INSIDE: Drive "fore" Camp Golf Tournament (page 18), check out our nature programs (page 27), Adaptive Classes (page 29), and much more!





MEMBERSHIP RENEWALS

Don't forget to renew by 12/31!

See page 3 for details.





WINTER & SPRING 2027

Winding Trails Newsletter

Fostering a Love for the Outdoors • Developing Leadership and Life Skills • Creating a Sense of Community

Dear Friends,



As 2026 draws to a close, I'm grateful for another safe and successful year at Winding Trails—and especially for the people who make this community so special. Thank you to our staff for bringing care and dedication to programs and facilities that welcome all ages, and to our volunteers for generously giving their time and keeping Winding Trails' best interests at heart. Most of all, thank you for being part of our Winding Trails family. Together, we share a love of the outdoors, a commitment to raising kind and thoughtful children, and respect for the different backgrounds and perspectives that enrich our community.

This year, we celebrated the 80th season of our camp program, welcoming 1,569 children last summer. To mark this milestone, our improvements focused on the camp area: replacing the amphitheater, renovating the camp bathhouse, and repaving the Sportsplex basketball courts. These long-overdue upgrades were a welcome addition for our campers. Camp is the seed from which Winding Trails grew, and it is remarkable to see how its growth has helped support so many other facilities and programs enjoyed by thousands of people. For three generations, children have made friends, learned new skills, and developed an appreciation for the outdoors here. Other improvements this year included adding a new roof to the Lodge and painting the Grille, Nature's Porch, and the Lodge.

Looking ahead, I'm excited to share more improvements that will make your visits easier and more enjoyable. By early spring, we will have completed our next major renovation: The Roadway & Parking Lot Reconstruction Project. We will repave most of the parking lots and roadways in the campus core. This pavement is more than 40 years old and badly deteriorated. We are also widening the road in several areas and redesigning the roadway in front of Garmany Hall to improve camper pickup and drop-off and adding 53 parking spaces. The project will include 900 feet of new sidewalk, two new four-square courts, and improved stormwater controls. Removing many trees was a difficult but necessary part of this work. We know how much our wooded setting means to our community, and we will replant in several areas and greatly expand the green space in front of the Lodge and Garmany Hall. These improvements will help Winding Trails serve our community for the next 40 years.

I hope you'll find something in this newsletter that inspires your next visit. Your membership offers opportunities to enjoy Winding Trails in all four seasons, not just summer. Last winter was our best in 10 years, with 44 days of skiing and plenty of sledding and skating. Here's hoping Mother Nature brings us another wonderful winter! Along with reading this newsletter, please follow us on social media and check our website regularly for the latest news and programs.

Please remember to renew your membership by December 31st so you can continue enjoying all that Winding Trails has to offer. If you miss this deadline, you will not have another opportunity to rejoin. I'm always glad to hear from you, whether you have a question, a suggestion, or a concern. Please reach out to me at scott@windingtrails.org or (860) 677-8458, ext. 18. Thank you for being part of this community. I look forward to seeing you at Winding Trails in the year ahead!

Warmly,

Scott Brown, CPRP
Executive Director

WINDING TRAILS 2027 INCOMING BOARD OF DIRECTORS

Tim Roy, *President*
Jeff Rogers, *Vice President*
Alex Kushnir, *Treasurer*
Danitza Sieklicki, *Secretary*
Kristen Burns
Jon Chaia
Colette Fennessy
Joy Fausey
Tom Greenebaum
Alana Ledford
Betsy Sargent
Paul Schned
Tiffany Smetak

WINDING TRAILS 2027 INCOMING COMMITTEE MEMBER VOLUNTEERS

Stacie Aubrey
Kerry Callahan
Jusin Carbonneau
Paul Cianci
Jill Clark
Sal Corio
Elizabeth Daly-Standish
Lisa Duquette
Patrice Freeman
Wendy Ku
Patty Lavendier
Rob Low
Alison McVeigh
Lexi Melo
Peter McHugh
Scott Muska
Reem Nouh
Jim Platosh
Jim Ruzbasan
Rania Rifaey
Tom Roy
Shannon Rutherford
Jamie Sullivan
Rob Tacinelli
Jon Wu

WINDING TRAILS ANNUAL MEETING

Winding Trails will hold its Annual Meeting on Thursday, January 14th, 2027, at 6:30pm in the Main Office Conference Room. This meeting is open to the general membership. Anyone interested in attending or putting an item on the agenda must contact Scott Brown, Executive Director, at (860) 677-8458 x18 or email scott@windingtrails.org by Friday, January 8th.

MEMBERSHIP REMINDER



Membership renewals were sent out on October 13th. We have also sent multiple reminders through email, Facebook, and Instagram about renewing your membership for 2027. Many of you have already taken advantage of our convenient online renewal process. If you still need to renew, just go to windingtrails.org and click on the Membership Renewal link. You can call our office to have a paper copy mailed to you if you prefer. Your 2026 membership expires on December 31, 2026. As our wait list is very long, we will only be able to guarantee your membership spot until December 31st. Do not forget to renew!

As a member, you agree to follow all our rules, policies, and new member code of conduct. If you would like to review these policies, you can find our Member Handbook on the Membership tab of our website. Your membership is based on your acceptance of the membership policies and procedures listed in the handbook. Please be sure to read these policies and abide by them.

With our barcode system, new stickers will only be issued if you change vehicles or there is a problem scanning your sticker. If your sticker has trouble scanning at the gate, please contact our office for a replacement. Barcode stickers will remain valid if dues are paid up to date. If you sell a vehicle or have the windshield replaced, you should remove your sticker and return it to the office. We hope to see you next year!

HOLIDAY HOURS

Our Main Office will be closed on Thursday, December 24th and Friday, December 25th for the Christmas Holiday and on Friday, January 1st for the New Year's Day holiday. In the event we have snow, the Cross-Country Ski Center will also be closed on Christmas Day. The Main Office will also be closed on Friday, March 26th and Monday, May 31st for Good Friday and Memorial Day, respectively.

OFFICE HOURS/DROP BOX

The Main Office is open 8:30am–4:00pm, Monday through Friday. If you miss our office hours, you can always use the Drop Box located next to the office door.

WINDING TRAILS STAFF • (860) 677-8458

Membership/Programs Adm.	Rebecca Resendes	Ext. 10	rebecca@windingtrails.org
Recreation Supervisor	Bailey Dailey	Ext. 11	bailey@windingtrails.org
Camp Administrator	Kim Kowalski	Ext. 12	kim@windingtrails.org
Recreation Supervisor	Shawn Hussey	Ext. 13	shawn@windingtrails.org
Education Coordinator	Elyse Cahill	Ext. 16	elyse@windingtrails.org
Executive Director	Scott Brown, CPRP	Ext. 18	scott@windingtrails.org
Financial Manager	Betzy Plourde	Ext. 19	betzy@windingtrails.org
Park Director	Bryan Martin	Ext. 21	bryan@windingtrails.org
Camp and Outdoor Adventure Director	Paul Cappadona	Ext. 31	paul@windingtrails.org
Recreation & Facilities Coordinator	Jake Setzko	Ext. 20	jake@windingtrails.org
Park Maintainer	Anthony Baio		
Park Maintainer II	Kyle Harding		
Park Maintainer	Dustin Kubran		
Park Maintainer	Jose-Angel Rivera		

WINTER BATHROOM

The Dunning Lake Bathhouse Family/Handicap Bathroom stall will be open all winter for your convenience. This stall is on the right side of the bathhouse facing the lake. It is a heated single stall. Please make sure the door remains closed so we can keep it warm.

NATURE PORCH HOURS

Nature's Porch is located on the eastern shore of Walton Pond and offers nature-themed "drop-in" activities during open hours. Nature programs, from birdwatching and walks to fishing classes and more, are offered for families and individuals on many weekends. Check the calendar for program dates. The large front porch and its inviting chairs are available anytime during park hours. Come visit us and explore this portion of the property!

When: . . . Saturdays & Sundays – April 24th to September 19th
Hours: 12:00pm–5:00pm



PARK ENTRANCE

Winding Trails access is through our Main Gate only. The job of our Gatehouse staff is to greet constituents, verify membership and guests, and provide information on the park. Our gatehouse staff are here to ensure the integrity of your membership. Although the winter and spring may be "quieter" seasons at Winding Trails, all rules and policies are still in effect. This includes the fact that membership is required all year, along with paying for guests, and no pets are allowed. Please remember to roll your windows down when approaching the gate and announce any guests you may have. Also be sure your vehicle has your membership sticker affixed to the lower left-hand side of your windshield. The gate attendant will welcome you and scan your vehicle membership sticker which will let us know you are on property. If you see any issues or problems on property and the Main Office is not open, be sure to let the gate attendant know and they can contact the appropriate staff.

GUEST FEES

Guests of members must be registered online using the Guest Registration link on our homepage. These guests must park outside the main gate and ride into the park in the members' car. Members are limited to six guests per membership per day. Guest fees are $7.00 for adults and $5.00 for children ages 3 to 15. Discounted guest books are available at the front gate or in the main office.

NO SMOKING POLICY

If you are a smoker and must smoke on property, we ask that you do not smoke on Dunning Lake beach or in the picnic area. Smoking will be permitted north of the wooden guard rail fence. We ask for your cooperation in complying with this policy.

E-BIKE USE AT WINDING TRAILS

In the past several years, use of E-Bikes around the country has exploded. Some of the uses have been very positive such as allowing individuals to continue to enjoy this activity later in life or going longer distances because of pedal assisted technology. The negative side of this is increased speed, more accidents, and trail damage.

As of 2026, Winding Trails has adopted the following rules regarding the use of e-bikes on our property:

- Only Class 1 or 2 E-bikes (750 watts or less) with a max speed of 20 mph will be permitted on our trail system.
- Class 3 E-bikes (750 watts or less) with a max speed of 21 - 28 mph will not be permitted on our trails.
- Motor Driven cycles >750 watts - 3700 watts and motorcycles >3700 or 50cc will not be permitted on trails as defined by CT e-Bike/Motor Driven Cycle Law adopted 10/1/25.
- Helmets are required at all times.
- E-bikes must adhere to the same basic rules of the road/trail as regular bicycles: follow 20 mph speed limit, yield to pedestrians, and stay off sidewalks.
- Non-compliance may result in suspension or revocation of membership and/or arrest.



BOAT STORAGE

Winding Trails has a limited number of boat storage slips for members located across the road from the Main Office. Boat storage is available from April 1st to November 15th for a fee of $120.00. ***All boats will need to be removed each year by November 15th, year-round storage is not provided.***



FISHING ON DUNNING LAKE

Dunning Lake is open for fishing year-round except for April 5th through April 9th due to our annual trout stocking. (Please note we will be holding the Children's Fishing Derby on Saturday, April 10th from 8am to 10am.) Members 16 years of age and older must have a valid CT fishing license. To help with the health of our fish population and the enjoyment of all anglers, we encourage you to "catch and release." If you do intend to take the fish, you are limited to three trout or bass per day. If you bring a guest, you and your guest are limited to five trout or bass per day. There is also a size limit on bass. Twelve- to sixteen-inch bass are in the protective range and must be released. Only one bass over 16" may be kept each day.

PICKLEBALL AND TENNIS INFORMATION

Winding Trails has six pickleball courts and two tennis courts. These courts will be open for play around April 1st depending on the weather. The hours will be from 8am to 7:45pm. Time limit per court is one hour unless no one is waiting to use them. Tennis camp will be using both tennis courts between the hours of 9am to noon the week of June 21st to June 25th and July 26th to July 30th. The temporary pickleball courts at the far end may be used by the camp program Monday - Friday from 10am to 3pm, June 21st to August 13th.





The two largest white oaks on Winding trails property.

Oak-y Dokey: How a mighty oak shaped the history of our state and our forests

Every U.S. state recognizes "official" species selected for their cultural, historical, or ecological importance. Connecticut recognizes the American robin as the state bird, the sperm whale as the state mammal, the mountain laurel as the state flower, and the white oak as the state tree. Winding Trails has its share of American robins, but it also is home to a large population of white oak (Quercus alba) trees.

Connecticut designated the white oak as the official state tree in 1947 because of its connection to the legendary Charter Oak, a symbol of freedom and strength. In 1662, King Charles II granted Connecticut a royal charter, awarding self-governance. When King James II attempted to revoke the charter in 1687, legend states that the charter disappeared during a meeting in Hartford when all the candles went out. According to legend, a colonist had grabbed the charter and hid it in the hollow trunk of a massive white oak, protecting the freedoms of the people.

White oaks grow throughout the state and stand out due to their rough, light gray to white bark. Like other oaks, their leaves have lobes, but white oak leaves have rounded edges that lack sharp points. White oak wood is dense, strong, and durable. Historically, the wood was used for ship hulls and colonial homes. Today it is used for whiskey and wine barrels, furniture, and cabinets.

White oaks support wildlife in many ways. Their acorns generally have lower tannin levels than other oaks, making them less bitter and more palatable to wildlife. These trees provide habitat for many species, including the rare lichen Peltigera phyllidiosa, that lives on the base of white oak trees at Winding Trails. This lichen is known as a cyanolichen, meaning it can convert nitrogen from the air into forms that organisms can use. Cyanolichens are sensitive to changes in acidity, and many populations declined in the 1970s and 80s due to acid rain. White oak bark retains high levels of calcium, which helps buffer the acidity of acid rain and protects the lichens growing on the trunk.

