

*INSIDE: Meet our new staff (page 8), Drive "fore" Camp Golf Tournament (page 18),  
Check out our winter moonlight hikes (page 29), and much more!*



**MEMBERSHIP  
RENEWALS**

Don't forget to  
renew by 12/31!  
See page 3 for details.



WINTER & SPRING 2026

# Winding Trails Newsletter



*Fostering a Love for the Outdoors • Developing Leadership and Life Skills • Creating a Sense of Community*



Dear Friends,

In our last newsletter I shared some thoughts about change. I spoke about my personal reluctance to change, changes with facilities at Winding Trails, and changes in our staff. The biggest asset that Winding Trails has is our staff, both full-time and seasonal. The Board of Directors has been concerned for several years about the long tenure of our staff and what we will do when some of our people "turn the page" on Winding Trails and move on to retirement or other job opportunities.

Planning for people to leave is not easy with a small organization. We are not a large corporation that has a "bench" full of people that can fill each unique role. We have created succession plans that include yearly calendars, important contacts, and critical things to do. The key to these succession plans has been the strategy that the current staff members would overlap with the new person and show them intricacies in their positions.

In the past twelve months, we have hired six new full-time people, and one person has changed positions. This is 50% of our full-time staff. Winding Trails has not hired six new staff in the 20 years I have been Executive Director. This type of turnover could potentially be disastrous for a nonprofit. It can result in poor service to our constituents, lack of quality programs, an unkept park, etc. Fortunately, the staff that left us love this place and want to see it continue to thrive. They took the time to teach their successors and share all they could about their respective roles. Although we certainly miss our former staff, we are very happy with the new hires that are smart, spirited, and willing to learn. We are so happy to have them all on board. It is my sincere hope that you have not seen a drop in our commitment to serve you and offer outstanding programs in a clean safe environment. Change is hard and, in many respects, this has been a very difficult year. It has also been a very rewarding year, seeing the next generation of staff come in and be excited about our mission and guiding principles.

As the year ends, you will see our promise to continue to maintain and improve the facilities. In the fall, we recoated the basketball court at Dunning Lake and had the roof of the Dunning Lake Bathhouse replaced. We also repainted the Dunning Lake Boathouse, our Main Office, and the Gatehouse. In the camp area, we replaced the three basketball courts at the Sportsplex and have plans to redo our Camp Amphitheater.

If you plan on renewing your membership, remember that it must be done by December 31st. We have been taking renewals online since October 1st and appreciate those of you who have renewed. You will also see that your membership has gone up again. In the past six years, membership dues have gone up by about 27%. That is just over 4% a year. During that same time period, CT minimum wage has increased 67% or roughly 11% year. Many other costs of doing business have also increased substantially. The Board of Directors sets the budget and fees for the organization. They work hard to maintain the facility and try to keep it as affordable as possible. We hope you found value in your membership this year.

This newsletter is full of interesting articles and some wonderful programs. Keep in mind we only produce this newsletter twice a year. Throughout the year, we will add programs to our schedule that will be promoted through our website, monthly emails, Facebook, and Instagram. Please be sure you refer to these online postings for the latest program offerings. As we move to the holiday season, we want to thank all of you for your support this year and hope you have a healthy and safe New Year. If you have any questions, suggestions, or concerns please contact me at [scott@windingtrails.org](mailto:scott@windingtrails.org) or call (860) 677-8458 x 18.

Sincerely

Scott Brown, CPRP  
Executive Director



## WINDING TRAILS 2026 INCOMING BOARD OF DIRECTORS

Tom Greenebaum, *President*  
 Tim Roy, *Vice President*  
 Alex Kushnir, *Treasurer*  
 Danitza Sieklicki, *Secretary*  
 Kristen Burns  
 Chris Chisholm  
 Colette Fennessy

Joy Fausey  
 Steve Juers  
 Jeff Rogers  
 Betsy Sargent  
 Tiffany Smetak  
 James Sullivan

## WINDING TRAILS 2026 INCOMING COMMITTEE MEMBER VOLUNTEERS

Stacie Aubrey  
 Kerry Callahan  
 Jusin Carbonneau  
 Jonathan Chaia  
 Jill Clark  
 Sal Corio  
 Elizabeth Daly-Standish  
 Lisa Duquette  
 Patrice Freeman  
 Emily French  
 Tom Greenebaum  
 Wendy Ku  
 Patty Lavendier  
 Alana Ledford  
 Rob Low  
 Alison McVeigh

Lexi Melo  
 Scott Muska  
 Pam Nahorniak  
 Reem Nough  
 Mahmoud Omar  
 Jim Platosh  
 Mario Reyes  
 Rania Rifaey  
 Tom Roy  
 Shannon Rutherford  
 Paul Schned  
 Greg Sieklicki  
 Rob Tacinelli  
 John Tonkinson  
 Jon Wu

## WINDING TRAILS ANNUAL MEETING

Winding Trails will hold its Annual Meeting on Thursday, January 15th, 2026, at 6:30pm in the Main Office Conference Room. This meeting is open to the general membership. Anyone interested in attending or putting an item on the agenda must contact Scott Brown, Executive Director, at (860) 677-8458 x18 or email [scott@windingtrails.org](mailto:scott@windingtrails.org) by Friday, January 2nd.

## WINDING TRAILS STAFF • (860) 677-8458

Membership/Programs Adm.	Rebecca Resendes	Ext. 10	<a href="mailto:rebecca@windingtrails.org">rebecca@windingtrails.org</a>
Recreation Supervisor	Bailey Dailey	Ext. 11	<a href="mailto:bailey@windingtrails.org">bailey@windingtrails.org</a>
Camp Administrator	Kim Kowalski	Ext. 12	<a href="mailto:kim@windingtrails.org">kim@windingtrails.org</a>
Recreation Supervisor	Shawn Hussey	Ext. 13	<a href="mailto:shawn@windingtrails.org">shawn@windingtrails.org</a>
Outdoor Adventure Coordinator	Mike Trevail	Ext. 14	<a href="mailto:mike@windingtrails.org">mike@windingtrails.org</a>
Education Coordinator	Elyse Cahill	Ext. 16	<a href="mailto:elyse@windingtrails.org">elyse@windingtrails.org</a>
Executive Director	Scott Brown, CPRP	Ext. 18	<a href="mailto:scott@windingtrails.org">scott@windingtrails.org</a>
Financial Manager	Betzy Plourde	Ext. 19	<a href="mailto:betzy@windingtrails.org">betzy@windingtrails.org</a>
Park Director	Bryan Martin	Ext. 21	<a href="mailto:bryan@windingtrails.org">bryan@windingtrails.org</a>
Camp Director	Paul Cappadona	Ext. 31	<a href="mailto:paul@windingtrails.org">paul@windingtrails.org</a>
Park Maintainer	Anthony Baio		
Park Maintainer II	Kyle Harding		
Park Maintainer	Jose-Angel Rivera		
Park Maintainer	Dustin Kubran		

## MEMBERSHIP REMINDER

Membership renewals were sent out on October 1st. We have also sent multiple reminders through email, Facebook, and Instagram about renewing your membership for 2026. Many of you have already taken advantage of our convenient online renewal process. If you still need to renew, just go to [windingtrails.org](http://windingtrails.org) and click on the Membership Renewal link. You can call our office to have a paper copy mailed to you if you prefer. Your 2025 membership expires on December 31, 2025. As our wait list is over 2,400 families, we will only be able to guarantee your membership spot until December 31st. Do not forget to renew!

As a member, you agree to follow all our rules, policies, and new member code of conduct. If you would like to review these policies, you can find our Member Handbook on the Membership tab of our website. Your membership is based on your acceptance of the membership policies and procedures listed in the handbook. Please be sure to read these policies and abide by them.

With our barcode system, new stickers will only be issued if you change vehicles or there is a problem scanning your sticker. If your sticker has trouble scanning at the gate, please contact our office for a replacement. Barcode stickers will remain valid if dues are paid up to date. If you sell a vehicle or have the windshield replaced, you should remove your sticker and return it to the office. We hope to see you next year!

## HOLIDAY HOURS

Our Main Office will be closed on Wednesday, December 24th and Thursday, December 25th for the Christmas Holiday and on Thursday, January 1st for the New Year's Day holiday. In the event we have snow, the Cross-Country Ski Center will also be closed on Christmas Day. The Main Office will also be closed on Friday, April 3rd and Monday, May 25th for Good Friday and Memorial Day, respectively.

## OFFICE HOURS/DROP BOX

The Main Office is open 8:30am–4:00pm, Monday through Friday. If you miss our office hours, you can always use the Drop Box located next to the office door.





## NEW WINTER BATHROOM

The Dunning Lake Bathhouse Family/Handicap Bathroom stall will be open all winter for your convenience. This stall is on the southwestern side of the bathhouse facing the lake. It is a heated person/family stall. Please make sure the door remains closed so we can keep it warm.

## NATURE PORCH HOURS

Nature's Porch is located on the eastern shore of Walton Pond and offers nature-themed "drop-in" activities during open hours. Nature programs, from birdwatching and walks to fishing classes and more, are offered for families and individuals on many weekends. Check the calendar for program dates. The large front porch and its inviting chairs are available anytime during park hours. Come visit us and explore this portion of the property!

When: . . . Saturday & Sundays - April 25th to September 27th  
Hours: . . . . . 12:00pm - 5:00pm



## PARK ENTRANCE

Winding Trails access is through our Main Gate only. The job of our Gatehouse staff is to greet constituents, verify membership and guests, and provide information on the park. Our gatehouse staff are here to ensure the integrity of your membership. Although the winter and spring may be "quieter" seasons at Winding Trails, all rules and policies are still in effect. This includes the fact that membership is required all year, along with paying for guests, and no pets are allowed. Please remember to roll your windows down when approaching the gate and announce any guests you may have. Also be sure your vehicle has your membership sticker affixed to the lower left-hand side of your windshield. The gate attendant will welcome you and scan your vehicle membership sticker which will let us know you are on property. If you see any issues or problems on property and the Main Office is not open, be sure to let the gate attendant know and they can contact the appropriate staff.

## GUEST FEES

Guests of members must be registered online using the Guest Registration link on our homepage. These guests must park outside the main gate and ride into the park in the members' car. Members are limited to six guests per membership per day. Guest fees are \$7.00 for adults and \$5.00 for children ages 3 to 15. Discounted guest books are available at the front gate or in the main office.

## NO SMOKING POLICY

If you are a smoker and must smoke on property, we ask that you do not smoke on Dunning Lake beach or in the picnic area. Smoking will be permitted north of the wooden guard rail fence. We ask for your cooperation in complying with this policy.

## E-BIKE USE AT WINDING TRAILS

In the past several years use of E-Bikes around the country has exploded. Some of the uses have been very positive such as allowing individuals to continue to enjoy this activity later in life or going longer distances because of pedal assisted technology. The negative side of this is increased speed, more accidents, and severe trail damage.

Beginning in 2026 Winding Trails is adopting the following rules regarding the use of e-bikes on Winding Trails property.

1. Only Class 1 or 2 E-bikes (750 watts or less) with a max speed of 20 mph will be permitted on our trail system.
2. Class 3 E- bikes (750 watts or less) with a max speed of 21 - 28 mph will not be permitted on our trails.
3. Motor Driven cycles >750 watts - 3700 watts and motorcycles >3700 or 50cc will not be permitted on trails as defined by CT e-Bike/Motor Driven Cycle Law adopted 10/1/25.
4. Helmets are required at all times.
5. E-bikes must adhere to the same basic rules of the road/trail as regular bicycles: follow 20 mph speed limit, yield to pedestrians, and stay off sidewalks.
6. Non-compliance may result in suspension or revocation of membership and/or arrest.



## BOAT STORAGE

Winding Trails has a limited number of boat storage slips for members located across the road from the Main Office. Boat storage is available from April 1st to November 15th for a fee of \$120.00. *All boats will need to be removed each year by November 15th, year-round storage is not provided.*





## FISHING ON DUNNING LAKE

Dunning Lake is open for fishing year-round except for April 6th through April 10th due to our annual trout stocking. (Please note we will be holding the Children's Fishing Derby on Saturday, April 11th from 8am to 10am.) Members 16 years of age and older must have a valid CT fishing license. To help with the health of our fish population and the enjoyment of all anglers, we encourage you to "catch and release." If you do intend to take the fish, you are limited to three trout or bass per day. If you bring a guest, you and your guest are limited to five trout or bass per day. There is also a size limit on bass. Twelve- to sixteen-inch bass are in the protective range and must be released. Only one bass over 16" may be kept each day.

## PICKLEBALL AND TENNIS INFORMATION

Winding Trails has six pickleball courts and two tennis courts. These courts will be open for play around April 1st depending on the weather. The hours will be from 8am to 7:45pm. Time limit per court is one hour unless no one is waiting to use them. Tennis camp will be using both tennis courts between the hours of 9am to noon the week of June 22nd to June 26th and July 27th to July 31st. The temporary pickleball courts at the far end may be used by the camp program Monday - Friday from 10am to 3pm, June 22nd to August 14th.

## WINDING TRAILS BENEFITS FROM EAGLE SCOUT

Bryan Russell, a 17-year-old Senior at West Hartford's Conard High School, recently led an Eagle Scout Service Project to build a bicycle repair station at Winding Trails near the Skating Hut next to Waldon Pond. The project is benefiting the Winding Trails community by supporting on-site mountain biking activities and our Tuesday Night Training Series.

Bryan was interested in doing a project that would benefit Winding Trails because he has spent several summers attending the Winding Trails Day Camp program and his family has been members of the Winding Trails community for many years.

For Bryan's project, he collaborated with the Winding Trails Executive Director Scott Brown, who thought this project was timely and beneficial. Bryan secured donations included numerous gifts from the Triathlon Racing Series community.

The Bike Repair Station features include a dual-valve (for Presta & Schrader type valves) stainless steel Bicycle Pump with a pressure gauge and a universal Bike Wheel Chock to secure the bike's wheel when inflating the tire. The tools include screwdrivers, tire leavers, headset/pedal wrenches, 8/10mm cone wrench, 9/11mm cone wrench, Torx T-25 wrench, and a Hex key set. It has all the tools necessary for basic repairs with retractable tool cables to prevent tangling and allow for easy repair work.



Bryan successfully completed his Eagle Scout Board of Review on October 16th, 2025, and is now officially an Eagle Scout! He's looking forward to his Court of Honor ceremony to be held before the end of the year. While completing his final year of High School, Bryan plans to continue working part-time at Central Wheel Bike Store, Fishing, Golfing, Mountain Biking, Snowboarding and playing Rugby for the West Hartford Black Hearts Rugby Club. His future plans include going away to College and studying Automotive or Aircraft Technology.





# The Great Turtle Rescue

**I**t was a sunny afternoon on the last day of camp, Friday, August 15, 2025. The theme for the day was Gold Rush, and the campers had spent hours completing challenges to earn prizes and help their units compete for the coveted Camp Cup. The Cubs, our youngest adventurers at camp, had just one activity left. They were tasked with digging up buried “treasure” in the volleyball courts.

As they dug excitedly in the sand, they came across what looked like a pile of buried ping pong balls. Excitedly, they dug up the “treasure” which turned out to be something far more special: a snapping turtle nest! Snapping turtles often lay their eggs in sandy areas, and one of our resident females had chosen the volleyball court near the camp playground as her nesting site.

Unknowingly, the Cubs had disturbed the nest, causing some baby turtles to hatch prematurely. Once the counselors realized the “ping pong balls” were actually turtle eggs, they quickly called for help. Elyse Cahill, our Education Coordinator, arrived on the scene and immediately knew what to do.

