliders, Session II.. Mondays/Wednesdays, Feb. 3rd - 12th, 11am - noon

After School Gliders Mondays/Wednesdays, Feb. 3rd - 12th, 4pm - 5pm

Learn to Skate (4-5 year olds),
Session III Tuesdays/Thursdays, February 4th - 13th, 10am - 10:45am

Learn to Skate (6-9 year olds),
Session IV Tuesdays/Thursdays, February 4th - 13th, 4:15pm - 5pm

Winter Youth Explorers,
Session II Wednesdays, February 5th - 26th, 4pm - 5pm

ARC Adult and Pediatric
First Aid/CPR/AED Training Thursday, February 6th, 5pm - 8:30pm

Family Skate Night at Walton Pond Sat. February 8th 6:30pm - 8pm

Introduction to Pickleball,
Session V..... Saturdays, April 5th - 26th, 10am - 11am

Introduction to Pickleball,
Session VI..... Saturdays, April 5th - 26th, 11am - noon

Orienteering, Session I..... Monday, April 7th, 4:30pm - 6pm

Orienteering, Session II..... Wednesday, April 9th, 4:30pm - 6pm

Walk, Talk, & Gawk Adult Walk,
Session II: Birdwatching with Merlin..... Thursday, April 10th, 9am - 11am

Little Kids Exploring Nature,
Session IV - Discovering Birds with Merlin.. Sat., April 12th, 9:30am - 11:30am

Families Exploring Nature,
Session IV - Discovering Birds with Merlin.. Sat., April 12th, 1:30pm - 3:30pm

Orienteering, Session III..... Monday, April 14th, 4:30pm - 6pm

Archery Lessons,
Session I..... Mondays/Wednesdays, April 14th - 23rd, 4pm - 4:45pm

Archery Lessons,
Session II..... Mondays/Wednesdays, April 14th - 23rd, 5pm - 5:45pm

Kid's Mountain Bike Club Wednesdays, April 16th - May 7th,
4:15pm - 5:15pm

Orienteering, Session IV..... Wednesday, April 16th, 4:30pm - 6pm

Family Egg Hunt Featuring Peter Rabbit..... Saturday, April 19th

Climbing Tower Days, Session VII..... Saturday, April 19th, 10am - noon

Barre at the
Boathouse Pavilion Tuesdays, April 22nd - May 27th, 9:30am - 10:30am

Crafternoons..... Tuesdays, April 22nd - May 20th, 4:30pm - 5:30pm

Mad Science - Mad Medley Tuesdays, April 22nd - May 27th,
4:30pm - 5:30pm

Mountain Bike Series..... Tuesdays, April 22nd - May 20th, 6pm

After School
Adventures..... Tuesdays/Thursdays, April 22nd - May 8th, 4:30pm - 6pm

Arts & Crafts for Preschoolers,
Session II..... Wednesdays, April 23rd - May 21st, 11:30am - 12:15pm

Pilates at the
Boathouse Pavilion Thursdays, April 24th - May 22nd, 9am - 10am

Acoustic Nights, Session II Friday, April 25th, 7pm - 9pm

CARE Introduction to Fishing Class Saturday, April 26th, 9am - noon

WINTERSP

WINDING TRAILS

Celebrate Earth Day -
Help with Spring clean-up Saturday, April 26th, 9am - noon
Natural Lawn Care Saturday, April 26th, 1:30pm - 3pm
Nature's Porch Open
on Weekends. Saturday, April 26th - Sunday, Sept. 28th, noon - 5pm
Birdwatching with Merlin.....Sunday, April 27th, 7am - 10am
Challenge Quest, Session I.....Sunday, April 27th, 10am - 1pm
Odyssey Challenge, Session I.....Sunday, April 27th, 10am - 1pm

MAY PROGRAMS

Drive "fore" Camp Golf Tournament..... Friday, May 2nd
Introduction to Pickleball,
Session VII Saturdays, May 3rd- 24th, 10am - 11am
Introduction to Pickleball,
Session VIII.....Saturdays, May 3rd - 24th, 11am - noon
Little Kids Exploring Nature,
Session V: Starting New Families Saturday, May 3rd, 9:30am - 11:30am
Climbing Tower Days, Session IXSaturday, May 3rd, 10am - noon
Families Exploring Nature,
Session V: Starting New Families Saturday, May 3rd, 1:30pm - 3:30pm
Touch--A-Truck Sunday, May 4th, 1pm - 3pm
Shipwreck..... Sunday, May 4th, 2pm - 4:30pm
Belaying 101..... Mondays/Wednesdays, May 5th - 14th, 4:30pm - 6pm
Introduction to Pickleball, Session III... Tuesdays, May 6th - 27th, 5pm - 6pm
Introduction to Pickleball, Session IV...Thursdays, May 8th - 29th, 9am - 10am
Acoustic Night, Session III Friday, May 9th, 7pm - 9pm
Odyssey Challenge, Session IISaturday, May 10th, 10am - 1pm
Challenge Quest, Session II Sunday, May 11th, 10am - 1pm
CARE Fly Fishing 101 Course Thursday, May 15th, 5:30pm - 8pm
Kid's Night Out, Session II Friday, May 16th, 6pm - 10pm
Walk, Talk, & Gawk Adult Walk,
Session III: May Flowers Sunday, May 18th, 9am - 11am
Challenge Quest, Session III..... Sunday, May 18th, 10am - 1pm
Climbing Tower Days, Session X..... Saturday, May 24th, 10am - noon
Odyssey Challenge, Session III Sunday, May 25th, 10am - 1pm

Family Skate Night at Winton Pond.....Sat, February 6th, 6:30pm - 8pm
Little Kids Exploring Nature,
Session II - Exploring Winter.....Saturday, February 8th, 9:30am - 11:30am
Families Exploring Nature,
Session II: Exploring Winter.....Saturday, February 8th, 1:30pm - 3:30pm
Climbing Tower Days, Session III..... Saturday, February 8th, 10am - noon
Learn, Ski, & Lunch, Session II.....Thursday, Feb. 13th, 11am - 12:30pm
Evening Ski Tour, Session IIFriday, February 21st, 7pm - 10pm
Climbing Tower Days, Session IV Saturday, Feb. 22nd, 10am - noon
Crafternoons Tuesdays, February 25th - March 25th, 4:30pm - 5:30pm
Family Movie Night Friday, February 28th, 6pm - 10pm

MARCH PROGRAMS

Winter Youth Explorers,
Session III..... Wednesdays, March 5th - 26th, 4pm - 5pm
Learn, Ski, & Lunch, Session IIIWednesday, March 5th, 11am - 12:30pm
Walk, Talk, and Gawk Adult Walk,
Session I: Late Winter Finds.....Thursday, March 6th, 9am - 11am
Evening Ski Tour, Session III.....Friday March 7th, 7pm - 10pm
Little Kids Exploring Nature,
Session III: Maple Sugaring Magic .. Saturday, March 8th, 9:30am - 11:30am
Families Exploring Nature,
Session III: Maple Sugaring Magic ... Saturday, March 8th, 1:30pm - 3:30pm
Climbing Tower Days, Session V Saturday, March 8th, 10am - noon
Kids in the Kitchen..... Tuesdays, March 11th - April 8th, 4:30pm - 5:30pm
Kids Night Out, Session I Friday, March 14th, 6pm - 10pm
Spring Wood Floral Craft Workshop ...Friday, March 14th, 6:30pm - 8:30pm
Corporate Training 101 Saturday, March 15th, 9am - noon
Adult-Spring Luncheon - Celtic Music Thurs, March 20th, noon - 1:30pm
Acoustic Nights, Session I..... Friday, March 21st, 7pm - 9pm
Climbing Tower Days, Session VI Saturday, March 22nd, 10am - noon

APRIL PROGRAMS

Introduction to Pickleball, Session I..... Tuesdays, April 1st - 22nd, 5 - 6pm
Introduction to Pickleball, Session II...Thursdays, April 3rd - 24th, 9 - 10am
Children's Fishing Derby..... Saturday, April 5th, 8am - 10am
Climbing Tower Days, Session VI Saturday, April 5th, 10am - noon
Winding Trails Campus Tour Saturday, April 5th, 11 - 12:30pm

Visit windingtrails.org for the latest program additions, schedule updates, weather conditions, and registration.