Winding Trails has several notable white oaks. The largest stands on the upper crest of Crowe's Curve trail. Estimated to be 225 years old, it measures 12 feet in circumference and survived the forest fire of 1922. The second largest white oak on property, estimated to be 200 years old with a circumference of 128 inches, stands east of the Main Street trail right across from the intersection of the Pine Needle trail. It also survived the fire, although a large scar remains on the eastern side of its trunk, facing away from the trail.

Although they may not be as charismatic as American robins or as flashy as mountain laurels, white oaks are vital to Connecticut's history and forests. The next time you explore Winding Trails, look for these remarkable giants and consider the many ways they support the forest around them.







CAMP CORNER

By Paul Cappadona

If you had walked through Winding Trails on any morning this past summer, you would have heard it before you saw it. A hockey ball cracking off the boards of our brand-new street hockey rink, groups belting out a song in the new Amphitheater, and a counselor counting down before the start of Tournament of the Trails. No matter where you walked around Winding Trails, you could see, hear, and feel the energy and magic of camp.

For me, this summer felt different from my first. Last year I was still learning what makes this place tick. This year, Kim and I got to take everything we learned, including so many of your ideas from last year's surveys, and see it come to life.

Some of the best changes happened before the first bus rolled in. Over the winter, our facilities team gave camp a sprucing up. Freshly paved basketball courts, the new hockey rink, a renovated Bath House, a beautiful new Camp Waterfront Pavilion, and a new Amphitheater. Watching campers find those spaces on day one and making them their own was something special.

Our older campers, Snappers through Black Bears, got something they'd been hoping for, which was a third CWC (Campers with Choice) period every day. That meant one more chance to pick the activity they love, or to finally try the one they'd been eyeing all summer.

When we surveyed our campers what they loved most, some top answers were, picking their own activities, swimming, boating and fishing, their counselors, and making friends. That last one gets me every year. Some of my own closest friends came from summers at camp, and it's amazing to watch a new generation find theirs.

Of course, none of this happens without our staff. Our counselors, specialists, CITs, and coordinators showed up every day with energy and heart, and our waterfront team of lifeguards had a fantastic summer down at the beach. In the Camp Office, Kim and Michelle made sure every family and staff member felt welcome and taken care of. Kim also worked tirelessly to make camp possible for even more families through our campership program.

And yes, we remember the rain! This summer brought more wet days than we've seen in a long time. We heard you, and our team is already dreaming up new rainy day program ideas to be better equipped in the future. As we look toward Summer 2027, registration will once again open in early January for members and returning campers. The exact date this year is Monday January 18th at 9am. Our team is already busy planning new adventures, and we can't wait to share them with you.

Thank you for being part of our camp family. Pack the sunscreen (and maybe a rain jacket), because next June is coming fast, and we can't wait to see you back on the Trails!

Accepting Applications for Seasonal Work: Do you love working outdoors and believe in Winding Trails mission of fostering love for the outdoors, creating a sense of community, and developing leadership and life skills? We are accepting applications for summer positions as camp counselors, environmental instructors, program specialists, lifeguards, swim instructors, challenge course facilitators, boating attendants, maintenance, office help, Grille Staff and more. For more information and applications visit windingtrails.org/employment or come to our Job Fair scheduled for Saturday, January 9th from 10am to noon in Garmany Hall.



The Milt Flynn Orchestra performed on the raised wooden amphitheater stage in 1970.

In 1988, the amphitheater consisted of grass



Sprucing Up the

A New Chapter for the Winding Trails Amphitheater

The Winding Trails amphitheater received an upgrade this spring and it looks and works great. We can now hold our heads high as we join the prestigious lineup of fellow amphitheaters across the country like Red Rocks in Denver, the Gorge on the Columbia River, Hollywood Bowl in LA, and Tanglewood in MA. Historically, amphitheaters were created to gather large groups of people together for information, speeches, theater, music and other forms of entertainment. The first amphitheater was built in Pompeii around 70 BC and could seat the entire city (24,000). The largest amphitheater in the U.S., the Glen Helen amphitheater in San Bernardino, California, seats 65,000. Winding Trails is much smaller than those mentioned here, but its value to our community is unmatched.

It is believed the Winding Trails amphitheater (bowl) was created in the 1930's when Avon Old Farms School needed material to reinforce the south end of Walton Pond as they constructed the dam. In 1970, the Farmington Exchange Club sponsored the construction of a stage and spruced up the bowl for the annual Farmington Town Picnic held on the 4th of July. The first group to use the stage was the Milt Flynn Orchestra. They were an 18-piece orchestra known for their "Big Band Sound". Over time, the amphitheater became a setting for camp performances, community events, and ski/sledding. Opening camp ceremonies moved there in the mid-eighties as the camp population grew from 150 campers to more than 400 and could no longer fit in the Chapel Hill meeting area.

In 2009, heavy use wore away much of the grass causing erosion and requiring annual seeding. This led to the idea of establishing permanent seating. The maintenance department with the help of several engineers on the Board of Directors and other volunteers corrected the erosion problems

seating on the hill and a concrete slab for a stage.





Today's amphitheater has 220 concrete piers, 15 rows of seating, stairs, and is the starting point to every camp day!

Bowl 3.0

and installed stepped bench seating. That solution served Winding Trails through 17 years of spirited camp openings, songs, movies, and programs. By fall of 2025, the wood that had been placed directly in the soil had deteriorated so badly that the benches could no longer be secured.

Long time Winding Trails member and volunteer Jim Platosh stepped in to redesign the amphitheater. His new design would not only accommodate more than 800 campers and counselors in our program but also address the long-time maintenance issues we had by having the wood in direct contact with the soil. This project brought together three local businesses whose owners all have deep ties to Winding Trails and the Summer Day Camp. Robert Comer of Comer Contracting donated material, equipment, and labor to regrade the bowl for the new seating plan. Robert, his father Marty, and his son all attended the day camp. Tyler Roberts of Roberts Landscaping and Jeff Webster of Webster Building and Development were hired to install the 220 concrete piers, 15 rows of seating, and stairs. They both spent years "growing" up at Winding Trails and currently have children in the camp program. The renovation was also made possible with the generous donations from the Colan Callahan Memorial Campership Fund, the Estate of Bette L. Arey, and many Trails Fund donors.

The renewed amphitheater looks great, has lasting value, and performed wonderfully during its inaugural season this summer. More importantly, it continues to do what amphitheaters are built to do: bring people together, enjoy each other's company and build community. It reminds us of our common humanity. These may be unsettling times, but you can always find hope knowing 800+ young people, representing our future, are laughing, singing and cheering together in the Winding Trails amphitheater every morning, all summer long. Hope to see you there soon!



YOUR GENEROSITY HELPS WINDING TRAILS HELP OTHERS!

Behind every gift to Winding Trails is a shared commitment to our mission. From members and summer camp families to businesses, foundations, and local civic groups, our donors help make that mission possible. This past year, we received a record 439 donations from 344 donors, totaling $175,008. Thank you for being part of this generous community.

Your support reaches Winding Trails through three funds. The Annual Trails Fund raised $140,047 for camperships, environmental initiatives, and general support. Donors also contributed $33,475 to the Colan Callahan Campership Fund and $1,486 to our Endowment Fund. Together, these gifts help Winding Trails continue to grow and improve.

This year, a gift from the Estate of Bonnie L. Arey, a longtime member who supported environmental and recreational causes, helped fund renovations to the camp amphitheater. A $20,000 contribution from the Colan Callahan Memorial Campership Fund also supported those renovations. James F. Sullivan generously gave $30,000 to the Colan Callahan fund to support our campership program. We are grateful for these gifts and the lasting impact they make possible.

Our community's generosity also shines at our four annual fundraising events: the Annual Drive "fore" Camp Golf Tournament, the Farm to Table Dinner, Nature's Open House, and our Music Festival. This year, the events drew more than 1,400 attendees and generated $43,438 in net proceeds. Thank you to everyone who attended and supported these gatherings.

Each contribution helps shape what comes next for Winding Trails. The Development Committee recommends how donations should be used, and the Board of Directors approves the expenditures. The breakdown below shows how funds were spent this past year or are planned to be spent in the coming year. Thank you for helping to make this work possible.

The Development Committee makes recommendations on how Trails Fund donations are spent, and the Board of Directors then approves these expenditures. The following is the breakdown of how this past year's monies were spent or plan to be spent in the coming year:

CAMPERSHIP:

$54,227 was used to send 98 children to camp in 2026.

CAMP IMPROVEMENTS

$30,000 will be spent to renovate the boy's side of the Camp Bathhouse

$16,000 was spent to reroof the Lodge-Camp building

$8,000 will be used for the purchase of camp unit animal carvings

$5,000 will be spent to install a new 4-square court at the Moose Pavilion

PROGRAM IMPROVEMENTS

$6,000 will be used for the replacement of harnesses and helmets

$5,000 for purchase of an AED machine for the pickleball courts

ENVIRONMENTAL INITIATIVES

$10,000 for new environmental initiatives

DUNNING LAKE BEACH AND PICNIC AREA

$6,000 will be used for the purchase of double seated kayaks

GENERAL SUPPORT

$25,000 was used to repaint the Grille, Nature's Porch, and the Lodge

$20,000 will be spent for painting of maintenance buildings

$13,000 will be used for trail repairs

$10,000 will be used to replace drinking fountains

$4,000 will be used for seasonal staff scholarships

MAJOR DONORS (FISCAL YEAR END SEPTEMBER 30, 2026)

The following is a list of our major donors as of fiscal year end September 30, 2026. If you recognize any of these names, please be sure to thank them for their additional support to conserving the environment, providing opportunities for children to attend camp, and providing general organization support.



LEADERSHIP CIRCLE: $5,000 AND OVER

Estate of Bette L. Arey
Colan Callahan Memorial Campership Fund
Ellen J. Goldfarb Memorial Charitable Trust
Highland Park Families Foundation
Loucks Family
Low Family
McHugh/Fausey Family
James F. Sullivan

BENEFACTORS: $2,500 TO $4,999

Farmington Community Chest
Lewis & Margaret Gillett
Rigby Family

PATRONS: $1,000 TO $2,499

ARC Document Solutions-CT
Ricardo & Theresa Anzaldua
Dick & Katie Benashski
Kristen Burns & Jeremy Beck
Kerry & Maura Callahan
Jill & Bill Clark
Camille Gagliardi & Dana Gillette
Greater Hartford Gives Foundation
Kristian & Nancy Jensen
Rogers Family
Jackie Scheib
Sean & Lisa Smith
Nancy & Russ Sylvester
Kerry & Wink Tharpe
Michaelynn Ware & Tom Miller
Ned & Tina Whalen

SUPPORTERS: $500 TO $999

Ann & Randy Barton
Susan Burr Williams
Donna Campell
Sal & Donna Corio
Elizabeth Daly-Standish
Cedric DeLaCruz
Greenbaum/Levin Family
Fahlstedt Family
Heiner-Tostmann Family
Keating Family
David Kozak
Kushnir Family
Lewis Family
Brian & Bonnie Liistro
John Maloney Family
Kevin McMahon & Pam Nahorniak
Josh McKim & Kate Sullivan
Melo Family
Nancy & Hugh Murray
Melo Family
Alan Perrie
Purviance Family
William & Nicole Rubinow
Schiller Freess Family
James & Elizabeth Sullivan
Lizz & Patrick Weiler
Steve & Beth Wilson

FRIENDS: $250 TO $499

Robert Adamenko & Liza Josephson
Jack & Eileen Ahearn
Stacie & Andrew Aubrey
Robert & Delia Ayer
Ned Benton & Judy Silberstein
Joyce Bettencourt & Jane Begin
Scott & Sue Brown
Teri Buganski
Carlson Family
Cavalcante Family
Chaia Family
Alan & Betty Coykendall
Mark & Melissa Dale
Mr. & Mrs. Stephen D'Elia & Family
Demers Family
Lisa Duquette
Al Goff
Mary Ellen Fay
Joel & Laura Ferreira
Michael & Patrice Freeman
Bob Gale
Ben Goldberg & Susan Gersham
Tom & Peggy Goz
Graf Family
Jacobi Family
Jazz Click
Niels & Barbara Jensen
Jones Family
Dorri & Jonathon Kost
Alex Lucyk
McCollam/O'Connor Family
Tracy Mehr-Muska & Scott Muska
Kate Mylod & Tim Lynch
Platosh Family
Wael El Mallah
Lawrence & Kathleen Mayer
Alison McVeigh
Nelson Family
Pio Family
Pfaff Family
Mario & Guisella Reyes
Rifaey Family
Danielle & Tim Roy
Deborah & Michael Sacks
Betsy Sargent
Jamie & Paul Schned
Eric & Bonnie Schneider
William Scurr & Tiffany Smetak
Seapan Family
ShopRite of Canton
Sieklicki Family
Charles & Andrea Silverstein
Steve & Marlene Setzko
Strong's Sandblasting Company
Debbie Thurston
Tacinelli Family
Tangerine Project, LLC
John & Janice Tonkinson
Traxler Family
Uncas Council Knights of Columbus
Jon Wu & Shumei Kuo
Luke & Matt Versland
Zenke Family

ENDOWMENT CONTRIBUTORS

Jeffrey Bladwin
Greater Hartford Gives Foundation
Ryan Indelicato
Deborah & Michael Sacks
Roy Family



CROSS COUNTRY SKIING

Winding Trails operates the only full-service cross-country ski center in the state. While recent winters have not yielded many days of skiing, when we do get it, it is magical. Winding Trails machine grooms all 12.5 miles of trails for both traditional skiing and skate skiing. As a member of Winding Trails, you always ski for free. If you need to rent skis or take a lesson, there is a fee. See pricing and registration information below. Winding Trails has a beautiful fleet of Fisher skis available for rent. We also have a retail shop if you are interested in purchasing equipment. The Ski Center is open to the public and attracts cross country enthusiasts from throughout southern New England and New York.