Elyse carefully collected the hatchlings that were born too early and reached out to Melissa Harding, wife of our Park Maintainer Kyle Harding, who has experience in turtle rehabilitation and rescue. Together, they cleaned the tiny turtles and prepared them for transport to the Turtle Rescue League, a rehabilitation center based in Southbridge, Massachusetts.

At the rescue center, Elyse learned that some of the turtles needed surgery to repair their yolk sacs. Yolk sacs are small nutrient-

filled pouches attached to the turtle’s stomachs that sustain them while they are in the egg and for a few days after hatching. Thanks to the skilled rehabilitators, the turtles received the care they needed to recover.

A few weeks later, Elyse got a call and learned that the turtles were healthy and ready to return home! With help from the rehabilitators from the Turtle Rescue League, they released 21 baby snapping turtles back into Walton Pond.

Snapping turtles typically lay between 20 and 40 eggs in a clutch. In the wild, only about 5% of those eggs hatch successfully. Elyse estimated that around 15 eggs remained untouched in the nest, meaning that, of roughly 35 eggs, 21 made it to the water. The Cubs had, inadvertently, helped this clutch achieve an unusually high success rate!

Even so, life is still dangerous for baby snapping turtles. After hatching, they must make the perilous journey from their nest to the nearest body of water, which is sometimes up to a mile away, all the while avoiding predators like raccoons, foxes, and weasels. Fortunately, all 21 of our rescued hatchlings were placed in the pond, so their chances of survival increased dramatically.

As winter approaches, these young turtles will enter brumation, a state of dormancy where they bury themselves in mud and slow their metabolism to survive the cold months. Next spring, when the weather starts to warm up, keep an eye out for some small snappers. You might just spot one of our adventurous baby turtles exploring Walton Pond.







## CAMP CORNER

By Paul Cappadona

Winding Trails Summer Day Camp completed its 78th season providing incredible experiences for children from all over Connecticut.

It was my first summer back at Winding Trails since being a camper in 1998. It was wonderful to see the program still vibrant, strong, and as fun as I remember as a child. Having a consistent and seasoned leadership team was so helpful for me and our new Camp Administrator, Kim Kowalski. This permitted me the time to observe and take in everything that makes our program so special, as well as assess where we can make improvements to further enhance the experience moving forward. From Silly Willy Wednesdays to Tournament of the Trails, our program is intentionally tailored to foster a positive camp culture, while also providing kids with age-appropriate choices that advance as your child ages up each year.

At the end of this summer, we took a hard look at our parent - camper evaluations and have already started to make some changes based on your suggestions. The most notable being the change in our registration dates for camp. Traditionally, registration has been in early October or November and we have now moved it to January 12th for members and returning campers and February 2nd for non-members. This change will give our families more time to finalize their schedules, decide which sessions they need, and lighten the financial burden slightly away from member renewal and the holidays. We have already received a ton of positive feedback on the switch and hope this makes the process smoother for you going forward.



As we look ahead to Summer 2026, our team is already hard at work planning new activities, enhancing existing programs, and ensuring every camper continues to grow, laugh, and make lasting memories at Winding Trails. Led by our guiding principles of creating a sense of community, developing leadership and life skills, and fostering a love for the outdoors, we remain committed to providing experiences that help campers thrive both at camp and beyond. Whether your child is building confidence on the climbing wall, learning teamwork on the fields, or exploring nature around the park, our goal is to create a safe, inclusive, and joy-filled environment where every camper feels they belong.

Thank you for being part of our camp community and for trusting us with your children's summer adventures. We can't wait to see familiar faces and welcome new ones when camp kicks off again next June!

**Accepting Applications for Seasonal Work:** Do you love working outdoors and believe in Winding Trails mission of fostering love for the outdoors, creating a sense of community, and developing leadership and life skills? We are accepting applications for summer positions as camp counselors, environmental instructors, program specialists, lifeguards, swim instructors, challenge course facilitators, boating attendants, maintenance, office help, Grille Staff and more. For more information and applications visit [windingtrails.org/employment](http://windingtrails.org/employment) or come to our Job Fair scheduled for Saturday, January 3rd from 10am to noon in Garmany Hall.





## NEW HAPPENINGS

The only thing constant in nature is change. The story of Winding Trails follows suit. Winding Trails is a beautiful piece of property tucked in the woods where members and campers for decades have found friendship, time to relax, play, and work while building a community of goodwill and good times. The woods change, the buildings change and as always, the people change. What connects the past with the future is the desire and drive to keep Winding Trails kid centered and family friendly while staying safe, clean and natural. The membership wants this, the campers know this, the Board plans for this and the staff work hard to deliver this.

Winding Trails has been extremely fortunate to have long tenured staff who have been here 20+ years. This longevity has served our members and campers well with individuals who loved their jobs and the people we serve. In the last newsletter issue we highlighted the retirement of two of these individuals in Mark Dale and Renee Felter and their replacements in Elyse Cahill and Kim Kowalski, respectively. In this issue the change continues as we would

like to recognize, thank and show our appreciation for Pat Schnee, our Finance Manager who is retiring after 25 years of service to Winding Trails. We would also like the chance to welcome and introduce four new full-time employees in Rebecca, Jose, Dustin, and Betzy. We look forward to them using their experience, passion, and energy to service and promote our mission.

### PAT SCHNEE, FINANCE MANAGER

Pat has been the financial manager of Winding Trails for 25 years and has done a wonderful job. Can you imagine being the quiet fidelity-minded money person surrounded by fast-talking hyper-active programmers and talented, loud, opinionated maintenance people? At times it could be a nightmare, and Pat always stood strong and sure-footed as she collected, counted, saved and distributed with precision and accuracy the money needed to make Winding Trails work. She worked with Scott







Brown, the Executive Director, on the day-to-day money flow, budgeting, and monthly finance reports. She worked with the Finance committee's oversight and guidance with investments based on the Board's recommendations ensuring Winding Trails' financial stability year in and year out. The money was always balanced and safe while our suppliers, distributors and creditors were happy. Year after year she set up and handled the federal and state paperwork and files on over 275 part-time employees who often worked multiple jobs with multiple wages at different times. Pat always made sure the people were paid and if there was a problem, it got fixed. There are never enough kudos for the behind-the-scenes money movers when it's done right. At Winding Trails, we didn't need to worry as much because it was always known that Pat was on top of it and everything was accounted for. Pat also managed the front gate. You may have seen her helping on a busy evening or giving her staff a break. When asked, Pat said a few of her favorite projects were "Save Walton Pond" and Nature's Porch because of the large community involvement contributing to the projects. We will miss Pat's lunch walks, cross-country ski trail inspections, and her presence at every musical event Winding Trails has ever hosted. We all received a word, note or message weekly about what was good on property or what needed to be fixed or security concerns that should be addressed. Everyone at Winding Trails recognizes her gifts and thanks her for the dedication, time and effort she gave us over the years. Thank you Pat, best wishes and good luck on your next adventure.

#### **REBECCA RESENDES, PROGRAM & MEMBERSHIP ADMINISTRATOR**

Winding Trails is excited to officially welcome Rebecca as the new Membership/Program Administrator. She started in April replacing Kim who took over as Camp & Development Administrator and has been sending emails and social media posts for the past 9 months. Rebecca's background is in non-profit administration, marketing and customer service and she is well suited to keeping members informed, programs organized and people happy. Rebecca has been part of the Trails community as a member since 2020 giving her an additional perspective on her new position. She lives in Newington with her husband and two sons. Outside the office, she loves camping and exploring the outdoors with her family, playing sports, baking with her kids, and getting creative with crafts. Next time you're in the main office, you will know you are in the right place when you see her warm welcoming smile...



#### **JOSE RIVERA, PARK MAINTAINER**

Jose planned to be just a part of our summer maintenance crew this past summer, but within two weeks he loved the place and inquired if we had any full time openings. Fortunately for all of us, we did and we welcomed Jose to the Maintenance crew in July. Jose brings his experience in carpentry and electrical work in addition to a host of general skills and an EMR certification. He has a wife and 2 children and his oldest actually went to camp here and worked as a counselor. Jose chose maintenance as a second career to be outside and work with his hands after retiring from the CT- DOC. He is a good addition to maintenance because he is easy-going, supportive, and excited to be part of the community. When you see Jose out and about, say hello, welcome him, and tell him your story, he has a great laugh.



#### **DUSTIN KUBRAN, PARK MAINTAINER**

Winding Trails also welcomes Dustin who started with our Maintenance crew in October. Dustin brings valuable experience in construction, mechanical repair, and the lumber industry to Winding Trails. He is also licensed to operate a CDL, forklift, and crane. Beyond his technical skills, Dustin stands out for his genuine empathy and thoughtful nature. His calm presence and willingness to help reflect his care for both people and the work he does. A resident of New Hartford, Dustin, is raising two teenagers, Jack and Sky. He enjoys spending time outdoors, especially fishing and mountain biking, and is also a talented musician who plays both drums and bass. We're excited to have Dustin on our team his skills, heart, and teamwork make him a great addition to Winding Trails. If you see him around the property, be sure to say hello and welcome him aboard.



#### **BETZY PLOURDE, FINANCE MANAGER**

Betzy joined Winding Trails in November as our new Finance Manager. She's eager to learn from Pat and gain a full understanding of our finances, employee benefits, human resources, and all the behind-the-scenes details that keep Winding Trails running smoothly. Recognizing she has big shoes to fill, Betzy's goal is to make this a seamless transition for everyone. She brings over 20 years of experience in finance and operations leadership within nonprofit and education-based organizations. A proud graduate of the University of Hartford, Betzy earned her bachelor's degree in accounting, graduating Summa Cum Laude. Outside the office, Betzy enjoys the outdoors, camping, and spending time with her grandchildren. She was drawn to Winding Trails' beautiful campus and its team of dedicated staff who share her love for nature and serving children and families. Guided by her adventurous spirit, she's excited to share her experience and creativity to support the continued success of Winding Trails.





## THANK YOU FOR YOUR DONATIONS!

Winding Trails is extremely fortunate to have many donors that share our love for our mission and support us each year. These include members, summer camp families, businesses, foundations and local civic groups. This past year we received 373 donations from 300 donors totaling \$108,287. Thanks to the generosity of hundreds of you, Winding Trails continues to improve each year.



These donations come to us through three different funds. The Annual Trails Fund raised \$103,517 for campership, environmental initiatives, and general support for Winding Trails. There was an additional \$2,350 raised for the Colan Callahan Campership Fund and \$2,450 donated to our Endowment Fund.

We also hold four fundraising events each year that many of you attend and support. These include our Annual Drive "fore" Camp Golf Tournament, the Farm to Table Dinner, Nature's Open House, and our Music Festival. This year these four events had over 1,500 people in attendance and netted us \$44,304.

The Development Committee makes recommendations on how these donations are spent, and the Board of Directors then approves these expenditures. The following is the breakdown of how this past year's monies were spent or plan to be spent in the coming year.

**The Development Committee makes recommendations on how Trails Fund donations are spent, and the Board of Directors then approves these expenditures. The following is the breakdown of how this past year's monies were spent or plan to be spent in the coming year:**

### CAMPERSHIP:

**\$37,740** was used to send 74 children to camp in 2025.

### CAMP IMPROVEMENTS:

**\$40,000** will be spent to refurbish the camp amphitheater

**\$20,000** will be spent to construct a new pavilion at the camp waterfront

**\$15,000** will be used to start designing for a new Camp Bathhouse

**\$8,000** will be used for renovations to the Camp Bathhouse

**\$7,500** for new camp mountain bikes

### ENVIRONMENTAL INITIATIVES:

**\$10,000** for new environmental initiatives

**\$5,000** for new trees and landscaping

**\$2,500** for free wildlife and educational programs

### DUNNING LAKE BEACH AND PICNIC AREA:

**\$8,000** for new boat motor for the pontoon boat

### GENERAL SUPPORT:

**\$10,000** will be used to purchase AED Boxes for the park

**\$5,000** for continued park surveys

**\$4,000** for Winding Trails Staff Scholarship

**\$3,000** for Acoustic Nights

**\$2,500** for traffic slowing measures



The following is a list of our major donors as of fiscal year end September 30, 2025. If you recognize any of these names, please be sure to thank them for their additional support to conserving the environment, providing opportunities for children to attend camp, and providing general organization support.

### LEADERSHIP CIRCLE: \$5,000 AND OVER

Anonymous  
Ellen J. Goldfarb Memorial  
Charitable Trust  
Highland Park Families Foundation  
Low Family

### BENEFACTORS: \$2,500 TO \$4,999

Anonymous  
Choquette Family Fund  
of the Rhode Island Foundation  
Farmington Community Chest  
Leber Family  
Leeds Family  
McHugh/Fausey Family

### PATRONS: \$1,000 TO \$2,499

ARC Document Solutions-CT  
Aucoin Family  
Douglas & Elizabeth Bowen  
Chaia Family  
Jill & Bill Clark  
Community Foundation of  
Chattahoochee Valley  
Michele & Jean-Francois Beaulé  
Dick & Katie Benashski  
Camille Gagliardi & Dana Gillette  
Lewis & Margaret Gillett  
Kristian & Nancy Jensen  
Maura & Daniel Kennedy  
Kushnir Family  
Louckas Family  
Rigby Family  
Jackie Scheib  
Seapan Family  
Nancy & Russ Sylvester  
Michaelynn Ware & Tom Miller

### SUPPORTERS: \$500 TO \$999

Anonymous  
Ann & Randy Barton  
Douglas & Elizabeth Bowen  
Scott & Sue Brown  
Mrs. Robert F. Campbell  
Crescent Manufacturing  
Cedric DeLaCruz  
Fahlstedt Family

Greenbaum/  
Levin Family  
Heiner-Tostmann  
Family  
Hirth Family  
Hoppa Family  
Kushnir Family  
Lewis Family  
Brian & Bonnie  
Liistro  
Lynch Family  
John Maloney Family  
Barb Mitchell  
Bill & Andrea Moschella  
Reem Nouh & Mahmoud Omar  
Alan Perrie  
Pio Family  
William & Nicole Rubinow  
Schiller Freess Family  
Sean & Lisa Smith  
John Stephenson  
Tahlya & Aron Stevenson  
Lizz & Patrick Weiler  
Steve & Beth Wilson

### FRIENDS: \$250 TO \$499

Robert Adamenko & Liza Josephson  
Myles Altimus & Denise Noble  
Angle Family  
Anonymous  
Stacie & Andrew Aubrey  
Robert & Delia Ayer  
David & Lisa Bauer  
Ned Benton & Judy Silberstein  
Cahalane Family  
Alan & Betty Coykendall  
Brian Cunningham & Family  
Mark & Melissa Dale  
Elizabeth Daly-Standish  
Mr. & Mrs. Stephen D'Elia & Family  
Demers Family  
Judy & George DuPaul  
Lisa Duquette  
Richard & JoAnn Everson  
Michael & Patrice Freeman  
Paul & Allison Freeman & Family  
Tom & Peggy Goz  
Niels & Barbara Jensen



Dorri & Jonathon Kost  
Lamphere Family  
Alex Lucyk  
Lawrence & Kathleen Mayer  
Melo Family  
Walter & Natalia Menjivar  
Messinger Family  
Frank Michitti & Wendy Ku  
Moyer Family  
Nancy & Hugh Murray  
Kate Mylod & Tim Lynch  
Platosh Family  
Mario & Guisella Reyes\*  
Rifaey Family  
John & Kelsey Rotherth  
Deborah & Michael Sacks\*  
Jamie & Paul Schned  
Richard & Candace Seaman  
James & Elizabeth Sullivan  
Tacinelli Family  
Debbie Thurston  
Uncas Council Knights of Columbus  
Susan Burr Williams  
Jon Wu & Shumei Kuo  
Zenke Family

### ENDOWMENT CONTRIBUTORS

Carlson Family  
James & Linda Coates  
Hartford Foundation for Public Giving  
Keating Family  
Neil & Heather Kelsey  
Mahlis/Martinelli Family  
Mario & Guisella Reyes  
Rybka Family  
Deborah & Michael Sacks  
Ron & Diane Salm



## CROSS COUNTRY SKIING

Winding Trails operates the only full-service cross-country ski center in the state. While recent winters have not yielded many days of skiing, when we do get it, it is magical. Winding Trails machine grooms all 12.5 miles of trails for both traditional skiing and skate skiing. As a member of Winding Trails, you always ski for free. If you need to rent skis or take a lesson, there is a fee. See pricing and registration information below. Winding Trails has a beautiful fleet of Fisher skis available for rent. We also have a retail shop if you are interested in purchasing equipment. The Ski Center is open to the public and attracts cross country enthusiasts from throughout southern New England and New York.