WINTER YOUTH EXPLORERS

Join the fun! This 4-session program is designed for your 7-12-year-olds. Each week your child will spend 60 minutes doing a variety of activities related to winter. Depending on the weather they may go ice skating, skiing, snowshoeing, or tubing. Alternative activities will be provided if Mother Nature does not cooperate. *Registration opens the first Monday of the month, prior to each program date.*

Session I

Date: Wednesdays January 8th – 29th

Session II

Date: Wednesdays, February 5th – 26th

Session III

Date: Wednesdays, March 5th – 26th

Time: 4:00pm – 5:00pm

Ages: 7-12 year olds

Where Garmany Hall

Fee: \$70.00

Member Fee: \$50.00

Minimum: 6 Maximum: 12



ARTS & CRAFTS FOR PRESCHOOLERS

Come join us for a fun filled creative class that will stir your preschooler's imagination. Every week your child will enjoy 45 minutes of creative arts and crafts projects that they will be able to take home and show off to the entire family. *Registration opens the first Monday of the month, prior to each program date.*

Session I

Date: Wednesdays, January 15th to February 12th
Registration opens December 1st

Session II

Date: Wednesdays, April 23rd to May 21st
Registration opens March 1st

Time: 11:30am – 12:15pm

Ages: 3 – 5 years old

Where: The Lodge Activity Room

Fee: \$30.00

Member Fee: \$20.00

Minimum: 3 Maximum: 8

LEARN TO SKATE CLINIC



Your child can begin to learn the wonderful sport of ice skating. This fun-based 4-session class will involve getting your children up and around on skates. The basics of forward skating, turning, and stopping will be covered. Children must have their own skates or rent. (If you need to rent skates, please call ahead to arrange for them.) Single blade skates only please, and don't forget to have them sharpened! Helmets are recommended. *Registration opens the first Monday of the month, prior to each program date.*

Session I

Date: Wednesdays & Fridays, January 15th – 24th

Time: 10:00am – 10:45am

Ages: 4 – 5 years old

Session II

Date: Wednesdays & Fridays, January 15th – 24th

Time: 4:15pm – 5:00pm

Ages: 6 – 9 years old

Session III

Date: Tuesdays & Thursdays, February 4th – 13th

Time: 10:00am – 10:45am

Ages: 4 – 5 years old

Session IV

Date: Tuesdays & Thursdays, February 4th – 13th

Time: 4:15pm – 5:00pm

Ages: 6 – 9 years old

Where: Owl Pavilion Skating Rink

Fee: \$50.00

Members Fee: \$35.00

Minimum: 4 Maximum: 8

CRAFTEERNOONS

Come join us for a fun filled inventive class that will stir your creativity. Learn how to make Candles, Bath bombs, Lip balm, Crochet, beginner sewing skills and more! *Registration opens the first Monday of the month, prior to each program date.*

Session I

Dates: Tuesdays, February 25th to March 25th

Session II

Date: Tuesdays, April 22nd to May 20th

Time: 4:30pm- 5:30pm

Ages: 10 to 14 years old

Where: Lodge Activity Room

Fee: \$95.00

Member Discount Fee: \$80.00

Minimum: 5 Maximum 15



KID'S NIGHT OUT

This is the ultimate night out for any kid! Tons of games, pizza, an ice cream sundae bar, a big screen movie, and endless amounts of fun await you here at the Trails. This program has evolved into a very popular kid's event and space fills up quickly. So, parents plan your night out and send the kids here for theirs. Head on over to the Trails for a night out that you will never forget. Sorry, parents not allowed! Please bring clothing that is appropriate for outdoor (weather dependent) and indoor play as well as provide a sleeping bag/blanket and pillow for the movie. *Registration opens the first Monday of the month, prior to each program date.*

Session I

Date: Friday, March 14th

Session II

Date: Friday, May 16th

Time: 6:00pm - 10:00pm

Age: 6 - 12 years old

Where:Garmany Hall

Fee:\$30.00

Members Fee:\$20.00

Minimum: 15Maximum: 25

KIDS IN THE KITCHEN

This program is for kids who love to help out in the kitchen and are curious about taking their own culinary adventure! Our hands on program will have kids measuring, mixing, chopping, cooking and baking. Each week will feature a different recipe that the kids will help prep and cook. They will also go home each week with a copy of the recipe and a sample of the finished product! All the supplies, ingredients, aprons and tools will be provided.

Menu: Homemade mac & cheese, apple crisp, tomato sauce & meatballs, waffles & fruit salad, fresh mini pizzas with a variety of toppings. *Registration opens the first Monday of the month, prior to each program date.*

Dates:Tuesdays, March 11th - April 8th

Time: 4:30pm - 5:30pm

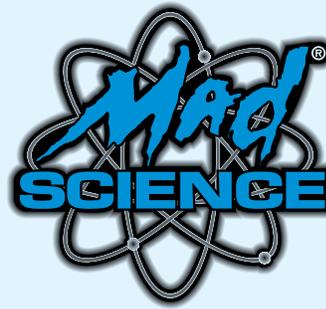
Ages: 10 - 14 years old

Where:Garmany Hall

Fee:\$80.00

Member Discount Fee:\$100.00

Minimum: 5 Maximum 10



MAD SCIENCE – SCIENCE SURPRISE

Students will unbox the surprising world of science as they discover a new STEM topic in each class! In this program, kids learn about several specialized areas of science, including forensics, geology, meteorology, entomology, and mechanical engineering. They gain foundational science knowledge that will help them in their future science endeavors. *Registration opens the first Monday of the month, prior to each program date.*

Dates: Tuesdays, January 21st - March 4th
(No class February 18th)

Time: 4:30pm - 5:30pm

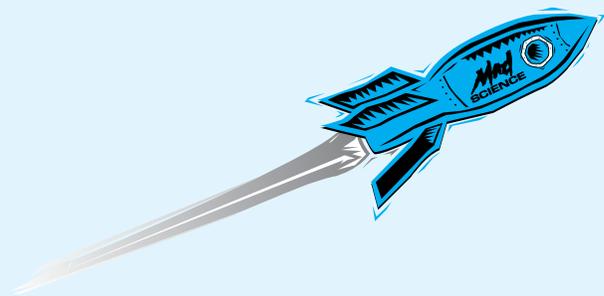
Where: Lodge Activity Room

Ages: 6 to 10 years old

Fee: \$160.00

Member Fee:\$130.00

Minimum: 12 Maximum: 21



MAD SCIENCE – MAD MEDLEY

When students join this program after school, they join us for an exploration of some of our favorite classes. We could be confronting aliens in one class, chemistry in the next and maybe even some art concepts. This program offers something for everyone! A science-related take-home activity accompanies every class. *Registration opens the first Monday of the month, prior to each program date.*

Dates: Tuesdays, April 22nd - May 27th

Time: 4:30pm - 5:30pm

Where: Lodge Activity Room

Ages: 6 - 10 years old

Fee:\$160.00

Member Fee:\$130.00

Minimum: 12 Maximum: 21



CLIMBING TOWER DAYS

This 2-hour program allows you to get onto the climbing tower and enjoy the vertical realm. The climbing tower is 40' high consisting of 4 sides: a 15' beginner wall with incline, a 40' intermediate vertical wall, a 40' advanced wall with incline and over hangs and a 60' x 35' cargo net for the quickest way to the top. Once on top, it's time for the ride, a 300' long zip line down Main Street. *Registration opens the first Monday of the month, prior to each program date.*