As soon as Mother Nature unfolds her 6" white blanket, our trails will be groomed and tracked for your skiing pleasure. Please no walking on the trails if we are open for skiing. No pets allowed on premises at any time. *This program is weather permitting so be sure to check our website for current conditions.*

HOURS

Daily.....9:00am–5:00pm, weather permitting

RATES

GENERAL PUBLIC TRAIL PASS TICKETS MUST BE PURCHASED IN ADVANCE ONLINE AT: WINDINGTRAILS.ORG/WINTER-GUEST-REGISTRATION/

NOTE: 2027 Winding Trails members do not pay for trail passes

Daily Ski Trail Pass	**Full Day**
Adult	$16
Senior (62+)	$12
Child (3 to 15)	$10

Daily Snowshoeing, Ice Skating, and Sledding Fees	
Adult	$7
Child (3 to 15)	$5

WINTER SEASON PASSES

Individual	$125
Family (up to 4 members)	$300
Each Additional Family Member	$50
Senior Pass (62+)	$100

RENTALS

	Adults	Children (15 & under)
Traditional Skis (skis, boots, poles)	$20	$14
Skate Skis (skis, boots, poles)	$23	
Pulk Sled (2 hour limit)	$12	
Snowshoes	$12	$10
Snow Tube	$ 6	
Ice Skates	$ 5	

All rentals must stay on premises and be returned by 4:30pm.

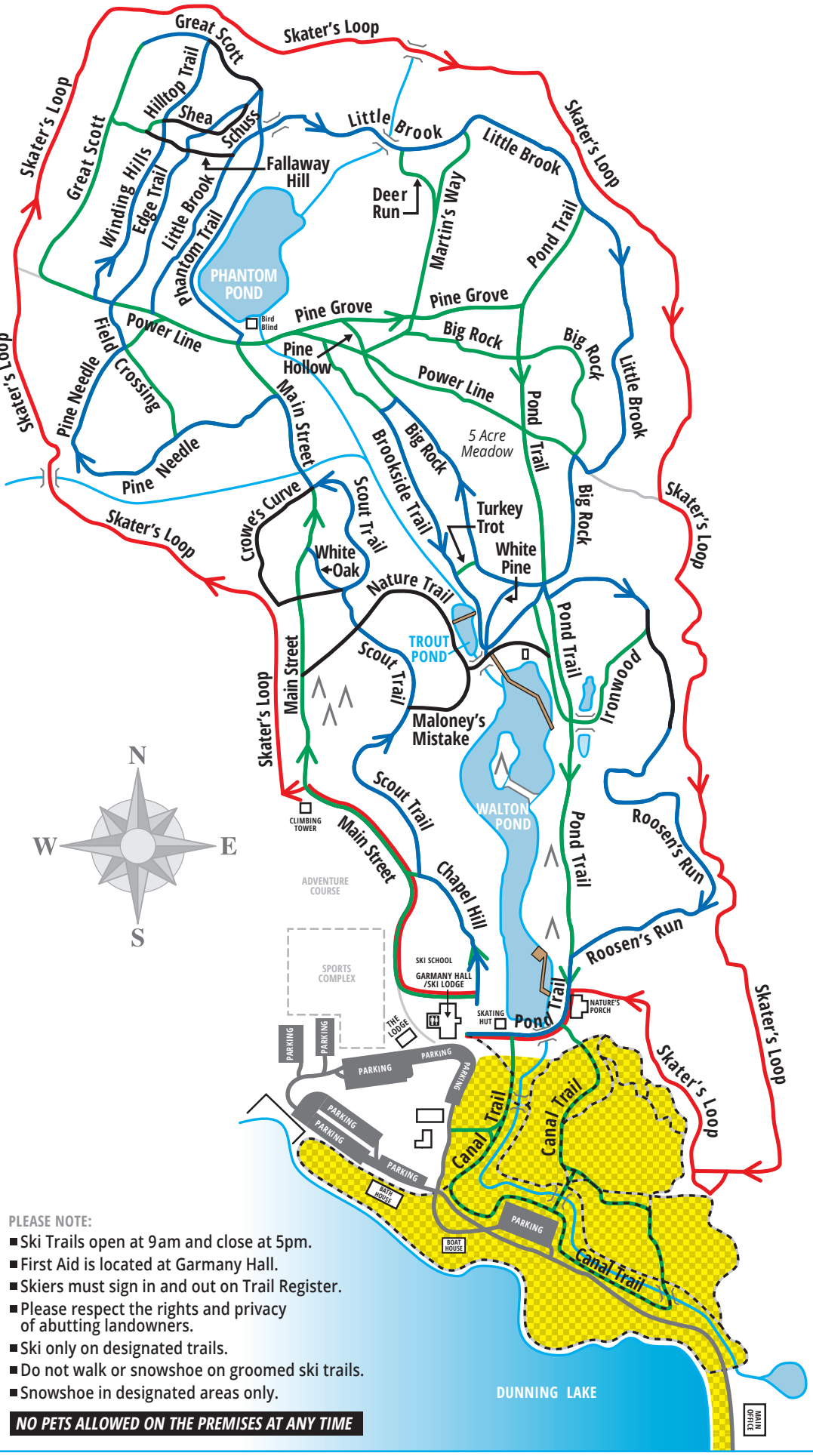
LESSONS

	Adults	Children (8 to 15)
Group Beginner Lessons (1 hour)	$25	$20
Semi-Private Lessons (1 hour)	$30	$25
Private Lessons (1 hour)	$35	$30

Group lessons are offered weekdays at 10am & 1pm, weekends/ holidays at 9:30am, 11am, 1pm & 2:30pm. The semi-private lessons are for 2 or more. Prices are per student. Private lessons are scheduled by appointment.

CROSS COUNTRY RETAIL SHOP

Winding Trails is the place to purchase a beautiful new set of Fisher skis or pick up a ski accessory or wax. You won't find better prices or service. When the Ski Center is open the retail shop will be open. Typical shop hours: Monday – Friday, 9:00am – 4:30pm. If there is no snow, call ahead at (860) 677-8458 and a staff member will be happy to schedule a time to show you our selection of ski equipment.



WINDING TRAILS CROSS COUNTRY SKI CENTER

(860) 677-8458
www.windingtrails.org

TRAIL MARKINGS

- EASIEST
- MORE DIFFICULT
- MOST DIFFICULT
- SKATING LOOP

MAP LEGEND

- Campsites
- Bridge
- Restrooms
- Snowshoe Area

Garmany Hall includes the Ski Center, Ski Rentals & Lessons, Ski Shop, Snack Bar and Restrooms.

The Sports Complex includes areas for softball, soccer, basketball, volleyball, tennis, pickle ball, sledding, and a playscape.

SUGGESTED LOOPS

Loops are designated by colored arrows on the trails.

RED LOOP.....3 MILES
Skater's loop designated by red arrows. Ski skating only, no diagonal stride.

BLUE LOOP.....3 MILES
Diagonal stride loop designated by blue arrows. Intermediate.

GREEN LOOP....1.7 MILES
Diagonal stride loop designated by green arrows. Beginner.

Everyone must be off trails by 5pm.

PLEASE NOTE:

- Ski Trails open at 9am and close at 5pm.
- First Aid is located at Garmany Hall.
- Skiers must sign in and out on Trail Register.
- Please respect the rights and privacy of abutting landowners.
- Ski only on designated trails.
- Do not walk or snowshoe on groomed ski trails.
- Snowshoe in designated areas only.

NO PETS ALLOWED ON THE PREMISES AT ANY TIME


OA Pavilion
Chapel Hill
to Overnight Campsites (#1, 2, & 3), Hiking, and Mountain Biking Trails
Main Street
Outdoor Adventure
(Used under staff supervision ONLY)
Soccer Field
Ball Field
Tennis & Pickleball Courts
Basketball
Coyote
Playscape
Volleyball
Raccoon
Gaga Pit
Hawk
Playscape
Cub
Playscape
Fawn
Owl
Program Shed
Bathhouse
Gaga Pit
Chapel Hill Trail
Snappers
Boating
Bobcat
Pond Trail
Nature Deck
to Overnight Campsites (#4, 5, & 6), Hiking, and Mountain Biking Trails
WALTON POND
Nature's Porch Environmental Center
Nature Shed
Covered Archery Range (Day Camp Use Only)
Amphitheater
Skating Hut
Disc Golf Starts Here
Black Bear
4-Square
Gaga Pit
Eagle
The Lodge
Garmany Hall
Moose
Maintenance Garages
Caretaker Residence (Private)
Maintenance Garage Bldg. 2
Maintenance Shed
Canal Trail
4-Square
Volleyball
Half-Court Basketball
Gaga Pit
Volleyball
Lakeside Pavilion
Grille Concessions (Summer Only)
Camp Swim Area
Bathhouse
Picnic Area
Basketball
Playscape
Drop-off
Grilling Area
Picnic Area
Boathouse Pavilion
DUNNING LAKE
Boat Launch & Fisherman Parking
Boat Storage
Main Office Building
Gate House
Chimney Island
THIS MAP IS NOT TO SCALE
P



ICE FISHING

Each year we are optimistic that the cold will come, and Dunning Lake will get enough ice thickness to safely ice fish. Fishing enthusiasts need to have all their own safety equipment and tackle. This activity is permitted at your own risk. Winding Trails does not check Dunning Lake for ice thickness and safe conditions. Ice fishing is allowed during normal park hours. No ice fishing is allowed on Walton Pond. All other fishing rules and catch limits apply.

SLEDDING



Our Sportsplex hill is adjacent to the soccer field and provides a great sledding location. It is wide, long, and free of obstacles. Interested sledders can park in the parking lot adjacent to the Sportsplex and walk across the soccer field to get to the hill. Sledding is permitted during regular park hours. Parental supervision is required for any child under 15. Sledding is also at your own risk. Pease be sure to sled in designated areas only and use the fenced walking path to get back to the top of the hill. There is no sledding permitted on cross-country ski trails. Bring your own sled or rent one of our tubes at Garmany Hall when the Ski Center is open. Non-member fees for sledding are $7.00 for adults and $5.00 for children ages 3 to 15. Check out our website for current conditions.

REMINDER: WINDING TRAILS IS A WILDLIFE PRESERVE. TO PROTECT THE WILDLIFE, WE ASK THAT *NO DOGS OR PETS BE ALLOWED ON PROPERTY.* THIS INCLUDES THE ENTIRE TRAILS SYSTEM. THANK YOU FOR YOUR COOPERATION!



ICE SKATING



Winters are unpredictable and the number of days of skating has varied tremendously depending on temperature and snowfall amounts. Skating is permitted on Walton Pond once the ice reaches a safe thickness of 5" to 8" depending on conditions. Skating will be open daily until 9pm, weather permitting. The lights will go off at 9:00pm each night. There is no skating on Dunning Lake. Skating is free for Members. Skate rentals are available in Garmany Hall when the Ski Center is open.

We will also be setting up a skating rink under the Owl Pavilion. This rink's size will be 32' x 64' and will freeze much quicker than Walton Pond. Hockey is not allowed on this rink and our Learn to Skate programs have priority. Non-member fee for skating is $7.00 for adults and $5.00 for children ages 3 to 15. Skating conditions will be posted on our website.

IMPORTANT PROGRAM REGISTRATION POLICIES

Winding Trails produces two newsletters per year. The Winter-Spring edition promotes programs from January through May and the Summer-Fall edition has programs from June through December. The opening of registration for these programs will occur roughly the first of each month, the month before the program is running. Also, check our website and emails for the promotion of new programs or additional program offerings.