As soon as Mother Nature unfolds her 6" white blanket, our trails will be groomed and tracked for your skiing pleasure. Please no walking on the trails if we are open for skiing. No pets allowed on premises at any time. *This program is weather permitting so be sure to check our website for current conditions.*

### HOURS

Daily.....9:00am – 5:00pm, weather permitting

### RATES

**GENERAL PUBLIC TRAIL PASS TICKETS MUST BE PURCHASED IN ADVANCE ONLINE AT: [WINDINGTRAILS.ORG/WINTER-GUEST-REGISTRATION/](http://WINDINGTRAILS.ORG/WINTER-GUEST-REGISTRATION/)**

**NOTE: 2026 Winding Trails members do not pay for trail passes**

Daily Ski Trail Pass	Full Day
Adult .....	\$14
Senior (62+) .....	\$10
Child (3 to 15).....	\$8

#### Daily Snowshoeing, Ice Skating, and Sledding Fees

Adult .....	\$7
Child (3 to 15).....	\$5

### WINTER SEASON PASSES

Individual .....	\$125
Family (up to 4 members) .....	\$300
Each Additional Family Member .....	\$50
Senior Pass (62+).....	\$100

### RENTALS

	Adults	Children (15 & under)
Traditional Skis (skis, boots, poles)....	\$17	\$12
Skate Skis (skis, boots, poles) .....	\$19	
Pulk Sled (2 hour limit).....	\$12	
Snowshoes.....	\$12	\$10
Snow Tube .....	\$6	
Ice Skates .....	\$5	

*All rentals must stay on premises and be returned by 4:30pm.*

### LESSONS

	Adults	Children (8 to 15)
Group Beginner Lessons (1 hour) .....	\$20	\$15
Semi-Private Lessons (1 hour) .....	\$25	\$20
Private Lessons (1 hour) .....	\$30	\$25

*Group lessons are offered weekdays at 10am & 1pm, weekends/holidays at 9:30am, 11am, 1pm & 2:30pm. The semi-private lessons are for 2 or more. Prices are per student. Private lessons are scheduled by appointment.*

## CROSS COUNTRY RETAIL SHOP

Winding Trails is the place to purchase a beautiful new set of Fisher skis or pick up a ski accessory or wax. You won't find better prices or service. When the Ski Center is open the retail shop will be open. Typical shop hours: Monday – Friday, 9:00am – 4:30pm. If there is no snow, call ahead at (860) 677-8458 and a staff member will be happy to schedule a time to show you our selection of ski equipment.



# WINDING TRAILS CROSS COUNTRY SKI CENTER

(860) 677-8458

[www.windingtrails.org](http://www.windingtrails.org)

## TRAIL MARKINGS



EASIEST



MORE  
DIFFICULT



MOST  
DIFFICULT



SKATING  
LOOP

## MAP LEGEND



Campsites



Bridge



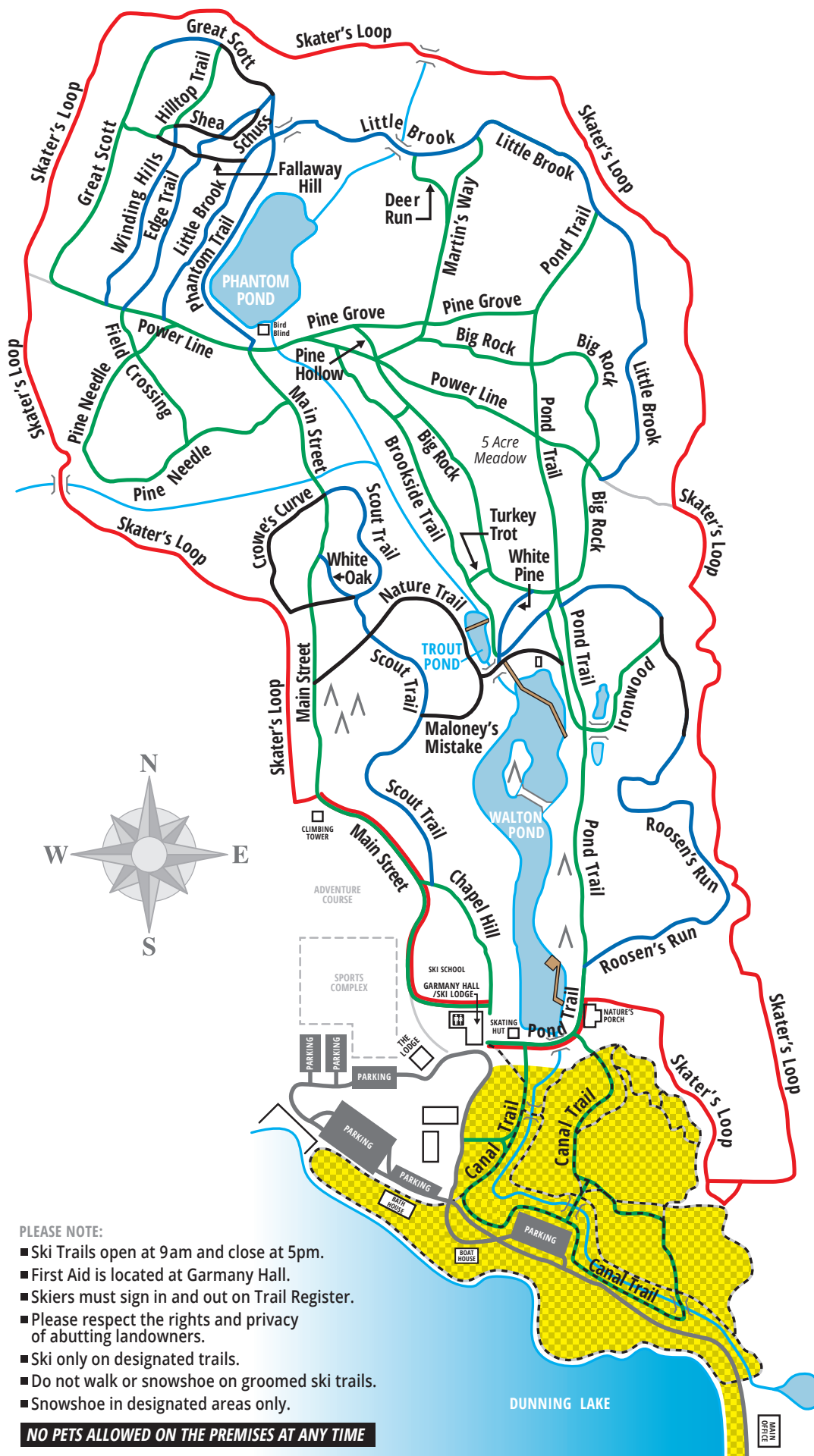
Restrooms



Snowshoe Area

*Garmany Hall includes the Ski Center, Ski Rentals & Lessons, Ski Shop, Snack Bar and Restrooms.*

*The Sports Complex includes areas for softball, soccer, basketball, volleyball, tennis, pickle ball, sledding, and a playscape.*



### PLEASE NOTE:

- Ski Trails open at 9am and close at 5pm.
- First Aid is located at Garmany Hall.
- Skiers must sign in and out on Trail Register.
- Please respect the rights and privacy of abutting landowners.
- Ski only on designated trails.
- Do not walk or snowshoe on groomed ski trails.
- Snowshoe in designated areas only.

**NO PETS ALLOWED ON THE PREMISES AT ANY TIME**







## ICE FISHING

Each year we are optimistic that the cold will come, and Dunning Lake will get enough ice thickness to safely ice fish. Fishing enthusiasts need to have all their own safety and tackle. This activity is permitted at your own risk. Winding Trails does not check Dunning Lake for ice thickness and safe conditions. Ice fishing is allowed during normal park hours. No ice fishing is allowed on Walton Pond. All other fishing rules and catch limits apply.

## SLEDDING

Our Sportsplex hill is adjacent to the soccer field and provides a great sledding location. It is wide, long, and free of obstacles. Interested sledders can park in the parking lot adjacent to the Sportsplex and walk across the soccer field to get to the hill. Sledding is permitted during regular park hours. Parental supervision is required for any child under 15. Sledding is also at your own risk. Please be sure to sled in designated areas only and use the fenced walking path to get back to the top of the hill. There is no sledding permitted on cross-country ski trails. Bring your own sled or rent one of our tubes at Garmany Hall when the Ski Center is open. Non-member fees for sledding are \$7.00 for adults and \$5.00 for children ages 3 to 15. Check out our website for current conditions.



## ICE SKATING

Winters are unpredictable and the number of days of skating has varied tremendously depending on temperature and snowfall amounts. Skating is permitted on Walton Pond once the ice reaches a safe thickness of 5" to 8" depending on conditions. Skating will be open daily until 9pm, weather permitting. The lights will go off at 9:00pm each night. There is no skating on Dunning Lake. Skating is free for Members. Skate rentals are available in Garmany Hall when the Ski Center is open.

We will also be setting up a skating rink under the Owl Pavilion. This rink's size will be 32' x 64' and will freeze much quicker than Walton Pond. *Hockey is not allowed on this rink and our Learn to Skate programs have priority.* Non-member fee for skating is \$7.00 for adults and \$5.00 for children ages 3 to 15. Skating conditions will be posted on our website.



**REMINDER: WINDING TRAILS IS A WILDLIFE PRESERVE. TO PROTECT THE WILDLIFE WE ASK THAT NO DOGS OR PETS BE ALLOWED ON PROPERTY. THIS INCLUDES THE ENTIRE TRAILS SYSTEM. THANK YOU FOR YOUR COOPERATION!**



## IMPORTANT PROGRAM REGISTRATION POLICIES

Winding Trails produces two newsletters per year. The Winter-Spring edition promotes programs from January through May and the Summer-Fall edition has programs from June through December. The opening of registration for these programs will occur roughly the first of each month, the month before the program is running. Also, check our website and emails for the promotion of new programs or additional program offerings.



### WINDING TRAILS JOB FAIR

Talk to any staff at Winding Trails and you are most likely going to hear about what a great place it is to work. It is a beautiful setting, with support, and competitive wages. Positions range from camp counselors, program specialists, and lifeguards to gate staff, boating attendants, and challenge course staff. Come out and learn more about working at Winding Trails! Hear about all of the summer openings, leadership skills and training opportunities. *Registration is not required.*

Date: ..... Saturday, January 3rd  
(Snow date: Saturday, January 10th)  
Time: ..... 10:00am – 12:00pm  
Where: ..... Garmany Hall  
Fee: ..... Free

### FAMILY SKATE NIGHT AT WALTON POND

Join us at Walton Pond for an evening of fun under the lights and skating. There will be music, a roaring fire, hot chocolate, hotdogs, and more. This program will be held weather permitting. This is a member only program. *Registration opens the first Monday of the month, prior to each program date.*

Date: ..... Saturday, February 7th  
(Snow date: Saturday, February 28th)  
Time: ..... 6:30pm – 8:00pm  
Where: ..... Walton Pond  
Fee: ..... Free  
Minimum: 50 ..... Maximum: 200

### FAMILY MOVIE NIGHT

Bring the whole family out for a great dinner served up in front of our big screen movie. A dinner of ziti with red sauce, meatballs, cheesy garlic bread, and salad will be served up family style. Dessert and beverages are also included. Reserve your seats today as seating is limited. Movie will be Zootopia 2. *Registration opens the first Monday of the month, prior to each program date.*



Date: ..... Friday, February 27th  
Time: ..... 6:00pm – 10:00pm  
Where: ..... Garmany Hall  
Fee: ..... \$35.00 per Family  
Member Fee: ..... \$25.00 per Family  
Minimum: 30 ..... Maximum: 80

### FAMILY EGG HUNT FEATURING PETER RABBIT

Join Peter Rabbit and your entire family as they scramble for all the holiday goodies scattered about on the trail! We have plenty of treasures and treats for all. In addition to the candy and toys, every family will receive one golden egg with a special prize inside! Don't forget your goodie bag/basket to hold all your findings. The Egg Hunt will take place in a short loop on the trails ending with a continental breakfast at the Owl Pavilion. Space is limited, register early as this program fills up fast! *This is a member program only. Registration opens the first Monday of the month, prior to each program date.*



Date: ..... Saturday, April 4th  
Times:  
Session I: ..... 8:00am  
Session II: ..... 8:45am  
Session III: ..... 9:30am  
Session IV: ..... 10:15am  
Session V: ..... 11:00am  
Session VI: ..... 11:45am  
Ages: ..... 10 and under  
Where: ..... Meet at the Amphitheater  
Member Fee: ..... \$30.00 per family  
Minimum: 30 per session ..... Maximum: 150 per session





## 79TH ANNUAL CHILDREN'S FISHING DERBY

Children ages 5 to 15 can test their fishing skills and are eligible to participate in this long-standing event for prizes. We will have prizes in two different age categories as well as prizes for heaviest fish that is not a trout, first fish caught, and of course a cash prize for catching the elusive "Golden Trout." So come on down and enjoy the morning fishing at Dunning Lake! *Participation is limited to members, their guests, and Farmington residents only. Registration is not required.*

Date: ..... Saturday, April 11th  
 Time: ..... 8:00am - 10:00am  
 Ages: ..... 5 - 15 years old  
 Where: ..... Dunning Lake  
 Fee: ..... No Charge  
*(Food and worms will be available for a nominal fee)*

## WINDING TRAILS CAMPUS TOUR

Are you a new member and not quite sure where everything is? Then this extensive tour of the park is just for you. Learn about the history of Winding Trails, where all the facilities are, and where the "special" spots can be found. Dress appropriately for weather and walking. *This is a member only program. Registration opens the first Monday of the month, prior to each program date.*

Date: ..... Saturday, April 11th  
 Times: ..... 11:00am - 12:00pm  
 Where: ..... Garmany Hall  
 Ages: ..... All ages  
 Fee: ..... Free  
 Minimum: 10 ..... Maximum: 50

## TOUCH-A-TRUCK

Through the generosity of many local businesses, children can see a variety of "special" vehicles up close. Each year we have vehicles from the local fire, police, and EMS. There is also construction equipment, military vehicles, and more. Food is available for a nominal fee.

You and your little ones won't want to miss this day.

If you are a business and would like to display your vehicle, email [shawn@windingtrails.org](mailto:shawn@windingtrails.org). This is a great community event and a nice way to promote your business. *No registration required for this program.*

Date: ..... Sunday, May 3rd  
 Time: ..... 1:00pm - 3:00pm  
 Where: ..... Upper Parking Lots  
 Fee: ..... Free





# DRIVE "FORE" CAMP GOLF TOURNAMENT

All proceeds will go to the Winding Trails Summer Day Camp!

