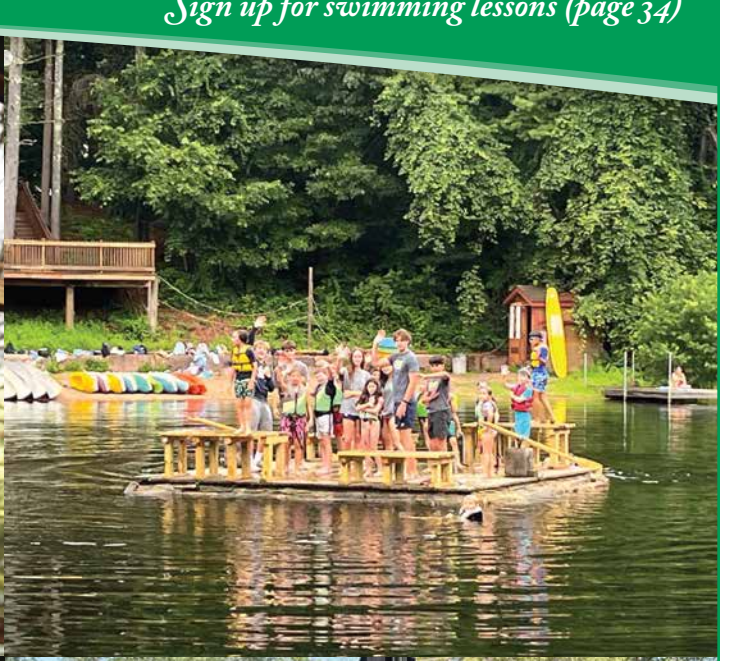


The Score!, CT's Classic Party Rock and Dance Band returns In June (page 12), Don't miss the 20th Anniversary of Nature's Open House (page 18), Make a splash this summer! Sign up for swimming lessons (page 34)



SUMMER/AUTUMN 2026

Winding Trails Newsletter



Fostering a Love for the Outdoors • Developing Leadership and Life Skills • Creating a Sense of Community



Dear Friends,

Welcome to another exciting summer/fall season at Winding Trails! We are eager to see both old and new friends enjoying the park. Participation comes in many shapes. It could be enjoying a walk on our 12.5 miles of trails and cooling off with a swim in Dunning Lake or participating in the camp program or our Tuesday Night Triathlons. Our organization continues to be dedicated to providing families with unforgettable year-round outdoor experiences, fostering a sense of community, and creating lasting memories.

You will see several references to our award-winning Summer Camp program in this newsletter. Summer Camp is the heart and origin of this organization. Over the past seven decades, we have had tens of thousands of children laugh, play, and learn through this program. We have families with three generations of attendees. This year we are focusing on improvements to the camp area through our donations and capital budget. We encourage you to see the improvements to our sportsplex basketball courts, amphitheater, and camp bathhouse.

We look forward to welcoming families to enjoy the beauty of Dunning Lake, the thrill of outdoor adventures, and the camaraderie of camp. No matter what age you are, Winding Trails offers something for everyone. Our commitment to enhancing facilities and programs ensures that each visit is filled with fun, learning, and connection.

Please take the time to read the articles and program offerings in this newsletter. There is a lot of planning and work that goes into this publication. We will also communicate with you through emails, social media, and our website. Thank you for being part of the Winding Trails family. Together, we celebrate the spirit of the outdoors, the joy of family, and the magic of camp. Please don't hesitate to contact us if you have a question or concerns. We are here to help.

Sincerely,

Scott Brown, CPRP
Executive Director

LOOKING FOR VOLUNTEERS TO SERVE ON THE BOARD AND COMMITTEES

Winding Trails is a nonprofit organization that relies upon volunteer members to help provide governance for the organization. In addition to the Board of Directors, six committees work to provide strategic, fiduciary, and generative oversight for the organization. These committees include Development, Community Engagement, Finance, Risk Management, Area & Facilities, and Board Stewardship. Each year, we look for individuals with diverse backgrounds in age, sex, ethnicity, and interests to serve. Time commitment varies depending on the position. If you feel you have skills in fundraising, strategic planning, construction, human resources, insurance, engineering, finance, recreation, environmental issues, sustainability, or other pertinent areas that would be of help to us, please contact Scott Brown, Executive Director at (860) 677-8458 ext. 18. Help make a difference in your facility.

WINDING TRAILS 2026 BOARD OF DIRECTORS

- | | |
|-------------------------------------|------------------|
| Tom Greenebaum, <i>President</i> | Colette Fennessy |
| Tim Roy, <i>Vice President</i> | Steve Juers |
| Alex Kushnir, <i>Treasurer</i> | Jeff Rogers |
| Danitza Sieklicki, <i>Secretary</i> | Betsy Sargent |
| Kristen Burns | Tiffany Smetak |
| Chris Chisholm | James Sullivan |
| Joy Fausey | |

WINDING TRAILS 2026 COMMITTEE MEMBER VOLUNTEERS

- | | | |
|-------------------------|-----------------|--------------------|
| Kerry Callahan | Wendy Ku | Jim Platosh |
| Justin Carbonneau | Patty Lavendier | Mario Reyes |
| Jonathan Chaia | Alana Ledford | Rania Rifaey |
| Jill Clark | Rob Low | Tom Roy |
| Sal Corio | Lexi Melo | Shannon Rutherford |
| Brian Cunningham | Alison McVeigh | Greg Sieklicki |
| Elizabeth Daly-Standish | Scott Muska | Rob Tacinelli |
| Lisa Duquette | Reem Nouh | John Tonkinson |
| Patrice Freeman | Pam Nahorniak | Jon Wu |
| Emily French | Mahmoud Omar | |

MAIN OFFICE HOURS

The main office is open 8:30am – 4:00pm Monday through Friday. The main office will be closed on Memorial Day, Monday, May 25th and Friday, July 3rd for Independence Day. If you miss the office hours, you can always use the convenient Drop Box slot next to the office door.

PARK HOURS

The park will be open daily from 8:00am to dusk. Swimming is available beginning Saturday, May 30th to Friday, July 31st from 10:00am to 7:45pm and from Saturday, August 1st to Monday, September 7th from 10:00am to 7:30pm (*depending on staff availability*). The gate locks promptly at dusk. (Please refer to your membership handbook for policies and regulations or visit the Membership page at windingtrails.org).

NATURE PORCH HOURS

Nature’s Porch is located on the eastern shore of Walton Pond and offers nature-themed “drop-in” activities during the hours that it is open. Nature programs, from birdwatching and walks to fishing classes and more, are offered for families and individuals on many weekends. Special activities are planned through the summer so check the calendar for program dates. The large front porch and its inviting chairs are available anytime during park open hours, except when summer camp is in session. Visit us to explore this portion of the property!

Dates: Saturday & Sundays, April 25th to September 27th
 Times: 12:00pm – 5:00pm

**Front porch and chairs not available during camp hours.*

GUEST POLICIES

Guests of members must be registered online at windingtrails.org/guests/. All guests must park outside the main gate and ride into the park in the members’ car. Winding Trails will limit the total number of guests allowed into the park per day. To ensure your guest’s entry into the park please register them ahead of time. Guest fees are \$7.00 for adults and \$5.00 for children ages 3 to 15. Discounted guest books are available at the front gate or in the main office.



Scan Here to Register Guests

THE GRILLE HOURS

The Grille is located just west of Dunning Lake Bathhouse. It is open on the weekends of May 30th – May 31st, June 6th – 7th, and June 13th – 14th. The Grille will be open 7 days a week starting June 19th through August 23rd. The Grille will be open weekends only August 29th – 30th and September 5th – 7th depending on staff availability. The Grille hours are from 11:30am – 7pm. (*It will also be open until 8:30pm on Acoustic Nights*). Check the announcement section on the homepage of our website for updated hours and weather-related closures.

2027 ONLINE MEMBERSHIP RENEWAL – DON’T MISS OUT

Winding Trails offers membership renewal online. This process is extremely easy and should take less than 5 minutes. We open online renewals on October 1st and will provide you with reminders via email, social media, and text messages, until the December 31st deadline. Please make sure we have your current contact info on file so you don’t miss out on this important information! You will need your membership number (which you can find on your sticker) and your last name in order to log into your member account and renew.

If you prefer not to renew online, you will need to call our office so we can mail you the membership form. Keep in mind that you must renew by December 31, 2026. Winding Trails’ membership quota is filled every year. Dozens of members miss out on the coming year because they miss this deadline.

Don’t let this *be you!* **Deadline for renewal is December 31, 2026 and this is strictly enforced!**



WINDING TRAILS STAFF • (860) 677-8458

Membership/Programs Admin.	Rebecca Resendes	Ext. 10	rebecca@windingtrails.org
Recreation Supervisor	Bailey Dailey	Ext. 11	bailey@windingtrails.org
Camp & Development Admin.	Kim Kowalski	Ext. 12	kim@windingtrails.org
Recreation Supervisor	Shawn Hussey	Ext. 13	shawn@windingtrails.org
Adventure Education Coordinator	Mike Trevail	Ext. 14	mike@windingtrails.org
Education Coordinator	Elyse Cahill	Ext. 16	elyse@windingtrails.org
Executive Director	Scott Brown	Ext. 18	scott@windingtrails.org
Financial Manager	Betzy Plourde	Ext. 19	betzy@windingtrails.org
Park Director	Bryan Martin	Ext. 21	bryan@windingtrails.org
Camp Director	Paul Cappadona	Ext. 31	paul@windingtrails.org
Park Maintainer	Anthony Baio		
Park Maintainer	Kyle Harding		
Park Maintainer	Dustin Kubran		
Park Maintainer	Jose Rivera		



ANNUAL LAKE TREATMENT

Dunning Lake is one of our most precious resources at Winding Trails. Each year we monitor the health of the lake by conducting water tests, inventorying plants, etc. The lake currently has several species of invasive plants that we are controlling through a CT DEEP state permitted weed treatment. As a result, Dunning Lake will be closed on Thursday, May 14th for boating and Monday, June 29th at 5:00pm for swimming and boating due to our annual treatment. This second treatment is being added due to the excessive amount of aquatic plants we had in the swim area last year. We apologize for the inconvenience.

E-BIKE USE AT WINDING TRAILS

In the past several years use of E-Bikes around the country has exploded. Some of the uses have been very positive such as allowing individuals to continue to enjoy this activity later in life or going longer distances because of pedal assisted technology. The negative side of this is increased speed, more accidents, and severe trail damage.

Beginning in 2026 Winding Trails is adopting the following rules regarding the use of e-bikes on Winding Trails property.

1. **Permitted E-Bikes** - Only the following e-bikes are allowed on our trail system:
 - Class 1 and Class 2 e-bikes (750 watts or less) with a maximum assisted speed of 20 mph.
2. **Prohibited E-Bikes and Motorized Vehicles** - The following are not permitted on our trails:
 - Class 3 e-bikes (750 watts or less) with a maximum assisted speed of 21–28 mph.
 - Motor-driven cycles with motors over 750 watts up to 3,700 watts.
 - Motorcycles with motors over 3,700 watts or greater than 50cc.
3. **Safety Requirements** - Helmets are required at all times while operating an e-bike.
These restrictions comply with Connecticut's E-Bike/ Motor-Driven Cycle Law HB 6862 adopted October 1, 2025.
4. **Trail Conduct Rules** - E-bike riders must follow the same rules that apply to traditional bicycles, including:
 - Obey the 20-mph speed limit.
 - Yield to pedestrians.
 - Do not ride on sidewalks.
5. **Consequences for Violations** - Failure to comply with these rules may result in suspension or revocation of membership and/or arrest, depending on the severity or frequency of the violation.

CALLING ALL PICKLEBALL ENTHUSIASTS

Interest in this sport continues to surge across the country. We have three permanent pickleball courts and three temporary courts. We have had interest from some members about meeting other pickleball enthusiasts. If you have an interest in finding others to play, you can download the TeamReach app on your phone and enter the code WTPicklePlay. This will give you access to others members looking to find people to play with. Also please look in the program section of this newsletter for specific times that you can join our pickleball programs.

PICKLEBALL AND TENNIS INFORMATION

Winding Trails has six pickleball courts and two tennis courts available for racquet sports enthusiasts. They are available on a first come first serve basis. The hours are from 8:00am to 7:45pm. The time limit per court is one hour unless no one is waiting to use them. Tennis camp will be using both tennis courts between the hours of 9:00am to noon the week of June 22nd - June 26th and July 27th – July 31st. The temporary pickleball courts (located at the far end of the courts) may occasionally be used by the summer day camp program Monday - Friday from 10am to 3pm, June 22nd to August 14th.

NO SMOKING POLICY

If you are a smoker and must smoke on property, we ask that you do not smoke on Dunning Lake beach or in the picnic area. Smoking will be permitted north of the wooden guardrail fence. We ask for your cooperation in complying with this policy.

BOAT RENTAL FEES

Boat rentals are open every day from 11:00am to 7:00pm from May 30th until September 7th. Anyone under the age of 8 and not at least a level 4 swimmer must be accompanied by an adult. All boaters must wear a life jacket, which is included in your rental. Rental fees are as follows:

Canoes.....	\$4.00 per hour
Kayaks.....	\$4.00 per hour
Standup Paddleboards.....	\$6.00 per ½ hour
Sailboats.....	\$7.00 per hour

Boat Rental Passes are available for purchase online under the program registration page! Get \$50 worth of boat rentals for \$40 or \$20 worth of boat rentals for \$15.

OVERNIGHT CAMPING

Did you know that members of Winding Trails can camp overnight at the designated camp areas on weekends from May–October? This is pack in/pack out camping, meaning you park in the lot and transport your gear to the site using our pull carts. There is a fire pit, picnic table, grill and a Sani-Can all on site. We also keep the camp bathhouse, with hot showers, open for your convenience. The camping areas are intended for tents only. Your vehicle must stay in the parking lot. Due to popular demand and limited sites, families may book two nights a season. Please observe quiet time from 9:00pm–9:00am. Please contact Bailey Dailey at Bailey@windingtrails.org for reservations.

Members Fee:	\$15.00 per family
Guests of Members Fee:	\$25.00 per family

DISC GOLF AT WINDING TRAILS

Check out our disc golf course located on our trails surrounding Nature's Porch! There are nine holes in total, and the course runs counterclockwise down Canal Trail to Skater's Loop, back to Roosen's Run ending on Pond Trail. The first hole tee begins just over the bridge at Walton Pond near the Archery range. You are free to play any time that the summer day camp is not in session. Bring your own discs.

The Otter Side of Winding Trails



There are 380 acres that make up Winding Trails and there are many critters that call Winding Trails home. If you've spent time at the beach, you have probably seen ducks, swans, geese, fish, and turtles. If you've ventured into the trails, you may have seen coyotes, deer, owls, hawks, osprey, bear, rabbits, foxes, and more! One of the more elusive critters that hang out at the trails are *Lontra canadensis* or river otters!

River otters are highly skilled swimmers making them perfectly adapted for life around water. With sleek, streamlined bodies, webbed feet, and powerful tails, otters can glide effortlessly through the water. River otters have some of the densest fur in the animal kingdom which helps to keep them warm even during chilly Connecticut winters. Unlike many aquatic mammals, river otters do not rely on blubber for warmth. Instead, their fur traps air to provide insulation.

River otters are crepuscular, meaning that they are most active at dawn and dusk, which is one reason they are rarely seen and might be difficult to spot when exploring at Winding Trails. They spend much of their time hunting for fish, frogs, crayfish, and other aquatic life. Using their sharp eyesight, sensitive whiskers, and quick reflexes, they are expert predators underwater. On land, they may appear a bit clumsy, but otters can run surprisingly fast and often travel between ponds, streams, and wetlands in search of food. At Winding Trails, they can be seen making their way between the streams, Walton Pond, Dunning Lake, and the numerous wetlands throughout the property.

One of the most notable features of river

otters is their playful behavior. They are known to slide down muddy or snowy banks, wrestle with one another, and chase each other in and out of the water. While it may look like fun, this play also helps young otters develop social skills and the skills they need to hunt and survive. Otters are highly social animals and are often found in small family groups.

Although they may be hard to spot, there are signs that river otters are nearby. Look for tracks in the mud or snow that show five toes and webbing. You might also spot "slides" along the shoreline where otters repeatedly enter and exit the water. Another clue is scat, often left in visible locations to mark territory, which may contain fish scales or crayfish shells.