WINDING TRAILS JOB FAIR

Talk to any staff at Winding Trails, and you are most likely going to hear about what a great place it is to work. It is a beautiful setting with supportive coworkers, and competitive wages. Positions range from camp counselors, program specialists, and lifeguards to gate staff, boating attendants, and challenge course staff. Come out and learn more about working at Winding Trails! Hear about all of the summer openings, leadership skills and training opportunities. *Registration is not required.*

Date: ..... Saturday, January 9th
(Snow date: Saturday, January 16th)
Time: 10:00am–12:00pm
Where: ..... Garmany Hall
Fee: ..... Free

FAMILY SKATE NIGHT AT WALTON POND

Join us at Walton Pond for an evening of fun under the lights and skating. There will be music, a roaring fire, hot chocolate, hotdogs, and more. This program will be held weather permitting. *This is a member only program. Registration opens the first Monday of the month, prior to each program date.*

Date: ..... Saturday, February 6th
(Snow date: Saturday, February 13th)
Time: 6:30pm–8:00pm
Where: ..... Walton Pond
Fee: ..... Free
Minimum: 50 ..... Maximum: 200

FAMILY MOVIE NIGHT



Bring the whole family out for a great dinner served up in front of our big screen movie. A dinner of ziti with red sauce, meatballs, cheesy garlic bread, and salad will be served up family style. Dessert and beverages are also included. Reserve your seats today as seating is limited. Movie will be Hoppers. *Registration opens the first Monday of the month, prior to each program date.*

Date: ..... Friday, February 26th
Time: 6:00pm–10:00pm
Ages: ..... All ages
Where: ..... Garmany Hall.
Fee: ..... $40.00 per Family
Member Fee: ..... $30.00 per Family
Minimum: 30 ..... Maximum: 80



FAMILY EGG HUNT FEATURING PETER RABBIT

Join Peter Rabbit and your entire family as they scramble for all the holiday goodies scattered about on the trail! We have plenty of treasures and treats for all. In addition to the candy and toys, every family will receive one golden egg with a special prize inside! Don't forget your goodie bag/basket to hold all your findings. The Egg Hunt will take place in a short loop on the trails ending with a continental breakfast at the Owl Pavilion. Space is limited, register early as this program fills up fast! This is a member program only. *Registration opens the first Monday of the month, prior to each program date.*

Date: ..... Saturday, March 27th

Session I
Time: 8:00am

Session II
Time: 8:45am

Session III
Time: 9:30am

Session IV
Time: 10:15am

Session V
Time: 11:00am

Session VI
Time: 11:45am

Ages: ..... 10 and under
Where: ..... Meet at the Amphitheater
Member Fee: ..... $35.00 per family
Minimum: 30 per session ..... Maximum: 150 per session

80TH ANNUAL CHILDREN'S FISHING DERBY

Children ages 5 to 15 can test their fishing skills and are eligible to participate in this long-standing event for prizes. We will have prizes in two different age categories as well as prizes for heaviest fish that is not a trout, first fish caught, and of course a cash prize for catching the elusive "Golden Trout." So come on down and enjoy the morning fishing at Dunning Lake! Participation is limited to members, their guests, and Farmington residents only. *Registration is not required.*

Date: ..... Saturday, April 10th
Time: 8:00am–10:00am
Ages: ..... 5–15 years old
Where: ..... Dunning Lake
Fee: ... No Charge (Food and worms available for a nominal fee)

WINDING TRAILS CAMPUS TOUR

Are you a new member and not quite sure where everything is? Then this extensive tour of the park is just for you. Learn about the history of Winding Trails, where all the facilities are, and where the "special" spots can be found. Dress appropriately for weather and walking. This is a member only program. *Registration opens the first Monday of the month, prior to each program date.*

Date: ..... Saturday, April 10th
Time: 11:00am–12:00pm
Ages: ..... All ages
Where: ..... Garmany Hall
Fee: ..... Free
Minimum: 10 ..... Maximum: 50





TOUCH-A-TRUCK

Through the generosity of many local businesses, children can see a variety of "special" vehicles up close. Each year we have vehicles from the local fire, police, and EMS. There is also construction equipment, military vehicles, and more. Food is available for a nominal fee. You and your little ones won't want to miss this day. If you are a business and would like to display your vehicle, email shawn@windingtrails.org. *No registration required for this program.*

Date: ..... Sunday, May 2nd
Time: 1:00pm–3:00pm
Ages: ..... All ages
Where: ..... Upper Parking Lot
Fee: ..... Free





DRIVE "FORE" CAMP GOLF TOURNAMENT

Join us for an afternoon of golf, friendship, and fun that makes a real difference! Every dollar raised at Drive "Fore" Camp supports the Winding Trails Summer Day Camp, helping the program and kids enjoy the magic of summer: making new friends, trying new adventures, building confidence, and creating memories that last a lifetime. Your participation helps ensure that more children can go to camp, regardless of their family's circumstances.

Whether you're a seasoned golfer or just in it for the laughs, this tournament is for everyone. Enjoy 18 holes, a shotgun start, and a best ball scramble format that keeps the pressure low and the good times rolling. Take a mulligan, try your luck in the raffles, play games and contests, and bid on exciting auction items, all while connecting with neighbors, friends, and fellow supporters of our community.

Registration includes 18 holes, cart, lunch, and drink tickets at the course, followed by dinner and drinks at Winding Trails immediately after the tournament. Bring your team, cheer on the camp cause, and help us improve our program and send kids to camp. Together, we can make this the best summer yet! *Register online at windingtrails.org/drive-fore-camp-golf-tournament*

Date: ..... Friday, May 7th
Time: Check-in at 10:30am ..... Shotgun starts at 11:30am
Where: ..... Tunxis Country Club
Fees:
Per single golfer $150
Per 4-some $600
Dinner Only $40



LITTLE GLIDERS

Your 4- and 5-year-olds can begin to learn the sport of cross-country skiing. This fun-based four session program will be a group cross-country ski lesson specially designed for kids. Your child will learn the basics of cross-country skiing on level terrain and become familiar with the snow. Skis and boots will be provided. Helmets are recommended. Classes meet at Garmany Hall Ski Center. Weather permitting. *Registration opens the first Monday of the month, prior to each program date.*

Session I
Date: ..... Mondays & Wednesdays, January 4th–13th

Session II
Date: .....Mondays & Wednesdays, February 1st –10th

Time: 11:00am–noon
Ages: .....4 & 5 years old (must be 4 by start of program)
Where:.....Garmany Hall
Fee: $65.00 ..... Member Fee: $50.00
Minimum: 4 .....Maximum: 8

AFTER SCHOOL GLIDERS



Learn the sport of cross-country skiing. This fun based four session program will be a group cross-country ski lesson specially designed for kids. Your child will learn the basics of cross-country skiing on level terrain and become familiar with the snow. Skis, poles and boots will be provided. Helmets are recommended. Classes meet at Garmany Hall Ski Center weather permitting. *Registration opens the first Monday of the month, prior to each program date.*

Session I
Dates: .....Tuesdays and Thursdays, January 5th–January 14th

Session II
Dates: .....Tuesdays and Thursdays, February 2nd–11th

Time: 4:00pm–5:00pm
Age: ..... 7 to 10 years old
Where:..... Ski Center
Fee: $65.00 ..... Members Fee: $50.00
Minimum: 4 .....Maximum: 8

JANUARY PROGRAMS

- Flow Yoga: A 6-Week Series, Session I .... Mondays, January 4th – February 15th
- Little Gliders, Session I. ..... Mondays & Wednesdays, January 4th – 13th
- After School Gliders, Session I ..... Tuesdays & Thursdays, January 5th – 14th
- Environmental Book Club, Session I. ..... Wednesday, January 6th
- Winding Trails Job Fair ..... Saturday, January 9th
- Little Kids Exploring Nature, Session I: Exploring Winter . Saturday, January 9th
- Families Exploring Nature, Session I: Exploring Winter ... Saturday, January 9th
- Seasonal Nature Art with Leslie, Session I ..... Sunday, January 10th
- Learn, Ski, & Lunch, Session I. ..... Monday, January 11th
- Environmental Education Homeschool, Session I & II. .... Tuesday, January 12th
- Learn to Skate (4-5 year olds), Session I ..... Tuesdays & Thursdays, January 12th – 21st
- Learn to Skate (6-9 year olds), Session II ..... Tuesdays & Thursdays, January 12th – 21st
- Arts & Crafts for Preschoolers, Session I ..... Thursdays, January 14th – February 11th
- Owl Painting and Stories ..... Sunday, January 17th
- I'm a New Member Now What? ..... Wednesday, January 20th
- CARE Ice Fishing Class ..... Saturday, January 23rd
- SKI2Me ..... Saturday, January 23rd
- Full Moon Owl Prowl, Session I ..... Saturday, January 23rd
- Trivia Night at Winding Trails ..... Friday, January 29th

FEBRUARY PROGRAMS

- Little Gliders, Session II ..... Mondays & Wednesdays, February 1st – 10th
- Learn to Skate (4-5 year olds), Session III. ..... Mondays & Wednesdays, February 1st – 10th
- Learn to Skate (6-9 year olds), Session IV. ..... Mondays & Wednesdays, February 1st – 10th
- After School Gliders, Session II ..... Tuesdays & Thursdays, February 2nd – 11th
- Environmental Book Club, Session II ..... Wednesday, February 3rd
- Family Skate Night at Walton Pond ..... Saturday, February 6th
- Seasonal Nature Art with Leslie, Session II ..... Sunday, February 7th
- Environmental Education Homeschool, Session III & IV. . . Tuesday, February 9th
- ARC Adult and Pediatric First Aid/CPR/AED Training ..... Tuesday, February 9th
- Pretzel Kids Yoga, Session I. ..... Wednesdays, February 10th – March 3rd
- Learn, Ski, & Lunch, Session II ..... Thursday, February 11th
- Winter Night Hike & Wine by Moonlight, Session I ..... Friday, February 12th

APRIL PROGRAMS

- Adult Cooking Class ..... Friday, April 2nd
- Little Kids Exploring Nature, Session IV: Vernal Pools & Signs of Spring ..... Saturday, April 3rd
- Families Exploring Nature, Session IV: Vernal Pools & Signs of Spring ..... Saturday, April 3rd
- Galaxies at the Boathouse: A Starry Night Out. ..... Saturday, April 3rd
- Adult Spring Luncheon – The Long Rhythm Road ..... Wednesday, April 7th
- Environmental Book Club, Session IV ..... Wednesday, April 7th
- Kid's Mountain Bike Club ..... Wednesdays, April 7th – April 28th
- Walk, Talk, & Gawk Adult Walk, Session II: Vernal Pools. ..... Thursday, April 8th
- Disc Golf Lessons, Session I ..... Thursdays, April 8th – 29th
- Disc Golf Lessons, Session II. ..... Thursdays, April 8th – 29th
- Music Bingo. ..... Friday, April 9th
- Cardio Tennis ..... Friday, April 9th
- Children's Fishing Derby ..... Saturday, April 10th
- Winding Trails Campus Tour. ..... Saturday, April 10th
- Seasonal Nature Art with Leslie, Session IV. ..... Sunday, April 11th
- Environmental Education Homeschool, Session VII & VIII .... Tuesday, April 13th
- Cardio Tennis ..... Friday, April 16th
- Acoustic Nights, Session II ..... Friday, April 16th
- Challenge Quest, Session I ..... Sunday, April 18th
- After School Adventurers ..... Mondays & Wednesdays, April 19th – May 5th
- Archery Lessons, Session I ..... Mondays & Wednesdays, April 19th – 28th
- Archery Lessons, Session II. ..... Mondays & Wednesdays, April 19th – 28th
- Barre at the Boathouse Pavilion ..... Tuesdays, April 20th – May 25th
- Mountain Bike Series ..... Tuesdays, April 20th – May 18th
- Pretzel Kids Yoga, Session II ..... Wednesdays, April 21st – May12th
- Arts & Crafts for Preschoolers, Session II. .... Thursdays, April 22nd – May 20th
- Soccer Shots - Mini ..... Thursdays, April 22nd – June 10th
- Soccer Shots - Classic ..... Thursdays, April 22nd – June 10th
- Cardio Tennis ..... Friday, April 23rd
- Spring Wood Floral Craft Workshop. ..... Friday, April 23rd
- Pilates at the Boathouse Pavilion ..... Fridays, April 23rd – May 21st
- CARE Introduction to Fishing Class ..... Saturday, April 24th
- Natural Lawn Care ..... Saturday, April 24th
- Pickleball Clinic, Session I ..... Saturday, April 24th
- Nature's Porch

WINTER/SP

Aurora Borealis Painting and Story ..... Saturday, February 13th

Little Kids Exploring Nature,
Session II - Exploring Winter ..... Saturday, February 13th

Families Exploring Nature,
Session II: Exploring Winter ..... Saturday, February 13th

The Art of Mindful Living ..... Friday, February 19th

Full Moon Owl Prowl, Session II ..... Saturday, February 20th

Candle Making Class ..... Tuesday, February 23rd

Family Movie Night ..... Friday, February 26th

MARCH PROGRAMS

Flow Yoga: A 6-Week Series, Session II ..... Mondays, March 1st – April 5th

Learn, Ski, & Lunch, Session III ..... Wednesday, March 3rd

Environmental Book Club, Session III ..... Wednesday, March 3rd

Kid's Night Out, Session I ..... Friday, March 5th

Seasonal Nature Art with Leslie, Session III ..... Sunday, March 7th

Walk, Talk, and Gawk Adult Walk,
Session I: Late Winter Discoveries ..... Thursday, March 11th

Line Dancing Class with Stompin' Boots ..... Friday, March 12th

Little Kids Exploring Nature,
Session III: Maple Sugaring Magic ..... Saturday, March 13th

Families Exploring Nature,
Session III: Maple Sugaring Magic ..... Saturday, March 13th