- Session I
Date:Saturday, January 11th
 - Session II
Date: Saturday, January 25th
 - Session III
Date: Saturday, February 8th
 - Session IV
Date: Saturday, February 22th
 - Session V
Date: Saturday, March 8th
 - Session VI
Date: Saturday, March 22
 - Session VII
Date: Saturday, April 5th
 - Session VIII
Date: Saturday, April 19th
 - Session IX
Date: Saturday, May 3rd
 - Session X
Date: Saturday, May 24th
- Ages: 7 years old and above
 Time: 10:00am - 12:00pm
 Where: Meet at the Climbing Tower
 Fee: \$45.00
 Member Fee: \$35.00
 Minimum: 15 Maximum: 30

ORIENTEERING



Come get lost with us and discover the trails that wind! In this program, you'll learn how to read a map, use a compass, and bushwack through the trails by taking a compass bearing. This is an outside dirty activity. Please dress accordingly! *Registration opens the first Monday of the month, prior to each program date.*

- Session I
Date: Monday, April 7th
- Session II
Date: Wednesday, April 9th
- Session III
Date: Monday, April 14th
- Session IV
Date: Wednesday, April 16th
- Time: 4:30 pm - 6:00 pm
- Ages: 7 - 12 years olds
- Where: Meet at Owl Pavilion
- Fee: \$30.00
- Member Discount Fee: \$20.00
- Minimum: 6 Maximum: 15

AFTER SCHOOL ADVENTURERS

Your child will spend 1.5 hours a week participating in a variety of outdoor adventure activities from developing communication skills on our low elements, to learning the basics of rock climbing on our 40' climbing tower consisting of 4 sides; a 15' beginner wall, a 35' intermediate wall, a 35' advanced wall and the fourth side is a 60' x 35' cargo net. Through this program your child can overcome personal fears and develop new self-confidence and trust. *Registration opens the first Monday of the month, prior to each program date.*

- Dates: Tuesdays and Thursdays, April 22nd- May 8th
- Ages: 7 - 12 years old
- Time: 4:30 pm - 6:00 pm
- Where: Meet at the Climbing Tower
- Fee: \$130.00
- Member Fee: \$100.00
- Minimum: 6 Maximum: 12

KIDS MOUNTAIN BIKE CLUB

Calling all kids ready to have some bicycling fun on the trails! This club is intended to have fun, sharpen our mountain biking skills and most importantly make some new friends! Mountain bikes only, helmet mandatory. This club is not intended for beginner riders. Participants must bring a helmet and bike. *Registration opens the first Monday of the month, prior to each program date.*

- Dates:Wednesdays, April 16th - May 7th
- Time: 4:15pm - 5:15pm
- Where: Garmany Hall
- Ages: 9 - 15 years old
- Fee: \$30.00
- Member Fee: \$20.00
- Minimum: 6 Maximum: 12

ARCHERY LESSONS

Bull's-eye! But can you do that twice? You can after learning the techniques and skills of a great marksman. Come try this challenging and exciting sport. Participants must be at least seven years of age. All classes will meet at the Archery Range near Walton Pond. This is a members only program. *Registration opens the first Monday of the month, prior to each program date.*

Session I

Dates: Mondays and Wednesdays, April 14th – April 23rd
 Time: 4:00pm – 4:45pm

Session II

Dates: Mondays and Wednesdays, April 14th – April 23rd
 Time: 5:00pm – 5:45pm

Ages: 7 and older
 Where: Archery Range
 Member Fee: \$45.00
 Minimum: 6 Maximum: 16



CHALLENGE QUEST – NEW PROGRAM

This 3-hour program allows you to push yourself into your challenge zone. We will explore 3 different high ropes elements: Catwalk, Pamper Plank, Giant Swing, Vertical Play Pen to name a few. Come ready to climb and explore your quest! *Registration opens the first Monday of the month, prior to each program date.*

Session I

Date: Sunday, April 27th

Session II

Date: Sunday, May 11th

Session III

Date: Sunday, May 18th

Ages: 12 – 15 years old
 Time: 10:00am – 1:00pm
 Where: Meet at the Climbing Tower
 Fee: \$45.00
 Member Fee: \$35.00
 Minimum: 9 Maximum: 15

ODYSSEY CHALLENGE

Ever wonder what those telephone poles, cables, and ropes are all about up off Main Street? This is our Odyssey, one of only two courses like this in New England. Join us for a 3-hour program that will stretch your comfort zone! Team members begin by ascending a giant cargo net to reach the first platform and traverse through several problem-solving challenges to reach the peak end platform where each person has the opportunity to experience our Lily Pads or Floating Bridge. *Registration opens the first Monday of the month, prior to each program date.*

Session I

Date: Sunday, April 27th

Session II

Date: Saturday, May 10th

Session III

Date: Sunday, May 25th

Ages: 10 years old and up
 Time: 10:00am – 1:00pm
 Where: Meet at the Climbing Tower
 Fee: \$70.00
 Member Fee: \$50.00
 Minimum: 15 Maximum: 30

SHIPWRECK THE ULTIMATE SURVIVAL QUEST

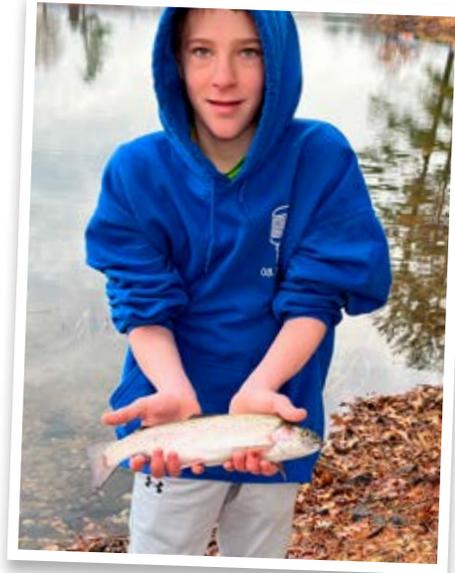
This program will offer your group the opportunity to showcase your survival skills. A facilitator will challenge the group with a series of activities including shelter building, catch and release of fish, fire building, and more. Groups will need to work together to accomplish the task at hand. This is an outside dirty activity. Please dress accordingly. *Registration opens the first Monday of the month, prior to each program date.*

Date: Sunday, May 4th
 Time: 2:00pm – 4:30pm
 Ages: 7 years and up – families are welcome to sign up as a group
 Where: Meet at Nature's Porch
 Fee: \$35.00
 Member Fee: \$25.00
 Minimum: 8 Maximum: 30

BELAYING 101 - NEW PROGRAM

On Belay? Belay is On! This intro belay class will teach you how to properly rope climb on our climbing tower. We will teach you the ropes on how to make the proper knots, tie ins and belaying. This course will be taught by our OA Coordinator Mike and completion of the course will give you an in-house certification and potential work opportunities for 18 and older individuals. *Registration opens the first Monday of the month, prior to each program date.*

Date: Monday and Wednesdays, May 5th – May 14th
 Time: 4:30 pm – 6:00 pm
 Ages: 13 years and up
 Where: Climbing Tower
 Fee: \$150.00
 Member Fee: \$125.00
 Minimum: 6 Maximum: 15



CARE ICE FISHING CLASS

The Connecticut Aquatic Resources Education (CARE) Program offers a free in-depth ice fishing class that introduces you to the wonders of water, fish, and fishing during the winter. Miss Judy and other CARE fishing coaches will pass along the knowledge they have learned through years of angling. The morning class includes a video, hands-on demonstrations with the equipment, how to stay safe on the ice, and additional activities that will teach and entertain youths and adults alike. Visit the CARE program ICE FISHING webpage to prepare yourself and for more ice fishing information.

If ice conditions are safe, an outside ice fishing practice will be offered in the afternoon. All equipment is provided for your use. It is especially important to dress in layers for the weather conditions and to wear boots for the afternoon practice – no sneakers are allowed.