The presence of river otters at Winding Trails is a sign of a healthy ecosystem. Otters require clean water and abundant food sources to thrive. After declining in many parts of the United States due to habitat loss and pollution in the 19th and early 20th centuries, river otter populations have made a strong comeback thanks to conservation efforts and improved water quality. So next time you're walking along the shoreline or exploring the trails near Walton Pond, keep your eyes open for the playful pups!

DONATE ONLINE!

Each year Winding Trails mails a Trails Fund solicitation in late March to all our constituents looking for donations. We would like to thank all of you who graciously donated to us. This is our one formal plea, however, we do welcome your donations all year long. It is easy to support Winding Trails with a tax-deductible donation. You can visit windingtrails.org and click on the DONATE button to make an online donation. You may choose to support our campership program, environmental initiatives, general support, or endowment fund.

For further information on our endowment, you can go to our website and click the Donate Now button. As always, your donations are greatly appreciated!



Camp Corner



Winding Trails Summer Day Camp: The Foundation We All Stand On

For many, Winding Trails is known as a beautiful 380-acre sanctuary — a place with sparkling water, winding trails, and an abundance of programs and activities for families to enjoy. But the story of Winding Trails is much deeper than what you see today. In fact, everything we have grown into — memberships, cross country skiing, group outings, programs, events, and beloved traditions — can be traced back to one special beginning: the summer day camp.

It all began in 1947, when a few caring visionaries in Farmington believed that childhood should be spent outdoors — discovering, learning, playing, and forming lifelong friendships. They saw the magic that happens when children feel safe, supported, and surrounded by nature. With nothing more than a dream and a patch of land around Walton Pond, the very first Winding Trails campers stepped into the woods... and unknowingly created a future for generations.

In those early years, the property was owned by Avon Old Farms School, which generously allowed the camp to operate on 20 acres around Walton Pond for just \$1 a year. Camp sessions ran Monday through Thursday for eight weeks, welcoming about 100 enthusiastic campers each day. Activities included sports, arts & crafts, swimming, nature study, and archery — many of the same experiences children still cherish today.

By 1955, the camp's popularity had grown, and Winding Trails sought a permanent home. Avon Old Farms approved the sale of 300 acres for \$30,000 that same year — the moment that truly launched Winding Trails as we know it now. It was also the year the organization earned its nonprofit status, driven by its work with children and its commitment to outdoor education.

As the camp flourished, so did the vision. Permanent structures such as the camp bathhouse, Garmany Hall, and several pavilions were built. By

the early 1960s, the Board of Directors recognized the importance of families gathering and recreating together, leading to the creation of the membership program. Weekends at Walton Pond became a treasured tradition, with families swimming, picnicking, and enjoying time outdoors long before Dunning Lake became the vibrant hub it is today.



And then came the next chapter. The construction of Dunning Lake in the late 1960s created incredible opportunities for the camp and for members. Winding Trails expanded exponentially, and yet — even with more than 600 campers per day, 175 staff, and over 20 activities today — the heart of the camp has never changed. Its purpose remains the same: to foster a love for the outdoors, build community, and help children develop leadership and life skills.

Over the last 20 years, Winding Trails has invested more than \$9.4 million into capital improvements — from the Save Walton Pond project and the creation of Nature's Porch to the Dunning Lake Boathouse, office renovations, and playground enhancements. Recent additions such as the Grille, Lakeside Pavilion, and new tennis and pickleball courts continue to strengthen our community experience. But even now, the roots of all these improvements can be traced back to that very first camp session in 1947.

This summer, we return our focus to the heart of Winding Trails: the camp itself. Three projects are underway to ensure we continue supporting the generations who will one day look back on these memories as fondly as we do:

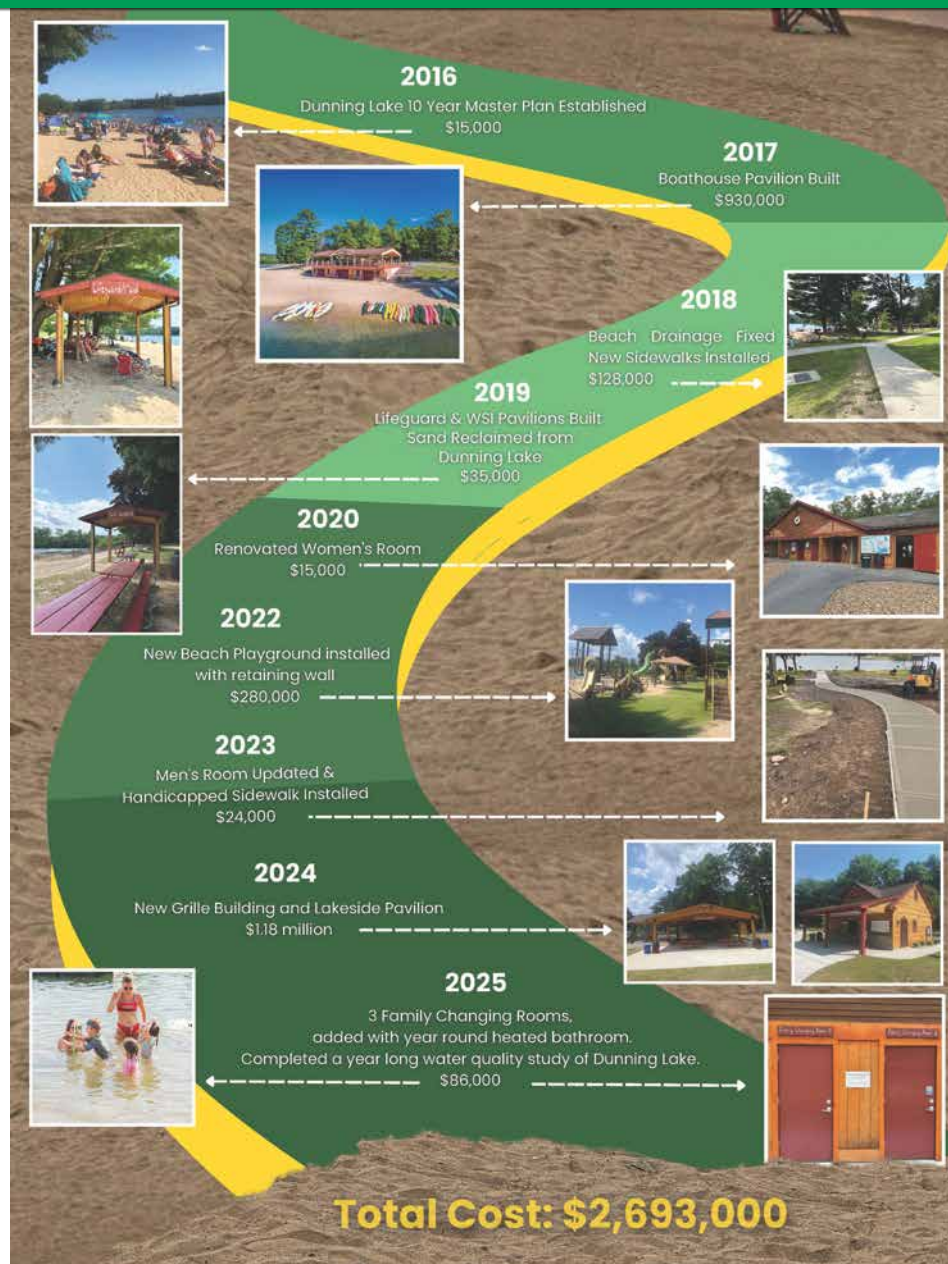
- **Sportsplex Basketball Courts:** Originally built in 1996, the aging bituminous surface required constant repair. We have now repaved the area and installed new courts.

- **Camp amphitheater Replacement:** Every morning, this beloved gathering space fills with campers for the Pledge of Allegiance, songs, skits, and the start of their day. The old seating had rotted and could no longer accommodate everyone, so plans are underway to regrade the hill and install even more seating.

- **Camp Bathhouse Renovation:** The girls' side of the 1968 bathhouse — built when camp was just a third of its current size — has been updated with additional bathrooms, a redesigned entrance, and fresh paint. The boys' side will be renovated next winter.

Winding Trails is a special place because of the memories created here — and those memories began with the summer day camp. It is not just a program; it is the foundation upon which everything else has been built. Every trail, every building, every program, and every joyful moment on this land stands on the shoulders of those early summers.

As we look ahead, it's important to honor where we came from and to appreciate just how fortunate we are to continue growing this incredible community. Winding Trails thrives today because of the vision, passion, and spirit that began with camp — and that spirit continues to guide us forward.

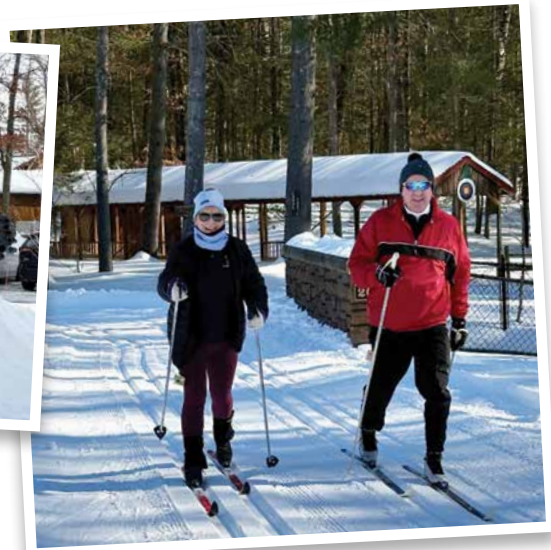


Dunning Lake Beach and Picnic Area — 10 Years After

We can all agree that Dunning Lake is one of our top resources of Winding Trails. Our campers and members love the crystal-clear water that allow swimming, fishing, and boating. The adjacent beach and picnic areas provides a great place to sunbath, barbeque, and recreate with family and friends.

Recognizing this fact, the Board of Directors completed a 10 Year Master Plan for this area back in 2016. Key stakeholders were brought together for a series of meetings to discuss this area. The net result was the creation of a plan that identified improvements that would better serve our constituents.

After 10 years, we are very proud to share with you that the vast number of recommendations in this plan have been completed. To date, we have spent a total of \$2,713,000 to complete these improvements. These developments have been made in part due to the generosity of individuals donating to our Trails Fund. We would like to thank all of you who have donated and encourage folks to continue to contribute. It is through your generosity that we ensure future generations can enjoy this organization. The graphic above shows our progress over the last 10 years.



THANK YOU, MOTHER NATURE

If you grew up as a baby boomer, born between 1946 and 1964, this past winter might not have seemed all that remarkable. Folks from those years can probably still picture those classic New England winters — snowbanks taller than you were, long afternoons of sledding and skiing, and the kind of snow-fort engineering that would make an architect proud.

We’ve seen some memorable winters over the decades. There were the legendary blizzards of 1969 and 1978, and of course the record-setting year of 1996, when a whopping 93.1 inches of snow fell. Those were the winters that shaped childhoods and created lifelong love for snowy days outdoors.

Back in 1973, inspired by those snowy landscapes, Winding Trails took a leap and created a cross-country ski center. At the time, Connecticut had four such centers, and for a while, each held its own. But winters are unpredictable, and over the past 53 years, conditions have varied dramatically. Today, Winding Trails is proud to carry the torch as the only remaining cross-country ski center in the state. Our longest ski season — 73 days — was back in 1994. And some years, like 1992, 1998, 1999, and 2012, Mother Nature simply didn’t deliver enough snow for us to open at all.

And then came 2026.

This winter reminded us just how wonderful the season can be. We were able to ski for 44 days — our best stretch in more than a decade! It all started with a beautiful 17-inch snowfall in late January. That blanket of snow was followed by nearly three weeks of below-freezing temperatures, which meant soft, consistent snow with no ice and perfect grooming conditions. As if that wasn’t enough, Blizzard Calvin rolled through and dropped another foot of snow, keeping the season alive and spirits high. All told, we received 52 inches of snow this winter, just above our annual average — but perfectly timed to create outstanding skiing.

The magic of a great ski season really is in the timing, temperature, and the little surprises nature brings. This year reminded us how special winter can be when everything aligns.

As for next year? Well, that’s anyone’s guess. But we’re hopeful. If Mother Nature treated us this well once, maybe she’ll do it again. Time will tell — but we’ll be ready, skis waxed and waiting.

Professional & Community Development Opportunities

Welcome to Winding Trails, a leader in adventure-based training. We offer a variety of professional development opportunities for companies, organizations, colleges and universities looking to enhance communication and cooperation within their community. From play-based integrations of new workplace models to advanced level reflections and processing tools for deep learning, our custom development workshops provide tools your staff can use immediately to improve your organization.

Please contact us to discuss your next professional development outing. We are happy to customize our training to suit your group’s specific needs and desired outcomes. Program pricing is available on request.

For more information, contact Mike Trevail, Adventure Ed. Coordinator at mike@windingtrails.org or (860) 677-8458 x14.







TUESDAY NIGHT RACE SERIES

Our Tuesday night tradition continues from April to September here at Winding Trails.

Winding Trails offers three race series, starting with our Mountain Bike Series that started in 2022, followed by our long-standing Triathlon Series' 26th year, and ending the season with our Trail Running Series.

Sponsorships are available, please contact Shawn Hussey, Recreation Supervisor, at 860-677-8458 x13 or shawn@windingtrails.org.



TRI SERIES FREE DEMO DAY

Come and practice the Triathlon race courses. We will have swim, transition, run clinics, and a BLUE course mountain bike ride. Visit our awesome sponsors and learn about what they have to offer. Get your body ready for the season! This event is FREE! Helmets are required. *No registration required.*

Date: Tuesday, June 2nd
Time: 5:00pm - 7:30pm
Where: Transition Area (located by Walton Pond)
Fee: Free

SPRINT TRI-TRAINING SERIES

The weekly triathlon series runs on Tuesday evenings at Winding Trails. This year's SPRINT distance series will again consist of a 1/4-mile swim in Dunning Lake, a 5-mile mountain bike ride (you must use a mountain bike ~ no hybrids), and a 3-mile trail run through our beautiful woods. All ability levels are encouraged to come out and train in this friendly and fun environment. Helmets are required. *Registration for Series Passes opens on May 4th. Weekly registration will open each Thursday before the race. Weekly registration will close at 12:00pm each Tuesday.*

Date: Tuesdays, June 9th - August 11th
*August 11th end-of-the-series party (free for those who participated in 5 or more races)
Time: 6:15pm - 8:00pm (Check in opens at 5:00pm)
Where: Tri Transition area (located by Walton Pond)
Ages: 10 and over
Minimum: 30 Maximum: 200

PLEASE REMEMBER - PETS ARE PROHIBITED IN THE PARK YEAR ROUND

TRIATHLON RACE FEES

FEES	PER RACE SPRINT	PER RACE TINY	SERIES PASS SPRINT	SERIES PASS TINY	MINI PASS SPRINT (5 RACES)	MINI PASS TINY (5 RACES)	TEAMS	KIDS RACE
Members	\$25.00	\$20.00	\$175.00	\$140.00	\$100.00	\$75.00	\$40.00	\$5.00
Nonmembers	\$35.00	\$30.00	\$245.00	\$210.00	\$140.00	\$120.00	\$50.00	\$10.00
Student	\$25.00	\$20.00	\$175.00	\$140.00	\$100.00	\$75.00	\$40.00	—

TINY TRI-TRAINING SERIES

Our truly beginner Tri consists of 1/8th mile swim, 3-mile ride (hybrid bikes are OK but mountain bike recommended) and a 1+ mile run. It is a great confidence booster for young and old alike. You start with this one and work up to the sprint distance. Helmets are required. *Registration for Series Passes opens on May 4th. Weekly registration will open each Thursday before the race. Weekly registration will close at 12:00pm each Tuesday.*

Date: Tuesdays, June 9th – August 11th
 *August 11th end-of-the-series party (free for those who participated in 5 or more races)
 Time: 6:00pm – 8:00pm (Check in opens at 5:00pm)
 Where: Tri Transition area (located by Walton Pond)
 Ages: 10 and over
 Minimum: 10 Maximum: 100

SPECIAL THANKS TO OUR TRI SPONSORS



KIDS TRI'S

What child doesn't love to swim, bike, and run? Your child will love these fun kid triathlons throughout the summer. Ages 5- to 7-year-olds swim approximately 25-yards, bike a 1/2 mile and run a 1/4 mile. 8- to 10-year-olds swim approximately 50-yards, bike 1 mile, and run a 1/2 mile. Swimming is along the shore, where everyone can reach the bottom. The bike and run are done on the peninsula near overflow parking. Come cheer on your family and friends! Do all three races and earn a free T-shirt! Helmets are required. *Registration opens the first Monday of the month, prior to each program date.*



Dates:
 Session I: Thursday, July 16th
 Session II: Thursday, July 30th
 Session III: Thursday, August 6th
 Time: 5:30pm – 6pm (Check in opens at 4:30pm)
 Ages: 5 – 10 years old
 Where: Dunning Lake Peninsula area
 Fee: \$10.00 race fee
 Member Discount Fee: \$5.00 race fee
 Minimum: 20 Maximum: 75



TRAIL RUNNING SERIES

Do you love our weekly Tri Series? Why not continue Tuesday evenings with our popular trail running series. For five weeks on Tuesday nights, there will be a 5K course or a longer 10K course. This course meanders through our trails system with a combination of single track, hills, and open trails. Awards will be given out at the series finale. Registration for Series Passes opens on July 1st. *Weekly registration will open each Thursday before the race and close each Tuesday at 12:00pm.*

Date: Tuesdays, August 25th – September 22nd
 Time: 6:00pm – 8:00pm
 Where: Tri Transition area (located by Walton Pond)
 Ages: 10 and over
 Series Pass Fee: \$100.00
 Series Pass Member Discount Fee: \$60.00
 Day of Fee: \$25.00
 Day of Member Discount Fee \$15.00

SPECIAL THANKS TO OUR SPONSORS





THE SCORE – CT’S OFFICIAL ROCK AND FUN BAND!