Intro to Rocketry ..... Saturday, March 13th

Mandala Rocks ..... Sunday, March 14th

Environmental Education Homeschool, Session V & VI .... Tuesday, March 16th

Spring Collage ..... Friday, March 19th

Acoustic Nights, Session I ..... Friday, March 19th

Spring Wildlife Painting ..... Sunday, March 21st

Adaptive Music and Movement ..... Tuesdays, March 23rd – May 4th

Family Egg Hunt Featuring Peter Rabbit ..... Saturday, March 27th

Pickleball Open Play ..... Mondays & Wednesdays, March 31st – May 26th

Open on Weekends ..... Saturdays & Sundays, April 24th – September 19th

Introduction to Pickleball, Session I ..... Tuesdays, April 27th – May 18th

Introduction to Pickleball, Session II ..... Thursdays, April 29th – May 20th

Cardio Tennis ..... Friday, April 30th

Mindful Nourishment- Food as Medicine ..... Friday, April 30th

MAY PROGRAMS

Little Kids Exploring Nature,
Session V: Starting New Animal Families ..... Saturday, May 1st

Families Exploring Nature,
Session V: Starting New Animal Families ..... Saturday, May 1st

Seasonal Nature Art with Leslie, Session V ..... Sunday, May 2nd

Touch-A-Truck ..... Sunday, May 2nd

Environmental Education Homeschool, Session IX & X ..... Tuesday, May 4th

Environmental Book Club, Session V ..... Wednesday, May 5th

Cardio Tennis ..... Friday, May 7th

Drive "fore" Camp Golf Tournament ..... Friday, May 7th

Adult Cooking Class ..... Saturday, May 8th

Pickleball Clinic, Session II ..... Wednesday, May 12th

Walk, Talk, & Gawk Adult Walk,
Session III: Birds, Insects, & Flowers ..... Thursday, May 13th

CARE Fly Fishing 101 Course ..... Thursday, May 13th

Cardio Tennis ..... Friday, May 14th

Acoustic Night, Session III ..... Friday, May 14th

Line Dancing Class with Stompin' Boots ..... Friday, May 14th

Challenge Quest, Session II ..... Sunday, May 16th

Introduction to Pickleball, Session IV ..... Thursdays, May 20th – June 10th

Cardio Tennis ..... Friday, May 21st

Kid's Night Out, Session II ..... Friday, May 21st

Pickleball Clinic, Session III Saturday, May 22nd

Shipwreck: the ultimate survival quest ..... Sunday, May 23rd

Cardio Tennis ..... Friday, May 28th

Visit windingtrails.org for the latest program additions, schedule updates, weather conditions, and registration.



SPRING 2024

ENVIRONMENTAL EDUCATION HOMESCHOOL SERIES

Join us for our nature-based homeschool education series! Each month join our environmental educators to learn about the wonders of nature. These programs are perfect for ages 5 to 12. There are two sessions a day, one from 9:30am to 11:30am for ages 5-8 and a session from 12:30pm to 2:30pm for ages 9-12. Programs are offered once a month from January through May with a snack time built in. We ask that guardians stay for the duration of the program and take an active role in the learning. *Registration opens the first Monday of the month, prior to each program date.*

Session I & II: Geology Rocks
Date: ..... Tuesday, January 12th

Session III & IV: Animal Homes
Date: ..... Tuesday, February 9th

Session V & VI: Maple Syrup
Date: ..... Tuesday, March 16th

Session VII & VIII: Birds, Birds, and Birds
Date: ..... Tuesday, April 13th

Session IX & X: Metamorphosis Magic
Date: ..... Tuesday, May 4th

Time: ..... 9:30am – 11:30am for ages 5-8
Time: ..... 12:30pm–2:30pm for ages 9–12
Ages: ..... 5- to 8-year-olds for ODD numbered sessions
Ages: ..... 9- to 12-year-olds for EVEN numbered sessions
Where: ..... Nature's Porch
Fee: ..... $12.00 per child
Minimum: 5 ..... Maximum: 15



LEARN TO SKATE CLINIC

Your child can begin to learn the wonderful sport of ice skating. This fun-based 4-session class will involve getting your children up and around on skates. The basics of forward skating, turning, and stopping will be covered. Children must have their own skates or rent. (If you need to rent skates, please call ahead to arrange for them.) Single blade skates only please, and don't forget to have them sharpened! Helmets are recommended. *Registration opens the first Monday of the month, prior to each program date.*

Session I
Dates: ..... Tuesdays & Thursdays, January 12th–21st
Time: 10:00am–10:45am
Ages: ..... 4 to 5 years old

Session II
Dates: ..... Tuesdays & Thursdays, January 12th–21st
Time: 4:15pm–5:00pm
Ages: ..... 6 to 9 years old

Session III
Dates: ..... Mondays & Wednesdays, February 1st–10th
Time: 10:00am–10:45am
Ages: ..... 4 to 5 years old

Session IV
Dates: ..... Mondays & Wednesdays, February 1st–10th
Time: 4:15pm–5:00pm
Ages: ..... 6 to 9 years old

Where: ..... Owl Pavilion Skating Rink
Fee: $50.00 ..... Members Fee: $35.00
Minimum: 4 ..... Maximum: 8

SKI2ME

Ski2Me introduces young children (ages 3-6) to the joy of skiing; no snow required! Using specialized, sneaker-safe skis on our portable synthetic balance mats, children experience fun movement games and mini "ski adventures." We help little learners build the coordination, motor skills, and confidence that translate naturally to the slopes.

Session I
Date: ..... Saturday, January 23rd
Time: 10:00am–10:45am

Session II
Date: ..... Saturday, January 23rd
Time: 11:00am–11:45am

Session III
Date: ..... Saturday, January 23rd
Time: 12:00pm–12:45pm

Session IV
Date: ..... Saturday, January 23rd
Time: 1:00pm–1:45pm

Ages: ..... 3 to 6
Where: ..... Garmany Hall
Fee: $30.00 ..... Member Fee: $20.00
Minimum: 5 ..... Maximum: 10



ARTS & CRAFTS FOR PRESCHOOLERS

Come join us for a fun filled creative class that will stir your preschooler's imagination. Every week your child will enjoy 45 minutes of creative arts and crafts projects that they will be able to take home and show off to the entire family. *Registration opens the first Monday of the month, prior to each program date.*

Session I
Date: ..... Thursdays, January 14th–February 11th

Session II
Date: .....Thursdays, April 22nd–May 20th
Time: 11:00am–11:45am
Ages: .....3 to 5 years old
Where:..... The Lodge Activity Room
Fee: $45.00 ..... Member Fee: $35.00
Minimum: 3 .....Maximum: 8

KID'S NIGHT OUT

This is the ultimate night out for any kid! Tons of games, pizza, an ice cream sundae bar, a big screen movie, and endless amounts of fun await you here at the Trails. Sorry, parents not allowed! Please bring clothing that is appropriate for outdoor (weather dependent) and indoor play as well as provide a sleeping bag/blanket and pillow for the movie. *Registration opens the first Monday of the month, prior to each program date.*

Session I
Date: ..... Friday, March 5th

Session II
Date: .....Friday, May 21st
Time: 6:00pm–10:00pm
Ages: .....6 to 12 years old
Where:.....Garmany Hall
Fee: $40.00 ..... Members Fee: $30.00
Minimum: 15 .....Maximum: 25

INTRO TO ROCKETRY – MODEL BUILDING AND LAUNCHING

Does the thought of space and rockets interest you? In partnership with CATO Rockets, join us for a morning of learning about the science of rockets, propulsion, and space. Each participant will build their own rocket and then move to the field to actually launch it! *Registration opens the first Monday of the month, prior to each program date.*

Date: .....Saturday, March 13th
Time: 10:00am–Noon
Ages: ..... 8 to 13 years old
Where:..... Lodge Activity Room
Fee: $25.00 .....Member Discount Fee: $35.00
Minimum: 10 .....Maximum: 30

KID'S MOUNTAIN BIKE CLUB

Calling all kids ready to have some cycling fun on the trails! This club is intended to have fun, sharpen our mountain biking skills and most importantly make some new friends! Mountain bikes only, helmet mandatory. This club is not intended for beginner riders. *Registration opens the first Monday of the month, prior to each program date.*

Dates: .....Wednesdays, April 7th–April 28th
Time: 4:15pm–5:15pm
Ages: ..... 9 to 16 years old (We will divide group by age/skill)
Where:.....Garmany Hall
Fee: $35.00 ..... Member Fee: $25.00
Minimum: 6 .....Maximum: 20



DISC GOLF LESSONS



Want to explore our trails while playing a sport? Then join us for disc golf this upcoming spring. We will have two four-week sessions. Session one is for kids who haven't thrown a disc before. Session two is geared toward those who have played a few rounds but want to enhance their skills. *Registration opens the first Monday of the month, prior to each program date.*

Session I (newcomers)
Date: .....Thursdays, April 8th–29th
Time: 4:00pm–4:45pm

Session II (3+ rounds played)
Date: .....Thursdays, April 8th–29th
Time: 5:00pm–5:45pm
Ages: .....8 and older
Where:..... Natures Porch
Fee: $75 .....Member Discount Fee: $60.00
Minimum: 4 .....Maximum: 10



ARCHERY LESSONS

Bull's-eye! But can you do that twice? You can after learning the techniques and skills of a great marksman. Participants must be at least seven years of age. All classes meet at the Archery Range near Walton Pond. Session I is for beginners; Session II is for participants who have completed the beginner class. *Registration opens on the first Monday of the month before each program date.*

Session I: (Beginners)
Dates: .....Mondays and Wednesdays, April 19th–April 28th
Time: 4:00pm–4:45pm

Session II: (Returning Archers)
Dates: .....Mondays and Wednesdays, April 19th–April 28th
Time: 5:00pm–5:45pm

Ages: .....7 & older
Where:.....Archery Range
Fee: $60.00.....Member fee: $45.00
Minimum: 6 .....Maximum: 16

CHALLENGE QUEST

This 3-hour program allows you to push yourself into your challenge zone. We will explore 3 different high ropes elements: Catwalk, Pamper Plank, Giant Swing, Vertical Play Pen to name a few. *Registration opens the first Monday of the month, prior to each program date.*

Session I
Date: .....Sunday, April 18th

Session II
Date: .....Sunday, May 16th

Time: 10:00am–1:00pm
Ages: ..... 12 to 15 years old
Where:..... Meet at the Climbing Tower
Fee: $45.00 ..... Member Fee: $35.00
Minimum: 9 .....Maximum: 15



AFTER SCHOOL ADVENTURERS

Your child will spend 1.5 hours a week participating in a variety of outdoor adventure activities from developing communication skills on our low elements, to learning the basics of rock climbing on our 40' climbing tower. *Registration opens the first Monday of the month, prior to each program date.*

Dates: .....Mondays and Wednesdays, April 19th–May 5th
Time: 4:30pm–6:00pm
Ages: ..... 7 to 12 years old
Where:..... Meet at the Climbing Tower
Fee: $130.00 ..... Member Fee: $100.00
Minimum: 6 .....Maximum: 12

SOCCER SHOTS – MINI



Soccer Shots Mini is a high-energy program introducing children to fundamental soccer principles, such as using your feet, dribbling and the basic rules of the game. Parent/guardian must be present during the entire class. *Registration opens the first Monday of the month, prior to each program date.*

Date: ..... Thursdays, April 22nd–June 10th
Time: 4:30pm–5:00pm
Ages: .....2 to 3 years old
Where:..... Sportsplex
Fee: $150.00 .....Member Discount Fee: $120.00
Minimum: 6 .....Maximum: 12

SOCCER SHOTS – CLASSIC

Soccer Shots Classic utilizes creative and imaginative games to focus on basic soccer skills like dribbling, passing, and shooting. Parent/guardian must be present during the entire class. *Registration opens the first Monday of the month, prior to each program date.*

Date: ..... Thursdays, April 22nd–June 10th
Time: 5:15pm–6:00pm
Ages: .....4 to 6 years old
Where:..... Sportsplex
Fee: $150.00 .....Member Discount Fee: $120.00
Minimum: 6 .....Maximum: 12



SHIPWRECK: THE ULTIMATE SURVIVAL QUEST

This program will offer your group the opportunity to showcase your survival skills. A facilitator will challenge the group with a series of activities including shelter building, catch and release of fish, fire building, and more. This is an outside dirty activity. *Registration opens the first Monday of the month, prior to each program date.*

Date: .....Sunday, May 23rd
Time: 9:00am–11:00am
Ages: ....7 years & up (families welcome to sign up as a group)
Where:..... Meet at Nature's Porch
Fee: $35.00 ..... Member Fee: $25.00
Minimum: 8 .....Maximum: 30



CARE ICE FISHING CLASS

The Connecticut Aquatic Resources Education (CARE) Program offers a free in-depth ice fishing class that introduces you to the wonders of water, fish, and fishing during the winter. The morning class includes a video, hands-on demonstrations with the equipment, how to stay safe on the ice, and additional activities. If ice conditions are safe, an outside ice fishing practice will be offered in the afternoon.

Sign up through the CT DEEP website at https://portal.ct.gov/DEEP/Fishing/CARE/CARE-Fishing-Classes.