Sign up this year is through the ct deep website at <https://portal.ct.gov/DEEP/Fishing/CARE/CARE-Fishing-Classes>

Date: Saturday, January 18th
Times: ... 10:00am - 12:00pm (classroom attendance required)
12:00pm - 2:30pm Ice Fishing on Dunning Lake
(runs only if the ice is safe)
Where: The Lodge Activity Room
Ages: 8 years old through adults
Fee: Free
Minimum: 10 people Maximum: 20 people

CARE INTRODUCTION TO FISHING CLASS

Have you always wanted to learn how to fish but you do not know where to start? The CT DEEP Fisheries Division now offers an online Let's Go Fishing, course where you can learn all about fishing in CT from the comfort of your home. Then, join Certified Fishing Coaches on April 26th at Nature's Porch for a quick review of the Let's Go Fishing course and jump into hands-on activities that cover all the basic fishing skills! You will set up a fishing rod and tie a strong knot, practice casting, and put that line into the water to catch your first fish at Walton Pond.

Upon registration for this program, you will be asked to do your "homework" by completing the online Let's Go Fishing course prior to the event. The fishing event at Walton Pond on April 26th will complete the hands-on portion of this program and begin your lifetime of fishing.

Sign up this year is through the ct deep website at <https://portal.ct.gov/DEEP/Fishing/CARE/CARE-Fishing-Classes>

Date: Saturday, April 26th
Time: 9:00am - noon
Where: Nature's Porch
Ages: 8 years old through adults
Fee: Free
Minimum: 10 people Maximum: 20 people





CARE FLY FISHING 101 COURSE

Designed for anglers who have some previous fishing experience, this class offered by the Connecticut Aquatic Resources Education (CARE) program helps continue to build your fishing knowledge and skills. Participants should be 12 years old and older.

ZOOM CLASS: CARE Fishing Coaches will cover all the basics of the art of fly fishing during a 1-hour ZOOM class. Experts will discuss how to select and use fly fishing rods, reels, flies, and tackle, what knots to use and how to use them, how to cast, and take all your questions. This is a mandatory pre-requisite before attending the Fly-Fishing Field Trip (space is limited).

FLY FISHING FIELD DAY: You will get the opportunity to practice your rod setup, knot tying, and casting with hands-on coaching and then fish for panfish and bass in Walton Pond. CARE Fishing Coaches will provide loaner fly rods and flies to get you started fishing confidently on the path to success or bring your own gear and we can show you how to use it and set it up properly. A fishing license is required for all participants ages 16 and above.

Sign up this year is through the ct deep website at <https://portal.ct.gov/DEEP/Fishing/CARE/CARE-Fishing-Classes>

Date: Thursday, May 15th
 Time: 5:30pm - 8:00pm
 Where: Black Bear Pavilion by Walton Pond
 Ages: 12 years old through adults
 Fee: Free
 Minimum: 5 people..... Maximum: 10 people

CT DEEP CARE FISHING EVENTS

Unable to attend one of the CARE fishing events at Winding Trails? No worries. Just Google “Fish with CARE, click on the “Fish with CARE – Connecticut Aquatic Resources Education” link, and you will be taken to the website. Click on “Classes and Events” and scroll through to find your option:

- Introduction to Fishing
- Let’s Go Fishing! Online Course – *English or Spanish*
- Fishing Events
- Advanced Fishing Classes
- Ice Fishing Classes

LITTLE KIDS EXPLORING NATURE

This winter and spring young children 6 years old and under with their families will join Miss Judy for a fun Saturday morning of learning something new about the great outdoors. The program format is an introduction about the day's topic followed by a hands-on outdoor activity to try out what you learned. Each month, we will be exploring various locations and topics as we discover the many animals and plants that make up Winding Trails' fields, forests, and waterbodies. Since the weather is always fluid, the experience changes from year to year.

The January and February programs will have activities based on the weather on that day – checking out ice on the pond, building a snow fort, or taking a hike. In March, we will be experiencing the entire maple sugaring process from tapping the trees to boiling down the sap into syrup. Dress for the weather with layers, snow pants (when appropriate), and boots so everyone is warm in the cold.

With April, we are inviting all to become citizen scientists that collect information with the free Cornell Lab’s MERLIN Bird ID app about migrating birds and help Winding Trails add to our bird inventory. You can use this knowledge to enhance your family’s personal time at Winding Trails and learn more about the birds in your yard and neighborhood. For May, look for animal nests and young, watch parents bringing food, and learn how these new families stay safe. Dress for the weather with good walking shoes.

All these activities and more are out there to explore as we spend an exciting winter and spring season with your family. *Registration opens the first Monday of the month, prior to each program date.*

Session I: Exploring Winter in January

Date: Saturday, January 4th
 Where:The Lodge

Session II: Exploring Winter in February

Date: Saturday, February 8th
 Where:The Lodge

Session III: Maple Sugaring Magic

Date:Saturday, March 8th
 Where:The Lodge

Session IV: Discovering Birds with Merlin

Date: Saturday, April 12th
 Where:Nature's Porch

Session V: Starting New Families

Date:Saturday, May 3rd
 Where:Nature's Porch

Time:9:30am - 11:30am
 Ages: Families with 6-year-olds and younger
 Fee: \$25.00 per Family
 Member Fee: \$15.00 per Family
 Minimum: 15 Maximum: 35





FAMILIES EXPLORING NATURE

This winter and spring older children with their families will join Miss Judy for a fun Saturday afternoon of learning something new about the great outdoors. The program format is an introduction about the day's topic followed by a hands-on outdoor activity to try out what you learned. Each month, we will be exploring various locations and topics as we discover the many animals and plants that make up Winding Trails' fields, forests, and waterbodies. Since the weather is always fluid, the experience changes from year to year.

The January and February programs will have activities based on the weather on that day – checking out ice on the pond, building a snow fort, or taking a hike. In March, we will be experiencing the entire maple sugaring process from tapping the trees to boiling down the sap into syrup. Dress for the weather with layers, snow pants (when appropriate), and boots so everyone is warm in the cold.

With April, we are inviting all to become citizen scientists that collect information with the free Cornell Lab's MERLIN Bird ID app about migrating birds and help Winding Trails add to our bird inventory. You can use this knowledge to enhance your family's personal time at Winding Trails and learn more about the birds in your yard and neighborhood. For May, look for animal nests and young, watch parents bringing food, and learn how these new families stay safe. Dress for the weather with good walking shoes.

All these activities and more are out there to explore as we spend an exciting winter and spring season with your family. *Registration opens the first Monday of the month, prior to each program date.*

Session I: Exploring Winter in January

Date: Saturday, January 4th

Where:The Lodge

Session II: Exploring Winter in February

Date: Saturday, February 8th

Where:The Lodge

Session III: Maple Sugaring Magic

Date: Saturday, March 8th

Where:The Lodge

Session IV: Discovering Birds with Merlin

Date: Saturday, April 12th

Where:Nature's Porch

Session V: Starting New Families

Date:Saturday, May 3rd

Where:Nature's Porch

Time: 1:30pm – 3:30pm

Ages: Families with children 7 years and older

Fee: \$25.00 per Family

Member Fee: \$15.00 per Family

Minimum: 3 Families Maximum: 5 Families



BIRDWATCH AND LISTEN WITH MERLIN

Join Miss Judy, Winding Trails' naturalist, as we explore the Winding Trails' property to discover what birds are found here during the changing seasons. Learn how to use the Cornell Lab's MERLIN Bird ID app for personal birdwatching and helping Winding Trails inventory our bird population.

We will send you information the prior week for downloading the Merlin Bird ID app. Dress for the weather and wear a good pair of walking shoes.

If you are unable to attend, visit Miss Judy on Sundays at Nature's Porch from 12:00 p.m. to 4:00 p.m. to learn how this is done. *Registration opens the first Monday of the month, prior to each program date.*

Spring Migration Birdwatching

Date: Sunday, April 27th

Time: 7:00am – 10:00am

Where:Nature's Porch

Ages: 10 and up

Fee: \$7.00

Member Fee: Free

Minimum: 5 Maximum: 20

“Never follow anyone else’s path. Unless you’re in the woods and lost and you see a path. Then by all means follow that path.”