Back by popular demand, The SCORE returns to “rock” the beach and entertain people of all ages. Playing your favorite hits from the 50’s to today, this high-energy group will be sure to have everyone dancing. Concert takes place rain or shine. *Registration opens the first Monday of the month, prior to each program date.*

Date: Saturday, June 27th
Time: 6:30pm – 8:30pm
Where: Lakeside Pavilion
Fee: \$7.00
Member Discount Fee: Free
Minimum: 20 Maximum: 400

LITTLE KIDS EXPLORING NATURE

This summer and fall young children 6-years-old and under with their families can join us for a fun Saturday morning learning something new about the great outdoors. The program format is an introduction about the day's topic followed by a hands-on outdoor activity to try out what you learned. Dress for the weather with appropriate shoes or boots so you can be comfortable during all activities.

Each month, we will be exploring different locations as we discover the many animals and plants that make up Winding Trails' fields, forests, and water bodies. Learn about how animals build homes. Explore the world of turtles. Investigate some summer ecosystems. Learn which animals are making their way south. Find out what animals are eating by learning about food chains and webs. Finish up learning how animals get ready for winter.

All these activities and more are out there to explore! We look forward to spending an exciting summer and fall season with you. *Registration opens the first Monday of the month, prior to each program date.*

Session I: Save Walton Pond – Frogs
Date: Saturday, June 13th
Session II: Save Walton Pond - Fish
Date: Saturday, July 11th
Session III: Save Walton Pond - Turtles
Date: Saturday, August 8th
Session IV: Migration to Warm Places
Date: Saturday, September 12th
Session V: What’s Everyone Eating
Date: Saturday, October 10th
Session VI: Animals Get Ready for Winter
Date: Saturday, November 14th
Time: 9:30am – 11:30am
Where: Nature's Porch
Ages: All
Fee: \$25.00 per Family
Member Discount Fee: \$15.00 per Family
Minimum: 3 Families. Maximum: 5 Families



FAMILIES EXPLORING NATURE

This summer and fall families can join us for a fun Saturday afternoon learning something new about the great outdoors. The program format is an introduction about the day's topic followed by a hands-on outdoor activity to try out what you learned. Dress for the weather with appropriate shoes or boots so you can be comfortable during all activities.

Each month, we will be exploring different locations as we discover the many animals and plants that make up Winding Trails' fields, forests, and water bodies. Learn about how animals build homes. Explore the world of turtles. Investigate some summer ecosystems. Learn which animals are making their way south. Discover what animals are eating by learning about food chains and webs. Finish up learning how animals get ready for winter.

All these activities and more are out there to explore! We look forward to spending an exciting summer and fall season with you. *Registration opens the first Monday of the month, prior to each program date.*

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Session V: What’s Everyone Eating
Date: Saturday, October 10th
Session VI: Animals Get Ready for Winter
Date: Saturday, November 14th
Time: 1:30pm – 3:30pm
Where: Nature's Porch
Ages: All
Fee: \$25.00 per Family
Member Discount Fee: \$15.00 per Family
Minimum: 3 Families. Maximum: 5 Families

FAMILY NATURE JOURNALING

Create a habit together! This fun and easy practice can get the whole family outside. Learn how to start a family nature journal book that you can add to all the time. Observe seasonal changes together and begin a new tradition. When you stop to really look, even the most everyday nature objects and occurrences can become extraordinary wonders you can talk about, write, and draw together. *Registration opens the first Monday of the month, prior to each program date.*

Session I

Date: Sunday, June 28th
 Time: 10am - 12pm

Session II

Date: Sunday, October 4th
 Time: 1pm - 3pm

Where: Nature's Porch
 Ages: All
 Fee: \$35.00 per Family
 Member Discount Fee: \$25.00 per Family
 Minimum: 3 Families. Maximum: 5 Families

At Winding Trails, the best days start outdoors and end with a smile!

POETRY WALK NATURE POETRY CLASS

Walk the new poetry trail and write poems at all the stops along the way. Poet, nature artist and author of "One Strawberry Moon," the poetry book displayed on the trail, Leslie Mathews, will lead this joyful adventure back to connection with nature, ourselves and the inner poet awaiting within all of us. No experience necessary! *Registration opens the first Monday of the month, prior to each program date.*

Session I

Date: Saturday, June 20th

Session II

Date: Sunday, September 20th
 Time: 10am - 12pm

Where: Nature's Porch
 Ages: All
 Fee: \$35.00 per Family
 Member Discount Fee: \$25.00 per Family
 Minimum: 3 Families. Maximum: 5 Families

ART FROM THE SUN

In this class, we will experiment with cyanotypes (also known as sun prints). Using the sun to make prints of natural or found objects, we will create whole scenes and compositions. No experience necessary! *Registration opens the first Monday of the month, prior to each program date.*

Session I

Date: Sunday, June 28th

Session II

Date: Sunday, September 27th

Time: 1pm - 3pm
 Where: Nature's Porch
 Ages: All
 Fee: \$35.00 per Family
 Member Discount Fee: \$25.00 per Family
 Minimum: 3 Families. Maximum: 5 Families

FAMILY NATURE ART

Join Leslie Mathews, a creative encourager who helps others find joy through art and nature, for a two-hour nature art workshop for families! Enjoy the lively beauty of summer with this fun, hands-on workshop for kids and adults to do together. We will create art inspired by plant and animal life all around us, making our own natural brushes to express how animals and plants move and grow. *Registration opens the first Monday of the month, prior to each program date.*

Session I

Date: Sunday, July 19th

Session II

Date: Sunday, September 13th

Time: 1pm - 3pm
 Where: Nature's Porch
 Ages: All
 Fee: \$35.00 per Family
 Member Discount Fee: \$25.00 per Family
 Minimum: 3 Families. Maximum: 5 Families

TEMPORARY OUTDOOR SCULPTURE ART

With the colors of fall and nature as our palette, we will make arrangements of leaves, sticks, and other nature objects in unique, temporary formations. See what we can create together in this fun class that can help us learn about the world around us. *Registration opens the first Monday of the month, prior to each program date.*

Session I

Date: Sunday, August 2nd

Session II

Date: Sunday, October 18th

Time: 1pm - 3pm
 Where: Nature's Porch
 Ages: All
 Fee: \$35.00 per Family
 Member Discount Fee: \$25.00 per Family
 Minimum: 3 Families. Maximum: 5 Families



FIREFLY NIGHT HIKE

Join teachers Ally and Elyse for a night of exploration! During this night hike, we will learn all about fireflies and other nocturnal insects. Why do they glow? Why are they so active at night? Why are other insects active at night? Come to the hike and find out! *Registration opens the first Monday of the month, prior to each program date.*

Date: Saturday, June 20th
Time: 7:00pm – 9:00pm
Where: Bear and Eagle Pavillion
Ages: All
Fee: \$20.00 per family
Member Discount Fee: \$15.00 per family
Minimum: 5 Maximum: 20

FALL MIGRATION BIOBLITZ

Join our naturalists as they teach you how to conduct a community science bioblitz at Winding Trails! For our bioblitz, we are hoping to identify as many migratory species as we can. A bioblitz is an event designed for finding and identifying as many species as possible in a specific area over a short period of time. We will teach you how to use different identification tools and how to use apps such as iNaturalist and Seek to improve your identification and recording skills. Saturday will be a training day for learning how to conduct a bioblitz and Sunday will be a day dedicated to searching for species. At the end of the bioblitz, you might even win a prize if you identify the most species! *Registration opens the first Monday of the month, prior to each program date.*

Date: Saturday, September 12th & Sunday, September 13th
Time: 12:00pm – 3:00pm
Where: Nature's Porch
Ages: All
Fee: Free for members and non-members, but registration is required
Minimum: 5 Maximum: 30

CHRISTMAS BIRD COUNT

Every year, the Audubon society puts on the Christmas Bird Count which is the longest-running community science bird project. The Christmas Bird Count is an event where community scientists come together to identify different winter bird species and count individual birds in a designated area. Join the Winding Trails Christmas Bird Count to help monitor the health of our bird population! Our naturalists will teach you how to conduct a Christmas Bird Count at Winding Trails! We will teach you how to use different identification tools and how to use apps such as iNaturalist, Merlin, and Seek to improve your identification and recording skills. *Registration opens the first Monday of the month, prior to each program date.*

Date: Sunday, December 13th
Time: 12:00pm – 3:00pm
Where: Nature's Porch
Ages: All
Fee: Free for members and non-members, but registration is required
Minimum: 5 Maximum: 30

“Every trail has a story – thanks for walking a little of yours with us”

ACOUSTIC NIGHTS AT WINDING TRAILS

Come and enjoy some great music at Winding Trails overlooking beautiful Dunning Lake. This series will highlight some of the great local musical talent we have in the area. Performers are subject to change. These programs will be held rain or shine. *Registration opens the first Monday of the month, prior to each program date.*

Session I: Tony Gabriel
Date: Friday, June 5th

Session II: Ruckus Country Trio
Date: Friday, July 10th

Session III: Circus Mutt
Date: Friday, August 7th

Session IV: To Be Determined
Date: Friday, September 11th
Time: 7:00pm – 9:00pm
Place: Lakeside Pavilion
Ages: All Ages
Fee: \$7.00 for Nonmembers Adults
\$5.00 for Nonmember children ages 3-15
Member Discount Fee: Free
Minimum: 25 Maximum: 300



ODYSSEY CHALLENGE

Ever wonder what those telephone poles, cables, and ropes are all about up on Main Street? This is our Odyssey, one of only two courses like this in New England. Join us for a 3-hour program that will stretch your comfort zone! Team members begin by ascending a giant cargo net to reach the first platform and traverse through several problem-solving challenges to reach the peak end platform where each person has the opportunity to experience our Lilly Pads or Floating Bridge. *Registration opens at the first of the month, prior to each program date.*

Session I

Date: Sunday, June 14th

Session II

Date: Sunday, July 5th

Session III

Date: Sunday, July 26th

Session IV

Date: Sunday, August 9th

Time: 1:00pm - 4:00pm

Ages: 10 years old and above

Where: Meet at the Climbing Tower

Fee: \$70.00

Member Discount Fee: \$50.00

Minimum: 15 Maximum: 30



CLIMBING TOWER DAYS

This 2-hour program allows you to get onto the climbing tower and enjoy the vertical realm. The climbing tower is 40' high consisting of 4 sides: a 15' beginner wall with incline, a 40' intermediate vertical wall, a 40' advanced wall with incline and overhangs and a 60' x 35' cargo net for the quickest way to the top. Once on top, it's time for the ride, a 300' long zip line down Main Street. *Registration opens the first Monday of the month, prior to each program date.*

Session I

Date: Sunday, June 7th

Time: 10:00am - 12:00pm

Session II

Date: Saturday, July 11th

Time: 10:00am - 12:00pm

Session III

Date: Saturday, July 25th

Time: 10:00am - 12:00pm

Session IV

Date: Saturday, August 8th

Time: 10:00am - 12:00pm

Session V

Date: Sunday, August 16th

Time: 10:00am - 12:00pm

Ages: 4 and up

Where: Meet at the Climbing Tower

Fee: \$45.00

Member Discount Fee: \$30.00

Minimum: 15 Maximum: 30



SHIPWRECK THE ULTIMATE SURVIVAL QUEST

This program will offer your group the opportunity to showcase your survival skills. A facilitator will challenge the group with a series of activities including shelter building, catch and release of fish, fire building, and more. Groups will need to work together to accomplish the task at hand. This is an outside activity and you will get dirty. Please dress accordingly. *Registration opens the first Monday of the month, prior to each program date.*

Session II

Date: Sunday, June 21st

Session III

Date: Sunday, July 12th

Session IV

Date: Sunday, August 23rd

Time: 2:00pm - 4:30pm

Ages: ... 7 years & up - families are welcome to sign up as a group

Where: Meet at Nature's Porch

Fee: \$35.00

Member Discount Fee: \$25.00

Minimum: 8 Maximum: 30



FOLLOW US

PLAY AND STAY OVERNIGHT

Who's ready to go camping? You bring the tent, sleeping bags and toiletries and we will do the rest! This program provides you and your family with the opportunity to spend some quality time together and make memories your kids will cherish forever while enjoying many activities and camping out at Winding Trails. Activities available will include soccer, basketball, kickball, boating, archery, and a special night hike ending with a campfire and s'mores. A BBQ on Friday night (6:00pm - 7:30pm) and a continental breakfast on Saturday morning (7:30am - 8:30am) are also included.



Please note: the availability of archery and boating are based on certified staff availability and cannot be guaranteed. This is a very popular program so early registration is advised. This is a member only event. *Registration opens the first Monday of the month, prior to each program date.*

Session I

Date: Friday, July 17th - Saturday, July 18th

Session II

Date: Friday, July 31st - Saturday, August 1st

Time: 5:30pm Friday - 9:00am Saturday

Member Discount Fee: .. Adults \$18.00, Children (4 - 12) \$12.00

Minimum: 20 Families Maximum: 50 Families

FRIDAY NIGHT CLIMBING UNDER THE STARS

This program gives participants an opportunity to explore the climbing tower after dark. Excitement grows as nighttime provides a new level of excitement. Special lights will be installed around the tower. The climbing tower is 40' high consisting of 4 sides: a 15' beginner wall with incline, a 40' intermediate vertical wall, a 40' advanced wall with incline and over hangs and a 60' x 35' cargo net for the quickest way to the top. Once on top, it's time for the ride, a 300' long zip line down Main Street. *Registration opens the first Monday of the month, prior to each program date.*

Session I

Date: Friday, September 11th

Time: 7:00pm - 9:00pm

Session II

Date: Friday, September 25th

Time: 6:30pm - 8:30pm

Session III

Date: Friday, October 16th

Time: 6:30pm - 8:30pm

Session IV

Date: Friday, November 6th

Time: 6:30pm - 8:30pm

Ages: 7 to adults

Where: Meet at the Climbing Tower

Fee: \$45.00

Member Discount Fee: \$30.00

Minimum: 12 Maximum: 25

LAST BLAST

One of our most popular events of the summer is the annual Last Blast. This takes place in mid-August and is a celebration of the summer. Activities planned include live music, a magic show, inflatables, food, and more. The highlight of the day will be the fireworks show at dark, timed to music. Watching the show up close over Dunning Lake is like nothing you have ever seen. This is a very popular event, and no guests will be permitted on this day. *Registration is not required.*

Date: Saturday, August 15th

Time: 4:00pm - 10:00pm

Where: Dunning Lake Area

Ages: All ages

Fee: Free

Sorry no guests allowed on this day.