Date: ..... Saturday, January 23rd
Times: .... 10:00am–12:00pm classroom (attendance required); 12:00pm–2:30pm ice fishing on Dunning Lake (runs only if ice is safe).
Ages: ..... 8 years old through adults
Where:..... The Lodge Activity Room
Fee: ..... Free
Minimum: 10 .....Maximum: 20

CARE INTRODUCTION TO FISHING CLASS

Have you always wanted to learn how to fish but you do not know where to start? The CT DEEP Fisheries Division offers an online Let's Go Fishing course you can complete from home. Then join Certified Fishing Coaches on April 24th at Nature's Porch for hands-on activities that cover all the basic fishing skills.

Sign up through the CT DEEP website at https://portal.ct.gov/DEEP/Fishing/CARE/CARE-Fishing-Classes.

Date: ..... Saturday, April 24th
Time: 9:00am–noon
Ages: ..... 8 years old through adults
Where:..... Nature's Porch / Black Bear Pavilion Field
Fee: ..... Free
Minimum: 10 .....Maximum: 20

CARE FLY FISHING 101 COURSE

Designed for anglers who have some previous fishing experience, this class helps continue to build your fishing knowledge and skills. Participants should be 12 years old and older. A mandatory Zoom class covers the basics of fly fishing; the Fly Fishing Field Day gives hands-on coaching and fishing in Walton Pond. A fishing license is required for all participants ages 16 and above.

Sign up through the CT DEEP website at https://portal.ct.gov/DEEP/Fishing/CARE/CARE-Fishing-Classes.

Date: ..... Thursday, May 13th
Time: 5:30pm–8:00pm
Ages: ..... 12 years old through adults
Where:..... Black Bear Pavilion by Walton Pond
Fee: ..... Free
Minimum: 5 .....Maximum: 10



CT DEEP CARE FISHING EVENTS

Unable to attend one of the CARE fishing events at Winding Trails? Just Google "Fish with CARE," click on the "Fish with CARE – Connecticut Aquatic Resources Education" link, and click "Classes and Events" to find Introduction to Fishing, Let's Go Fishing! Online Course, Fishing Events, Advanced Fishing Classes, and Ice Fishing Classes.



LITTLE KIDS EXPLORING NATURE

This winter and spring young children 6 years old and under with their families will join Miss Judy for a fun Saturday morning of learning something new about the great outdoors, with a hands-on outdoor activity each session. *Registration opens the first Monday of the month, prior to each program date.*

Session I: Exploring Winter in January
Date: ..... Saturday, January 9th

Session II: Exploring Winter in February
Date: ..... Saturday, February 13th

Session III: Maple Sugaring Magic
Date: ..... Saturday, March 13th

Session IV: Vernal Pools & Signs of Spring
Date: ..... Saturday, April 3rd

Session V: Starting New Animal Families
Date: ..... Saturday, May 1st

Time: 9:30am–11:30am
Ages: ..... Families with 6-year-olds and younger
Where: ..... January–March at The Lodge; April–May at Nature's Porch
Fee: $25.00 per Family ..... Member Fee: $15.00 per Family
Minimum: 15 ..... Maximum: 35

FAMILIES EXPLORING NATURE

This winter and spring older children with their families will join Miss Judy for a fun Saturday afternoon of learning something new about the great outdoors. *Registration opens the first Monday of the month, prior to each program date.*

Session I: Exploring Winter in January
Date: ..... Saturday, January 9th

Session II: Exploring Winter in February
Date: ..... Saturday, February 13th

Session III: Maple Sugaring Magic
Date: ..... Saturday, March 13th

Session IV: Vernal Pools & Signs of Spring
Date: ..... Saturday, April 3rd

Session V: Starting New Animal Families
Date: ..... Saturday, May 1st

Time: 1:30pm–3:30pm
Where: ..... January–March at The Lodge; April–May at Nature's Porch
Ages: ..... Families with children 7 years & older
Fee: $25.00 per Family ..... Member Fee: $15.00 per Family
Minimum: 15 ..... Maximum: 35

SEASONAL NATURE ART WITH LESLIE

Each month we will explore what's present in the environment – the weather, animals, and plants. We will make art with natural objects, taking inspiration from nature. We will be indoors and outdoors so come dressed for the weather. While we use washable paints, it's a good idea to bring a smock or old shirt. *Registration opens the first Monday of the month, prior to each program date.*

Session I
Date: ..... Sunday, January 10th

Session II
Date: ..... Sunday, February 7th

Session III
Date: ..... Sunday, March 7th

Session IV
Date: ..... Sunday, April 11th

Session V
Date: ..... Sunday, May 2nd

Time: 1:00pm–3:00pm
Ages: ..... Families with children 5 years & older
Where: ..... January–March at The Lodge; April–May at Nature's Porch
Fee: $35.00 per Family ..... Member Fee: $25.00 per Family
Minimum: 5 ..... Maximum: 20

OWL PAINTING AND STORIES

Join Teacher Ally in exploring the elusive world of our native owls while letting our creative feathers fly! During this session the group will be lead in a family friendly owl painting and listen to an accompanying story of a rehabilitated owl's resiliency. We will talk about our local native owls and ways to safeguard their future. *Registration opens the first Monday of the month, prior to each program date.*

Date: ..... Sunday, January 17th
Time: 2:00pm–4:00pm
Ages: ..... Families with children 4 years & older
Where: ..... The Lodge
Fee: $10.00 per Family ..... Member Fee: Free
Minimum: 5 ..... Maximum: 25

FULL MOON OWL PROWL

Embark on a trek with Teacher Ally in search of Great Horned, Barred, and Eastern Screech Owls calling amongst the woods on a beautiful moonlit night. This family friendly adventure is sure to peak your senses and provide a look into the sounds of a winter night. Materials will be provided but you are welcome to bring your own. Bundle up with gloves, a hat, and a scarf. *Registration opens the first Monday of the month, prior to each program date.*

Session I
Dates: ..... Saturday, January 23rd

Session II
Dates: ..... Saturday, February 20th
Time: 6:30pm–8:30pm

Ages: ..... Families with children 4 years & older
Where:.....Garmany Hall
Fee: $10.00 per Family .....Member Fee: Free
Minimum: 5 .....Maximum: 25

AURORA BOREALIS PAINTING AND STORY

Join Teacher Ally in exploring the marvelous Aurora Borealis phenomenon through a family friendly painting and story session. Learn about how the wildlife that live amongst the northern lights survive winter along with their relatives in our own woods. Take home vibrant artwork and ways to support animals in your backyard through the cold months. *Registration opens the first Monday of the month, prior to each program date.*

Date: ..... Saturday, February 13th
Time: 2:00pm–4:00pm
Ages: ..... Families with children 4 years & older
Where:.....The Lodge
Fee: $10.00 per Family .....Member Fee: Free
Minimum: 5 .....Maximum: 25

MANDALA ROCKS

Join Teacher Ally in the mindful art form of making mandalas which remind us of the circle of life – that nature is interconnected. During this class you will learn how to make symmetrical dots onto a round stone which creates an elaborate circular pattern. This is a meditative class where you can settle and let your creative juices flow. We will discuss the role of symmetry and view some of the beautiful ways it shows up in nature. *Registration opens the first Monday of the month, prior to each program date.*

Date: ..... Sunday, March 14th
Time: 2:00pm–4:00pm
Ages: ..... Families with children 4 years & older
Where:.....The Lodge
Fee: $10.00 per Family .....Member Fee: Free
Minimum: 5 .....Maximum: 25

SPRING COLLAGE

Celebrate the long-awaited arrival of spring with Teacher Ally by making a collage themed around the changes of our natural world during March. This family friendly class allows us to mix and match different patterns, textures, and images to create an entirely new and personalized work of art. *Registration opens the first Monday of the month, prior to each program date.*

Date: ..... Friday, March 19th
Time: 6:30pm–8:00pm
Ages: ..... Families with children 4 years & older
Where:.....Nature's Porch
Fee: $10.00 per Family .....Member Fee: Free
Minimum: 5 .....Maximum: 25



SPRING WILDLIFE PAINTING

Join Teacher Ally in this family friendly class working with watercolors to create sunrise, daylight and sunset scenes in spring. You will learn about wildlife that are active at each stage of the day and will incorporate those species into your paintings. *Registration opens the first Monday of the month, prior to each program date.*

Date: ..... Sunday, March 21st
Time: 2:00pm–4:00pm
Ages: ..... Families with children 4 years & older
Where:.....Nature's Porch
Fee: $10.00 per Family .....Member Fee: Free
Minimum: 5 .....Maximum: 25



PRETZEL KIDS YOGA

Join us for Pretzel Kids Storytime Yoga, where books come to life through movement and imagination! Each class features a fun, engaging story that takes children on a new adventure as they explore yoga poses inspired by the characters, animals, and events in the book. Through interactive storytelling, creative movement, yoga games, breathing exercises, and relaxation activities, children will build strength, balance, coordination, flexibility, focus, and confidence while developing mindfulness and self-regulation skills. This playful, supportive class is perfect for little yogis of all abilities—no previous yoga experience required! A parent or caregiver is required to remain present during class. Participation is welcome but not required.

About the Instructor: Stephanie Evarts is a Pediatric Occupational Therapy Assistant (COTA/L), certified children's yoga instructor, and the founder of Motion Quest LLC. With a passion for helping children learn, grow, and build confidence through movement, Stephanie combines her expertise in child development, sensory integration, and mindfulness to create engaging, developmentally appropriate classes. Through creative movement and imaginative play, she helps children build strength, develop self-regulation skills, and discover the joy of being active in a fun and supportive environment.

Session I
Dates: ..... Wednesdays, February 10th to March 3rd

Session II
Dates: .....Wednesdays, April 21st to May 12th

Time: 5:00pm–5:45pm
Ages: ..... 2.5 to 5
Where:..... Lodge Activity Room
Fee: $130.00
Member Fee: $115.00
Minimum: 3 .....Maximum: 8

ADAPTIVE MUSIC AND MOVEMENT

These interactive classes will promote motor, communication, and social skills. Participants will sing, dance, and play instruments in an inclusive and welcoming environment. Parents are encouraged to participate with their child.

About the Instructor: Emily Bevelaqua, MMT, MT-BC is a Board Certified Music Therapist, licensed by the state of Connecticut. Equipped with 2 decades of experience, Emily has worked with thousands of clients and has developed countless school, agency, and community based music therapy programs throughout the state.

Dates: .. Tuesdays, March 23rd to May 4th (No class April 13th)
Time: 5:30pm–6:30pm
Where:..... Lodge Activity Room
Ages: .....3 to 10
Fee: $195.00..... Member Fee: $180.00
Minimum: 5 .....Maximum: 10



GALAXIES AT THE BOATHOUSE: A STARRY NIGHT OUT

Join Taylor Hogan at the Boathouse Pavilion for a gentle, no-experience-needed introduction to the deep sky. Instead of squinting through an eyepiece, we'll gather around screens as the telescope collects faint light in real time, and watch distant galaxies slowly appear in color.

This evening is all about galaxies: no Moon, no planets, just whole islands of stars far beyond our own Milky Way. The light we'll catch set out on its journey before the first woolly mammoth was born and is just now arriving at Winding Trails. Bring your questions, your curiosity, and a warm layer; spring evenings by the lake get chilly. Perfect for families, first-timers, and anyone who has ever looked up and wondered.

Date: .....Saturday, April 3rd
Rain/Cloud date: Saturday, April 10th
Time: 8:30pm–9:30pm
Where:.....Boathouse Pavilion
Ages: ..... All ages
Fee: $10.00 .....Member Fee: Free
Minimum: 6 .....Maximum: 100

ENVIRONMENTAL BOOK CLUB

Join reading and environmental enthusiasts for a new book club designed to discuss books covering environmental and nature issues and themes co-sponsored by The Farmington Libraries and Winding Trails. We will meet once a month on the first Wednesday of the month. The first book we will read is Braiding Sweetgrass by Robin Wall Kimmerer. For more information, check out our website or the Farmington Libraries website. You can stop by the Farmington Library to check out a copy at the Circulation Desk. *This is a free program, and no registration is required*!

Session I: Braiding Sweetgrass by Robin Wall Kimmerer
Date: ..... Wednesday, January 6th

Session II: The Backyard Bird Chronicles by Amy Tan
Date: ..... Wednesday, February 3rd

Session III: TBD
Date: ..... Wednesday, March 3rd

Session IV: TBD
Date: ..... Wednesday, April 7th

Session V: TBD
Date: ..... Wednesday, May 5th

Session VI: TBD
Date: ..... Wednesday, June 2nd

Ages: ..... Adults Only
Time: 5:30pm–6:30pm
Where: ..... Farmington Library, 6 Monteith Drive
Fee: ..... Free
Minimum: 5 ..... Maximum: 20

LEARN, SKI, & LUNCH

Come for a cross-country ski program and stay for lunch. If you have never cross country skied or need a refresher this is a great program for you. This program includes rental equipment, a lesson, and lunch. This is a member only program. *Registration opens the first Monday of the month, prior to each program date.*

Session I
Date: ..... Monday, January 11th
(if no snow, Monday, January 25th)

Session II
Date: ..... Thursday, February 11th
(if no snow, Thursday, February 25th)

Session III
Date: ..... Wednesday, March 3rd
(if no snow, Wednesday, March 17th)

Time: 11:00am–12:30pm
Ages: ..... 12 and older
Where: ..... Garmany Hall
Member Fee: $25.00
Minimum: 4 ..... Maximum: 8

I'M A NEW MEMBER ... NOW WHAT? A ZOOM PROGRAM!