- Ellen DeGeneres



ADULT HOCKEY

Why let the kids have all the fun? If you have played hockey before or have an interest in playing hockey, join us for this recreational “pond” hockey under the lights on Walton Pond. Interested participants are recommended to wear protective gear. Be sure to check the website to ensure the pond is open for skating. *Registration is required. Registration opens the first Monday of the month, prior to each program date.*

Date: . . Tuesdays, January 7th – March 4th, weather permitting
 Time: 6:30pm – 8:00pm
 Where: Walton Pond
 Fee: \$7.00 per night
 Member Fee: Free
 Minimum: 8 Maximum: 20

LEARN, SKI, & LUNCH

Come for a cross-country ski program and stay for lunch. If you have never cross country skied or need a refresher this is a great program for you. This program includes rental equipment, a lesson, and lunch. Space is limited, and the program is held weather permitting. Lunch will be provided from our snack bar. This is a member only program. *Registration opens the first Monday of the month, prior to each program date.*

Session I
 Date: Monday, January 6th
 (If no snow, Monday, January 13th)

Session II
 Date: Thursday, February 13th
 (If no snow, Thursday, February 20th)

Session III
 Date: Wednesday, March 5th
 (If no snow, Wednesday, March 12th)

Time: 11:00am – 12:30pm
 Where: Garmany Hall
 Member Fee: \$25.00
 Age: Adults Only
 Minimum: 4 Maximum: 8

TRIVIA NIGHT AT WINDING TRAILS

The holidays are over, and the rushing and stressing are behind us. Come to Winding Trails with your friends to celebrate with Trivia! We will supply the music, Trivia and atmosphere. You just need to supply your own food and beverages. Reserve your spot today or get a group of friends together for a whole table! *Registration opens the first Monday of the month, prior to each program date.*

Date: Friday, January 31st
 Time: 7:00pm – 10:00pm
 Place: Garmany Hall
 Ages: Adults Only
 Fee: \$10.00
 Member Discount Fee: \$5.00
 Minimum: 25 Maximum: 75



CORPORATE TRAINING 101

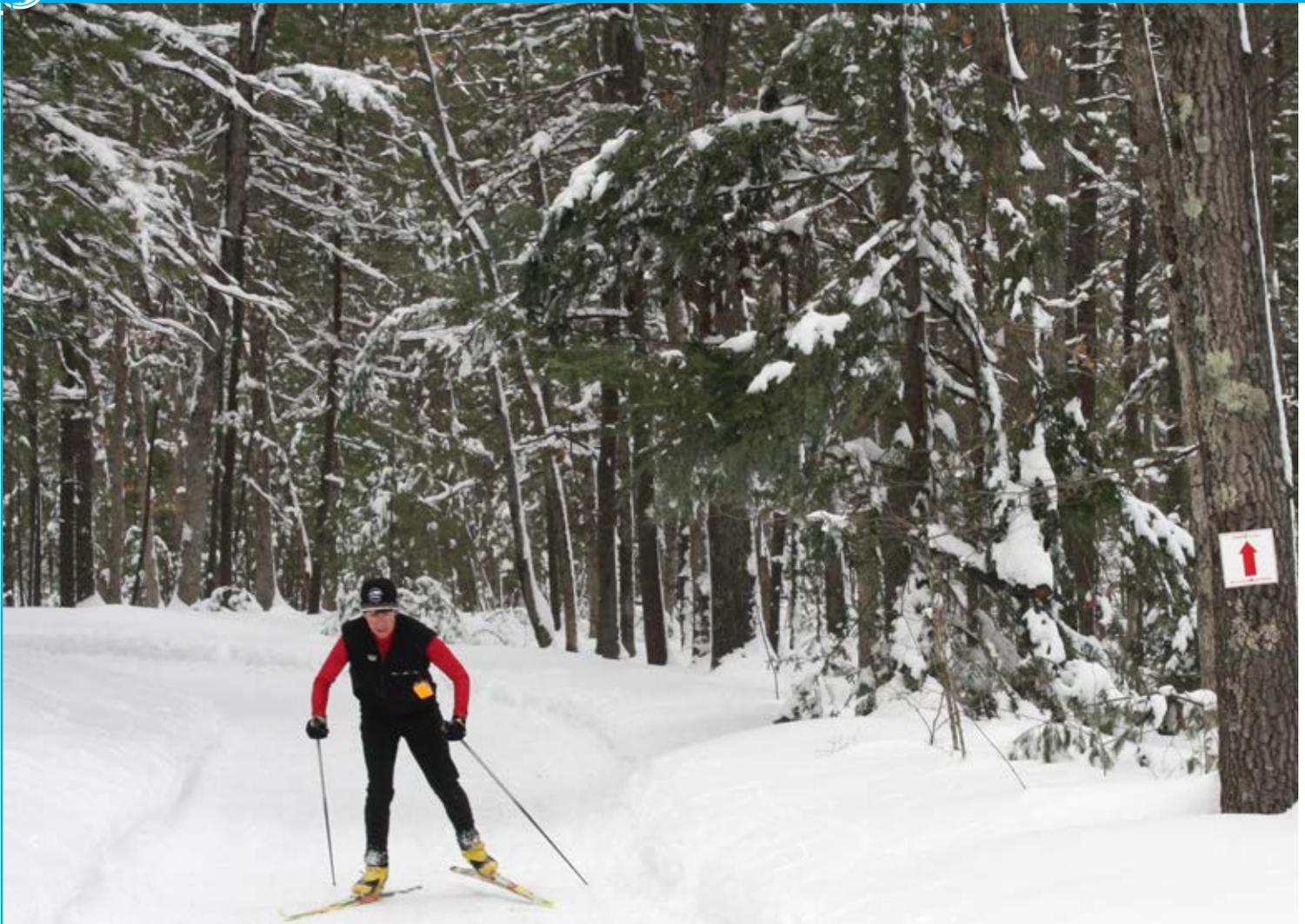
Winding Trails Corporate Training department is now offering a free class that allows area companies to try our team-skills training. You and one other representative from your company can join our 3 hour, 9am to noon session and “try-on” our training.

Our team skills training offers participants the opportunity to look at how they function as a work group. Using the experiential education model — where the group problem solves their way through an initiative followed by a debrief of the activity— groups can identify what methods worked well, what didn't, and then adjust to improve their process. This information often proves invaluable as new norms and procedures can be adopted and brought back to the work environment, improving the group's communication and overall efficiency.

If you have any questions, please contact Lisa Cheney at Lisa@windingtrails.org or call us at 860-677-8458 ext. 14. *Registration opens the first Monday of the month, prior to each program date.*

Session I
 Date: Saturday, January 18th

Session II
 Date: Saturday, March 15th
 Time: 9:00am – noon
 Ages: Adults
 Fee: Free
 Minimum: 8 Maximum: 24



I'M A NEW MEMBER ... NOW WHAT?

Join us for an evening of exploration about everything that Winding Trails has to offer you. Learn how to get the most out of your membership and find out about all the great opportunities that await you. You will learn about our history, our future, how monies are spent, program registration, guest policies, special events and programs, summer day camp, our cross-country ski center, and much more. Meet some of the park's key staff members and ask any questions you may have. This is a great orientation event for any new member or just a wonderful opportunity for returning members to learn more about the facility. This program will be available in person or on Zoom. Please register based on how you plan to attend. There is no fee for this event. *Registration opens the first Monday of the month, prior to each program date.*

Session I

Date: Wednesday, January 22nd - In person
Minimum: 40 Maximum 100

Session II

Date: Wednesday, January 22nd - On Zoom
No minimum No maximum

Time: 6:30pm - 8:00pm
Ages: Adults
Where: Garmany Hall
Fee: Free

EVENING SKI TOURS FOR ADULTS

Skiing under the stars! Does this atmosphere sound good to you? If you answered yes, then you'll want to join us for this unique program. Weather permitting, fellow skiers will go for a special guided ski tour of our trail system. The warmth of a roaring fire, light fare and conversation will follow this nocturnal trek. This program is not for beginner skiers. (Weather permitting) *Registration opens the first Monday of the month, prior to each program date.*