WINDING TRAILS CROSS COUNTRY INVITATIONAL MEET

Winding Trails will be hosting the 14th Annual Cross-Country Invitational for high school cross-country teams. This event will take place in the camp area and on our trails. This event traditionally attracts over 1,000 runners and hundreds of spectators. Parking will be extremely limited on this day.

- Date: Saturday, September 19th
- Time: 7:30am - 3:30pm
- Where: Sportsplex
- Ages: All Ages
- Parking Fee: \$5 for the general public
- Free for Members

WANDS AND WINGS

To prepare for our Nature's Open House program, join us in making nature-inspired fairy wands, wings, and accessories! Each participant will walk away with their own custom fairy wand, fairy wings, or other woodland critter accessories. This is the perfect program to do with the whole family to prepare for the fairy house tour in October! *Registration opens the first Monday of the month, prior to each program date.*

- Date: Sunday, September 20th
- Time: 10:30am - 12:00pm
- Where: Nature's Porch
- Ages: All ages
- Fee: \$10.00
- Member Discount Fee: \$5.00
- Minimum: 5 Maximum: 20

20TH ANNUAL NATURE'S OPEN HOUSE FAIRY HOUSE TOUR SPONSORED BY THE ALEXANDER FRANKLIN FOUNDATION

Enjoy the beauty of Winding Trails in the fall while touring over 75 custom-built fairy and gnome dwellings set along a half-mile stroll through our wooded trails. This event is fun for children, parents, grandkids, and grandparents. Food will be available for sale. *Registration opens the first Monday of the month, prior to each program date.*



Looking to showcase your own work? We are looking for new house builders in 2026. Contact Elyse@windingtrails.org for more information.

- Session I**
- Date: Saturday, October 3rd
- Session II**
- Date: Sunday, October 4th
- Time: 10:00am - 4:00pm
- Ages: All ages
- Fee: \$6.00 in advance and \$9.00 at the door

PLEASE REMEMBER - PETS ARE PROHIBITED IN THE PARK YEAR ROUND



11TH ANNUAL FARMINGTON VALLEY MUSIC FESTIVAL

Come and celebrate the 11th year of this fall festival highlighting music from local, regional, and national acts. The backdrop of fall colors along Dunning Lake make for a colorful venue. This year’s headliner will be Howley, a new project that build Irish Americana sound with even deeper emotion and artistry. This band will deliver signature harmonies, fiery playing, and joyful storytelling audiences have come to love. We will also be bringing in Pennsylvania based House of Hamill. This group is a fixture on festival stages across the US. Their original song “Banks of the Brandywine” was the Grand Prize winner in the 2024 John Lennon Songwriting Contest. Beg, Steal, or Borrow, a five-piece bluegrass band from Northern Vermont, brings their high octane to the festival. This group has played from Maine to Bermuda and is dubbed a “Triple Crown Bluegrass Band” by Bluegrass Today magazine. The Clement Brothers, identical twins from New England, will be joining the main stage. The duo is a fusion of each brother’s unique, musical journey, and the result is a music all its own, filled with vocal harmonies, instrumental virtuosity, and a genuine love of song.

This day-long event gives attendees the opportunity to hear ten different performers. There will also be a Beer Garden offering free samples from over 15 local breweries (sponsored by ClarkHirth CPAs). Food trucks and a vendor village will also be present, making it a perfect fall event for everyone!

Date: Saturday, October 17th (Rain or Shine)
 Time: 11:00am – 6:00pm
 Where: Dunning Lake
 Ages: All Ages
 Fees:

DATE	ADULTS	MEMBER -ADULTS	CHILDREN*	MEMBER -CHILDREN
Before July 1st	\$30	\$25	\$10	\$5
July 2nd to August 16th	\$35	\$30	\$10	\$5
August 16th to Oct. 16th	\$40	\$35	\$10	\$5
At the door (if available)	\$45	\$40	\$10	\$5

*Children under 10 are free

HAUNTED TRAILS

Calling all zombies, monsters, and witches! Come join Winding Trails for the 16th annual Haunted Trails! Enjoy a 15-minute haunted hay-ride through our trail system. Along the way will be various scary scenes and characters.



There will also be Halloween crafts, pumpkins to carve, a campfire, and some light refreshments.

Please make sure you sign up for one session and arrive at least 10 minutes before your start time. Sessions #1 - 5 will be in the daylight for those that would not like to ride in the dark. Sessions #6 - 9 will definitely be scarier. This program is not recommended for young children, parental discretion is advised. Space is limited! *Registration opens the first Monday of the month, prior to each program date.*

Please note: We are looking for individuals and groups who may want to be a part of our Scare Team and be in the woods as the hayride travels along the trail. Come up with your own scene, hang out with your friends, and have a blast! If you would like to volunteer to be a part of our Haunted Trails Scare Team, please call or email Bailey at 860-677-8458 ext. 11, Bailey@windingtrails.org.

Date: Saturday, October 24th
 Times:

- Session I: 4:00pm
- Session II: 4:30pm
- Session III: 5:00pm
- Session IV: 5:30pm
- Session V: 6:00pm
- Session VI: 7:00pm
- Session VII: 7:30pm
- Session VIII: 8:00pm
- Session IX: 8:30pm

Where: Walton Pond Beach
 Fee: \$20.00 per person
 Member Discount Fee: \$12.00 per person





CALENDAR OF EVENTS

MAY

Dunning Lake Opens for Swimming..... Saturday, May 30th

JUNE

Triathlon Series Demo Day..... Tuesday, June 2nd

Acoustic Night..... Friday, June 5th

Cooking Class..... Friday, June 5th

Introduction to Pickleball, Session I..... Saturdays, June 6th - 27th

Climbing Tower Day, Session I..... Sunday, June 7th

Sprint Tri-Training Series..... Tuesdays, June 9th - August 11th

Tiny Tri-Training Series..... Tuesdays, June 9th - August 11th

Little Kids Exploring Nature: Save Walton Pond - Frogs..... Saturday, June 13th

Families Exploring Nature: Save Walton Pond - Frogs..... Saturday, June 13th

Odyssey Challenge, Session I..... Sunday, June 14th

Drop-In Volleyball, Session I..... Mondays, June 15th - July 6th

American Red Cross Lifeguarding Course, Session I..... Monday - Friday, June 15th - 26th

Walk, Talk, & Gawk Adult Walk: Save Walton Pond History..... Thursday, June 18th

Poetry Walk Nature Poetry Class, Session I..... Saturday, June 20th

Firefly Night Hike..... Saturday, June 20th

Shipwreck the Ultimate Survival Quest, Session II..... Sunday, June 21st

Walk, Talk, & Gawk Adult Walk: Save Walton Pond History..... Sunday, June 21st

Youth Adventurers, Session I..... June 22nd - 26th

Tennis Camp, Session I..... June 22nd - 26th

Introduction to Boats, Session I..... June 22nd - 26th

Afternoon Explorers, Session I..... June 22nd - 26th

Summer Day Camp, Session I..... June 22nd - 3rd

Swim Lessons, Session I..... June 22nd - 3rd

Sailing Lessons, Session I..... June 22nd - 3rd

Nature Camp, Session I: Animal Signs..... June 22nd - 26th

Winding Trails Summer Kick Off..... Wednesday, June 24th

Summer Fun Drop In Events..... Fridays, June 26th - August 14th

The Score Summer Concert..... Saturday, June 27th

Family Nature Journaling..... Sunday, June 28th

Art from the Sun, Session I..... Sunday, June 28th

Nature Camp, Session II: Animal Engineers..... June 29th - July 3rd

Youth Adventurers, Session II..... June 29th - July 3rd

Afternoon Explorers, Session II..... June 29th - July 3rd

Golf Camp..... June 29th- July 3rd

JULY

Winding Trails Wacky Relays..... Wednesday, July 1st

Introduction to Pickleball, Session II..... Thursdays, July 2nd - 23rd

Odyssey Challenge, Session II..... Sunday, July 5th

Basketball Camp..... July 6th - 10th

Nature Camp, Session III: Animal Adaptations..... July 6th - 10th

Youth Adventurers, Session III..... July 6th - 10th

Afternoon Explorers, Session III..... July 6th - 10th

Introduction to Boats, Session II..... July 6th - 10th

Archery Lessons Session I..... Mondays & Wednesdays, July 6th - 15th

Archery Lessons Session II..... Mondays & Wednesdays, July 6th - 15th

Summer Day Camp, Session II..... July 6th - 17th

Swim Lessons, Session II..... July 6th - 17th

Sailing Lessons, Session II..... July 6th - 17th

Summer Day Camp, Session IV..... August 3rd - 14th

Swim Lessons, Session IV..... August 3rd - 14th

Sailing Lessons, Session IV..... August 3rd - 14th

Family Bingo and Pizza Night..... Wednesday, August 5th

Kids Triathlon, Race III..... Thursday, August 6th

Acoustic Night..... Friday, August 7th

Climbing Tower Day, Session IV..... Saturday, August 8th

Little Kids Exploring Nature: Save Walton Pond - Turtles..... Saturday, August 8th

Families Exploring Nature: Save Walton Pond - Turtles..... Saturday, August 8th

Odyssey Challenge, Session IV..... Sunday, August 9th

Nature Writing..... Sunday, August 9th

Flag Football Camp..... August 10th - 14th

Nature Camp, Session VIII: Habitat Hunters..... August 10th - 14th

Youth Adventurers, Session VIII..... August 10th - 14th

Afternoon Explorers, Session VIII..... August 10th - 14th

Introduction to Pickleball, Session V..... Tuesdays, August 11th - September 3rd

Introduction to Pickleball, Session VI..... Thursdays, August 13th - September 3rd

Walk, Talk, & Gawk Adult Walk: Summer Ecosystems..... Thursday, August 13th

Last Blast..... Saturday, August 15th

Climbing Tower Day, Session V..... Sunday, August 16th

Walk, Talk, & Gawk Adult Walk: Summer Ecosystems..... Sunday, August 16th

Leszek Wrona Soccer Academy..... August 17th - 21st

Shipwreck the Ultimate Survival Quest, Session IV..... Sunday, August 23rd

Trail Running Series..... Tuesdays, August 25th - September 22nd

Environmental Book Club..... Thursday, August 27th

SEPTEMBER

Barre at the Boathouse Pavilion..... Tuesdays, September 8th - October 20th

Climbing Under the Stars, Session I..... Friday, September 11th

Acoustic Night..... Friday, September 11th

Introduction to Pickleball, Session VII..... Saturdays, September 12th to October 3rd

Little Kids Exploring Nature: Migration to Warm Places..... Saturday, September 12th

Families Exploring Nature: Migration to Warm Places..... Saturday, September 12th

Fall Migration Bioblitz..... Saturday, September 12th - 23rd

Family Nature Art, Session II..... Sunday, September 13th

Walk, Talk, and Gawk Adult Walk: The Chemistry of Autumn..... Sunday, September 13th

Archery Lessons, Session V..... Mondays & Wednesdays, September 14th - 23rd

Archery Lessons, Session VI..... Mondays & Wednesdays, September 14th - 23rd

Adventures with Mike..... Wednesdays, September 16th - October 7th

Walk, Talk, and Gawk Adult Walk: The Chemistry of Autumn..... Thursday, September 17th

Plates at the Boathouse..... Fridays, September 18th - October 16th

Farm To Table Fundraiser..... Friday, September 18th

Winding Trails Cross Country Invitational Meet..... Saturday, September 19th

Poetry Walk Nature Poetry Class, Session II..... Sunday, September 20th

Wands and Wings..... Sunday, September 20th

Wildlife on Wheels..... Sunday, September 20th

Introduction to Pickleball, Session VIII..... Tuesdays, Sept. 22nd - October 13th

Environmental Book Club..... Thursday, September 24th

Introduction to Pickleball, Session IX..... Thursdays, Sept. 24th - October 15th

Climbing Under the Stars, Session II..... Friday, September 25th

Restorative Nature Drawing, Session II..... Sunday, September 27th

Art from the Sun, Session II..... Sunday, September 27th

..... Sunday, September 27th

Introduction to Pickleball, Session III	Tuesdays, July 7th to July 28th
Acoustic Night	Friday, July 10th
Trivia Night with WhatTrivia	Friday, July 10th
Climbing Tower Day, Session II	Saturday, July 11th
Little Kids Exploring Nature: Save Walton Pond - Fish	Saturday, July 11th
Families Exploring Nature: Save Walton Pond - Fish	Saturday, July 11th
Shipwreck the Ultimate Survival Quest, Session III	Sunday, July 12th
Nature Camp, Session IV: Nature Scouts	July 13th - 17th
Lacrosse Camp	July 13th - 17th
Youth Adventurers, Session IV	July 13th - 17th
Afternoon Explorers, Session IV	July 13th - 17th
Wet & Wild	Wednesday, July 15th
Kids Triathlon, Race I	Thursday, July 16th
Restorative Nature Drawing, Session I	Thursday, July 16th
Walk, Talk, & Gawk Adult Walk: History of Winding Trails	Thursday, July 16th
Play & Stray Overnight, Session I	Friday, July 17th - Saturday, July 18th
Introduction to Pickleball, Session IV	Saturdays, July 18th - August 8th
Walk, Talk, & Gawk Adult Walk: History of Winding Trails	Sunday, July 19th
Family Nature Art, Session I	Sunday, July 19th
Nature Camp, Session V: Nature Art	July 20th - 24th
Drop-In Volleyball, Session II	Mondays, July 20th to August 10th
Soccer Camp	July 20th - 24th
Introduction to Boats, Session III	July 20th - 24th
Youth Adventurers, Session V	July 20th - 24th
Afternoon Explorers, Session V	July 20th - 24th
Summer Day Camp, Session III	July 20th - 31st
Swim Lessons, Session III	July 20th - 31st
Sailing Lessons, Session III	July 20th - 31st
Archery Lessons Session III	Tuesdays & Thursdays, July 21st - 30th
Archery Lessons Session IV	Tuesdays & Thursdays, July 21st - 30th
Baked Potato Fest	Wednesday, July 22nd
Skyhunters in Flight	Wednesday, July 22nd
Environmental Book Club	Thursday, July 23rd
Painting with Nature Workshop for Adults	Thursday, July 23rd
Line Dancing Class with Stompin' Boots, Session I	Friday, July 24th
Climbing Tower Day, Session III	Saturday, July 25th
Odyssey Challenge, Session III	Sunday, July 26th
Nature Camp, Session VI: Wonderful World of Water	July 27th - 31st
Tennis Camp, Session II	July 27th - July 31st
Youth Adventurers, Session VI	July 27th - July 31st
American Red Cross Lifeguarding Course, Session II	Monday - Friday, July 27th - Aug. 7th
Afternoon Explorers, Session VI	July 27th - 31st
Winding Trails Olympics	Wednesday, July 29th
American Red Cross Lifeguarding Information Session	Wednesday, July 29th
Kids Triathlon, Race II	Thursday, July 30th
Play & Stray Overnight, Session II	Friday, July 31st - Saturday, August 1st

AUGUST

Comedy Night with Michael Petit & Max Dolcilli	Saturday, August 1st
Temporary Outdoor Sculpture Art, Session I	Sunday, August 2nd
Nature Camp, Session VII: It's a Bird, It's a Plane!	August 3rd - 7th
Baseball Camp	August 3rd - 7th
Youth Adventurers, Session VII	August 3rd - 7th
Afternoon Explorers, Session VII	August 3rd - 7th
Introduction to Boats Session IV	August 3rd - 7th

Kids in the Kitchen	Tuesdays, September 29th - October 27th
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OCTOBER PROGRAMS