**FRIDAY, MAY 1ST • 11:30AM  
TUNXIS COUNTRY CLUB**

**18 HOLES \* SHOTGUN START \* BEST BALL  
MULLIGANS, RAFFLES, GAMES, CONTESTS, AUCTIONS & MORE!**

**\$600 PER 4-SOME • \$150 PER SINGLE GOLFER  
REGISTRATION BEGINS AT 10:30AM, SHOTGUN START AT 11:30AM  
INCLUDES 18 HOLES, CART, LUNCH AND DINNER (SERVED AT  
WINDING TRAILS IMMEDIATELY FOLLOWING THE TOURNAMENT).  
DINNER ONLY (NO GOLF): \$25**



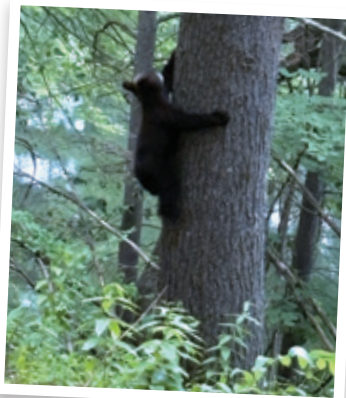
**REGISTER ONLINE AT  
[WWW.WINDINGTRAILS.ORG/DRIVE-FORE-CAMP-GOLF-TOURNAMENT](http://WWW.WINDINGTRAILS.ORG/DRIVE-FORE-CAMP-GOLF-TOURNAMENT)**



## ENVIRONMENTAL EDUCATION HOMESCHOOL SERIES

Join us for our nature-based homeschool education series! Each month join our environmental educators to learn about the wonders of nature. These programs are perfect for ages 5 to 11. Programs are offered once a month from January through May with a snack time built in. We ask that guardians stay for the duration of the program and take an active role in the learning.

*Registration opens the first Monday of the month, prior to each program date.*



### Session IV: Geology Rocks

Date: ..... Tuesday, January 6th

### Session V: Animal Homes

Date: ..... Tuesday, February 3rd

### Session VI: Maple Syrup

Date: ..... Tuesday, March 3rd

### Session VII: Birds, Birds, and Birds

Date: ..... Tuesday, April 7th

### Session VIII: Metamorphosis Magic

Date: ..... Tuesday, May 5th

Time: ..... 9:30am - 12:30pm

Ages: ..... 5 to 11 year olds

Where: ..... Nature's Porch

Fee: ..... \$12.00 per child

Minimum: 5 ..... Maximum: 15

## WINTER YOUTH EXPLORERS

Join the fun! This four session program is designed for your 7- to 12-year-olds. Each week your child will spend 60 minutes doing a variety of activities related to winter. Depending on the weather they may go ice skating, skiing, snowshoeing, or tubing. Alternative activities will be provided if Mother Nature does not cooperate. *Registration opens the first Monday of the month, prior to each program date.*

### Session I

Date: ..... Wednesdays January 7th – 28th

### Session II

Date: ..... Wednesdays, February 4th – 25th

### Session III

Date: ..... Wednesdays, March 4th – 25th

Time: ..... 4:00pm – 5:00pm

Ages: ..... 7 to 12 year olds

Where: ..... Garmany Hall

Fee: ..... \$70.00

Member Fee: ..... \$50.00

Minimum: 6 ..... Maximum: 12

## LITTLE GLIDERS

Your 4- and 5-year-olds can begin to learn the sport of cross-country skiing. This fun-based four session program will be a group cross-country ski lesson specially designed for kids. Your child will learn the basics of cross-country skiing on level terrain and become familiar with the snow. Skis and boots will be provided. Helmets are recommended. Classes meet at Garmany Hall Ski Center. Weather permitting. *Registration opens the first Monday of the month, prior to each program date.*

### Session I

Date: ..... Tuesdays & Thursdays, January 6th – 15th

### Session II

Date: ..... Mondays & Wednesdays, February 2nd – 11th

Time: ..... 11:00am – noon

Ages: ..... 4 & 5 years old (must be 4 by start of program)

Where: ..... Garmany Hall

Fee: ..... \$65.00

Member Fee: ..... \$50.00

Minimum: 4 ..... Maximum: 8



## AFTER SCHOOL GLIDERS

Learn the sport of cross-country skiing. This fun based four session program will be a group cross-country ski lesson specially designed for kids. Your child will learn the basics of cross-country skiing on level terrain and become familiar with the snow. Skis, poles and boots will be provided. Helmets are recommended. Classes meet at Garmany Hall Ski Center weather permitting. *Registration opens the first Monday of the month, prior to each program date.*

### Session I

Date: ..... Tuesdays and Thursdays, January 6th – January 15th

### Session II

Date: ..... Mondays & Wednesdays, February 2nd – 11th

Time: ..... 4:00pm – 5:00pm

Age: ..... 7 to 10 years old

Where: ..... Ski Center

Fee: ..... \$65.00

Members Fee: ..... \$50.00

Minimum: 4 ..... Maximum: 8



## JANUARY PROGRAMS

Winding Trails Job Fair .....	Saturday, January 3rd, 10:00am – noon
Little Kids Exploring Nature, Session I – Exploring Winter .....	Saturday, January 3rd, 9:30am – 11:30am
Families Exploring Nature, Session I – Exploring Winter .....	Saturday, January 3rd, 9:30am – 11:30am
Learn, Ski, & Lunch. Session I .....	Monday, January 5th, 11:00am – 12:30pm
Environmental Education Homeschool Series, Session IV .....	Tuesday, January 6th, 9:30am – 12:30pm
Little Gliders, Session I .....	Tues & Thurs, Jan. 6th – 15th, 11:00am – 12:00pm
Adult Drop-In Hockey ..	Tuesdays, January 6th – February 24th, 6:30pm – 8:00pm
After School Gliders .	Tues & Thurs, January 6th - January 15th, 4:00pm – 5:00pm
Winter Youth Explorers, Session I ...	Weds, January 7th – 28th, 4:00pm – 5:00pm
Climbing Tower Days, Session I .....	Saturday, January 10th, 10:00am – noon
Learn to Skate (4-5 year olds), Session I .....	Wednesdays/Fridays, January 14th – 23rd, 10:00am – 10:45am
Learn to Skate (6-9 year olds), Session II .....	Wednesdays/Fridays, January 14th – 23rd, 4:15pm – 5:00pm
Arts & Crafts for Preschoolers, Session I .....	Thursdays, January 15th – February 12th, 11:00am – 11:45am
CARE Ice Fishing Class .....	Saturday, January 17th, 10:00am – 2:30pm
I'm a New Member Now What? .....	Wednesday, January 21st, 6:30pm – 8:00pm
Climbing Tower Days, Session II .....	Saturday, January 24th, 10:00am – noon
Trivia Night at Winding Trails .....	Friday, January 30th, 7:00pm – 10:00pm

## FEBRUARY PROGRAMS

Little Gliders, Session II .....	Mondays/Weds, February 2nd – 11th, 11:00am – 12:00pm
After School Gliders .....	Mondays/Weds, February 2nd – 11th, 4:00pm – 5:00pm
Environmental Education Homeschool Series, Session V .....	Tuesday, February 3rd, 9:30am – 12:30pm
Learn to Skate (4-5 year olds), Session III .....	Tuesdays/Thursdays, February 3rd – 12th, 10:00am – 10:45am
Learn to Skate (6-9 year olds), Session IV .....	Tuesdays/Thursdays, February 3rd – 12th, 4:15pm – 5:00pm
Winter Youth Explorers, Session II .....	Wednesdays, February 4th – 25th, 4:00pm – 5:00pm
Winter Hike & Wine by Moonlight, Session I .....	Fri, February 6th, 7:00 – 9:00pm
Family Skate Night at Walton Pond ...	Saturday, February 7th, 6:30pm – 8:00pm
ARC Adult and Pediatric First Aid/CPR/AED Training .....	Tuesdays, February 10th, 5:00pm – 8:30pm
Learn, Ski, & Lunch, Session II .....	Thursday, February 12th, 11:00am – 12:30pm
Sushi Making Class .....	Friday, February 13th, 6:30pm – 8:30pm

Archery Lessons, Session I ...	Mondays/Weds, April 6th – 15th, 4:00pm – 4:45pm
Archery Lessons, Session II ...	Mondays/Weds, April 6th – 15th, 5:00pm – 5:45pm
Environmental Education Homeschool Series, Session VII .....	Tuesday, April 7th, 9:30am – 12:30pm
Adult Spring Luncheon – Remembering G. Fox & Company .....	Wednesday, April 8th, 12:00pm – 1:30pm
Orienteering, Session II .....	Wednesday, April 8th, 4:30pm – 6:00pm
Cardio Tennis .....	Thursday April 9th, 9:00am – 10:00am
Disc Golf Lessons, Session I .....	Thursdays April 9th – 30th 4:00pm – 4:45pm
Disc Golf Lessons, Session II .....	Thursdays April 9th – 30th 5:00pm – 5:45pm
Adult Cooking Class .....	Friday, April 10th, 6:00pm – 8:00pm
Climbing Tower Days, Session VII .....	Saturday, April 11th, 10:00am – noon
Children's Fishing Derby .....	Saturday, April 11th, 8:00am – 10:00am
Winding Trails Campus Tour .....	Saturday, April 11th, 11:00am – 12:00pm
Little Kids Exploring Nature, Session IV: Discovering Birds with Merlin .....	Sat, April 11th, 9:30am – 11:30am
Families Exploring Nature, Session IV: Early Spring Finds .....	Saturday, April 11th, 1:30pm – 3:30pm
Orienteering, Session III .....	Monday, April 13th, 4:30pm – 6:00pm
Kid's Mountain Bike Club ...	Wednesdays, April 15th – May 6th, 4:15pm – 5:15pm
Orienteering, Session IV .....	Wednesday, April 15th, 4:30pm – 6:00pm
Cardio Tennis .....	Thursday April 16th, 9:00am – 10:00am
Acoustic Nights, Session II .....	Friday, April 17th, 7:00pm – 9:00pm
Challenge Quest, Session I .....	Sunday, April 19th, 10:00am – 1:00pm
Walk, Talk, & Hawk Adult Walk, Session II: Discovering Birds with Merlin ...	Sunday, April 19th, 9:30am – 11:30am
After School Adventures ...	Monday/Weds, April 20th- May 6th, 4:30pm – 6:00pm
Barre at the Boathouse Pavilion .	Tues, April 21st- May 26th, 9:30am – 10:30am
Mountain Bike Series .....	Tuesdays, April 21st – May 19th, 6:00pm
Cardio Tennis .....	Thursday, April 23rd, 9:00am – 10:00am
Arts & Crafts for Preschoolers, Session II .....	Thursdays, April 23rd – May 21st, 11:00am – 11:45am
Soccer Shots- Mini .....	Thursdays, April 23rd – June 11th, 4:30pm – 5:00pm
Soccer Shots- Classic .....	Thursdays, April 23rd – June 11th, 5:15pm – 6:00pm
Spring Wood Floral Craft Workshop .....	Friday, April 24th, 6:30pm – 8:30pm
Painting Nature, Finding Stillness .....	Saturday, April 25th, 1:00pm – 4:00pm
CARE Introduction to Fishing Class .....	Saturday, April 25th, 9:00am – 12:00pm



# Spring 2026

Climbing Tower Days, Session VIII.....	Saturday, April 25th, 10:00am – noon
Natural Lawn Care .....	Saturday, April 25th, 1:30pm – 3:00pm
Nature's Porch Open on Weekends .....	Saturday, April 25th – Sunday, Sept. 27th, 12:00pm – 5:00pm
Odyssey Challenge, Session I.....	Sunday, April 26th, 10:00am – 1:00pm
Cardio Tennis .....	Thursday, April 30th, 9:00am – 10:00am

## MAY PROGRAMS

Drive “fore” Camp Golf Tournament .....	Friday, May 1st
Touch-A-Truck .....	Sunday, May 3rd, 1:00pm – 3:00pm
Introduction to Pickleball, Session V .....	Saturdays, May 2nd – May 23rd, 10:00am – 11:00am
Introduction to Pickleball, Session VI.....	Saturdays, May 2nd – May 23rd, 11:00am – 12:00pm
Little Kids Exploring Nature, Session V: Starting New Families .....	Saturday, May 2nd, 9:30am – 11:30am
Families Exploring Nature, Session V: Starting New Families .....	Saturday, May 2nd, 1:30pm – 3:30pm
Environmental Education Homeschool Series, Session VIII .....	Tuesday, May 5th, 9:30am – 12:30pm
Cardio Tennis .....	Thursday, May 7th, 9:00am – 10:00am
Adult Cooking Class .....	Friday, May 8th, 6:00pm – 8:00pm
Acoustic Night, Session III. ....	Friday, May 8th, 7:00pm – 9:00pm
Climbing Tower Days, Session IX.....	Saturday, May 9th, 10:00am – noon
Odyssey Challenge, Session II .....	Saturday, May 9th, 10:00am – 1:00pm
Belaying 101 .....	Mondays/Wednesdays, May 11th – May 20th, 4:30pm – 6:00pm
Cardio Tennis .....	Thursday, May 14th, 9:00am – 10:00am
CARE Fly Fishing 101 Course.....	Thursday, May 14th, 5:30pm – 8:00pm
Kid's Night Out, Session II. ....	Friday, May 15th, 6:00pm – 10:00pm
Walk, Talk, & Gawk Adult Walk, Session III: May Flowers.....	Sunday, May 17th, 9:00am – 11:00am
Challenge Quest, Session II.....	Sunday, May 17th, 10:00am – 1:00pm
Introduction to Pickleball, Session III.....	Tuesdays, May 19th – June 9th, 5:00pm – 6:00pm
Introduction to Pickleball, Session IV .....	Thursdays, May 21st – June 11th, 9:00am – 10:00am
Cardio Tennis .....	Thursday, May 21st, 9:00am – 10:00am
Climbing Tower Days, Session X .....	Saturday, May 23rd, 10:00am – noon

***Visit [windingtrails.org](http://windingtrails.org) for the latest program additions, schedule updates, weather conditions, and registration.***

Little Kids Exploring Nature, Session II – Exploring Winter .....	Saturday, February 14th, 9:30am – 11:30am
Families Exploring Nature, Session II – Exploring Winter .....	Saturday, February 14th, 1:30pm – 3:30pm
Climbing Tower Days, Session III.....	Saturday, February 14th, 10:00am – noon
Winter Hike & Wine by Moonlight, Session I ...	Fri, February 20th, 7:00 – 9:00pm
Candle Making Class.....	Tuesday, February 24th, 6:00pm – 8:00pm
Crafternoons .....	Tuesdays, February 24th – March 24th, 4:30pm – 5:30pm
Family Movie Night .....	Friday, February 27th, 6:00pm – 10:00pm
Climbing Tower Days, Session IV.....	Saturday, February 28th, 10:00am – noon

## MARCH PROGRAMS

Environmental Education Homeschool Series, Session VI.....	Tuesday, March 3rd, 9:30am – 12:30pm
Winter Youth Explorers, Session III.....	Wednesdays, March 4th – 26th, 4:00pm – 5:00pm
Learn, Ski, & Lunch, Session III .....	Wednesday, March 4th, 11:00am – 12:30pm
Walk, Talk, and Gawk Adult Walk, Session I: Late Winter Finds .....	Thursday, March 5th, 9:00am – 11:00am
Kids Night Out, Session I.....	Friday, March 6th, 6:00pm – 10:00pm
Little Kids Exploring Nature, Session III: Maple Sugaring Magic.....	Saturday, March 7th, 9:30am – 11:30am
Families Exploring Nature, Session III: Maple Sugaring Magic.....	Saturday, March 7th, 1:30pm – 3:30pm
Line Dancing Class with Stompin' Boots ...	Friday, March 13th, 5:30pm – 9:00pm
Climbing Tower Days, Session V .....	Saturday, March 14th, 10:00am – noon
Walk, Talk, and Gawk Adult Walk, Session I: Late Winter Finds .....	Sunday, March 15th, 9:00am – 11:00am
Acoustic Nights, Session I .....	Friday, March 20th, 7:00pm – 9:00pm
Climbing Tower Days, Session VI .....	Saturday, March 28th, 10:00am – noon
Intro to Rocketry .....	Saturday, March 28th, 10:00am – noon
Introduction to Pickleball, Session I .....	Tuesdays, March 31st – April 21st, 5:00pm – 6:00pm