Join us for an evening of exploration about everything that Winding Trails has to offer you. Learn how to get the most out of your membership and find out about all the great opportunities that await you. Once you are registered the Zoom link will be sent to you. There is no fee for this event. *Registration opens the first Monday of the month, prior to each program date.*

Date: ..... Wednesday, January 20th
Time: 6:30pm–8:00pm
Ages: ..... All ages
Where: ..... Zoom (link will be sent to you)
Fee: ..... Free



TRIVIA NIGHT AT WINDING TRAILS

The holidays are over, and the rushing and stressing are behind us. Come to Winding Trails with your friends to celebrate with Trivia! We will supply the music, Trivia and atmosphere. You just need to supply your own food and beverages. *Registration opens the first Monday of the month, prior to each program date.*

Date: ..... Friday, January 29th
Time: 7:00pm–10:00pm
Ages: ..... Adults Only
Where: ..... Garmany Hall
Fee: $10.00 ..... Member Discount Fee: $7.00
Minimum: 25 ..... Maximum: 75

WINTER NIGHT HIKE & WINE BY MOONLIGHT

Join us for a magical evening under the winter sky as we explore Winding Trails by night. This guided night hike will lead you through the peaceful woods and trails while you learn fascinating facts about winter ecology, nocturnal wildlife, and the natural beauty that makes Winding Trails so special. After the hike, warm up by the fire and enjoy a cozy sampling of wine and snacks with fellow adventurers. *Registration opens the first Monday of the month, prior to each program date.*

Date: ..... Friday, February 12th
Time: 7:00pm–9:00pm
Age: ..... Adults Only
Where: ..... Garmany Hall
Fee: $30.00 ..... Member Fee: $25.00
Minimum: 8 ..... Maximum: 20

AMERICAN RED CROSS ADULT AND PEDIATRIC FIRST AID/CPR/AED TRAINING

This course incorporates the latest science and teaches students to recognize and care for a variety of first aid emergencies. Students who successfully complete this course will receive a certificate valid for two years. This is a blended learning class, with an online requirement before the class starts. *Registration opens the first Monday of the month, prior to each program date.*

Date: ..... Tuesday, February 9th
Time: 5:00pm–8:30pm
Ages: ..... 13 & up
Where:..... Garmany Hall
Fee: $115.00 ..... Member Discount Fee: $90.00
Minimum: 4 ..... Maximum: 12



Photo by John W. Davis Jr

ADULT NATURE WALKS – WALK, TALK, AND GAWK

Come join Miss Judy, Winding Trails' naturalist, for a casual exploration as we walk along some of our many trails to observe monthly seasonal changes. A different route and seasonal topic are planned for each date. *Registration opens the first Monday of the month, prior to each program date.*

Session I: Late Winter Discoveries
Date: ..... Thursday, March 11th

Session II: Vernal Pools & Signs of Spring
Date: ..... Thursday, April 8th

Session III: Birds, Insects, & Flowers
Date: ..... Thursday, May 13th

Time: 9:00am–11:00am
Ages: ..... Adults
Where:..... Lakeside Pavilion
Fee: $10.00 ..... Member Fee: Free
Minimum: 6 ..... Maximum: 16

CANDLE MAKING CLASS

Join us for a cozy and creative evening as you learn the art of candle making! In this hands-on workshop, you'll create your own custom-scented candles from start to finish. All materials are provided, and no experience is necessary. *Registration opens the first Monday of the month, prior to each program date.*

Date: ..... Tuesday, February 23rd
Time: 6:30pm–7:30pm
Ages: ..... 13 & up
Where:..... Lodge Activity Room
Fee: $60.00 ..... Member Discount Fee: $40.00
Minimum: 4 ..... Maximum: 12

THE ART OF MINDFUL LIVING

The Art of Mindful Living is a mindfulness-based workshop designed to help participants cultivate greater presence, self-awareness, and balance in everyday life. While yoga is one part of the experience, the program extends beyond the mat to explore practical tools and supportive practices for living with more intention, calm, and presence.

Blending mindfulness, breathwork, reflection, and gentle yoga, this workshop invites participants to slow down, tune in, and learn simple techniques to support stress reduction, emotional well-being, and nervous system balance. Welcoming to all levels, it offers an inclusive space for participants to reconnect with themselves and leave with practices they can carry into daily life.

Workshop run by Kristen Werblow: Kristen is an internationally known life and wellness coach, certified yoga teacher, and mindfulness facilitator with nearly 30 years of experience in mind-body-spirit wellness work. For over 14 years, she has supported individuals in creating greater balance, healing, and self-awareness through mindfulness, movement, and holistic wellness practices.

Registration opens the first Monday of the month, prior to each program date.

Date: ..... Friday, February 19th
Time: 6:00pm–8:00pm
Ages: ..... Adults Only
Where:..... Garmany Hall
Fee: $45.00 ..... Member Discount Fee: $35.00
Minimum: 6 ..... Maximum: 30

LINE DANCING CLASS WITH STOMPIN' BOOTS

Come on out and join Stompin' Boots at Winding Trails for an evening of line dancing. With fun, easy lessons and open dancing with a mix of easy and popular line dances we have something for dancers of all experience levels. Schedule: Social Time 5:30-6pm and 8-9pm; Line Dancing Lesson 6-8pm. *Registration opens the first Monday of the month, prior to each program date.*

Session I
Date: ..... Friday, March 12th

Session II
Date: ..... Friday, May 14th

Time: 5:30pm–9:00pm
Ages: ..... Adults
Where: ..... Garmany Hall
Fee: $30.00 ..... Member Fee: $20.00
Minimum: 15 ..... Maximum: 50

ACOUSTIC NIGHTS - PRESENTED BY McCLEAN LIFE PLAN COMMUNITY

Ease into the weekend with a relaxing Friday night at Winding Trails. Bring your spouse or a friend and enjoy great local music in a variety of welcoming venues during the quieter season. Unwind, settle in, and let the music lift your spirits. *Registration opens the first Monday of the month, prior to each program date.*

Session I
Date: ..... Friday, March 19th at Garmany Hall
Artist: ..... Danielle Miraglia

Session II
Date: ..... Friday, April 16th at Nature's Porch
Artist: ..... Barbara Stein

Session III
Date: ..... Friday, May 14th at Lakeside Pavilion
Artist: ..... Tim McDonald

Time: ..... 7:00pm – 9:00pm
Ages: ..... All ages
Fee: $7.00 ..... Member Fee: Free
Minimum: 20 ..... Maximum: 60

ADULT COOKING CLASSES

Join Matt from MY Productions CT for a fun, hands-on cooking experience! During this two-hour class, Matt will guide you through creating delicious dishes from fresh, raw ingredients to your finished masterpiece. *Registration opens the first Monday of the month, prior to each program date.*

Session I: TBD
Date: ..... Friday, April 2nd

Session II : TBD
Date: ..... Saturday, May 8th

Session III : TBD
Date: ..... Friday, June 4th

Time: 6:00pm–8:00pm
Ages: ..... Adults Only
Where: ..... Garmany Hall
Fee: $40.00 ..... Member Fee: $30.00
Minimum: 12 ..... Maximum: 16

MUSIC BINGO

Do you enjoy bingo? Well, if so come out for this fun twist on the classic game! Join Wild Bloom Entertainment for a fun night out. How it works: Instead of numbers, each bingo card has song titles. Short clips of songs are played, and players mark them off as they recognize them. The song titles and artists also show up on a screen, so nobody needs to be a music expert to play. So, gather some friends, bring out some snacks and drinks and join us to have fun listening to music and playing bingo. The winners of each game will receive prizes!

Date: ..... Friday, April 9th
Time: 6:30pm–8:30pm
Ages: ..... Adults only
Where: ..... Garmany Hall
Fee: $12.00 ..... Member Discount Fee: $8.00
Minimum: 50 ..... Maximum: 80

SPRING WOOD FLORAL CRAFT WORKSHOP



Come enjoy a night of crafting with Wood Florals. Learn how to dye and assemble wood flowers, and make a seasonal inspired table center piece, hanging door sign or wreath with pre dyed flowers. *Registration opens the first Monday of the month, prior to each program date.*

Date: ..... Friday, April 23rd
Time: 6:30pm–8:30pm
Ages: ..... 16 and older
Where: ..... Lodge Activity Room
Fee: $60.00 ..... Member Fee: $40.00
Minimum: 6 ..... Maximum: 20

NATURAL LAWN CARE

The Farmington River Watershed Association (FRWA) and Winding Trails are teaming up for this timely workshop on managing your lawn without chemical fertilizers and pesticides, including mowing techniques and common lawn problems. Prior to the program, test your soil via the UConn soil testing lab by completing the soil submission form located at this web address https://plantsoilcenter-cahnr.media.uconn.edu/wp-content/uploads/sites/4162/2026/07/submission_form_home_gardens_lawns.pdf

Bring the test results to discuss how to implement the suggestions. *Registration opens the first Monday of the month, prior to each program date.*

Date: ..... Saturday, April 24th
Time: 1:30pm–3:00pm
Ages: ..... Adults Only
Where: ..... Nature's Porch
Fee: ..... Free
Minimum: 10 ..... Maximum: 25

MINDFUL NOURISHMENT: FOOD AS MEDICINE

Mindful Nourishment: Food as Medicine is a 2-hour experiential workshop exploring the connection between food, stress, and the nervous system. Rather than focusing on diets or food rules, this class invites participants to slow down, tune in, and build greater awareness of how they eat and how food affects their body, mind, and overall well-being.

Through reflection, discussion, and mindful food tasting/testing, participants will explore how stress impacts digestion, cravings, and eating patterns, while learning how nourishment can become a supportive tool for healing, regulation, and self-care. This workshop offers a gentle, practical, and engaging approach to developing a more intentional relationship with food.

Workshop run by Kristen Werblow:

Kristen is an internationally known life and wellness coach, certified yoga teacher, and mindfulness facilitator with nearly 30 years of experience in mind-body-spirit wellness work. For over 14 years, she has supported individuals in creating greater balance, healing, and self-awareness through mindfulness, movement, and holistic wellness practices.

Registration opens the first Monday of the month, prior to each program date.

Date: ..... Friday, April 30th
Time: 6:00pm–8:00pm
Ages: ..... Adults Only
Where: ..... Garmany Hall
Fee: $55.00 ..... Member Discount Fee: $45.00
Minimum: 6 ..... Maximum: 30

FLOW YOGA: A 6-WEEK SERIES

Flow Yoga is a welcoming and accessible 6-week yoga series that blends mindful movement, breath, and inner awareness. Designed for all levels, including beginners, this class offers a supportive space where participants are encouraged to listen to their bodies, move at their own pace, and show up exactly as they are. Through breath-centered flow and intentional movement, students will build strength, flexibility, grounding, and greater connection to themselves. More than just a yoga class, this series is an opportunity to slow down, reconnect, and experience yoga's deeper benefits within a warm and inclusive community.

Instructor ..... Kristen Werblow:

Session I
Dates: ..... Mondays, January 4th to February 15th
(No class January 25th)

Session II
Dates: ..... Mondays, March 1st to April 5th
Time: 9:30am–10:30am
Ages: ..... Adults
Where: ..... Lodge Activity Room
Fee: $105.00 ..... Member Fee: $90.00
Minimum: 6 ..... Maximum: 20

BARRE AT THE BOATHOUSE PAVILION

Barre is a fun, high energy, fusion workout to strengthen and tone your muscles. Class includes cardio, barre work, and mat exercises. This class is for ALL levels, no prior dance or exercise experience is necessary. *Registration opens the first Monday of the month, prior to each program date.*

Instructor: ..... Bridget Bussiere
Dates: ..... Tuesdays, April 20th–May 25th
Time: 9:30am–10:30am
Ages: ..... Adults
Where: ..... Boathouse Pavilion
Fee: $90.00 ..... Member Fee: $75.00
Minimum: 6 ..... Maximum: 20

PILATES AT THE BOATHOUSE PAVILION

Get a great workout and view at our Pilates class under the Boathouse Pavilion. Instructor Lisa McMahon has over 15 years of experience teaching Pilates and group exercise. You will need to bring your own mat and water bottle. *Registration opens the first Monday of the month, prior to each program date.*

Instructor: ..... Lisa McMahon
Dates: ..... Fridays, April 23rd to May 21st
Time: 9:00am–10:00am
Ages: Adults
Where: ..... Boathouse Pavilion
Fee: $75.00
Member Fee: $60.00
Minimum: 6 ..... Maximum: 20



INTRODUCTION TO PICKLEBALL

Interest in Pickleball is surging across the country. We will be offering a four-week program to help beginners learn all about pickleball. Equipment will be provided. *Registration opens the first Monday of the month, prior to each program date.*

Session I
Dates: .....Tuesdays, April 27th to May 18th, 5:00pm–6:00pm
Instructor: ..... Gideon

Session II
Dates: ....Thursdays, April 29th to May 20th, 9:30am–10:30am
Instructor: ..... Gideon

Ages: ..... Adults
Where:.....Pickleball Courts
Fee: $60.00.....Member Discount Fee: $40.00
Minimum: 6 .....Maximum: 12

PICKLEBALL CLINIC

Ready to take your pickleball game to the next level? Our new Pickleball Clinic is a two-hour session designed for advanced beginners and intermediate players. We recommend that participants have taken a beginner class first. The first hour focuses on skills and drills, and the second hour is all about game play. *Registration opens the first Monday of the month, prior to each program date.*

Session I
Date: .....Saturday, April 24th, 11:00am–1:00pm

Session II
Date: .....Wednesday, May 12th, 10:00am–12:00pm

Session III
Date: .....Saturday, May 22nd, 11:00am–1:00pm

Where:.....Pickleball Courts
Fee: $40.00.....Member Discount Fee: $30.00
Minimum: 6 .....Maximum: 12

PICKLEBALL OPEN PLAY

Join us for Pickleball Open Play at Winding Trails! This fun and active program welcomes players of all skill levels. Paddles and balls are available, but participants are encouraged to bring their own equipment. Please register for each date you plan to attend. *Registration opens the first Monday of the month, prior to each program date.*

Dates: .. Mondays & Wednesdays, March 31st through May 26th
Time: 10:00am–11:30am
Ages: .....Adults Only
Where:.....Pickleball Courts
Fee: $7.00 (each day) .....Member Fee: Free
Minimum: 6 .....Maximum: 12



TENNIS LESSONS

Our tennis program is now entering year 4 under Paul Bernstein. Last year was a banner year for Winding Trails Tennis Program. Tons of new faces with regulars returning to fine tune their topspin and put more snap in their serve. Private lessons are available for children and adults. Semi-private lessons are an option too if you would like to bring along a friend or 2. Lessons are scheduled through our Tennis Instructor, Paul Bernstein at (959) 275-5090. Simply purchase your lesson online and contact Paul to schedule your time.