Nature's Open House (Fairy House Tour)	Saturday, October 3rd
Nature's Open House (Fairy House Tour)	Sunday, October 4th
Family Nature Journaling	Sunday, October 4th
Fall Adult Luncheon - Revolutionary Connecticut	Wednesday, October 7th
Kid's Mountain Bike Club	Wednesdays, October 7th - 28th
ARC Adult & Pediatric First Aid/CPR/AED	Thursday, October 8th
Arts & Crafts for Preschoolers	Thursdays, October 8th - November 5th
Kid's Night Out, Session I	Friday, October 9th
Little Kids Exploring Nature: What's Everyone Eating?	Saturday, October 10th
Families Exploring Nature: What's Everyone Eating?	Saturday, October 10th
Walk, Talk, and Gawk Adult Walk: What's Everyone Eating?	Sunday, October 11th
Nature Writing	Sunday, October 11th
Environmental Education Homeschool Series - Lower Elementary	Tuesday, October 13th
Environmental Education Homeschool Series - Upper Elementary	Tuesday, October 13th
Nature Hour for Preschoolers	Wednesdays, October 14th - November 4th
Walk, Talk, and Gawk Adult Walk:	Thursday, October 15th
What's Everyone Eating?	Thursday, October 15th
Climbing Under the Stars, Session III	Friday, October 16th
Introduction to Pickleball, Session X	Saturdays, October 17th - November 7th
Music Festival	Saturday, October 17th
Temporary Outdoor Sculpture Art, Session II	Sunday, October 18th
Environmental Book Club	Thursday, October 22nd
Haunted Trails	Saturday, October 24th
Painting with Nature Workshop for Adults	Sunday, October 25th

NOVEMBER PROGRAMS

Environmental Education Homeschool Series - Lower Elementary	Tuesday, November 3rd
Environmental Education Homeschool Series - Upper Elementary	Tuesday, November 3rd
Line Dancing Class with Stompin' Boots, Session II	Friday, November 6th
Climbing Under the Stars, Session IV	Friday, November 6th
Winding Trails Fall Clean Up Day	Saturday, November 7th
Walk, Talk, and Gawk Adult Walk:	Sunday, November 8th
Last Remnants of Autumn	Sunday, November 8th
Walk, Talk, and Gawk Adult Walk:	Thursday, November 12th
Last Remnants of Autumn	Thursday, November 12th
Kid's Night Out, Session II	Friday, November 13th
Little Kids Exploring Nature: Animals Get Ready for Winter	Saturday, November 14th
Families Exploring Nature: Animals Get Ready for Winter	Saturday, November 14th
Environmental Book Club	Thursday, November 19th
Tom Turkey Hunt	Saturday, November 21st - Sunday, November 29th

DECEMBER PROGRAMS

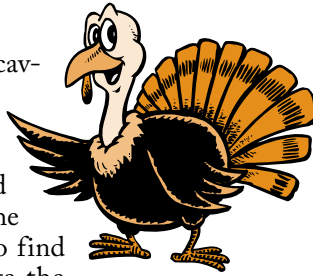
Holidays at the Trails	Sunday, December 6th
Environmental Education Homeschool Series - Lower Elementary	Tuesday, December 8th
Environmental Education Homeschool Series - Upper Elementary	Tuesday, December 8th
Wood Floral Craft Workshop - Winter Wreath	Friday, December 11th
Christmas Bird Count	Sunday, December 13th
Santa's Calling	December 14th - 18th

For program information and registration, please visit www.windingtrails.org



TOM TURKEY HUNT

Tom Turkey Hunt is a family scavenger hunt through our trail system. You and your family will register online and have your first clue and directions emailed to you. From there you follow the clues around our trails system to find other clues. Once you complete the hunt you will email us your answers to all the clues and be registered to win a gift certificate from a local supermarket! You have 9 days to complete the hunt. Come out with your family and enjoy the park in the fall and visit some places you may never have been before. The deadline for submitting your clues is 10am on Monday, November 30th. *Registration opens the first Monday of the month, prior to each program date.*



Date: Saturday, November 21st – Sunday, November 29th
 Time: Dawn to Dusk
 Ages: All Ages
 Where: Nature's Porch
 Fee: \$10.00 per family
 Member Discount Fee: \$5.00 per family

HOLIDAYS AT THE TRAILS

Winding Trails once again brings you this popular holiday event. For the last forty years, Santa and Mrs. Claus visit their winter cottage at Winding Trails and give all the children a chance to put in their holiday requests. Bring the entire family out to visit and enjoy the holiday season. While waiting to see Santa, visit with some of Santa's animals, decorate holiday cookies, and make crafts. There will also be a special holiday magic show every hour. This is a members only program. *Registration opens the first Monday of the month, prior to each program date.*

Date: Sunday, December 6th
 Times:
 Session I: 11:00am – 12:00pm
 Session II: 12:00pm – 1:00pm
 Session III: 1:30pm – 2:30pm
 Session IV: 2:30pm – 3:30pm
 Session V: 3:30pm – 4:30pm
 Fee: One non-perishable food item (per person) to be donated to the local food bank -after all, 'tis the Holiday season!
 Minimum: 50 Maximum: 180

SANTA'S CALLING!

Santa Claus has a special place in his heart for all the children of Winding Trails. In fact, Santa will make a personal phone call to your child and make the holiday season even more exciting. Imagine your child's delight as Santa talks about what your child wants for Christmas, his/her best friends, or even his/her schoolteacher. Forms may be downloaded off our website or picked up in our Main Office. Information forms will be available starting Monday, November 16th. The deadline for all information sheets to be turned in is Friday, December 11th. Santa himself will make all calls between Dec. 14th and Dec. 18th between the hours of 3:00pm and 7:00pm. Ho! Ho! Ho! *This is a free, members only program.*

ARCHERY LESSONS

Bull's-eye! But can you do that twice? You can after learning the techniques and skills of a great marksman. Come try this challenging and exciting sport. Participants must be at least seven years of age. All classes will meet at the Archery Range near Walton Pond. This is a members only program. *Registration opens the first Monday of the month, prior to each program date.*



Session I

Dates: Mondays and Wednesdays, July 6th – 15th
 Time: 4:00pm – 4:45pm
 Ages: 7 to 9 years old

Session II

Dates: Mondays and Wednesdays, July 6th – 15th
 Time: 5:00pm – 5:45pm
 Ages: 10 and older

Session III

Dates: Tuesdays and Thursdays, July 21st – 30th
 Time: 4:00pm – 4:45pm
 Ages: 7 to 9 years old

Session IV

Dates: Tuesdays and Thursdays, July 21st – 30th
 Time: 5:00pm – 5:45pm
 Ages: 10 and older

Session V

Dates: Monday and Wednesday, September 14th – 23rd
 Time: 4:00pm – 4:45pm
 Ages: 7 to 9 years old

Session VI

Dates: Monday and Wednesday, September 14th – 23rd
 Time: 5:00pm – 5:45pm
 Ages: 10 and older

Where: Archery Range
 Member Discount Fee: \$40.00
 Minimum: 6 Maximum: 16

ADVENTURES WITH MIKE

Come explore the trails with our Outdoor Adventure coordinator, Mike! We will explore the waters and lands combined. This course will teach kayaking, climbing, hiking, and survival skills. Let's explore! Please note that course activities can change without notice.

Dates: Wednesdays, September 16th – October 7th
 Time: 4:30pm – 6:00pm
 Ages: 10 to 14 years old
 Where: Meet at Garmany Hall
 Fee: \$95.00
 Member Discount Fee: \$80.00
 Minimum: 6 Maximum: 12

KIDS IN THE KITCHEN

This program is for kids who love to help out in the kitchen and are curious about taking their own culinary adventure! Our hands on program will have kids measuring, mixing, chopping, cooking and baking. Each week will feature a different seasonal recipe that the kids will help prep and cook. They will also go home each week with a copy of the recipe and a sample of the finished product! All the supplies, ingredients, aprons and tools will be provided. *Registration opens the first Monday of the month, prior to each program date.*

Dates: Tuesdays, September 29th – October 27th
 Time: 4:30pm – 5:30pm
 Ages: 9 to 14 years old
 Where: Garmany Hall
 Fee: \$100.00
 Member Discount Fee: \$80.00
 Minimum: 5 Maximum 10



KIDS MOUNTAIN BIKING CLUB

Calling all kids ready to have some bicycling fun on the trails! This club is intended to have fun, sharpen our mountain biking skills and most importantly make some new friends! Mountain bikes only, helmet is mandatory. This club is not intended for beginner riders. Participants must bring a helmet and bike. *Registration opens the first Monday of the month, prior to each program date.*

Session I
 Ages: 9 to 11 years old
Session II
 Ages: 12 to 16 years old
 Date: Wednesdays, October 7th – October 28th
 Time: 4:15pm – 5:15pm
 Where: Garmany Hall
 Fee: \$35.00
 Member Discount Fee: \$25.00
 Minimum: 6 Maximum: 12

ARTS & CRAFTS FOR PRESCHOOLERS

Come join us for a fun filled creative class that will stir your preschooler's imagination. Every week your child will enjoy 45 minutes of creative arts and crafts projects that they will be able to take home and show off to the entire family. *Registration opens the first Monday of the month, prior to each program date.*

Dates: Thursdays, October 8th – November 5th
 Time: 11:00am – 11:45am
 Ages: 3 to 5 years old
 Where: The Lodge Activity Room
 Fee: \$40.00
 Member Discount Fee: \$30.00
 Minimum: 5 Maximum 20

KID'S NIGHT OUT!

Or should we say Parent's Night out? Drop your child at Winding Trails and enjoy a night out on your own. Your child will be well supervised and enjoy fun games & crafts, a pizza party, an ice cream sundae bar, and a big screen movie. This program has evolved into a very popular kid's event and space fills up quickly. Please bring clothing that is appropriate for outdoor and indoor play as well as provide a sleeping bag/blanket and pillow for the movie. *Registration opens the first Monday of the month, prior to each program date.*

Session I
 Date: Friday, October 9th
Session II
 Date: Friday, November 13th
 Time: 6:00pm – 10:00pm
 Age: 6 to 11 years old
 Where: Garmany Hall
 Fee: \$35.00
 Members Discount Fee: \$25.00
 Minimum: 15 Maximum: 30

NATURE HOUR FOR PRESCHOOLERS

Come join us for a fun filled nature class that will inspire your preschooler to explore the world around them. Every week your child will enjoy an hour of spending time in nature doing different exploration activities. They will learn how to move safely in nature and how to use their senses to safely and responsibly explore the world around them. *Registration opens the first Monday of the month, prior to each program date.*

Dates: Wednesdays, October 14th – November 4th
 Time: 10:00am – 11:00am
 Ages: 3 to 5 years old
 Where: Nature's Porch
 Fee: \$35.00
 Member Discount Fee: \$25.00
 Minimum: 5 Maximum 15



DUNNING LAKE FREE SPECIAL EVENTS FOR CHILDREN

These programs are offered at Dunning Lake Beach and run about one hour depending on the number of participants. Please check age requirements as not all programs are appropriate for all ages. *Registration is not required.*

WINDING TRAILS WACKY RELAYS

Let's get wacky! At this program we will be getting wacky with relays like the dizzy bat relay, egg toss, an obstacle course relay and more! You do not want to miss out on the fun!

Date: Wednesday, July 1st
Rain Date: Thursday, July 2nd
Time: 2:00pm
Ages: 5 to 12 years old
Where: Lakeside Pavilion
Member Discount Fee: Free
Minimum: 20 Maximum: 200

WET & WILD

When it comes to celebrating summer, nothing is better than getting wet & wild in the sun. Enjoy all your favorite water games as we splash our way into fun!

Date: Wednesday, July 15th
Rain Date: Thursday, July 16th
Time: 2:00pm
Ages: 5 to 12 years old
Where: Lakeside Pavilion
Member Discount Fee: Free
Minimum: 20 Maximum: 200

WINDING TRAILS OLYMPICS

Enjoy the skills and spills as our own member's children compete in Olympic events. Winding Trails lifeguards will coach the teams in tug of war, swimming, and more! So, come join the fun and help carry the torch down the beach.

Date: Wednesday, July 29th
Rain Date: Thursday, July 30th
Time: 2:00pm - 4:00pm
Ages: 5 to 12 years old
Where: Lakeside Pavilion
Member Discount Fee: Free
Minimum: 20 Maximum: 200

SUMMER FUN DROP-IN EVENTS

Come enjoy fun summer activities every week at the beach! We will have activities including an ice cream social, arts and crafts, sandcastle building contests, and many more. Each activity should last around 30 minutes. There will be activities all summer long. No need to sign up, just stop by when you are at the beach! Craft activities have limited supply.

Dates: Fridays, June 26th to August 14th
No drop in on Friday, July 3rd
Time: 1:30pm
Ages: 12 and Under
Where: Lakeside Pavilion
Member Discount Fee: Free

ENVIRONMENTAL EDUCATION HOMESCHOOL SERIES – LOWER ELEMENTARY

Join us for our nature-based homeschool education series! Each month join our environmental educators to learn about the wonders of nature. These programs are perfect for ages 5 to 8. Programs are offered once a month from October through May and run from 9:30am - 12:30pm with a snack time built in. The themes for each month are as follows: October – Life Cycle of Trees, November – Food Webs and Energy Transfer, December – Winter Wonders. We ask that guardians stay for the duration of the program and take an active role in the learning. *Registration opens the first Monday of the month, prior to each program date.*

Session I: Life Cycle of Trees

Date: Tuesday, October 13th

Session II: Food Webs and Energy Transfer

Date: Tuesday, November 3rd

Session III: Winter Wonders

Date: Tuesday, December 8th

Time: 9:30am - 12:30pm

Ages: 5 to 8

Where: Nature's Porch

Fee: \$12.00 per child

Minimum: 5 Maximum: 15

ENVIRONMENTAL EDUCATION HOMESCHOOL SERIES – UPPER ELEMENTARY

Join us for our nature-based homeschool education series! Each month join our environmental educators to learn about the wonders of nature. These programs are perfect for ages 9 to 12. Programs are offered once a month from October through May and run from 1:00pm - 4:00pm with a snack time built in. The themes for each month are as follows: October – Life Cycle of Trees, November – Food Webs and Energy Transfer, December – Winter Wonders. We ask that guardians stay for the duration of the program and take an active role in the learning. *Registration opens the first Monday of the month, prior to each program date.*

Session I: Life Cycle of Trees

Date: Tuesday, October 13th

Session II: Food Webs and Energy Transfer

Date: Tuesday, November 3rd

Session III: Winter Wonders

Date: Tuesday, December 8th

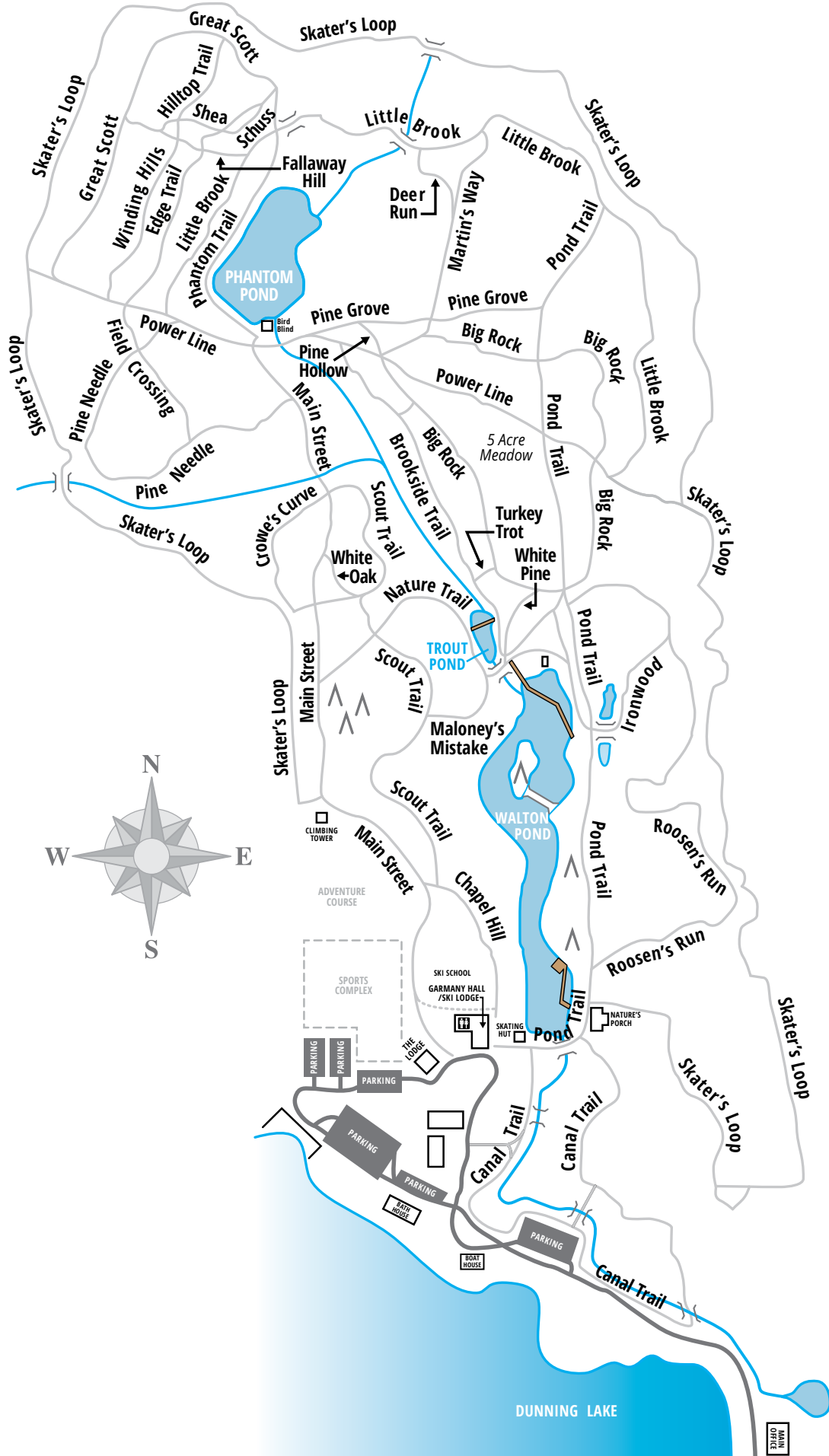
Time: 1:00pm - 4:00pm

Ages: 9 to 12

Where: Nature's Porch

Fee: \$12.00 per child

Minimum: 5 Maximum: 15





ADULT NATURE WALKS - WALK, TALK AND GAWK

Come join us for a casual exploration as we walk along some of our many trails to observe monthly seasonal changes. We'll talk about what we see or some of the current nature topics in the news. Sometimes we'll stop to gawk at an interesting find alongside the trail. A different route and seasonal topic are planned for each date. Always dress for the weather, wear a good pair of walking shoes, and bring your curiosity. *Registration opens the first Monday of the month, prior to each program date.*