## APRIL PROGRAMS

Pickleball Open Play ...	Mondays & Weds, April 1st – May 27th, 10:00am – 11:30am
Adventures with Mike .....	Wednesdays, April 1st – 29th, 4:30pm – 6:00pm
Introduction to Pickleball, Session II .....	Thursdays, April 2nd – 23rd , 9:00am – 10:00am
Walk, Talk, & Gawk Adult Walk, Session II: Discovering Birds with Merlin ..	Thursday, April 2nd, 9:30am – 11:30am
Family Egg Hunt Featuring Peter Rabbit.....	Saturday, April 4th
Orienteering, Session I .....	Monday, April 6th, 4:30pm – 6:00pm



## LEARN TO SKATE CLINIC

Your child can begin to learn the wonderful sport of ice skating. This fun-based 4-session class will involve getting your children up and around on skates. The basics of forward skating, turning, and stopping will be covered. Children must have their own skates or rent. (If you need to rent skates, please call ahead to arrange for them.) Single blade skates only please, and don't forget to have them sharpened! Helmets are recommended. *Registration opens the first Monday of the month, prior to each program date.*



### Session I

Date: ..... Wednesdays & Fridays, January 14th – 23rd  
Time: ..... 10:00am – 10:45am  
Ages: ..... 4 to 5 years old

### Session II

Date: ..... Wednesdays & Fridays, January 14th – 23rd  
Time: ..... 4:15pm – 5:00pm  
Ages: ..... 6 to 9 years old

### Session III

Date: ..... Tuesdays & Thursdays, February 3rd – 12th  
Time: ..... 10:00am – 10:45am  
Ages: ..... 4 to 5 years old

### Session IV

Date: ..... Tuesdays & Thursdays, February 3rd – 12th  
Time: ..... 4:15pm – 5:00pm  
Ages: ..... 6 – 9 years old  
Where: ..... Owl Pavilion Skating Rink  
Fee: ..... \$50.00  
Members Fee: ..... \$35.00  
Minimum: 4 ..... Maximum: 8

## ARTS & CRAFTS FOR PRESCHOOLERS

Come join us for a fun filled creative class that will stir your preschooler's imagination. Every week your child will enjoy 45 minutes of creative arts and crafts projects that they will be able to take home and show off to the entire family. *Registration opens the first Monday of the month, prior to each program date.*

### Session I

Date: ..... Thursdays, January 15th – February 12th

### Session II

Date: ..... Thursdays, April 23rd – May 21st  
Time: ..... 11:00am – 11:45am  
Ages: ..... 3 to 5 years old  
Where: ..... The Lodge Activity Room  
Fee: ..... \$35.00  
Member Fee: ..... \$25.00  
Minimum: 3 ..... Maximum: 8

## CRAFTERNOONS

Come join us for a fun filled inventive class that will stir your creativity. Learn how to make Candles, Bath bombs, Lip balm, Crochet, beginner sewing skills and more! *Registration opens the first Monday of the month, prior to each program date.*

Dates: ..... Tuesdays, February 24th – March 24th  
Time: ..... 5:00pm – 6:00pm  
Ages: ..... 10 to 14 years old  
Where: ..... Lodge Activity Room  
Fee: ..... \$95.00  
Member Discount Fee: ..... \$80.00  
Minimum: 5 ..... Maximum: 15

## KID'S NIGHT OUT

This is the ultimate night out for any kid! Tons of games, pizza, an ice cream sundae bar, a big screen movie, and endless amounts of fun await you here at the Trails. This program has evolved into a very popular kid's event and space fills up quickly. So, parents plan your night out and send the kids here for theirs. Head on over to the Trails for a night out that you will never forget. Sorry, parents not allowed! Please bring clothing that is appropriate for outdoor (weather dependent) and indoor play as well as provide a sleeping bag/blanket and pillow for the movie. *Registration opens the first Monday of the month, prior to each program date.*

### Session I

Date: ..... Friday, March 6th

### Session II

Date: ..... Friday, May 15th  
Time: ..... 6:00pm – 10:00pm  
Age: ..... 6 to 12 years old  
Where: ..... Garmany Hall  
Fee: ..... \$30.00  
Members Fee: ..... \$20.00  
Minimum: 15 ..... Maximum: 25

## SOCCER SHOTS – MINI

Soccer Shots Mini is a high-energy program introducing children to fundamental soccer principles, such as using your feet, dribbling and the basic rules of the game. Through fun games, songs and positive reinforcement, children will begin to experience the joy of playing soccer and being active. Parent/guardian must be present during the entire class. *Registration opens the first Monday of the month, prior to each program date.*



Date: ..... Thursdays, April 23rd – June 11th  
Time: ..... 4:30pm – 5:00pm  
Where: ..... Sportsplex  
Ages: ..... 2 to 3 years old  
Fee: ..... \$150.00  
Member Discount Fee: ..... \$120.00  
Minimum: 6 ..... Maximum: 12



## Soccer Shots – Classic

Soccer Shots Classic utilizes creative and imaginative games to focus on basic soccer skills like dribbling, passing, and shooting. They also highlight a positive character trait each session such as respect, teamwork, and appreciation to help build a well-rounded athlete and child. Parent/guardian must be present during the entire class. *Registration opens the first Monday of the month, prior to each program date.*

Date: ..... Thursdays, April 23rd – June 11th  
 Time: ..... 5:15pm – 6:00pm  
 Where: ..... Sportsplex  
 Ages: ..... 4 to 6 years old  
 Fee: ..... \$150.00  
 Member Discount Fee: ..... \$120.00  
 Minimum: 6 ..... Maximum: 12

## INTRO TO ROCKETRY – MODEL BUILDING AND LAUNCHING

Does the thought of space and rockets interest you? In partnership with CATO Rockets, join us for a morning of learning about the science of rockets, propulsion, and space. Each participant will build his or her own rocket and then move to the field to actually launch it! Rocket kit and motors are included as part of the program fee. *Registration opens the first Monday of the month, prior to each program date.*

Date: ..... Saturday, March 28th  
 Time: ..... 10:00am – Noon  
 Where: ..... Lodge  
 Ages: ..... 8 to 13 years old  
 Fee: ..... \$25.00  
 Member Discount Fee: ..... \$35.00  
 Minimum: 10 ..... Maximum: 30

## ORIENTEERING

Come get lost with us and discover the trails that wind! In this program, you'll learn how to read a map, use a compass, and bushwack through the trails by taking a compass bearing. This is an outside dirty activity. Please dress accordingly! *Registration opens the first Monday of the month, prior to each program date.*



**Session I**  
 Date: ..... Monday, April 6th  
**Session II**  
 Date: ..... Wednesday, April 8th  
**Session III**  
 Date: ..... Monday, April 13th  
**Session IV**  
 Date: ..... Wednesday, April 15th  
 Time: ..... 4:30pm – 6:00pm  
 Ages: ..... 7 to 12 years olds  
 Where: ..... Meet at Owl Pavilion  
 Fee: ..... \$30.00  
 Member Discount Fee: ..... \$20.00  
 Minimum: 6 ..... Maximum: 15



## CLIMBING TOWER DAYS

This 2-hour program allows you to get onto the climbing tower and enjoy the vertical realm. The climbing tower is 40' high consisting of 4 sides: a 15' beginner wall with incline, a 40' intermediate vertical wall, a 40' advanced wall with incline and over hangs and a 60' x 35' cargo net for the quickest way to the top. Once on top, it's time for the ride, a 300' long zip line down Main Street. *Registration opens the first Monday of the month, prior to each program date.*

**Session I**  
 Date: ..... Saturday, January 10th  
**Session II**  
 Date: ..... Saturday, January 24th  
**Session III**  
 Date: ..... Saturday, February 14th  
**Session IV**  
 Date: ..... Saturday, February 28th  
**Session V**  
 Date: ..... Saturday, March 14th  
**Session VI**  
 Date: ..... Saturday, March 28th  
**Session VII**  
 Date: ..... Saturday, April 11  
**Session VIII**  
 Date: ..... Saturday, April 25th  
**Session IX**  
 Date: ..... Saturday, May 9th  
**Session X**  
 Date: ..... Saturday, May 23th  
 Ages: ..... 7 years old & above  
 Time: ..... 10:00am – 12:00pm  
 Where: ..... Meet at the Climbing Tower  
 Fee: ..... \$45.00  
 Member Fee: ..... \$35.00  
 Minimum: 15 ..... Maximum: 30



## ADVENTURES WITH MIKE

Come explore the trails with our Outdoor Adventure coordinator, Mike! We will explore the waters and lands combined. This course will teach kayaking, climbing, archery, and survival skills to name a few. Let's explore! *Registration opens the first Monday of the month, prior to each program date.*

Dates: ..... Wednesdays, April 1st – 29th  
 Time: ..... 6:00pm – 7:30pm  
 Ages: ..... 10 to 14 years old  
 Where: ..... Meet at Garmany Hall  
 Fee: ..... \$80.00  
 Member Discount Fee: ..... \$95.00  
 Minimum: 6 ..... Maximum 12

## ARCHERY LESSONS

Bull's-eye! But can you do that twice? You can after learning the techniques and skills of a great marksman. Come try this challenging and exciting sport. Participants must be at least seven years of age. All classes will meet at the Archery Range near Walton Pond. *This is a members only program. Registration opens the first Monday of the month, prior to each program date.*



### Session I

Dates: ..... Mondays and Wednesdays, April 6th – April 15th  
 Time: ..... 4:00pm – 4:45pm

### Session II

Dates: ..... Mondays and Wednesdays, April 6th – April 15th  
 Time: ..... 5:00pm – 5:45pm

Ages: ..... 7 & older  
 Where: ..... Archery Range  
 Member Fee: ..... \$45.00  
 Minimum: 6 ..... Maximum: 16

## DISC GOLF LESSONS

Want to explore our trails while playing a sport? Then join us for disc golf this upcoming spring. We will have two four-week sessions. Session one is for kids who haven't thrown a disc before, and those just getting into the sport. Session two will be geared more toward those who have played a few rounds but want to enhance their skills. In both sessions we will be working on throwing form in the sports field, as well as playing rounds on our 9-hole course. Discs will be provided for those without, however bringing your own is encouraged.

### Session I (Geared towards newcomers)

Dates: ..... Thursdays, April 9th – 30th  
 Time: ..... 4:00pm – 4:45pm

### Session II (Have played 3 or more rounds of Disc Golf)

Dates: ..... Thursdays, April 9th – 30th  
 Time: ..... 5:00pm – 5:45pm

Ages: ..... 8 and older

Where: ..... Natures Porch

Fee: ..... \$75

Member Discount Fee: ..... \$60.00

Minimum: 4 ..... Maximum: 10



## KIDS MOUNTAIN BIKE CLUB

Calling all kids ready to have some cycling fun on the trails! This club is intended to have fun, sharpen our mountain biking skills and most importantly make some new friends! Mountain bikes only, helmet mandatory. This club is not intended for beginner riders. Participants must bring a helmet and bike. *Registration opens the first Monday of the month, prior to each program date.*

Dates: ..... Wednesdays, April 15th – May 6th  
 Time: ..... 4:15pm – 5:15pm

Where: ..... Garmany Hall

### Session I

Ages: ..... 9 to 11 years old

### Session II

Ages: ..... 12 to 16 years old

Fee: ..... \$35.00

Member Fee: ..... \$25.00

Minimum: 6 ..... Maximum: 20





## CHALLENGE QUEST

This 3-hour program allows you to push yourself into your challenge zone. We will explore 3 different high ropes elements: Catwalk, Pamper Plank, Giant Swing, Vertical Play Pen to name a few. Come ready to climb and explore your quest! *Registration opens the first Monday of the month, prior to each program date.*

### Session I

Date: ..... Sunday, April 19th

### Session II

Date: ..... Sunday, May 17th

Time: ..... 10:00am – 1:00pm

Ages: ..... 12 to 15 years old

Where: ..... Meet at the Climbing Tower

Fee: ..... \$45.00

Member Fee: ..... \$35.00

Minimum: 9 ..... Maximum: 15

## AFTER SCHOOL ADVENTURERS

Your child will spend 1.5 hours a week participating in a variety of outdoor adventure activities from developing communication skills on our low elements, to learning the basics of rock climbing on our 40' climbing tower consisting of 4 sides; a 15' beginner wall, a 35' intermediate wall, a 35' advanced wall and the fourth side is a 60' x 35' cargo net. Through this program your child can overcome personal fears and develop new self-confidence and trust. *Registration opens the first Monday of the month, prior to each program date.*

Dates: ..... Mondays and Wednesdays, April 20th – May 6th

Time: ..... 4:30pm – 6:00pm

Ages: ..... 7 to 12 years old

Where: ..... Meet at the Climbing Tower

Fee: ..... \$130.00

Member Fee: ..... \$100.00

Minimum: 6 ..... Maximum: 12

## ODYSSEY CHALLENGE

Ever wonder what those telephone poles, cables, and ropes are all about up off Main Street? This is our Odyssey, one of only two courses like this in New England. Join us for a 3-hour program that will stretch your comfort zone! Team members begin by ascending a giant cargo net to reach the first platform and traverse through several problem-solving challenges to reach the peak end platform where each person has the opportunity to experience our Lily Pads or Floating Bridge. *Registration opens the first Monday of the month, prior to each program date.*

### Session I

Date: ..... Sunday, April 26th

### Session II

Date: ..... Sunday, May 10th

### Session III

Date: ..... Sunday, June 14th

Time: ..... 10:00am – 1:00pm

Ages: ..... 10 years old & up

Where: ..... Meet at the Climbing Tower

Fee: ..... \$70.00

Member Fee: ..... \$50.00

Minimum: 15 ..... Maximum: 30

## BELAYING 101

On Belay? Belay is On! This intro belay class will teach you how to properly rope climb on our climbing tower. We will teach you the ropes on how to make the proper knots, tie ins and belaying. This course will be taught by our OA Coordinator Mike and completion of the course will give you an in-house certification and potential work opportunities for 18 and older individuals. *Registration opens the first Monday of the month, prior to each program date.*

Date: ..... Monday and Wednesdays, May 11th – May 20th

Time: ..... 4:30pm – 6:00pm

Ages: ..... 13 years and up

Where: ..... Climbing Tower

Fee: ..... \$150.00

Member Fee: ..... \$125.00

Minimum: 6 ..... Maximum: 15

## SHIPWRECK THE ULTIMATE SURVIVAL QUEST

This program will offer your group the opportunity to showcase your survival skills. A facilitator will challenge the group with a series of activities including shelter building, catch and release of fish, fire building, and more. Groups will need to work together to accomplish the task at hand. This is an outside dirty activity. Please dress accordingly. *Registration opens the first Monday of the month, prior to each program date.*

Date: ..... Sunday, May 24th

Time: ..... 9:00am – 11:00am

Ages: ..... 7 years & up (families are welcome to sign up as a group)

Where: ..... Meet at Nature's Porch

Fee: ..... \$35.00

Member Fee: ..... \$25.00

Minimum: 8 ..... Maximum: 30



## CARE ICE FISHING CLASS

The Connecticut Aquatic Resources Education (CARE) Program offers a free in-depth ice fishing class that introduces you to the wonders of water, fish, and fishing during the winter. Miss Judy and other CARE fishing coaches will pass along the knowledge they have learned through years of angling. The morning class includes a video, hands-on demonstrations with the equipment, how to stay safe on the ice, and additional activities that will teach and entertain youths and adults alike. Visit the CARE program ICE FISHING webpage to prepare yourself and for more ice fishing information.