Session I

Date: Friday, January 17th

Session II

Date: Friday, February 21st

Session III

Date: Friday, March 7th
Time: 7:00pm - 10:00pm

Ages: Adults
Fee: \$30.00 (this includes trail guide and refreshments)
Member Fee: \$20.00
Rental: \$10.00
Minimum: 20 Maximum: 40

ADULT NATURE WALKS: WALK, TALK, AND GAWK

Come join Miss Judy, Winding Trails' naturalist, for a casual exploration as we walk along some of our many trails to observe monthly seasonal changes. We'll talk about what we see or some of the current nature topics in the news. Sometimes we'll stop to gawk at an interesting find alongside the trail. A different route and seasonal topic are planned for each date. Always dress for the weather, wear a good pair of walking shoes, and bring your curiosity. *Registration opens the first Monday of the month, prior to each program date.*

Session I: Late Winter Discoveries

Date: Thursday, March 6th

Session II: Birdwatching with Merlin

Date: Thursday, April 10th

Session III: May Flowers and Plants

Date: Sunday, May 18th

Time: 9:00 am - 11:00 am

Where: Nature's Porch

Ages: Adults

Fee: \$10.00

Member Fee: Free

Minimum: 6 Maximum: 16

**"To succeed in life, you
need three things: a
wishbone, a backbone,
and a funny bone"**

- Reba McEntire

NATURAL LAWN CARE

The Farmington River Watershed Association (FRWA) and Winding Trails are teaming up for this timely workshop. Aimee Petras, Executive Director at the FRWA, will present this program that covers how to manage your lawn without using chemical fertilizers and pesticides. We will outline the steps you need to take, including mowing techniques to manage weeds. Additionally, we will delve into common lawn problems such as grubs and thatch. After the program, time will be available for additional questions. *Registration opens on March 1st.*

Prior to the program, test your soil via the UConn soil testing lab (<http://soiltest.uconn.edu/sampling.php>) and bring your results so we can customize a lawn care plan to your specific needs.

Date: Saturday, April 26th

Time: 1:30pm - 3:00 pm

Where: Nature's Porch

Ages: Adults

Fee: Free

Minimum: 10 Maximum: 25

AMERICAN RED CROSS ADULT AND PEDIATRIC FIRST AID/CPR/ AED/ TRAINING



**American
Red Cross**

The Adult and Pediatric First Aid/CPR/AED course incorporates the latest science and teaches students to recognize and care for a variety of first aid emergencies such as burns, cuts, scrapes, sudden illnesses, head, neck, back injuries, heat and cold emergencies and how to respond to breathing and cardiac emergencies to help victims of any age - adults (12 years and older) and pediatric (infants and children up to 12 years of age). Students who successfully complete this course will receive a certificate for Adult and Pediatric First Aid/CPR/AED valid for two years. This is a blended learning class, with an online requirement before the class starts. *Registration opens the first Monday of the month, prior to each program date.*

Date: Thursday, February 6th

Time: 5:00pm - 8:30pm

Ages: 13 and up

Where: Garmany Hall

Fee: \$100.00

Member Discount Fee: \$80.00

Minimum: 4 Maximum: 12



SPRING WOOD FLORAL CRAFT WORKSHOP

Come enjoy a night of crafting with Wood Florals. Learn how to dye and assemble wood flowers. You will be able to make a seasonal inspired table center piece, hanging door sign or wreath with pre dyed flowers. We will supply all the materials for these projects. *Registration opens the first Monday of the month, prior to each program date.*

Date: Friday, March 14th

Time: 6:30pm - 8:30pm

Where: Lodge Activity Room

Fee: \$60.00

Member Fee: \$40.00

Minimum: 6 Maximum: 20



ACOUSTIC NIGHTS AT WINDING TRAILS

Come and enjoy some great local music in a variety of different venues at Winding Trails. The music is always excellent, and it is a great time to enjoy the park and friends. Feel free to bring your own food and drinks. *Registration opens the first Monday of the month, prior to each program date.*



Session I: Tom Turci
Date:Friday, March 21st
Time: 7:00pm - 9:00pm
Place:Garmany Hall
Minimum: 40Maximum: 80

Session II: Soupeater
Date:Friday, April 25th
Time: 7:00pm - 9:00pm
Place:Nature's Porch
Minimum: 30Maximum 60

Session III: David Donaldson
Date: Friday, May 9th
Time: 7:00pm - 9:00pm
Place: Lakeside Pavilion
Minimum: 50 Maximum: 250
Ages: All ages
Fee: \$7.00
Member Fee: Free



ADULT SPRING LUNCHEON - WITH CELTIC MUSIC PERFORMER DAN RINGROSE

Enjoy a traditional corned beef and cabbage lunch after which local Unionville resident, Dan Ringrose will perform a brief program of songs and stories of the Emerald Isle! *Registration opens the first Monday of the month, prior to each program date.*

Performer: Dan Ringrose
Date: Thursday, March 20th
Time: Noon - 1:30pm
Where:Garmany Hall
Ages: Adults
Fee: \$20.00 per person
Member Fee: \$15.00 per person
Minimum: 25Maximum: 65

BARRE AT THE BOATHOUSE PAVILION

Barre is a fun, high energy, fusion workout to strengthen and tone your muscles. Class includes cardio, barre work, and mat exercises. This class is for ALL levels, no prior dance or exercise experience is necessary. Bring your yoga mat, wear sneakers, and be ready to make new friends! *Registration opens the first Monday of the month, prior to each program date.*

Instructor: Bridget Bussiere
Dates:Tuesdays, April 22nd - May 27th
Time: 9:30am - 10:30am
Where:Boathouse Pavilion
Fee:\$90.00
Member Fee:\$75.00
Minimum: 6Maximum: 20

PILATES AT THE BOATHOUSE PAVILION

Get a great workout and view at our Pilates class under the Boathouse Pavilion. Instructor Lisa McMahon has over 15 years of experience teaching Pilates and group exercise. You will need to bring your own mat and water bottle. *Registration opens the first Monday of the month, prior to each program date.*

Instructor: Lisa McMahon
Dates: Thursday's, April 24th - May 22nd
Time: 9:00am - 10:00am
Where:Boathouse Pavilion
Fee:\$75.00
Member Fee:\$60.00
Minimum: 6 Maximum: 20

MOUNTAIN BIKE SERIES

Are you planning on racing in our Tri Series? Why not get into the Tuesday evening routine ahead of time with our mountain bike series. Or even if you don't plan on doing our Tri Series but enjoy mountain biking come on out. This Series runs for 5 weeks on Tuesday nights with a rolling start. The course winds through our trail system using open and single-track trails. This is a fitness event to get ready for the season and to just have fun. *Registration opens the first Monday of the month, prior to each program date.*



Short Course: 5 miles on our bike course
Long Course: 10 Miles - two loops
Dates: Tuesdays, April 22nd - May 20th
Time: ...Registration opens at 5:00pm with rolling start to follow
Where: Tri Transition Area at Walton Pond
Fee: \$25.00 per race or \$100.00 Series Pass
Member Fee: \$15.00 per race or \$60.00 Series Pass
Minimum: 20 Maximum: 200



INTRODUCTION TO PICKLEBALL

Interest in Pickleball is surging across the country. If you are new to Pickleball and looking to learn more about the sport, then this program is for you! We will be offering a four-week program to help beginners learn all about pickleball. Equipment will be provided. *Registration opens the first Monday of the month, prior to each program date.*

Session I

Dates:Tuesdays, April 1st – April 22nd
 Time: 5:00pm – 6:00pm
 Instructor: Gideon

Session II

Dates:Thursdays, April 3rd – April 24th
 Time: 9:00am – 10:00am
 Instructor: Gideon

Session III

Dates:Tuesdays, May 6th – May 27th
 Time: 5:00pm – 6:00pm
 Instructor: Gideon

Session IV

Dates:Thursdays, May 8th – May 29th
 Time: 9:00am – 10:00am
 Instructor: Gideon

Session V

Dates: Saturdays, April 5th – April 26th
 Time:10:00am – 11:00am
 Instructors:..... Jennifer & Brigit