- Session I: Save Walton Pond History**
Date: Thursday, June 18th
- Session II: Save Walton Pond History**
Date: Sunday, June 21st
- Session III: History of Winding Trails**
Date: Thursday, July 16th
- Session IV: History of Winding Trails**
Date: Sunday, July 19th
- Session V: Summer Ecosystems**
Date: Thursday, August 13th
- Session VI: Summer Ecosystems**
Date: Sunday, August 16th
- Session VII: Chemistry of Autumn Changes**
Date: Sunday, September 13th
- Session VIII: Chemistry of Autumn Changes**
Date: Thursday, September 17th
- Session IX: What's Everyone Eating**
Date: Sunday, October 11th
- Session X: What's Everyone Eating**
Date: Thursday, October 15th
- Session XI: Last Remnants of Autumn**
Date: Sunday, November 8th
- Session XII: Last Remnants of Autumn**
Date: Thursday, November 12th
Time: 9:00am - 11:00am
Where: Lakeside Pavilion at Dunning Lake
Ages: Adults
Fee: \$10.00
Member Discount Fee: Free
Minimum: 6 Maximum: 16

“We are so thrilled and so grateful to have the opportunity to be a part of Winding Trails for another year! Thank you for all the work you do!”

- Kinds words from a returning member



ENVIRONMENTAL BOOK CLUB

Join reading and environmental enthusiasts in discussing readings that deal with environmental and nature issues, topics, or themes. It is our goal to have the opportunity to address topics that affect our community, particularly the environmental and natural history of our region and current trends in the environment. The group will decide on future titles. We welcome all those who are interested in sharing and learning more about the environment to join us for a friendly and educational discussion on a monthly basis. The book for the first month (July) will be *Of Time and Turtles: Mending the World, Shell by Shattered Shell* by Sy Montgomery. *Registration opens the first Monday of the month, prior to each program date.*

- Session I**
Date: Thursday, July 23rd
- Session II**
Date: Thursday, August 27th
- Session III**
Date: Thursday, September 24th
- Session IV**
Date: Thursday, October 22nd
- Session V**
Date: Thursday, November 19th
- Session VI**
Date: Thursday, December 17th
Time: 6:30pm - 7:30pm
Where: Nature's Porch
Fee: Free, but we will collect donations for local food kitchens *registration is required*
Ages: Adults
Minimum: 4 Maximum: 12

RESTORATIVE NATURE DRAWING

In this peaceful outdoor class, we will let the lines, shapes, and forms of nature help us get into our bodies and out of our heads as we make expressive marks inspired by the natural world. We will slow down, tune into the breath, tap into calm, focusing on the organic movement and flow of the world all around us. Let go and settle into the present moment in this unique class that is like a guided drawing meditation. A great way to have fun and relax, no drawing experience required. *Registration opens the first Monday of the month, prior to each program date.*

Session I

Date: Thursday, July 16th
 Time: 5:30pm – 7:30pm

Session II

Date: Sunday, September 27th
 Time: 10am – 12pm

Where: Nature's Porch
 Fee: \$30.00
 Ages: Adults
 Member Discount Fee: \$20.00
 Minimum: 4 Maximum: 12

PAINTING WITH NATURE WORKSHOP FOR ADULTS

Create brushes from natural objects to explore wild and wonderful mark making possibilities using acrylic and water-color paints. Your own handmade brushes will be unique to you and will help you create signature pieces of abstract art. No experience necessary. *Registration opens the first Monday of the month, prior to each program date.*

Session I

Date: Thursday, July 23rd
 Time: 5:30pm – 7:30pm

Session II

Date: Sunday, October 25th
 Time: 1pm – 3pm

Where: Nature's Porch
 Fee: \$30.00
 Ages: Adults
 Member Discount Fee: \$20.00
 Minimum: 4 Maximum: 12



NATURE WRITING

Learn to create vivid scenes by letting your senses guide you. When we tap into the physical sensations of our experiences, the writing flows naturally! Come share your love of nature with others and write in a relaxed, nonjudgmental environment. With guided prompts by nature poet, artist, and outdoor educator Leslie Mathews. *Registration opens the first Monday of the month, prior to each program date.*

Session I

Date: Sunday, August 9th
 Time: 1pm – 3pm

Session II

Date: Sunday, October 11th
 Time: 1pm – 3pm

Where: Nature's Porch
 Fee: \$30.00
 Ages: Adults
 Member Discount Fee: \$20.00
 Minimum: 4 Maximum: 12



COMEDY NIGHT WITH MICHAEL PETIT & MAX DOLCELLI

Get ready for a night of non-stop laughs with Michael Petit and Max Dolcelli. Michael has been doing standup for over 35 years and is a Las Vegas style entertainer and talented impressionist known for his high energy performances. Michael is a regular in Las Vegas and has appeared on ESPN, Comedy Central, and E. Entertainment. Max has appeared just about everywhere and done everything a comedian can do, performing in comedy clubs and comedy festivals in the U.S. and Canada at casinos and clubs. He has performed on cruise ships, television, and radio. Don't forget to reserve your spot. *Registration opens the first Monday of the month, prior to each program date.*

Date: Saturday, August 1st
 Time: 8:00pm – 9:30pm
 Where: Lakeside Pavilion
 Ages: Adults Only
 Fee: \$15.00
 Member Discount Fee: \$10.00
 Minimum: 25 Maximum: 150



INTRODUCTION TO PICKLEBALL

Interest in Pickleball is surging across the country. If you are new to Pickleball and looking to learn more about the sport, then this program is for you! We will be offering a four-week program to help beginners learn all about pickleball. Equipment will be provided. *Registration opens the first Monday of the month, prior to each program date.*

Session I

Dates: Saturdays, June 6th – 27th
Time: 10:00am – 11:00am
Instructor:.....Bonny

Session II

Dates: Thursdays, July 2nd – 23rd
Time: 9:00am – 10:00am
Instructor:.....Gideon

Session III

Dates: Tuesdays, July 7th – 28th
Time: 5:00pm – 6:00pm
Instructor:.....Gideon

Session IV

Dates: Saturdays, July 18th – August 8th
Time: 10:00am – 11:00am
Instructor:.....Bonny

Session V

Dates: Tuesdays, August 11th – September 1st
Times:..... 5:00pm – 6:00pm
Instructor:.....Gideon

Session VI

Dates: Thursdays, August 13th – September 3rd
Times:..... 9:00am – 10:00am
Instructor:.....Gideon

Session VII

Dates: Saturdays, September 12th – October 3rd
Times:..... 10:00am – 11:00am
Instructor:.....Bonny

Session VIII

Dates: Tuesdays, September 22nd – October 13th
Times:..... 5:00pm – 6:00pm
Instructor:.....Gideon

Session IX:

Dates: Thursdays, September 24th – October 15th
Times:..... 9:00am – 10:00am
Instructor:.....Gideon

Session X:

Dates: Saturdays, October 17th – November 7th
Times:..... 10:00am – 11:00am
Instructor:.....Bonny

Where:.....Pickleball Courts
Fee: \$60.00
Ages:Adults
Member Discount Fee:..... \$40.00
Minimum: 4 Maximum: 12



TRIVIA NIGHT WITH WHATTRIVIA

Come on out and enjoy a nice July evening at beautiful Dunning Lake while competing in some trivia. Gather your friends for a fun night away from the kids! You provide your own food and drinks while we will provide the atmosphere and a little background music while WhatTrivia will be coming in to provide a great night of trivia. Prize(s) will be given out to the winners! Don't forget to reserve your spot. *Registration opens the first Monday of the month, prior to each program date.*

Date: Friday, July 10th
Time: 7:00pm – 10:00pm
Where:..... Boathouse Pavilion
Ages: Adults Only
Fee: \$10.00
Member Discount Fee:..... \$5.00
Minimum: 25 Maximum: 100

ADULT COOKING CLASS

Join Matt from MY Productions CT for a fun, hands-on cooking experience! During this two-hour class, Matt will guide you through creating delicious dishes from fresh, raw ingredients to your finished masterpiece. All ready to enjoy at the end of the session. Don't forget to bring your apron and your favorite beverages to sip while you cook, learn, and have a great time with fellow food lovers. *Registration opens the first Monday of the month, prior to each program date.*

Session III: Tiramisu

Date: Friday, June 5th
Time: 6:00pm – 8:00pm
Where:..... Garmany Hall
Ages: Adults Only
Fee: \$40.00
Member Discount Fee:..... \$30.00
Minimum: 12 Maximum: 20

LINE DANCING CLASS WITH STOMPIN' BOOTS

Come on out and join Stompin' Boots at Winding Trails for an evening of line dancing. With fun, easy lessons and open dancing with a mix of easy and popular line dances we have something for dancers of all experience levels. Whether you're an absolute beginner or a seasoned line dancer come on out and join us for a stompin' good time! Participants are welcome to arrive early and stay after class to enjoy additional social time. Please feel free to bring your own appetizers and beverages — glass containers are not permitted. *Registration opens the first Monday of the month, prior to each program date.*

Session I

Date: Friday, July 24th

Session II

Date: Friday, November 6th

Time: 6:00pm – 9:00pm

Social Time: 6:00pm – 6:30pm and 8:30pm – 9:00pm

Line Dancing Lesson: 6:30pm – 8:30pm

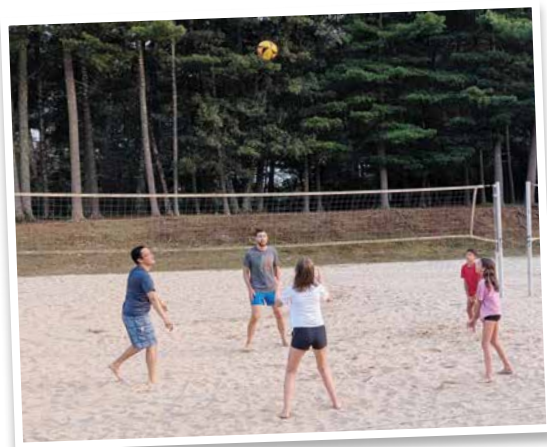
Where: Boathouse Pavilion

Ages: Adults

Fee: \$30.00

Member Discount Fee: \$20.00

Minimum: 15 Maximum: 50



DROP-IN VOLLEYBALL

Calling all sand volleyball fans of all ages! Join us Monday evenings for some drop-in play. Registering will help us keep track of how many people to expect, but there is no fee for members to come and play! Nonmembers are welcome to come and play for a small fee. *Registration opens the first Monday of the month, prior to each program date.*

Session I

Dates: Mondays, June 15th to July 6th

Session II

Dates: Mondays, July 20th to August 10th

Time: 6:00pm – 7:00pm

Where: Volleyball Courts at the Sportsplex

Fee: \$7.00

Member Discount Fee: Free

Minimum: 8 Maximum: 30

BARRE AT THE BOATHOUSE PAVILION

Barre is a fun, high energy, fusion workout to strengthen and tone your muscles. Class includes cardio, barre work, and mat exercises. This class is for ALL levels, no prior dance or exercise experience is necessary. Bring your yoga mat, wear sneakers, and be ready to make new friends! *Registration opens the first Monday of the month, prior to each program date.*

Instructor: Bridget Bussiere

Dates: Tuesdays, September 8th to October 20th
(No class on October 13th)

Time: 9:30am – 10:30am

Where: Boathouse Pavilion

Fee: \$90.00 per session

Member Discount Fee: \$75.00 per session

Minimum: 6 Maximum: 20

PILATES AT THE BOATHOUSE PAVILION

Get a great workout and view at our Pilates class under the Boathouse Pavilion. Instructor Lisa McMahon has over 15 years of experience teaching Pilates and group exercise. You will need to bring your own mat and water bottle. *Registration opens the first Monday of the month, prior to each program date.*

Instructor: Lisa McMahon

Dates: Fridays September 18th to October 16th

Time: 9:00am – 10:00am

Where: Boathouse Pavilion

Fee: \$75.00

Member Discount Fee: \$60.00

Minimum: 6 Maximum: 20

3RD ANNUAL FARM TO TABLE FUNDRAISER

Join us for a very special evening in our new Lakeside Pavilion with a delicious meal served by Chef, Jason Welch. Jason is known throughout the region for cooking satisfying foods from local farms and markets. This four-course dinner promises to delight. This event will also include wine pairings and live music. All proceeds support the Trails Fund of Winding Trails. *Space is limited and will fill up quickly.*

Chef: Jason Welch

Dates: Friday, September 18th

Time: 6:00pm – 9:00pm

Where: Lakeside Pavilion

Fee: \$200.00 per person

Member Discount Fee: \$150.00 per person

Minimum: 50 Maximum: 80





TENNIS LESSONS

Hey WT Family! There's so much excitement happening at the racquet courts! Pickleball may be growing, but tennis is truly shining at Winding Trails. Once again, we're offering fun, engaging lessons for players of *all* ages—whether you're 4 or 84, we'd love to have you on the courts with us! Visit us online or reach out directly to our friendly Tennis Instructor, Paul Berstein, at (959) 275-5090. Paul offers private, semi-private, and even video lessons to fit your comfort and schedule. Private instruction starts at just \$25 for 30 minutes or \$50 for an hour.

And don't forget to check out our kids' tennis camps and energizing cardio tennis sessions online ... Come join the fun and discover (or rediscover!) your love for the game!

WINDING TRAILS FALL CLEAN UP DAY

Join us as we come together to care for the beautiful spaces that make Winding Trails such a special place for our community. Our Fall Clean-Up Day is a great opportunity to give back, meet fellow members, and help prepare the park for the colder months ahead.