If ice conditions are safe, an outside ice fishing practice will be offered in the afternoon. All equipment is provided for your use. It is especially important to dress in layers for the weather conditions and to wear boots for the afternoon practice – no sneakers are allowed.

Sign up through the CT DEEP website at <https://portal.ct.gov/DEEP/Fishing/CARE/CARE-Fishing-Classes>

Date: ..... Saturday, January 17th

Times: ..... 10:00am – 12:00pm Classroom  
(attendance is required)

12:00pm – 2:30pm Ice Fishing on Dunning Lake  
(runs only if the ice is safe)

Where: ..... The Lodge Activity Room

Ages: ..... 8 years old through adults

Fee: ..... Free

Minimum: 10 people. .... Maximum: 20 people

## CARE INTRODUCTION TO FISHING CLASS

Have you always wanted to learn how to fish but you do not know where to start? The CT DEEP Fisheries Division now offers an online Let's Go Fishing, course where you can learn all about fishing in CT from the comfort of your home. Then, join Certified Fishing Coaches on April 25th at Nature's Porch for a quick review of the Let's Go Fishing course and jump into hands-on activities that cover all the basic fishing skills! You will set up a fishing rod and tie a strong knot, practice casting, and put that line into the water to catch your first fish at Walton Pond.

Upon registration for this program, you will be asked to do your "homework" by completing the online Let's Go Fishing course prior to the event. The fishing event at Walton Pond on April 25th will complete the hands-on portion of this program and begin your lifetime of fishing.

Sign up through the CT DEEP website at <https://portal.ct.gov/DEEP/Fishing/CARE/CARE-Fishing-Classes>

Date: ..... Saturday, April 25th

Time: ..... 9:00am – noon

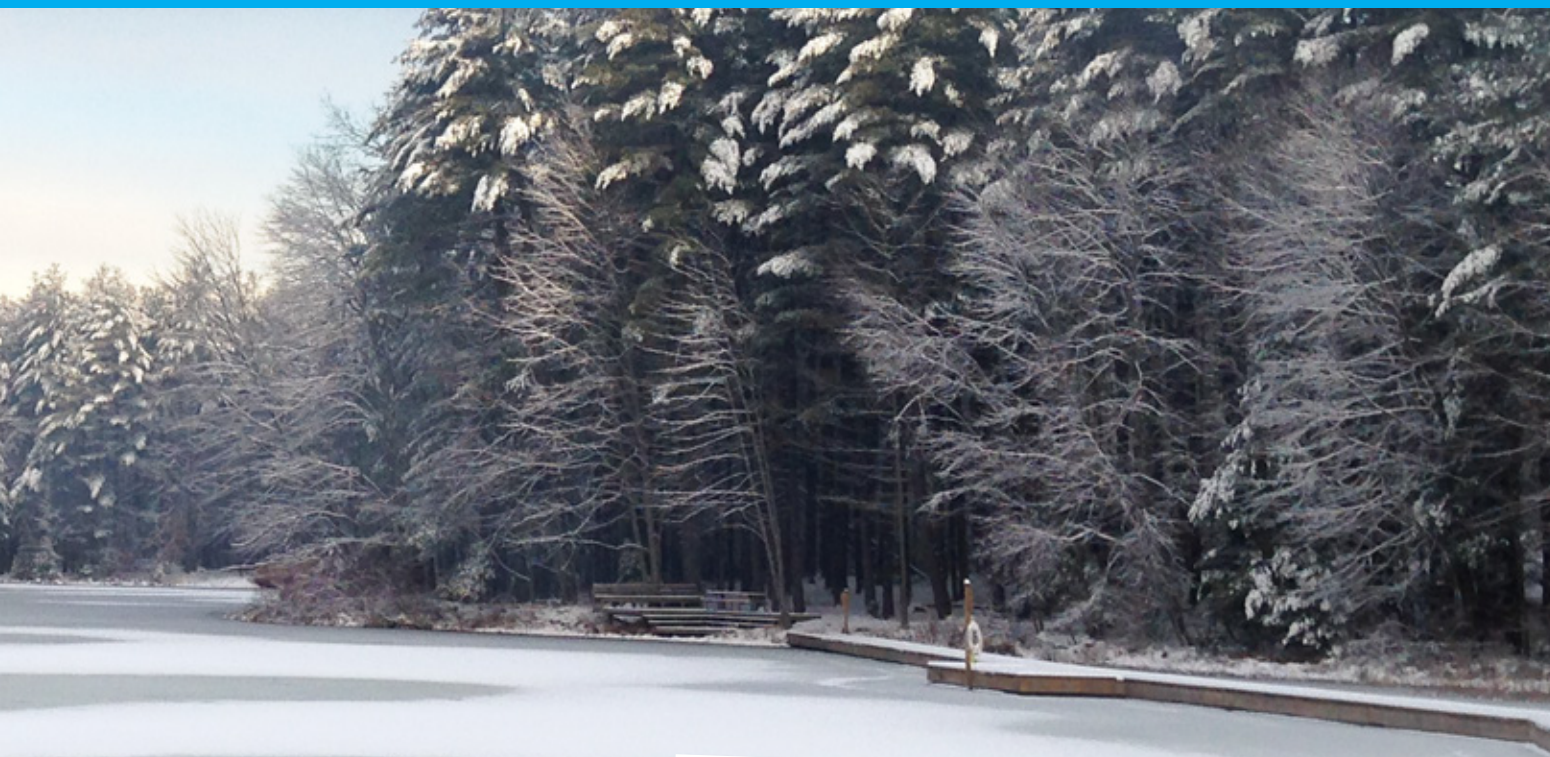
Where: ..... Nature's Porch / Black Bear Pavilion Field

Ages: ..... 8 years old through adults

Fee: ..... Free

Minimum: 10 people. .... Maximum: 20 people





## CARE FLY FISHING 101 COURSE

Designed for anglers who have some previous fishing experience, this class offered by the Connecticut Aquatic Resources Education (CARE) program helps continue to build your fishing knowledge and skills. Participants should be 12 years old and older.

**ZOOM CLASS:** CARE Fishing Coaches will cover all the basics of the art of fly fishing during a 1-hour ZOOM class. Experts will discuss how to select and use fly fishing rods, reels, flies, and tackle, what knots to use and how to use them, how to cast, and take all your questions. This is a mandatory pre-requisite before attending the Fly-Fishing Field Trip (space is limited).

**FLY FISHING FIELD DAY:** You will get the opportunity to practice your rod setup, knot tying, and casting with hands-on coaching and then fish for panfish and bass in Walton Pond. CARE Fishing Coaches will provide loaner fly rods and flies to get you started fishing confidently on the path to success or bring your own gear and we can show you how to use it and set it up properly. A fishing license is required for all participants ages 16 and above.

Sign up through the CT DEEP website at <https://portal.ct.gov/DEEP/Fishing/CARE/CARE-Fishing-Classes>

Date: ..... Thursday, May 14th

Time: ..... 5:30pm – 8:00pm

Where: ..... Black Bear Pavilion by Walton Pond

Ages: ..... 12 years old through adults

Fee: ..... Free

Minimum: 5 people. .... Maximum: 10 people



## CT DEEP CARE FISHING EVENTS

Unable to attend one of the CARE fishing events at Winding Trails? No worries. Just Google “Fish with CARE”, click on the “Fish with CARE – Connecticut Aquatic Resources Education” link, and you will be taken to the website. Click on “Classes and Events” and scroll through to find your option:

Introduction to Fishing

Let's Go Fishing! Online Course – English or Spanish

Fishing Events

Advanced Fishing Classes

Ice Fishing Classes



## LITTLE KIDS EXPLORING NATURE

This winter and spring young children 6 years old and under with their families will join Miss Judy for a fun Saturday morning of learning something new about the great outdoors. The program format is an introduction about the day's topic followed by a hands-on outdoor activity to try out what you learned. Each month, we will be exploring various locations and topics as we discover the many animals and plants that make up Winding Trails' fields, forests, and waterbodies. Since the weather is always fluid, the experience changes from year to year.

The January and February programs will have activities based on the weather on that day – checking out ice on the pond, building a snow fort, or taking a hike. In March, we will be experiencing the entire maple sugaring process from tapping the trees to boiling down the sap into syrup. Dress for the weather with layers, snow pants (when appropriate), and boots so everyone is warm in the cold.

With April, we are inviting all to become citizen scientists that collect information with the free Cornell Lab's MERLIN Bird ID app about migrating birds and help Winding Trails add to our bird inventory. You can use this knowledge to enhance your family's personal time at Winding Trails and learn more about the birds in your yard and neighborhood. For May, look for animal nests and young, watch parents bring food for their young, and learn how these new families stay safe. Dress for the weather with good walking shoes.

All these activities and more are out there to explore as we spend an exciting winter and spring season with your family. *Registration opens the first Monday of the month, prior to each program date.*

### Session I: Exploring Winter in January

Date: ..... Saturday, January 3rd

### Session II: Exploring Winter in February

Date: ..... Saturday, February 14th

### Session III: Maple Sugaring Magic

Date: ..... Saturday, March 7th

### Session IV: Discovering Birds with Merlin

Date: ..... Saturday, April 11th

### Session V: Starting New Families

Date: ..... Saturday, May 2nd

Time: ..... 9:30am - 11:30am

Ages: ..... Families with 6-year-olds and younger

Where:

January, February, and March Sessions: ..... The Lodge

April and May Sessions: ..... Nature's Porch

Fee: ..... \$25.00 per Family

Member Fee: ..... \$15.00 per Family

Minimum: 15 ..... Maximum: 35

## FAMILIES EXPLORING NATURE

This winter and spring older children with their families will join Miss Judy for a fun Saturday afternoon of learning something new about the great outdoors. The program format is an introduction about the day's topic followed by a hands-on outdoor activity to try out what you learned. Each month, we will be exploring various locations and topics as we discover the many animals and plants that make up Winding Trails' fields, forests, and waterbodies. Since the weather is always fluid, the experience changes from year to year.

The January and February programs will have activities based on the weather on that day – checking out ice on the pond, building a snow fort, or taking a hike. In March, we will be experiencing the entire maple sugaring process from tapping the trees to boiling down the sap into syrup. Dress for the weather with layers, snow pants (when appropriate), and boots so everyone is warm in the cold.

With April, we are inviting all to become citizen scientists that collect information with the free Cornell Lab's MERLIN Bird ID app about migrating birds and help Winding Trails add to our bird inventory. You can use this knowledge to enhance your family's personal time at Winding Trails and learn more about the birds in your yard and neighborhood. For May, look for animal nests and young, watch parents bringing food, and learn how these new families stay safe. Dress for the weather with good walking shoes.

All these activities and more are out there to explore as we spend an exciting winter and spring season with your family. *Registration opens the first Monday of the month, prior to each program date.*

### Session I: Exploring Winter in January

Date: ..... Saturday, January 3rd

### Session II: Exploring Winter in February

Date: ..... Saturday, February 14th

### Session III: Maple Sugaring Magic

Date: ..... Saturday, March 7th

### Session IV: Discovering Birds with Merlin

Date: ..... Saturday, April 11th

### Session V: Starting New Families

Date: ..... Saturday, May 2nd

Time: ..... 1:30pm - 3:30pm

Where:

January, February, and March Sessions: ..... The Lodge

April and May Sessions: ..... Nature's Porch

Ages: ..... Families with children 7 years & older

Fee: ..... \$25.00 per Family

Member Fee: ..... \$15.00 per Family

Minimum: 3 Families ..... Maximum: 5 Families





## ADULT HOCKEY

Why let the kids have all the fun? If you have played hockey before or have an interest in playing hockey, join us for this recreational “pond” hockey under the lights on Walton Pond. Interested participants are recommended to wear protective gear. Be sure to check the website to ensure the pond is open for skating. *Registration is required. Registration opens the first Monday of the month, prior to each program date.*

Date: ..... Tuesdays, January 6th through February 24th,  
weather permitting

Time: ..... 6:30pm – 8:00pm

Where: ..... Walton Pond

Fee: ..... \$7.00 per night

Member Fee: ..... Free

Minimum: 8 ..... Maximum: 20

## WINTER NIGHT HIKE & WINE BY MOONLIGHT

Join us for a magical evening under the winter sky as we explore Winding Trails by night. This guided night hike will lead you through the peaceful woods and trails while you learn fascinating facts about winter ecology, nocturnal wildlife, and the natural beauty that makes Winding Trails so special. After the hike, warm up by the fire and enjoy a cozy sampling of wine and snacks with fellow adventurers. *Registration opens the first Monday of the month, prior to each program date.*

### Session I

Date: ..... Friday, February 6th

### Session II

Date: ..... Friday, February 20th

Time: ..... 7:00pm – 9:00pm

Where: ..... Garmany Hall

Fee: ..... \$30.00

Member Fee: ..... \$25.00

Age: ..... Adults Only

Minimum: 8 ..... Maximum: 20



## LEARN, SKI, & LUNCH

Come for a cross-country ski program and stay for lunch. If you have never cross country skied or need a refresher this is a great program for you. This program includes rental equipment, a lesson, and lunch. Space is limited, and the program is held weather permitting. Lunch will be provided from our snack bar. *This is a member only program. Registration opens the first Monday of the month, prior to each program date.*

### Session I

Date: ..... Monday, January 5th  
(If no snow, Monday, January 12th)

### Session II

Date: ..... Thursday, February 12th  
(If no snow, Thursday, February 19th)

### Session III

Date: ..... Wednesday, March 4th  
(If no snow, Wednesday, March 11th)

Time: ..... 11:00am – 12:30pm

Where: ..... Garmany Hall

Member Fee: ..... \$25.00

Ages: ..... Adults Only

Minimum: 4 ..... Maximum: 8

## I'M A NEW MEMBER ... NOW WHAT? A ZOOM PROGRAM!

Join us for an evening of exploration about everything that Winding Trails has to offer you. Learn how to get the most out of your membership and find out about all the great opportunities that await you. You will learn about our history, our future, how monies are spent, program registration, guest policies, special events and programs, summer day camp, our cross-country ski center, and much more. In this online program you will meet some of the park's key staff members and ask any questions you may have. This is a great orientation event for any new member or just a wonderful opportunity for returning members to learn more about the facility. Once you are registered the Zoom link will be sent to you. There is no fee for this event. *Registration opens the first Monday of the month, prior to each program date.*

Date: ..... Wednesday, January 21st

Time: ..... 6:30pm – 8:00pm

Ages: ..... Adults

Where: ..... Zoom (link will be sent to you)

Fee: ..... Free

Minimum: None ..... Maximum: None

## TRIVIA NIGHT AT WINDING TRAILS

The holidays are over, and the rushing and stressing are behind us. Come to Winding Trails with your friends to celebrate with Trivia! We will supply the music, Trivia and atmosphere. You just need to supply your own food and beverages. Reserve your spot today or get a group of friends together for a whole table! *Registration opens the first Monday of the month, prior to each program date.*