Session VI

Dates: Saturdays, April 5th – April 26th
 Time: 11:00am – 12:00pm
 Instructor: Bonny

Session VII

Dates: Saturdays, May 3rd – May 24th
 Time:10:00am – 11:00am
 Instructors:..... Jennifer & Brigit

Session VIII

Dates: Saturdays, May 3rd – May 24th
 Time: 11:00am – 12:00pm
 Instructor: Bonny

Where:Pickleball Courts
 Fee:\$60.00
 Ages: Adults
 Member Discount Fee:.....\$40.00
 Minimum: 4 Maximum: 12

“Don’t blame others for the road you are on... It is your own asphalt”



TRI SERIES FREE DEMO DAY

Come and practice the Triathlon race courses. We will have swim, transition, run clinics, and a BLUE course mountain bike ride. Visit our awesome sponsors and learn about what they have to offer. Get your body ready for the season! *This event is FREE! Registration is not required for this event.*

Date: Tuesday, June 3rd
 Time: 5:00pm – 7:30pm
Schedule of Events will be announced in early May!
 Where: Transition Area (located by Walton Pond)
 Fee: Free
 Minimum: 20 Maximum: 200

SPRINT & TINY TRI-TRAINING SERIES

Join us for our 25th season of the weekly triathlon series! This series runs on Tuesday evenings at Winding Trails for 10 weeks. SPRINT distance series will again consist of a 1/4-mile swim in Dunning Lake, a 5-mile mountain bike ride (you must use a mountain bike ~ no hybrids), and a 3-mile trail-run through our beautiful woods. All ability levels are encouraged to come out and train in this friendly and fun environment. Our truly beginner Tiny Tri, consists of 1/8th mile swim, 3-mile ride (hybrid bikes are OK but mountain bike recommended) and a 1+ mile run. It is a great confidence booster for young and old alike. You CAN do this one and work up to the sprint distance.

This year’s series will start on Tuesday, June 10th and will end on Tuesday August 12th. *More details about the series and registration will be in our Summer/Fall Newsletter!*





UPCOMING AQUATIC PROGRAMS

We have many popular aquatic programs over the summer! An aquatic program newsletter will be emailed out in early April with details about programs, schedules, and registration dates. *For now, here is a quick overview and dates for planning purposes!*

SWIM LESSONS

- Session I June 23rd – July 3rd (No class July 4th)
- Session II..... July 7th – July 18th
- Session II..... July 21st – August 1st
- Session IV August 4th – August 15th

INTRODUCTION TO BOATS

- Session I June 23rd – June 27th
- Session II..... July 7th – July 11th
- Session II..... July 21st – July 25th
- Session IV August 4th – August 8th

WINDING TRAILS SAILING

- Session I June 23rd – July 3rd (No class July 4th)
- Session II..... July 7th – July 18th
- Session II..... July 21st – August 1st
- Session IV August 4th – August 15th

AMERICAN RED CROSS LIFEGUARDING COURSE WITH WATERFRONT MODULE (BLENDED LEARNING)

- Session I Monday – Friday, June 16th – June 27th
- Session II Monday – Friday, July 28th – August 8th



BEACH RULES

- Swimming is permitted only in designated areas when lifeguards are on duty.
- Open water swimming is not permitted.
- Swimmers must be able to swim to the rafts unassisted.
- No pushing or flipping off of the rafts.
- Bubbles, water wings, rafts and other floating devices are prohibited. Coast Guard approved lifejackets are allowed but cannot be used to aid someone getting to the raft.
- No child under the age of 15 is to be left unattended.
- Keep paths in front of the lifeguard chairs free of chairs, towels, umbrellas, and beach toys.
- Only single poled shade structures are allowed on beach and must not block lifeguard sight line or access to the water.
- Playing of music should be kept to a low volume and not hinder other's enjoyment of the park.
- No alcoholic beverages are permitted in the water.
- Glass containers are prohibited from the park. Please use non-breakable containers.
- Smoking is prohibited from the beach area and all picnic areas.
- Picnic tables and grills are used on a first come first serve basis. Reserving of tables is not allowed.
- Baby changing tables are provided in all bathrooms.
- Fishing is not permitted from the beach or in swimming areas.

BOATING GUIDELINES

- All persons renting boats must be at least 8 years old and have passed level 4 swimming lessons. Boat Attendants have the right to refuse boat rentals to any person(s) unable to manage a specific craft.
- Boats are available for rent at the boathouse daily between the hours of 11:00am and 6:00pm with the last boat into shore at 7:00pm. Rates are posted at the boat house.
- Damage to the boats caused by horseplay or operator error will be charged to the member.
- Individuals using the boats should not bring any valuables on to the water. Winding Trails will not be responsible for damage done to cell phones, car keys, etc.
- All boaters, whether in Winding Trails boats or their own must wear lifejackets. If we cannot properly fit your child in a lifejacket, they will be unable to accompany you in the boat – No Exceptions!
- All boaters operating an electric engine must be registered with the State of Connecticut and have a valid Safe Boaters Certificate. Electric motors not to exceed 5hp are permitted on the lake.
- No gas motors are allowed.
- Launching of boats is allowed only from the provided launch site across from the Main Office building.
- No inflatable boats are permitted.
- Boats are restricted from swimming areas.
- If you are transporting your boat to Dunning Lake from another lake, please be sure to wash your boat thoroughly prior to launch. This will help prevent the spread of weeds and other organisms from one lake to another. A hose is located on the side of the office building for your convenience.

■ Failure to follow the posted rules and regulations will result in forfeiture of your membership.



BOAT STORAGE

- Boats may be stored on the peninsula across from the Main Office for 6 months for a fee.
- Limit 2 boat slips per membership.
- All boats are stored at the owner's risk. Winding Trails accepts no responsibility for loss or damage.
- Only one boat can be stored at each boat slip.
- Stickers will be issued showing the member number and assigned boat slip. Stickers must be visibly displayed on all boats. Boats without a sticker will be removed.
- Registration forms for storage of non-motorized boats less than 15 feet are available at the Main Office.
- Fees must be kept up to date. Once you are notified of delinquent fees the boat will be removed from the peninsula and not released until all delinquent fees are paid.



FISHING RULES

- Members, 16 years of age and older must have a valid fishing license. Children under 16 do not need a fishing license.
- Please be sure to stick to posted limits on daily catches. Anyone with more than their limit will have his or her fishing privileges revoked. Keep in mind fishing is for all members. Over fishing only hurts all fishermen in the end. Please catch and release.
- All boaters operating an electric engine must be registered with the State of Connecticut and have a valid Safe Boaters Certificate.
- Members are allowed three trout or bass per day. If you bring a guest, you and your guests' limit together cannot exceed the five trout or bass limit per day.
- Bass Protective Slot Limits: 12"-16" long bass are in a protective range and must be released. Only one bass over 16" may be kept each day
- Failure to follow the posted rules and regulations will result in forfeiture of your membership.

GENERAL POLICIES

- Winding Trails membership runs the calendar year: January 1st–December 31st. There is no proration of your dues should you wish to terminate your membership early.
- All vehicles must stop at the gatehouse to scan stickers and collect guest fees. Membership stickers must be affixed to the **lower left side** of your windshield. Stickers not affixed will be turned into the main office.
- Walkers/Bikers should use the main gate and will be permitted in the park only if they can provide photo ID to verify membership. The Gate Attendant will verify membership.
- All windows on the driver's side of the vehicle should be rolled down so the gate attendants can welcome drivers, verify members, and any guests.
- Each membership is limited to 6 guests per day that are registered in advance online. Larger groups must call the office at (860) 677-8458 so special arrangement can be made.
- Guests must park their vehicles outside the gate along the edge of the entrance roadway.
- Members should park in the designated lots and not on the grass. Parking along the road creates visual problems. Parking violations will be issued for cars parking in non designated areas.
- No dogs or other pets are allowed in the park.
- Drive slowly in the park. Speed limit in the park is 20 MPH. Bikers, walkers and wildlife utilize the roadway as well as the cars.
- Please dispose of diapers by wrapping in a plastic bag before putting in the trash receptacles. Use the baby changing stations and not the picnic tables for changing.
- Toddlers/Babies must wear swim diapers in the lake.