Tasks may include trail trimming, leaf and debris removal, organizing program areas, special projects, and other maintenance needs that arise throughout the early fall. Projects will be assigned based on group size, weather conditions, and current priorities from our maintenance team. *Registration is required so we can plan projects accordingly.*

Date: Saturday, November 7th
Time: 9:00am - 11:30am
Ages: 14 years old to adult
Where: Garmany Hall
Fee: Free
Minimum: 6 Maximum: 30

WOOD FLORAL CRAFT WORKSHOP - WINTER WREATH

Come enjoy a night of crafting with Wood Florals. Make a winter or holiday themed wreath for your home! We will supply all the materials for these projects. *Registration opens the first Monday of the month, prior to each program date.*

Date: Friday, December 11th
Time: 6:30pm - 8:30pm
Where: Lodge Activity Room
Ages: Adults
Fee: \$60.00
Member Discount Fee: \$40.00
Minimum: 6 Maximum: 20

FALL ADULT LUNCHEON – “REVOLUTIONARY CONNECTICUT”

What did the American Revolution mean to the people of Connecticut? This new presentation will draw from the Museum's rich collection of artifacts and documents to tell the revolutionary story through the eyes of ordinary people. It explores the roots of revolutionary sentiment in Connecticut, and how people, both Patriot and Loyalist, experienced the traumatic circumstances of war while trying to meet the needs of everyday life. *Registration opens the first Monday of the month, prior to each program date.*

Speaker: .. Rachel Beauchemin, CT Museum of Culture & History
Date: Wednesday, October 7th
Time: 11:00am - 1:00pm
Location: Garmany Hall
Ages: Adults
Fee: \$25.00
Member Discount Fee: \$15.00
Minimum: 20 Maximum: 60

AMERICAN RED CROSS ADULT AND PEDIATRIC FIRST AID/CPR/AED TRAINING



American Red Cross

The Adult and Pediatric First Aid/CPR/AED course incorporates the latest science and teaches students to recognize and care for a variety of first aid emergencies such as burns, cuts, scrapes, sudden illnesses, head, neck, back injuries, heat and cold emergencies and how to respond to breathing and cardiac emergencies to help victims of any age - adults (12 years and older) and pediatric (infants and children up to 12 years of age). Students who successfully complete this course will receive a certificate for Adult and Pediatric First Aid/CPR/AED valid for two years This is a blended learning class, with an online requirement before the class starts. A processing fee to the Red Cross is required when registering for the online portion. *Registration opens the first Monday of the month, prior to each program date.*

Date: Thursday, October 8th
Time: 5:00pm - 8:30pm
Ages: 13 and up
Where: Lodge Conference Room
Fee: \$100.00
Member Discount Fee: \$80.00
Minimum: 4 Maximum: 10

YOUTH ADVENTURERS

Your camper will spend three hours a day participating in a variety of outdoor adventure activities from developing team building skills on our low elements, to learning the basics of rock climbing on our 40' climbing tower (consists of a 15' beginner wall, a 35' intermediate wall, a 35' advanced wall, a 60' x 35' cargo net and a zipline). Your camper is sure to leave with lasting memories as well as the opportunity to overcome personal fears and develop new self-confidence and trust. *Registration is now open.*

Session I

Dates Monday - Friday, June 22nd - 26th

Session II

Dates Monday - Friday, June 29th - July 3rd

Session III

Dates Monday - Friday, July 6th - 10th

Session IV

Dates Monday - Friday, July 13th - 17th

Session V

Dates Monday - Friday, July 20th - 24th

Session VI

Dates Monday - Friday, July 27th - 31st

Session VII

Dates Monday - Friday, August 3rd - 7th

Session VIII

Dates Monday - Friday, August 10th - 14th

Time: 9:00am - 12:00pm

Ages: 6 - 11 years old

Where: Tennis Courts

Fee: \$200.00

Member Discount Fee: \$180.00

Minimum: 6 Maximum: 16

AFTERNOON EXPLORERS

Campers may sign up for this afternoon program if they are signed up for any Winding Trails Half Day Camp that ends at noon (Wrona Soccer Camp not included). This program will include all the best of our half-day camps in the morning, combined with an afternoon filled with fun and adventure with archery, boating, swimming, and more. Transportation can be provided from our camp buses (\$15 per week for am or pm) and campers can attend early or late programs (\$30 per week for either). This program will run as part of our ACA accredited day camp and CT licensed Day Camp. Swimming lessons are not part of this program.

Session I

Dates June 22nd - June 26th

Session II

Dates June 29th - July 3rd

Session III

Dates July 6th - July 10th

Session IV

Dates July 13th - July 17th

Session V

Dates July 20th - July 24th

Session VI

Dates July 27th - July 31st

Session VII

Dates August 3rd - August 7th

Session VIII

Dates August 10th - August 14th

Time: Noon - 3:30pm

Ages: 6 - 10 years old

Fee: \$190.00

Member Discount Fee: \$170.00

Stuff to bring: Appropriate clothing, lunch, water bottle, sneakers, bathing suit and sunscreen.

NATURE CAMP

Your camper will spend three hours a day learning about all things nature. Campers can come out and enjoy a nature-focused camp, with a different theme each week! Each week will feature a variety of activities that focus on the theme of the session, as well as group games, and some time for free play. Nature camps can be paired with Afternoon Explorers for a full day of fun. *Registration is now open.*

Session I: Animal Signs

Dates: Monday - Friday, June 22nd - 26th

Session II: Animal Engineers

Dates: Monday - Friday, June 29th - July 3rd

Session III: Animal Adaptations

Dates: Monday - Friday, July 6th - 10th

Session IV: Nature Scouts

Dates: Monday - Friday, July 13th - 17th

Session V: Nature Art

Dates: Monday - Friday, July 20th - 24th

Session VI: Wonderful World of Water

Dates: Monday - Friday, July 27th - 31st

Session VII: It's a Bird, It's a Plane!

Dates: Monday - Friday, August 3rd - 7th

Session VIII: Habitat Hunters

Dates: Monday - Friday, August 10th - 14th

Time: 9:00am - 12:00pm

Ages: 6 - 11 years old

Where: Walton Pond

Fee: \$200.00

Member Discount Fee: \$180.00

Minimum: 6. Maximum: 16



WINDING TRAILS SPECIALTY SPORTS PROGRAMS

Your child will love our special editions of our widely popular Little Sports series programs. The focus is on FUN! So what are you waiting for? *Get out and Play!*

TENNIS

Our tennis program focuses on the fundamental skills needed to participate in this lifelong sport. Participants learn the proper techniques of grip, footwork, ground strokes, volleys, overheads, and serves. Players will also learn the basic rules and etiquette of the game. *Registration is now open.*

Session I

Dates: Monday - Friday, June 22nd - June 26th

Session II

Dates: Monday - Friday, July 27th - July 31st

Time: 9:00am - Noon

Ages: 6 - 10 years old

Where: Tennis Courts

Fee: \$190.00

Member Discount Fee: \$170.00

Minimum: 10 Maximum: 14

Participants should bring appropriate clothing, water bottle, a snack, sneakers, sunscreen and tennis racquet (WT will provide racquets for those who need one).

GOLF

Our Golf program focuses on the fundamental skills needed to participate in this lifelong sport. Participants learn the proper techniques in holding the clubs as well as footwork and swing mechanics. Players will also learn the basic rules and etiquette of the game. *Registration is now open.*

Dates: Monday - Friday, June 29th - July 3rd

Time: 9:00am - Noon

Ages: 6 - 10 years old

Where: Sportsplex

Fee: \$190.00

Member Discount Fee: \$170.00

Minimum: 10 Maximum: 20

Participants should bring appropriate clothing, a snack, water bottle, sneakers, and sunscreen. We will provide clubs if needed.

BASKETBALL

Participants will have a great time as they work on their passing, ball handling, shooting, and dribbling skills. Newly acquired basketball skills will be put to the test at the end of the week tournament! *Registration is now open.*

Dates: Monday - Friday, July 6th - July 10th

Time: 9:00am - Noon

Ages: 6 - 10 years old

Where: Sportsplex

Fee: \$190.00

Member Discount Fee: \$170.00

Minimum: 10 Maximum: 20

Participants should bring appropriate clothing, a snack and water bottle, sneakers, and sunscreen.

LACROSSE

Suit up and find out why lacrosse is one of the fastest-growing sports in the country. Lacrosse combines the basic skills used in soccer, basketball, and hockey into one fast-paced, high-scoring game. Athletes will learn all the fundamentals of stick handling, cradling, passing, and shooting in a fun, non-checking environment. *Registration is now open.*

Dates: Monday - Friday, July 13th - July 17th

Time: 9:00am - Noon

Ages: 6 - 10 years old

Where: Sportsplex

Fee: \$190.00

Member Discount Fee: \$170.00

Minimum: 10 Maximum: 20

Participants should bring appropriate clothing, a snack and water bottle, sneakers, mouthpiece, protective gloves, helmet with full mask (or goggles for girls lacrosse), lacrosse stick, and sunscreen. Winding Trails will provide equipment for those who need it, we do not have goggles, only helmets please make note on form if you need equipment.

SOCCER

Shoot and score with our soccer camp. Participants will learn the fundamentals of soccer including game rules, dribbling and shooting techniques, as well as the proper positions on the field. The program will be a mix of drills and fun games with the intent of getting ready for a full field game on the last day of camp. The main emphasis will be on having fun while playing the world's game! *Registration is now open.*

Dates: Monday - Friday, July 20th - July 24th

Time: 9:00am - Noon

Ages: 6 - 10 years old

Where: Sportsplex

Fee: \$190.00

Member Discount Fee: \$170.00

Minimum: 10 Maximum: 20

Participants should bring appropriate clothing, a snack and a water bottle, sneakers, shin guards, and sunscreen. You may bring your own soccer ball if you like but they will be provided each day.

BASEBALL

Strike-in with this great program. Participants will learn the fundamentals of baseball including game rules, proper batting technique, pitching, and the various field positions. *Registration is now open.*

Dates: Monday - Friday, August 3rd - August 7th

Time: 9:00am - Noon

Ages: 6 - 10 years old

Where: Baseball Field

Fee: \$190.00

Member Discount Fee: \$170.00

Minimum: 10 Maximum: 20

Participants should bring appropriate clothing, a water bottle, sneakers, baseball glove, and sunscreen, we will provide gloves for those who need one.



FLAG FOOTBALL

Participants will learn skills on both sides of the ball including the components of passing, catching, and de-flagging or defensive positioning, all presented in a fun and positive environment. The week will end with a fun skills showcase to show their newly acquired talents. *Registration is now open.*

Dates: Monday - Friday, August 10th - August 14th
 Time: 9:00am - Noon
 Ages: 6 - 10 years old
 Where: Sportsplex
 Fee: \$190.00
 Member Discount Fee: \$170.00
 Minimum: 10 Maximum: 20

Participants should bring appropriate clothing, a snack, water bottle, sneakers, and sunscreen.

LESZEK WRONA SOCCER ACADEMY

Wrona Soccer is proud to be working with Winding Trails to offer opportunities for players of all ages with our camp this summer. Our experienced staff excels at knowing how to get the best out of players through demonstrating techniques and inspiring players to reach higher. Our players learn the fundamentals of the game, ball control, passing, defending, and scoring. We will teach every child at their own pace. *Registration is now open.*



Dates: Monday - Friday, August 17th - August 21st
 Ages: 6 - 14 years old
 Times: 9:00am - Noon
 Where: Sportsplex
 Fee: \$250.00
 Member Discount Fee: \$230.00
 Minimum: 12 Maximum: 75

Participants should bring appropriate attire, a snack and a water bottle, sneakers, shin guards, and sunscreen. You may bring your own soccer ball if you like but they will be provided one each day. Each child will also receive a camp t-shirt.



WINDING TRAILS SWIM LESSONS POLICIES

ONLY MEMBERS ARE ALLOWED TO REGISTER FOR SWIM LESSONS AND SAILING/BOATING LESSONS.

- The Winding Trails' swim program runs according to the American Red Cross standards for swim lessons.
- The prerequisite for each level is successful demonstration of skills from the preceding level, except for Level I, which has no prerequisite. Each level of Learn-to-Swim also includes training in basic water safety.
- Winding Trails offers six comprehensive course levels and two preschool levels that teach participants how to swim skillfully and safely.
- Progression is at the swimmer's own pace. Some will move quickly at first while others progress more slowly. We keep the entire learning process as much fun as possible.
- Classes will be held rain or shine. If the weather prevents us from getting in the water, there will be other activities available for your child. Keep in mind that in the event of a thunderstorm we have limited space for coverage. Please use your discretion.
- Minimum: 3-4 per class depending on swim level. Maximum: 5-10 depending on swim level.
- Registration is required by the Thursday before the session starts. Register early, space is limited.
- Registration is available online at windingtrails.org.
- If you are not sure what level to register your child for, use the descriptions below as a guide. All children are tested on the first day of lessons and adjustments will be made as needed.
- Swim lessons run Monday through Friday for the duration of each two-week session. Your selected time slot will remain the same throughout both weeks.

SWIM LEVELS:

PRESCHOOL A

Fundamentals of water safety, introduction to basic water skills such as floating, blowing bubbles, submerging, and jumping (all without assistance). Incorporation of games allows children to both respect and enjoy the water.

Minimum Age: 3

PRESCHOOL B

Builds off the skills learned in Preschool A, while incorporating those learned in Level 1. Submersion is a major focus of this level, along with gaining more independence in the water.

Minimum Age: 4

LEVEL 1

Students are introduced to fully submerging, floating, and jumping in deeper water and stroke development basics while incorporating games to assist the learning process.

Minimum Age: 5

LEVEL 2

Should enter the level able to jump in water over their head with a noodle. Learning floats, glides, treading, and front and back crawl are the main focus of this level. Some time is spent in deep water learning to jump without any aids or supports.

Minimum Age: 5

LEVEL 3

Students should be comfortable swimming in deep water. They begin diving and primary focus is on rotary breathing and refinement of front and back crawl, along with building endurance up to 15 meters (45 feet). The kicks for the 4 remaining strokes are also introduced in this level (sidestroke, breaststroke, butterfly, elementary backstroke).

LEVEL 4

Lap swimming is introduced along with the arms of the remaining 4 strokes (sidestroke, breaststroke, butterfly, elementary backstroke). Some refinement follows introduction along with advancement of dives and endurance.

LEVEL 5

Strong endurance and only slight refinement of strokes remaining is required for entry into this level. Stamina, stroke perfection, and flip turns are fundamentals learned throughout the session.

LEVEL 6

Strictly Fitness Swimming/Lifeguard Readiness. Students should need little to no correction on stroke performance. Class builds upon swimming strokes with ease, efficiency, power, and smoothness over greater distances. Students should be comfortable swimming laps for a 35 minute time span.

Session I

Dates: June 22nd - July 3rd

Fee: \$70 per child (members only)

Session II

Dates: July 6th - July 17th

Fee: \$70 per child (members only)

Session III

Dates: July 20th - July 31st

Fee: \$70 per child (members only)

Session IV

Dates: August 3rd - August 14th

Fee: \$70 per child (members only)

Times: See schedule

PLEASE REMEMBER - PETS ARE PROHIBITED IN THE PARK YEAR ROUND

MEMBER SWIM LESSON SCHEDULE

Registration is available online at windingtrails.org — Register early, space is limited.