Date: ..... Friday, January 30th

Time: ..... 7:00pm – 10:00pm

Place: ..... Garmany Hall

Ages: ..... Adults Only

Fee: ..... \$10.00

Member Discount Fee: ..... \$5.00

Minimum: 25 ..... Maximum: 75



## ADULT NATURE WALKS - WALK, TALK, AND GAWK

Come join Miss Judy, Winding Trails' naturalist, for a casual exploration as we walk along some of our many trails to observe monthly seasonal changes. We'll talk about what we see or some of the current nature topics in the news. Sometimes we'll stop to gawk at an interesting find alongside the trail. A different route and seasonal topic are planned for each date. Always dress for the weather, wear a good pair of walking shoes, and bring your curiosity. *Registration opens the first Monday of the month, prior to each program date.*

### Session I: Late Winter Discoveries

Date: ..... Thursday, March 5th

### Session II: Late Winter Discoveries

Date: ..... Sunday, March 15th

### Session III: Bird Watching

Date: ..... Thursday, April 2nd

### Session IV: Bird Watching

Date: ..... Sunday, April 19th

### Session V: May Flowers

Date: ..... Sunday, May 17th

Time: ..... 9:00am – 11:00am

Where: ..... Lakeside Pavilion

Ages: ..... Adults

Fee: ..... \$10.00

Member Fee: ..... Free

Minimum: 6 ..... Maximum: 16



## PAINTING NATURE, FINDING STILLNESS

Join Kate Emery for a beginner-friendly workshop in seeing with new eyes. This is a three-hour workshop in painting with water soluble oils. Kate Emery is an artist and long-time Farmington resident. She was once a Winding Trails camper and has spent many hours walking and painting scenes throughout the Farmington Valley. Her work can be viewed at, among other places, the Hill-Stead, Gallery at Mill, and other local exhibitions as well as online at her website – [KateEmery.com](http://KateEmery.com). Her work centers on capturing the peace and gentle awe of rivers, woods, and skies. She believes painting is as much about presence as technique. With a gentle approach, she'll help you translate your own encounters with nature into shape and color. *Registration opens the first Monday of the month, prior to each program date.*

Date: ..... Saturday, April 25th  
Time: ..... 1:00pm – 4:00pm  
Place: ..... Nature's Porch  
Ages: ..... Adults Only  
Fee: ..... \$20.00  
Member Discount Fee: ..... \$5.00  
Minimum: 5 ..... Maximum: 15



## SUSHI MAKING CLASS

Do you enjoy sushi? Have you ever wanted to learn how to make your own sushi rolls? Now is your chance! Come join us for a two-hour sushi making class led by The Sushi Class. Their expert instructor will give a live demonstration and guide you step-by-step to making your own sushi work of art. Class includes a California roll and one roll of your choice from a list of options. So come out and let's roll into a fun night. Remember your own beverages to enjoy along with the class. See our website for 2nd roll options and add your choice in the medical information section of the registration page. *Registration opens the first Monday of the month, prior to each program date.*

Date: ..... Friday, February 13th  
Time: ..... 6:30pm – 8:30pm  
Where: ..... Garmany Hall  
Ages: ..... Adults Only  
Fee: ..... \$50.00  
Member Fee: ..... \$40.00  
Minimum: 12 ..... Maximum: 25

## LINE DANCING CLASS WITH STOMPIN' BOOTS

Come on out and join Stompin' Boots at Winding Trails for an evening of line dancing. With fun, easy lessons and open dancing with a mix of easy and popular line dances we have something for dancers of all experience levels. Whether you're an absolute beginner or a seasoned line dancer come on out and join us for a stompin' good time! Participants are welcome to arrive early and stay after class to enjoy additional social time. Please feel free to bring your own appetizers and beverages — glass containers are not permitted. Schedule: Social Time: 5:30-6pm and 8-9pm. Line Dancing Lesson: 6-8pm. *Registration opens the first Monday of the month, prior to each program date.*

Date: ..... Friday, March 13th  
Time: ..... 5:30pm – 9:00pm  
Ages: ..... Adults  
Fee: ..... \$30.00  
Member Fee: ..... \$20.00  
Minimum: 15 ..... Maximum: 50

## ADULT COOKING CLASSES

Join Matt from MY Productions CT for a fun, hands-on cooking experience! During this two-hour class, Matt will guide you through creating delicious dishes from fresh, raw ingredients to your finished masterpiece. All ready to enjoy at the end of the session. Don't forget to bring your apron and your favorite beverages to sip while you cook, learn, and have a great time with fellow food lovers. *Registration opens the first Monday of the month, prior to each program date.*

### Session I: Pizza

Date: ..... Friday, April 10th

### Session II: Risotto & Arancini

Date: ..... Friday, May 8th

### Session III: Tiramisu

Date: ..... Friday, June 5th

Time: ..... 6:00pm – 8:00pm

Where: ..... Garmany Hall

Ages: ..... Adults Only

Fee: ..... \$40.00

Member Fee: ..... \$30.00

Minimum: 12 ..... Maximum: 16

**"Pause for a moment and think about how fortunate we are to be able to enjoy such a beautiful place with family and friends"**



**"People are always learning from you - remember what you are teaching"**

## NATURAL LAWN CARE

The Farmington River Watershed Association (FRWA) and Winding Trails are teaming up for this timely workshop. Aimee Petras, Executive Director at the FRWA, will present this program that covers how to manage your lawn without using chemical fertilizers and pesticides. We will outline the steps you need to take, including mowing techniques to manage weeds. Additionally, we will delve into common lawn problems such as grubs and thatch. After the program, time will be available for additional questions. Prior to the program, test your soil via the UConn soil testing lab (<http://soiltest.uconn.edu/sampling.php>) and bring your results so we can customize a lawn care plan to your specific needs. *Registration opens on March 1st.*

Date: ..... Saturday, April 25th  
Time: ..... 1:30pm – 3:00 pm  
Where: ..... Nature's Porch  
Ages: ..... Adults  
Fee: ..... Free  
Minimum: 10 ..... Maximum: 25

## AMERICAN RED CROSS ADULT AND PEDIATRIC FIRST AID/CPR/AED TRAINING

The Adult and Pediatric First Aid/CPR/AED course incorporates the latest science and teaches students to recognize and care for a variety of first aid emergencies such as burns, cuts, scrapes, sudden illnesses, head, neck, back injuries, heat and cold emergencies and how to respond to breathing and cardiac emergencies to help victims of any age - adults (12 years and older) and pediatric (infants and children up to 12 years of age). Students who successfully complete this course will receive a certificate for Adult and Pediatric First Aid/CPR/AED valid for two years. This is a blended learning class, with an online requirement before the class starts. *Registration opens the first Monday of the month, prior to each program date.*

Date: ..... Tuesday, February 10th  
Time: ..... 5:00pm – 8:30pm  
Ages: ..... 13 & up  
Where: ..... Garmany Hall  
Fee: ..... \$100.00  
Member Discount Fee: ..... \$80.00  
Minimum: 4 ..... Maximum: 12



## CANDLE MAKING CLASS

Join us for a cozy and creative evening as you learn the art of candle making! In this hands-on workshop, you'll create your own custom-scented candles from start to finish. Choose from a variety of fragrances to design candles that perfectly fit your style or make the perfect handmade gift.

All materials are provided, and no experience is necessary — just bring your creativity! *Registration opens the first Monday of the month, prior to each program date.*

Date: ..... Tuesday, February 24th  
Time: ..... 6:00pm – 8:00pm  
Ages: ..... 13 & up  
Where: ..... Lodge Activity Room  
Fee: ..... \$50.00  
Member Discount Fee: ..... \$30.00  
Minimum: 4 ..... Maximum: 12



## SPRING WOOD FLORAL CRAFT WORKSHOP

Come enjoy a night of crafting with Wood Florals. Learn how to dye and assemble wood flowers. You will be able to make a seasonal inspired table center piece, hanging door sign or wreath with pre dyed flowers. We will supply all the materials for these projects. *Registration opens the first Monday of the month, prior to each program date.*

Date: ..... Friday, April 24th  
Time: ..... 6:30pm – 8:30pm  
Where: ..... Lodge Activity Room  
Fee: ..... \$60.00  
Member Fee: ..... \$40.00  
Minimum: 6 ..... Maximum: 20



## SAVE THE DATE!

**The 11th Annual Farmington Valley Music Festival will be held at Dunning Lake on Saturday, October 16, 2026.**

*Live Music, Two Stages, Vendor Village, and free Beer Garden*





## ACOUSTIC NIGHTS AT WINDING TRAILS

Come and enjoy some great local music in a variety of different venues at Winding Trails. The music is always excellent, and it is a great time to enjoy the park and friends. Feel free to bring your own food and drinks. *Registration opens the first Monday of the month, prior to each program date.*

### Session I

Date: ..... Friday, March 20th  
 Performer: ..... Jack Grace  
 Time: ..... 7:00pm – 9:00pm  
 Place: ..... Garmany Hall  
 Minimum: 40 ..... Maximum 80

### Session II

Date: ..... Friday, April 17th  
 Performer: ..... Danielle Miraglia  
 Time: ..... 7:00pm – 9:00pm  
 Place: ..... Nature's Porch  
 Minimum: 30 ..... Maximum 60

### Session III

Date: ..... Friday, May 8th  
 Performer: ..... Patti Rothberg  
 Time: ..... 7:00pm – 9:00pm  
 Place: ..... Lakeside Pavilion  
 Minimum: 50 ..... Maximum 250

Ages: ..... All ages  
 Fee: ..... \$7.00  
 Member Fee: ..... Free

## BARRE AT THE BOATHOUSE PAVILION

Barre is a fun, high energy, fusion workout to strengthen and tone your muscles. Class includes cardio, barre work, and mat exercises. This class is for ALL levels, no prior dance or exercise experience is necessary. Bring your yoga mat, wear sneakers, and be ready to make new friends! *Registration opens the first Monday of the month, prior to each program date.*

Instructor: ..... Bridget Bussiere  
 Dates: ..... Tuesdays, April 21st – May 26th  
 Time: ..... 9:30am – 10:30am  
 Where: ..... Boathouse Pavilion  
 Fee: ..... \$90.00  
 Member Fee: ..... \$75.00  
 Minimum: 6 ..... Maximum: 20

## INTRODUCTION TO PICKLEBALL

Interest in Pickleball is surging across the country. If you are new to Pickleball and looking to learn more about the sport, then this program is for you! We will be offering a four-week program to help beginners learn all about pickleball. Equipment will be provided. *Registration opens the first Monday of the month, prior to each program date.*

### Session I

Dates: ..... Tuesdays, March 31st – April 21st  
 Time: ..... 5:00pm – 6:00pm  
 Instructor: ..... Gideon

### Session II

Dates: ..... Thursdays, April 2nd – April 23rd  
 Time: ..... 9:00am – 10:00am  
 Instructor: ..... Gideon

### Session III

Dates: ..... Tuesdays, May 19th – June 9th  
 Time: ..... 5:00pm – 6:00pm  
 Instructor: ..... Gideon

### Session IV

Dates: ..... Thursdays, May 21st – June 11th  
 Time: ..... 9:00am – 10:00am  
 Instructor: ..... Gideon

### Session V:

Dates: ..... Saturdays, May 2nd – May 23rd  
 Time: ..... 10:00am – 11:00am  
 Instructors: ..... Bonny & Maura

### Session VI:

Dates: ..... Saturdays, May 2nd – May 23rd  
 Time: ..... 11:00am – 12:00pm  
 Instructor: ..... Jennifer & Brigit

Where: ..... Pickleball Courts  
 Fee: ..... \$60.00  
 Ages: ..... Adults  
 Member Discount Fee: ..... \$40.00  
 Minimum: 6 ..... Maximum: 12





## PICKLEBALL OPEN PLAY

Join us for Pickleball Open Play at Winding Trails! This fun and active program welcomes players of all skill levels to enjoy the fastest-growing sport in the country. Our staff will be on hand to help organize games, match players of similar abilities, and provide basic instruction as needed. It's a great way to stay active, improve your skills, and connect with fellow pickleball enthusiasts. Paddles and balls are available, but participants are encouraged to bring their own equipment. Please register for each date you plan to attend. *Registration opens the first Monday of the month, prior to each program date.*

Dates: ... Mondays' & Wednesdays, April 1st through May 27th  
 Time: .....10:00am – 11:30am  
 Where: .....Pickleball Courts  
 Fee: ..... \$7.00 (Each day)  
 Member Fee: ..... Free  
 Ages: ..... Adults  
 Minimum: 6 ..... Maximum: 12



## ADULT SPRING LUNCHEON – REMEMBERING G. FOX & COMPANY

For over a century, G. Fox & Co. was a fixture in downtown Hartford. Over the years, the department store established itself as a premiere shopping destination with a commitment to superior customer service. Join us for an overview of the history of the store and the story of Beatrice Fox Auerbach, the pioneering businesswoman who led G. Fox & Co. through its golden age. Lunch will be provided. *Registration opens the first Monday of the month, prior to each program date.*

Presenter: ... Jennifer Busa, CT Museum of Culture and History  
 Date: .....Wednesday, April 8th  
 Time: ..... Noon – 1:30pm  
 Where: .....Garmany Hall  
 Ages: ..... Adults  
 Fee: ..... \$25.00 per person  
 Member Fee: .....\$15.00 per person  
 Minimum: 25 ..... Maximum: 65



## TENNIS LESSONS

Hey WT family!! It's all happening at the racquet courts!! Of course Pickleball is on the rise but tennis is slamming at Winding Trails too! This year we grounded and pounded lessons for players aged 4 to 84. Check us out online or call our Tennis Instructor, Paul Bernstein directly at (959) 275-5090. He can do private, semi-private, and video lessons. Private instruction starts at \$25 for 30 minutes and \$50 for an hour.

Also look for our tennis camps for kids, cardio tennis classes, and Winding Trails first tennis tournament this summer.

## CARDIO TENNIS

Come and hit a ton of balls and burn some calories while keeping up with some tennis tips. This program is not for anyone who is new to tennis. Cardio tennis combines exercise in a way that brings benefits to your health and your game. Class size is limited, so sign up early and bring a friend. *Registration opens the first Monday of the month, prior to each program date.*

### Session I

Dates: .....Thursday, April 9th

### Session II

Dates: .....Thursday, April 16th

### Session III

Dates: .....Thursday, April 23rd

### Session IV

Dates: .....Thursday, April 30th

### Session V

Dates: ..... Thursday, May 7th

### Session VI

Dates: ..... Thursday, May 14th

### Session VII

Date: .....Thursday, May 21st

### Session VIII

Dates: ..... Thursday, May 28th

Time: ..... 9:00am – 10:00am

Instructor: ..... Paul Bernstein

Where: .....Tennis Courts

Ages: ..... 16 and up

Fee: .....\$25.00

Member Discount Fee: .....\$20.00

Minimum: 3 ..... Maximum: 8





## MOUNTAIN BIKE SERIES

Are you planning on racing in our Tri Series? Why not get into the Tuesday evening routine ahead of time with our mountain bike series. Or even if you don't plan on doing our Tri Series but enjoy mountain biking come on out. This Series runs for 5 weeks on Tuesday nights with a rolling start. The course winds through our trail system using open and single-track trails. This is a fitness event to get ready for the season and to just have fun. *Registration opens the first Monday of the month, prior to each program date.*

Short Course: 5 miles on our bike course

Long Course: 10 Miles (two loops)

Dates: .....Tuesdays, April 21st – May 19th

Time: ..... Registration opens at 5:00pm  
with rolling start to follow

Where:..... Tri Transition Area at Walton Pond

Fee: ..... \$30.00 per race or \$120.00 Series Pass

Member Fee: ..... \$20.00 per race or \$80.00 Series Pass

Minimum: 20 ..... Maximum: 200

## TRI SERIES FREE DEMO DAY

Come and practice the Triathlon race courses. We will have swim, transition, run clinics, and a BLUE course mountain bike ride. Visit our awesome sponsors and learn about what they have to offer. Get your body ready for the season! This event is FREE! *Registration is not required for this event.*

Date: .....Tuesday, June 2nd

Time: ..... 5:00pm – 7:30pm

*Schedule of Events will be announced in early May!*

Where:..... Transition Area (located by Walton Pond)

Fee: ..... Free

Minimum: 20 ..... Maximum: 200

## SPRINT & TINY TRI-TRAINING SERIES

Join us for our 26th season of the weekly triathlon series! This series runs on Tuesday evenings at Winding Trails for 10 weeks. SPRINT distance series will again consist of a 1/4-mile swim in Dunning Lake, a 5-mile mountain bike ride (you must use a mountain bike ~ no hybrids), and a 3-mile trail-run through our beautiful woods. All ability levels are encouraged to come out and train in this friendly and fun environment. Our truly beginner Tiny Tri, consists of 1/8th mile swim, 3-mile ride (hybrid bikes are OK but mountain bike recommended) and a 1+ mile run. It is a great confidence booster for young and old alike. You CAN do this one and work up to the sprint distance.