- Please put trash and recyclables in the proper receptacles. No glass containers, please.
- Picnic Tables and Grills are used on a first come first serve basis. Reserving of tables is not allowed.

PROGRAM REGISTRATION AND CANCELLATION POLICIES

PROGRAM REGISTRATION

- Participants will be notified by email if a class is filled or if the class has been canceled. Registration for most programs can be done online on our website. If you prefer, you can register by mail or in our main office.

PROGRAM CANCELLATION POLICY

Winding Trails reserves the right to cancel any program due to low enrollment. Please register early!

- Three working days prior to the start date for each program, a decision will be made to cancel or run the program. If canceled, you will be notified by Winding Trails and will receive a full refund.
- Winding Trails reserves the right to combine or divide classes, to change the time, date, and/or location and to make other revisions in these offerings, which may become necessary.

■ Every effort will be made to make up classes. However, activities canceled due to circumstances beyond the control of Winding Trails that cannot be made up may not be refunded.

REFUND POLICY

Winding Trails has multiple programs and specific policies for major programs such as camp and rentals. Please check website for details on these programs. The following refund policies are for our general programs and special events.

- Full refunds will be given when requested up to one (1) week prior to the start of the program.
- Once the decision has been made to run a particular program, no refund will be given unless Winding Trails can find a substitute, or there is a medical emergency.
- Absolutely no refunds will be given for any attended portion of a program.
- There will be no cash refunds. Allow two (2) to four (4) weeks to process a refund.
- A \$25.00 fee will be assessed for *ALL* bounced checks!



I SPY - Winter & Spring

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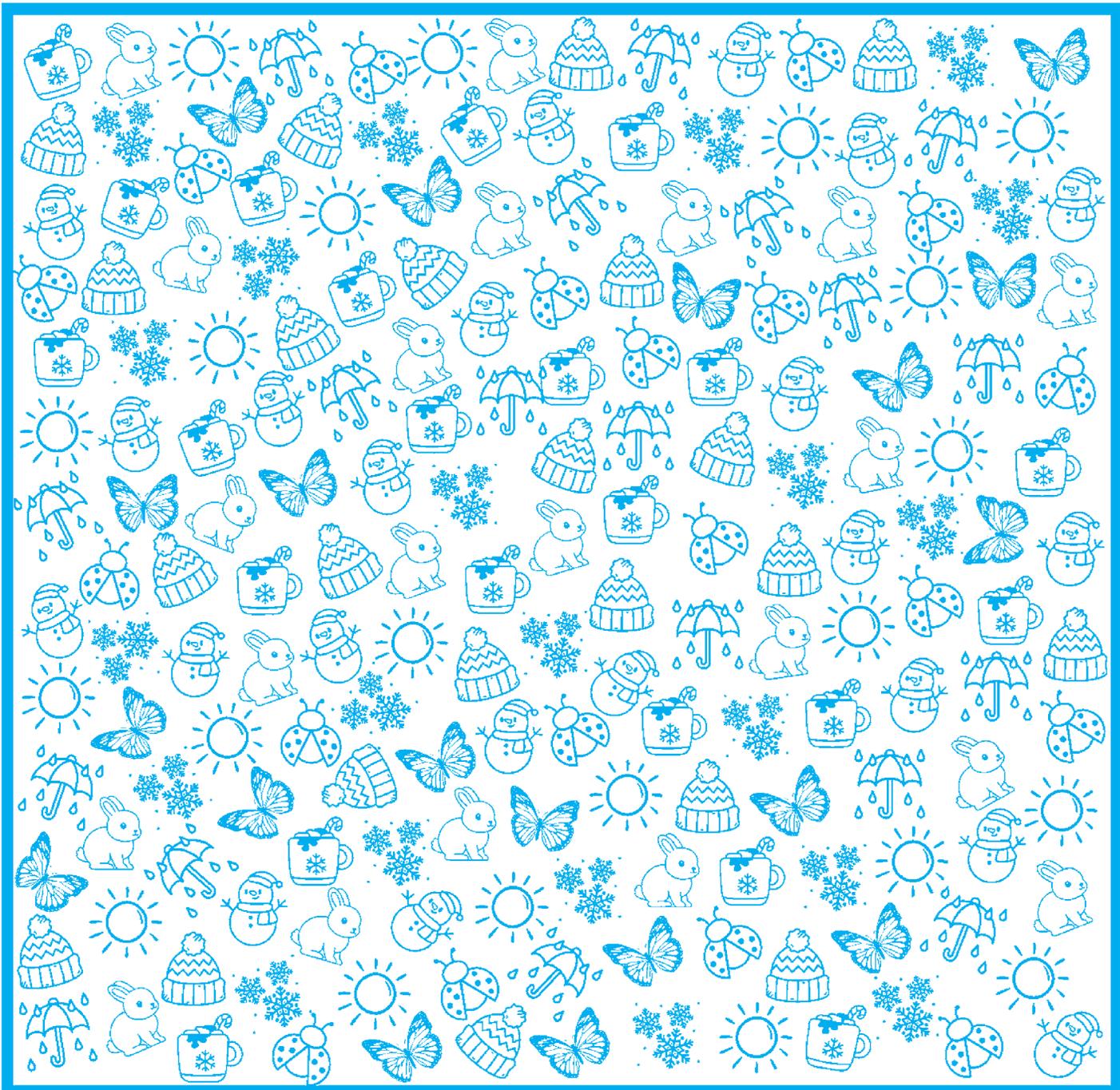














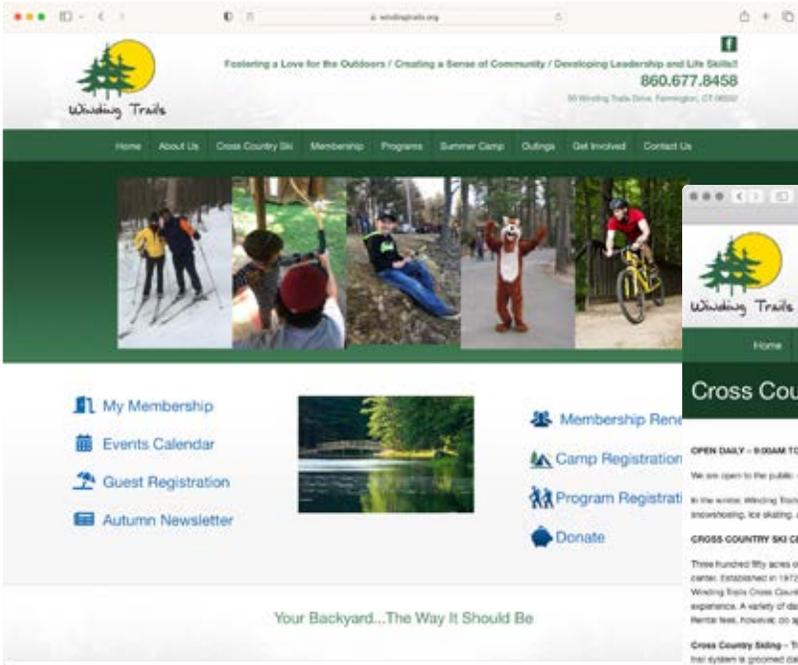
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MISSION STATEMENT

Winding Trails, Inc. is a non-profit organization serving people from Farmington and surrounding communities, providing year-round recreational and educational activities for the enjoyment and growth of all families and individuals. Winding Trails is dedicated to the conservation and stewardship of the natural woodlands and waterways that allow outdoor programming, character development, and other activities that strengthen the lives of those we serve.

www.windingtrails.org



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FIND IT ONLINE

You can find online registration, medical forms, summer camp bus schedules, ski and skate conditions and much more on our website. We encourage our members and non-members alike to browse our site and send us feedback.



Fostering a Love for the Outdoors • Developing Leadership and Lifeskills • Creating a Sense of Community