SESSION I: JUNE 22ND TO JULY 3RD		REGISTER BY JUNE 18TH						Fee: \$70.00
Preschool A	Preschool B	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6	
10:40-11:10	10:40-11:10	—	10:40-11:10	10:40-11:10	—	—	—	
11:20-11:50	11:20-11:50	11:20-11:50	—	—	11:20-11:50	—	—	
—	—	12:00-12:30	12:00-12:30	—	12:00-12:30	—	12:00-12:30	
—	—	—	1:40-2:10	1:40-2:10	1:40-2:10	1:40-2:10	—	
2:20-2:50	2:20-2:50	—	—	2:20-2:50	2:20-2:50	—	—	
—	3:20-3:50	3:20-3:50	—	3:20-3:50	—	—	3:20-3:50	
4:00-4:30	—	4:00-4:30	4:00-4:30	—	—	4:00-4:30	—	
—	—	5:00-5:30	—	5:00-5:30	—	—	—	
—	—	—	5:40-6:10	—	5:40-6:10	—	—	

SESSION II: JULY 6TH TO JULY 17TH		REGISTER BY JULY 2ND						Fee: \$70.00
Preschool A	Preschool B	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6	
10:40-11:10	10:40-11:10	—	10:40-11:10	10:40-11:10	—	—	—	
11:20-11:50	11:20-11:50	11:20-11:50	—	—	11:20-11:50	—	—	
—	—	12:00-12:30	12:00-12:30	—	12:00-12:30	—	12:00-12:30	
—	—	—	1:40-2:10	1:40-2:10	1:40-2:10	1:40-2:10	—	
2:20-2:50	2:20-2:50	—	—	2:20-2:50	2:20-2:50	—	—	
—	3:20-3:50	3:20-3:50	—	3:20-3:50	—	—	3:20-3:50	
4:00-4:30	—	4:00-4:30	4:00-4:30	—	—	4:00-4:30	—	
—	—	5:00-5:30	—	5:00-5:30	—	—	—	
—	—	—	5:40-6:10	—	5:40-6:10	—	—	

SESSION III: JULY 20TH TO JULY 31ST		REGISTER BY JULY 16TH						Fee: \$70.00
Preschool A	Preschool B	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6	
10:40-11:10	10:40-11:10	—	10:40-11:10	10:40-11:10	—	—	—	
11:20-11:50	11:20-11:50	11:20-11:50	—	—	11:20-11:50	—	—	
—	—	12:00-12:30	12:00-12:30	—	12:00-12:30	—	12:00-12:30	
—	—	—	1:40-2:10	1:40-2:10	1:40-2:10	1:40-2:10	—	
2:20-2:50	2:20-2:50	—	—	2:20-2:50	2:20-2:50	—	—	
—	3:20-3:50	3:20-3:50	—	3:20-3:50	—	—	3:20-3:50	
4:00-4:30	—	4:00-4:30	4:00-4:30	—	—	4:00-4:30	—	
—	—	5:00-5:30	—	5:00-5:30	—	—	—	
—	—	—	5:40-6:10	—	5:40-6:10	—	—	

SESSION IV: AUGUST 3RD TO AUGUST 14TH		REGISTER BY JULY 30TH						Fee: \$70.00
Preschool A	Preschool B	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6	
10:40-11:10	10:40-11:10	—	10:40-11:10	10:40-11:10	—	—	—	
11:20-11:50	11:20-11:50	11:20-11:50	—	—	11:20-11:50	—	—	
—	—	12:00-12:30	12:00-12:30	—	12:00-12:30	—	12:00-12:30	
—	—	—	1:40-2:10	1:40-2:10	1:40-2:10	1:40-2:10	—	
2:20-2:50	2:20-2:50	—	—	2:20-2:50	2:20-2:50	—	—	
—	3:20-3:50	3:20-3:50	—	3:20-3:50	—	—	3:20-3:50	
4:00-4:30	—	4:00-4:30	4:00-4:30	—	—	4:00-4:30	—	
—	—	5:00-5:30	—	5:00-5:30	—	—	—	
—	—	—	5:40-6:10	—	5:40-6:10	—	—	



American Red Cross

AMERICAN RED CROSS LIFEGUARDING INFORMATION SESSION

Are you 13 or older and thinking about becoming a certified lifeguard? Join us for an information session on what to expect in a lifeguarding course, and what a typical day can look like as a lifeguard. *Registration opens the first Monday of the month, prior to each program date.*

Date: Wednesday, July 29th
Time: 5:00pm – 6:00pm
Ages: 13 and up
Where: Dunning Lake
Fee: Free
Minimum: 4 Maximum: 10

AMERICAN RED CROSS LIFEGUARDING COURSE WITH WATERFRONT MODULE (BLENDED LEARNING)

Would you like to become a certified lifeguard? Participants who successfully complete the course will be certified in CPR, First Aid, Lifeguard Training and Waterfront Module Training. This is a blended learning class, with 9 hours of online work along with in person classes. Online materials will be sent out a week prior to the start of class. All candidates must be 15 years or older by the end of the last class.

Prerequisite: Upon 1st day participants must be able to swim 350 yards continuously using only front crawl with rhythmic breathing and breaststroke; stop tread water for 2 minutes using legs only; then swim 200 more yards. Swim 20 yards pick up brick and swim back with brick within 1 minute and 49 seconds; and swim 15 yards submerged and retrieve three rings (5 yards apart). This will be assessed on the first day of in person class. *Registration will open on May 1st for all sessions.*

Session I
Dates: Monday – Friday, June 15th – June 26th

Session II
Dates: Monday – Friday, July 27th to August 7th
Time: 4:00pm – 8:00pm
Ages: Must be at least 15 years old by end of class
Where: Dunning Lake Boathouse
Fee: \$300.00
Member Discount Fee: \$250.00
Minimum: 4 Maximum: 10

INTRODUCTION TO BOATS

This class will provide instruction in the basics of our watercrafts including canoes and kayaks. Students will also learn some basic water safety skills. Skills and exercises will be presented with the emphasis on FUN! This is a member only program. Due to limited availability, please only register for one session. Registration will open on May 1st for all sessions.

Session I
Dates: June 22nd – June 26th
Time: 11:30am – 12:30pm

Session II
Date: July 6th – July 10th
Time: 5:00pm – 6:00pm

Session III
Dates: July 20th – July 24th
Time: 11:30am – 12:30pm

Session IV
Dates: August 3rd – August 7th
Time: 5:00pm – 6:00pm
Ages: 7 and up (must be a level 3 swimmer)
Where: Dunning Lake Boat House
Member Discount Fee: \$50.00
Minimum: 4 Maximum: 16



WINDING TRAILS SAILING

Sailing classes will be offered on beautiful Dunning Lake. Learn the parts of a sunfish along with set up procedures, basic maneuvering, tacks, jibes, capsizing and safe boating practices. Due to limited availability, please only register for one session. Registration will open on May 1st for all sessions.

Session I
Dates: June 22nd – July 3rd
Time: 5:00pm – 6:30pm

Session II
Dates: July 6th – July 17th
Time: 11:00am – 12:30pm

Session III
Dates: July 20th – July 31st
Time: 5:00pm – 6:30pm

Session IV
Dates: August 3rd- August 14th
Time: 11:00am – 12:30pm
Ages: 8 and up (must be a level 4 swimmer)
Where: Dunning Lake Boat House
Fee: \$85.00
Minimum: 4 Maximum: 16



BEACH RULES

- Swimming is permitted only in designated areas when lifeguards are on duty.
- Open water swimming is not permitted.
- Swimmers must be able to swim to the rafts unassisted.
- No pushing or flipping off of the rafts.
- Bubbles, water wings, rafts and other floating devices are prohibited. Coast Guard approved lifejackets are allowed but cannot be used to aid someone getting to the raft.
- No child under the age of 15 is to be left unattended.
- Keep paths in front of the lifeguard chairs free of chairs, towels, umbrellas, and beach toys.
- Only single poled shade structures are allowed on beach and must not block lifeguard sight line or access to the water.
- Playing of music should be kept to a low volume and not hinder other's enjoyment of the park.
- No alcoholic beverages are permitted in the water.
- Glass containers are prohibited from the park. Please use non-breakable containers.
- Smoking is prohibited from the beach area and all picnic areas.
- Picnic tables and grills are used on a first come first serve basis. Reserving of tables is not allowed.
- Baby changing tables are provided in all bathrooms.
- Fishing is not permitted from the beach or in swimming areas.

BOATING GUIDELINES

- All persons renting boats must be at least 8 years old and have passed level 4 swimming lessons. Boat Attendants have the right to refuse boat rentals to any person(s) unable to manage a specific craft.
- Boats are available for rent at the boathouse daily between the hours of 11:00am and 6:00pm with the last boat into shore at 7:00pm. Rates are posted at the boat house.
- Damage to the boats caused by horseplay or operator error will be charged to the member.
- Individuals using the boats should not bring any valuables on to the water. Winding Trails will not be responsible for damage done to cell phones, car keys, etc.
- All boaters, whether in Winding Trails boats or their own must wear lifejackets. If we cannot properly fit your child in a lifejacket, they will be unable to accompany you in the boat – No Exceptions!
- All boaters operating an electric engine must be registered with the State of Connecticut and have a valid Safe Boaters Certificate. Electric motors not to exceed 5hp are permitted on the lake.
- No gas motors are allowed.
- Launching of boats is allowed only from the provided launch site across from the Main Office building.
- No inflatable boats are permitted.
- Boats are restricted from swimming areas.
- If you are transporting your boat to Dunning Lake from another lake, please be sure to wash your boat thoroughly prior to launch. This will help prevent the spread of weeds and other organisms from one lake to another. A hose is located on the side of the office building for your convenience.

■ Failure to follow the posted rules and regulations will result in forfeiture of your membership.



BOAT STORAGE

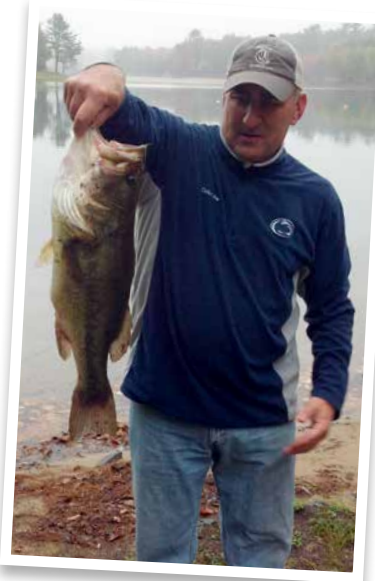
- Boats may be stored on the peninsula across from the Main Office for 6 months for a fee.
- Limit 2 boat slips per membership.
- All boats are stored at the owner's risk. Winding Trails accepts no responsibility for loss or damage.
- Only one boat can be stored at each boat slip.
- Stickers will be issued showing the member number and assigned boat slip. Stickers must be visibly displayed on all boats. Boats without a sticker will be removed.
- Registration forms for storage of non-motorized boats less than 15 feet are available at the Main Office.
- Fees must be kept up to date. Once you are notified of delinquent fees the boat will be removed from the peninsula and not released until all delinquent fees are paid.



FISHING RULES

- Members, 16 years of age and older must have a valid fishing license. Children under 16 do not need a fishing license.

- Please be sure to stick to posted limits on daily catches. Anyone with more than their limit will have his or her fishing privileges revoked. Keep in mind fishing is for all members. Over fishing only hurts all fishermen in the end. Please catch and release.



- All boaters operating an electric engine must be registered with the State of Connecticut and have a valid Safe Boaters Certificate.

- Members are allowed three trout or bass per day. If you bring a guest, you and your guests' limit together cannot exceed the five trout or bass limit per day.

- Bass Protective Slot Limits: 12"-16" long bass are in a protective range and must be released. Only one bass over 16" may be kept each day

- Failure to follow the posted rules and regulations will result in forfeiture of your membership.

GENERAL POLICIES

- Winding Trails membership runs the calendar year: January 1st–December 31st. There is no proration of your dues should you wish to terminate your membership early.

- All vehicles must stop at the gatehouse to scan stickers and collect guest fees. Membership stickers must be affixed to the **lower left side** of your windshield. Stickers not affixed will be turned into the main office.

- Walkers/Bikers should use the main gate and will be permitted in the park only if they can provide photo ID to verify membership. The Gate Attendant will verify membership.

- All windows on the driver's side of the vehicle should be rolled down so the gate attendants can welcome drivers, verify members, and any guests.

- Each membership is limited to 6 guests per day that are registered in advance online. Larger groups must call the office at (860) 677-8458 so special arrangement can be made.

- Guests must park their vehicles outside the gate along the edge of the entrance roadway.

- Members should park in the designated lots and not on the grass. Parking along the road creates visual problems. Parking violations will be issued for cars parking in non designated areas.

- No dogs or other pets are allowed in the park.

- Drive slowly in the park. Speed limit in the park is 20 MPH. Bikers, walkers and wildlife utilize the roadway as well as the cars.

- Please dispose of diapers by wrapping in a plastic bag before putting in the trash receptacles. Use the baby changing stations and not the picnic tables for changing.

- Toddlers/Babies must wear swim diapers in the lake.

- Please put trash and recyclables in the proper receptacles. No glass containers, please.

- Picnic Tables and Grills are used on a first come first serve basis. Reserving of tables is not allowed.

PROGRAM REGISTRATION AND CANCELLATION POLICIES

PROGRAM REGISTRATION

- Participants will be notified by email if a class is filled or if the class has been canceled. Registration for most programs can be done online on our website. If you prefer, you can register by mail or in our main office.

PROGRAM CANCELLATION POLICY

Winding Trails reserves the right to cancel any program due to low enrollment. Please register early!

- Three working days prior to the start date for each program, a decision will be made to cancel or run the program. If canceled, you will be notified by Winding Trails and will receive a full refund.

- Winding Trails reserves the right to combine or divide classes, to change the time, date, and/or location and to make other revisions in these offerings, which may become necessary.

- Every effort will be made to make up classes. However, activities canceled due to circumstances beyond the control of Winding Trails that cannot be made up may not be refunded.

REFUND POLICY

Winding Trails has multiple programs and specific policies for major programs such as camp and rentals. Please check website for details on these programs. The following refund policies are for our general programs and special events.

- Full refunds will be given when requested up to one (1) week prior to the start of the program.

- Once the decision has been made to run a particular program, no refund will be given unless Winding Trails can find a substitute, or there is a medical emergency.

- Absolutely no refunds will be given for any attended portion of a program.

- There will be no cash refunds. Allow two (2) to four (4) weeks to process a refund.

- A \$25.00 fee will be assessed for *ALL* bounced checks!

Chewie's Coloring Page





Winding Trails, Inc.
 50 Winding Trails Drive
 Farmington, CT 06032
 (860) 677-8458 FAX (860) 676-9407
 windingtrails.org

Non-Profit
 Organization
 U.S. Postage
PAID
 Permit #1754
 Hartford, CT

MISSION STATEMENT

Winding Trails, Inc. is a non-profit, organization serving people from Farmington and surrounding communities, providing year-round recreational and educational activities for the enjoyment and growth of all families and individuals. Winding Trails is dedicated to the conservation and stewardship of the natural woodlands and waterways that allow outdoor programming, character development, and other activities that strengthen the lives of those we serve.

windingtrails.org

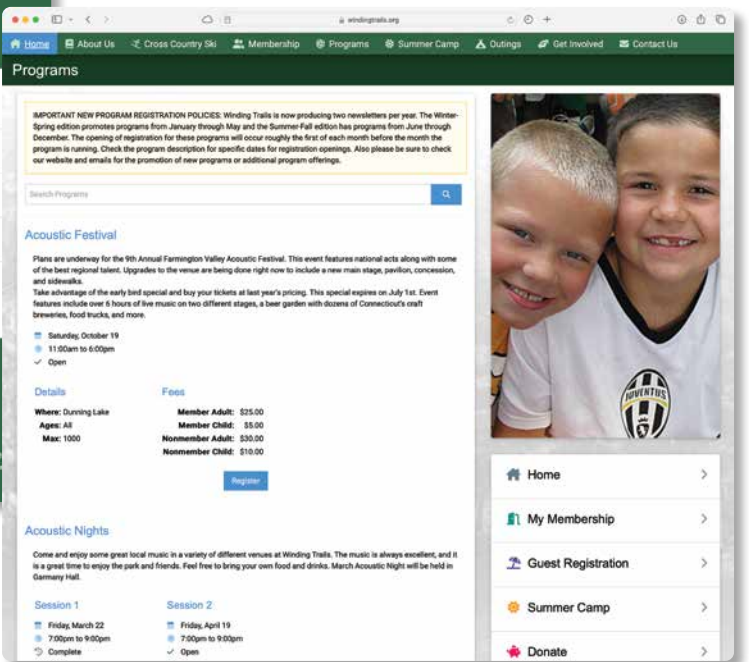
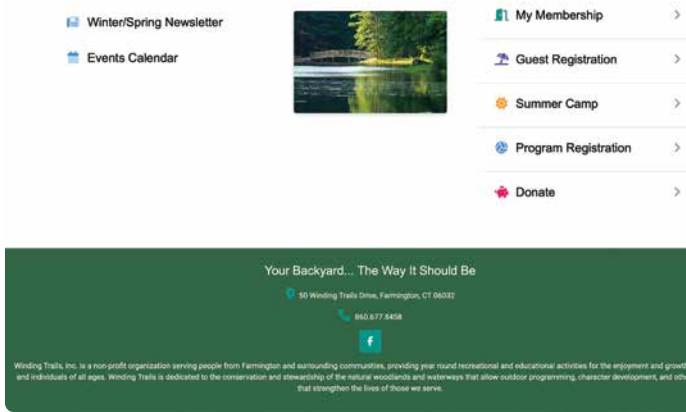
SURFED OUR WAY LATELY?

Visit our web site to learn more about our facilities and programs. We encourage our members and non-members alike to browse our site and send us feedback. Online Registration is available for most programs.



FIND IT ONLINE

Misplace your newsletter and need information fast? Not to worry, it is on the web. In addition, you can find program registration, medical forms, summer camp bus schedules, ski and skate conditions and much more.



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Fostering a Love for the Outdoors • Creating a Sense of Community • Developing Leadership and Lifeskills