This year's series will start on Tuesday, June 9th and will end on Tuesday, August 11th. More details about the series and registration will be in our Summer/Fall Newsletter!







## UPCOMING AQUATIC PROGRAMS

We have many popular aquatic programs over the summer! An aquatic program newsletter will be emailed out in early April with details about programs, schedules, and registration dates. *For now, here is a quick overview and dates for planning purposes!*

### SWIM LESSONS

Session I ..... June 22nd – July 3rd  
Session II..... July 6th – July 17th  
Session II..... July 20th – July 31st  
Session IV ..... August 3rd – August 14th

### INTRODUCTION TO BOATS

Session I ..... June 22nd – June 26th  
Session II..... July 6th – July 10th  
Session II..... July 20th – July 24th  
Session IV ..... August 3rd – August 7th

### WINDING TRAILS SAILING

Session I ..... June 22nd – July 3rd  
Session II..... July 6th – July 17th  
Session II..... July 20th – July 31st  
Session IV ..... August 3rd – August 14th

### AMERICAN RED CROSS LIFEGUARDING COURSE WITH WATERFRONT MODULE (BLENDED LEARNING)

Session I ..... Monday – Friday, June 15th – June 26th  
Session II..... Monday – Friday, July 27th – August 7th





## BEACH RULES

- Swimming is permitted only in designated areas when lifeguards are on duty.
- Open water swimming is not permitted.
- Swimmers must be able to swim to the rafts unassisted.
- No pushing or flipping off of the rafts.
- Bubbles, water wings, rafts and other floating devices are prohibited. Coast Guard approved lifejackets are allowed but cannot be used to aid someone getting to the raft.
- No child under the age of 15 is to be left unattended.
- Keep paths in front of the lifeguard chairs free of chairs, towels, umbrellas, and beach toys.
- Only single poled shade structures are allowed on beach and must not block lifeguard sight line or access to the water.
- Playing of music should be kept to a low volume and not hinder other's enjoyment of the park.
- No alcoholic beverages are permitted in the water.
- Glass containers are prohibited from the park. Please use non-breakable containers.
- Smoking is prohibited from the beach area and all picnic areas.
- Picnic tables and grills are used on a first come first serve basis. Reserving of tables is not allowed.
- Baby changing tables are provided in all bathrooms.
- Fishing is not permitted from the beach or in swimming areas.

## BOATING GUIDELINES

- All persons renting boats must be at least 8 years old and have passed level 4 swimming lessons. Boat Attendants have the right to refuse boat rentals to any person(s) unable to manage a specific craft.
- Boats are available for rent at the boathouse daily between the hours of 11:00am and 6:00pm with the last boat into shore at 7:00pm. Rates are posted at the boat house.
- Damage to the boats caused by horseplay or operator error will be charged to the member.
- Individuals using the boats should not bring any valuables on to the water. Winding Trails will not be responsible for damage done to cell phones, car keys, etc.
- All boaters, whether in Winding Trails boats or their own must wear lifejackets. If we cannot properly fit your child in a lifejacket, they will be unable to accompany you in the boat – No Exceptions!
- All boaters operating an electric engine must be registered with the State of Connecticut and have a valid Safe Boaters Certificate. Electric motors not to exceed 5 hp are permitted on the lake.
- No gas motors are allowed.
- Launching of boats is allowed only from the provided launch site across from the Main Office building.
- No inflatable boats are permitted.
- Boats are restricted from swimming areas.
- If you are transporting your boat to Dunning Lake from another lake, please be sure to wash your boat thoroughly prior to launch. This will help prevent the spread of weeds and other organisms from one lake to another. A hose is located on the side of the office building for your convenience.
- Failure to follow the posted rules and regulations will result in forfeiture of your membership.

## BOAT STORAGE

- Boats may be stored on the peninsula across from the Main Office for 6 months for a fee.
- Limit 2 boat slips per membership.
- All boats are stored at the owner's risk. Winding Trails accepts no responsibility for loss or damage.
- Only one boat can be stored at each boat slip.
- Stickers will be issued showing the member number and assigned boat slip. Stickers must be visibly displayed on all boats. Boats without a sticker will be removed.
- Registration forms for storage of non-motorized boats less than 15 feet are available at the Main Office.
- Fees must be kept up to date. Once you are notified of delinquent fees the boat will be removed from the peninsula and not released until all delinquent fees are paid.





## FISHING RULES

- Members, 16 years of age and older must have a valid fishing license. Children under 16 do not need a fishing license.
- Please be sure to stick to posted limits on daily catches. Anyone with more than their limit will have his or her fishing privileges revoked. Keep in mind fishing is for all members. Over fishing only hurts all fishermen in the end. Please catch and release.
- All boaters operating an electric engine must be registered with the State of Connecticut and have a valid Safe Boaters Certificate.
- Members are allowed three trout or bass per day. If you bring a guest, you and your guests' limit together cannot exceed the five trout or bass limit per day.
- Bass Protective Slot Limits: 12"-16" long bass are in a protective range and must be released. Only one bass over 16" may be kept each day
- Failure to follow the posted rules and regulations will result in forfeiture of your membership.

## GENERAL POLICIES

- Winding Trails membership runs the calendar year: January 1st–December 31st. There is no prororation of your dues should you wish to terminate your membership early.
- All vehicles must stop at the gatehouse to scan stickers and collect guest fees. Membership stickers must be affixed to the **lower left side** of your windshield. Stickers not affixed will be turned into the main office.
- Walkers/Bikers should use the main gate and will be permitted in the park only if they can provide photo ID to verify membership. The Gate Attendant will verify membership.
- All windows on the driver's side of the vehicle should be rolled down so the gate attendants can welcome drivers, verify members, and any guests.
- Each membership is limited to 6 guests per day that are registered in advance online. Larger groups must call the office at (860) 677-8458 so special arrangement can be made.
- Guests must park their vehicles outside the gate along the edge of the entrance roadway.
- Members should park in the designated lots and not on the grass. Parking along the road creates visual problems. Parking violations will be issued for cars parking in non designated areas.
- No dogs or other pets are allowed in the park.
- Drive slowly in the park. Speed limit in the park is 20 MPH. Bikers, walkers and wildlife utilize the roadway as well as the cars.
- Please dispose of diapers by wrapping in a plastic bag before putting in the trash receptacles. Use the baby changing stations and not the picnic tables for changing.
- Toddlers/Babies must wear swim diapers in the lake.

- Please put trash and recyclables in the proper receptacles. No glass containers, please.
- Picnic Tables and Grills are used on a first come first serve basis. Reserving of tables is not allowed.

## PROGRAM REGISTRATION AND CANCELLATION POLICIES

### PROGRAM REGISTRATION

- Participants will be notified by email if a class is filled or if the class has been canceled. Registration for most programs can be done online on our website. If you prefer, you can register by mail or in our main office.

### PROGRAM CANCELLATION POLICY

Winding Trails reserves the right to cancel any program due to low enrollment. Please register early!

- Three working days prior to the start date for each program, a decision will be made to cancel or run the program. If canceled, you will be notified by Winding Trails and will receive a full refund.
- Winding Trails reserves the right to combine or divide classes, to change the time, date, and/or location and to make other revisions in these offerings, which may become necessary.
- Every effort will be made to make up classes. However, activities canceled due to circumstances beyond the control of Winding Trails that cannot be made up may not be refunded.

### REFUND POLICY

Winding Trails has multiple programs and specific policies for major programs such as camp and rentals. Please check website for details on these programs. The following refund policies are for our general programs and special events.

- Full refunds will be given when requested up to one (1) week prior to the start of the program.
- Once the decision has been made to run a particular program, no refund will be given unless Winding Trails can find a substitute, or there is a medical emergency.
- Absolutely no refunds will be given for any attended portion of a program.
- There will be no cash refunds. Allow two (2) to four (4) weeks to process a refund.
- A \$25.00 fee will be assessed for *ALL* bounced checks!

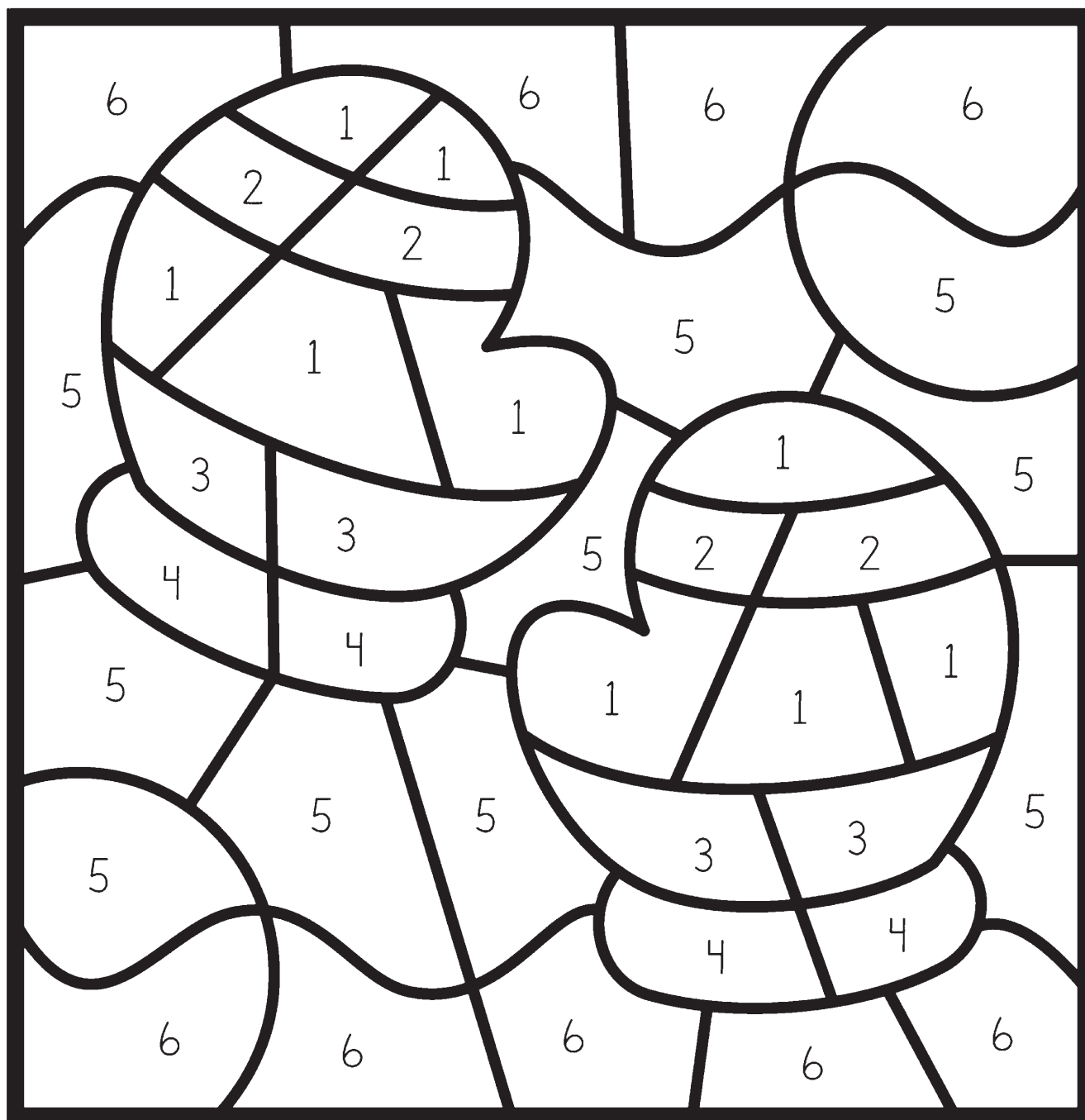






# Chewy's Corner

COLOR BY NUMBER



1 – purple  
2 – green

3 – pink  
4 – orange

5 – blue  
6 – yellow



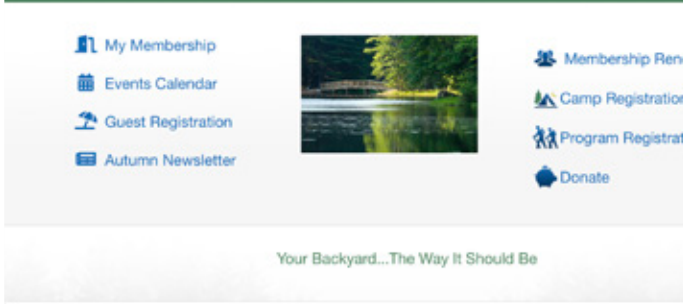
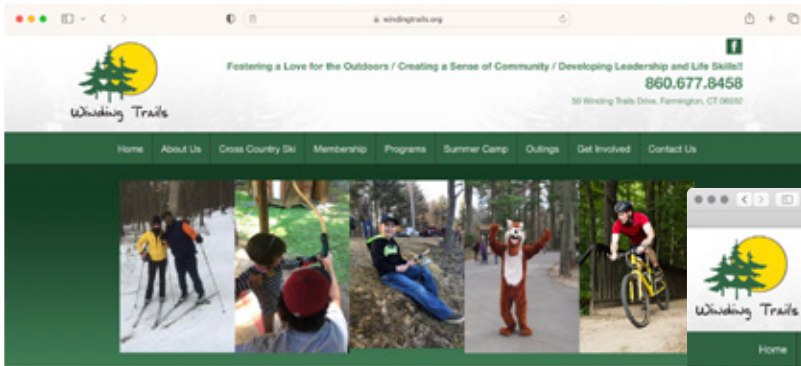
**Winding Trails, Inc.**  
50 Winding Trails Drive  
Farmington, CT 06032  
(860) 677-8458 FAX (860) 676-9407  
www.windingtrails.org

Non-Profit  
Organization  
U.S. Postage  
**PAID**  
Permit #1754  
Hartford, CT

#### MISSION STATEMENT

*Winding Trails, Inc. is a non-profit organization serving people from Farmington and surrounding communities, providing year-round recreational and educational activities for the enjoyment and growth of all families and individuals. Winding Trails is dedicated to the conservation and stewardship of the natural woodlands and waterways that allow outdoor programming, character development, and other activities that strengthen the lives of those we serve.*

# www.windingtrails.org



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## FIND IT ONLINE

You can find online registration, medical forms, summer camp bus schedules, ski and skate conditions and much more on our website. We encourage our members and non-members alike to browse our site and send us feedback.



*Fostering a Love for the Outdoors • Developing Leadership and Lifeskills • Creating a Sense of Community*