Private lessons:
Member: $55/hour .....Non-members: $60/hour
Member: $30/30 minutes ..... Non-members $35/30 minutes

Semi Private lessons (2 or more):
Member: $30/hour per person...Non-members: $35 per person

CARDIO TENNIS

Come hit a ton of balls and burn some calories while keeping up with some tennis tips. This program is not for anyone who is new to tennis. Cardio-tennis which combines exercise and tennis in a way that brings benefits to your health and your game.

Session I
Date: .....Friday, April 9th

Session II
Date: .....Friday, April 16th

Session III
Date: ..... Friday, April 23rd

Session IV
Date: .....Friday, April 30th

Session V
Date: ..... Friday, May 7th

Session VI
Date: ..... Friday, May 14th

Session VII
Date: .....Friday, May 21st

Session VIII
Date: ..... Friday, May 28th

Time: 9:00am–10:00am
Instructor: .....Paul Bernstein
Ages: .....16 and up
Where:.....Tennis Courts
Fee: $25.00 .....Member Discount Fee: $20.00
Minimum: 3 .....Maximum: 8

ADULT SPRING LUNCHEON
THE LONG RHYTHM ROAD: FROM RAGTIME TO ROCK (N' ROLL)



This will be an entertaining lecture with recorded musical illustrations, along with a PowerPoint presentation. The American musical journey, from ragtime to jazzed-up popular song, "Rhythm & Blues," and rock 'n' roll, shows that, for the American musical and dancing public, as a Louis Armstrong song has it, "rhythm saved the world." A lunch of toss salad, pasta, meatballs, and dessert will be served after the presentation. *Registration opens the first Monday of the month, prior to each program date.*

Presenter: Robert L. Cohen, Folk & Jewish Music historian, has been lecturing on American folk and popular music for some 30 years – including at the Fifth Avenue New York Public Library and New School University in New York, the New England Conservatory of Music, the Connecticut Museum of Culture and History, and Boston College's Center for Christian-Jewish Learning & School of Theology & Ministry. He wrote the NPR documentary "One People, Many Voices: American-Jewish Music Comes of Age" and produced the compilation CD Open the Gates! New American-Jewish Music for Prayer.

Date: ..... Wednesday, April 7th
Time: 10:30am–12:30pm
Ages: ..... Adults
Where: ..... Garmany Hall
Fee: $25.00 per person ..... Member Fee: $20.00 per person
Minimum: 25 ..... Maximum: 65

MOUNTAIN BIKE SERIES

Are you planning on racing in our Tri Series? Get into the Tuesday evening routine ahead of time by joining us for our 5th season of our mountain bike series, or use it as a reason to come out and enjoy mountain biking. This series runs for 5 weeks on Tuesday nights with a rolling start through open and single-track trails. There will be a $5 price increase for in person day of registration at the race.

Short Course: 5 miles ..... Long Course: 10 Miles (two loops)
Dates: ..... Tuesdays, April 20th–May 18th
Time: ... Registration opens at 5:00pm with rolling start to follow
Ages: ..... 12 and up
Where: ..... Tri Transition Area at Walton Pond
Fees:
- Online: ..... $25.00 per race
- Day of: ..... $30.00 per race
- Series Pass: $100.00

Member Fees:
- Online: ..... $15.00 per race
- Day of: ..... $20.00 per race
- Series Pass: $60.00

Minimum: 20 ..... Maximum: 200



TRI SERIES FREE DEMO DAY

Come and practice the Triathlon race courses. Check out the swim, transition, bike, and run courses. Even purchase your series pass for the season! Visit our sponsors and learn about what they have to offer. *This event is FREE! Registration is not required.*

Date: ..... Tuesday, June 1st
Time: 5:00pm–7:30pm
Ages: ..... 10 and older
Where: ..... Transition Area (located by Walton Pond)
Fee: ..... Free
Minimum: 20 ..... Maximum: 200



SPRINT & TINY TRI-TRAINING SERIES

Join us for our 27th season of the weekly triathlon series! This series runs on Tuesday evenings at Winding Trails for 10 weeks. SPRINT distance consists of a 1/4-mile swim in Dunning Lake, a 5-mile mountain bike ride (mountain bike required, no hybrids), and a 3-mile trail-run. The truly beginner Tiny Tri consists of a 1/8th mile swim, 3-mile ride (hybrid OK, mountain bike recommended) and a 1+ mile run.

This year's series will start on Tuesday, June 8th and end on Tuesday, August 10th. More details in the Summer/Fall Newsletter!



UPCOMING AQUATIC PROGRAMS

We have many popular aquatic programs over the summer! An aquatic program newsletter will be emailed out in early April with details about programs, schedules, and registration dates. *For now, here is a quick overview and dates for planning purposes!*

SWIM LESSONS

Session I:.....June 21st–July 2nd
Session II:..... July 5th–July 16th
Session III:..... July 19th–July 30th
Session IV: .....August 2nd–August 13th

INTRODUCTION TO BOATS

Session I:..... June 21st–June 25th
Session II:..... July 5th–July 9th
Session III:..... July 19th–July 23rd
Session IV: .....August 2nd–August 6th

WINDING TRAILS SAILING

Session I:.....June 21st–July 2nd
Session II:..... July 5th–July 16th
Session III:..... July 19th–July 30th
Session IV: .....August 2nd–August 13th

AMERICAN RED CROSS LIFEGUARDING COURSE WITH WATERFRONT MODULE (BLENDED LEARNING)

Session I ..... Monday–Friday, June 14th–June 25th
Session II..... Monday–Friday, July 26th–August 6th



BEACH RULES

- Swimming is permitted only in designated areas when lifeguards are on duty.
- Open water swimming is not permitted.
- Swimmers must be able to swim to the rafts unassisted.
- No pushing or flipping off of the rafts.
- Coast Guard approved lifejackets are allowed but cannot be used to aid someone in getting to the rafts. No other flotation devices are allowed.
- No child under the age of 15 is to be left unattended.
- Keep paths in front of the lifeguard chairs free of chairs, towels, umbrellas, and beach toys.
- Only single-poled umbrellas are allowed on the beach and must not block lifeguard sight line or access to the water.
- Playing of music should be kept to a low volume and not hinder other's enjoyment of the park.
- No alcoholic beverages are permitted in the water.
- Glass containers are prohibited from the park. Please use non-breakable containers.
- Smoking is prohibited from the beach area and all picnic areas.
- Picnic Tables, Benches, Chairs, and Grills are used on a first come first serve basis. Reserving of any of these items is not allowed.
- Changing of babies on picnic tables is not allowed. Baby changing tables are provided in both sides of the bathhouse.
- Fishing is not permitted from the beach or in swimming areas.

BOATING GUIDELINES

- Anyone under the age of 8 and not at least a level 4 swimmer must be accompanied by an adult. Boat Attendants have the right to refuse boat rentals to any person(s) unable to manage a specific craft.
- Boats are available for rent at the boathouse daily between the hours of 11:00am and 6:00pm with the last boat in to shore at 7:00pm. Rates are posted at the boat house.
- Damage to the boats caused by horseplay or operator error will be charged to the member.
- Individuals using the boats should not bring any valuables on to the water. Winding Trails will not be responsible for damage done to cell phones, car keys, etc.
- All boaters, whether in Winding Trails boats or their own must wear lifejackets. If we cannot properly fit your child in a lifejacket, they will be unable to accompany you in the boat – No Exceptions!
- All boaters operating an electric engine must be registered with the State of Connecticut and have a valid Safe Boaters Certificate and have a valid Safe Boaters Certificate. Electric motors not to exceed 5hp are permitted on the lake.
- No gas motors are allowed.
- Launching of boats is allowed only from the provided launch site across from the Main Office building.
- No inflatable boats are permitted with the exception of approved inflatable stand-up paddleboards or kayaks.
- Boats are restricted from swimming areas.
- If you are transporting your boat to Dunning Lake from another lake, please be sure to wash your boat thoroughly prior to launch. This will help prevent the spread of weeds and other organisms from one lake to another. A hose is located on the side of the office building for your convenience.
- Failure to follow the posted rules and regulations will result in forfeiture of your membership.

BOAT STORAGE

- Boats may be stored on the peninsula across from the Main Office from April 1st – November 15th for a fee.
- Limit 2 boat slips per membership.
- All boats are stored at the owner's risk. Winding Trails accepts no responsibility for loss or damage.
- Only one boat can be stored at each boat slip.
- Stickers will be issued showing the member number and assigned boat slip. Stickers must be visibly displayed on all boats. Boats without a sticker will be removed.
- Registration forms for storage of non-motorized boats less than 15 feet are available online at windingtrails.org/boats.
- Fees must be kept up to date. Once you are notified of delinquent fees the boat will be removed from the peninsula and not released until all delinquent fees are paid.

FISHING RULES

- Members, 16 years of age and older must have a valid fishing license. Children under 16 do not need a fishing license.
- Please be sure to stick to posted limits on daily catches. Anyone with more than their limit will have his or her fishing privileges revoked. Keep in mind fishing is for all members. Over fishing only hurts all fishermen in the end. Please catch and release.
- Members are allowed three trout or bass per day. If you bring a guest, you and your guests' limit together cannot exceed the five trout or bass limit per day.
- Bass Protective Slot Limits: 12"-16" long bass are in a protective range and must be released. Only one bass over 16" may be kept each day
- Failure to follow the posted rules and regulations will result in forfeiture of your membership.

GENERAL POLICIES

- Winding Trails membership runs the calendar year: January 1st–December 31st. There is no proration of your dues should you wish to terminate your membership early.
- All vehicles must stop at the gatehouse to scan stickers and collect guest fees. Membership stickers must be affixed to the lower left side of your windshield. Stickers not affixed may be confiscated.
- Walkers/Bikers should use the main gate and will be permitted in the park only if they can provide photo ID to verify membership. The Gate Attendant will verify membership.
- All windows on the driver's side of the vehicle should be rolled down so the gate attendants can welcome drivers, verify members, and any guests.
- Each membership is limited to six guests per day that are registered in advance online. Larger groups must call the office at (860) 677-8458 so special arrangement can be made.
- Guests must park their vehicles outside the gate along the edge of the entrance roadway.
- Members should park in the designated lots and not on the grass. Parking along the road creates visual problems. Parking violations will be issued for cars parking in non designated areas.
- No dogs or other pets are allowed in the park.
- Drive slowly in the park. Speed limit in the park is 20 MPH. Bikers, walkers and wildlife utilize the roadway as well as the cars.
- Please dispose of diapers by wrapping in a plastic bag before putting in the trash receptacles. Use the baby changing stations and not the picnic tables for changing.
- Toddlers/Babies must wear swim diapers in the lake.
- Please put trash and recyclables in the proper receptacles. No glass containers, please.
- Picnic Tables and Grills are used on a first come first serve basis. Reserving of any of these items is not allowed.

PROGRAM POLICIES

- Participants will be notified by email if a class is filled or if the class has been canceled. Registration for most programs can be done online on our website.
- Winding Trails reserves the right to cancel any program due to low enrollment. Please register early!
- Three working days prior to the start date for each program, a decision will be made to cancel or run the program. If canceled, you will be notified by Winding Trails and will receive a full refund.
- Winding Trails reserves the right to combine or divide classes, to change the time, date, and/or location and to make other revisions in these offerings, which may become necessary.
- Every effort will be made to make up classes. However, activities canceled due to circumstances beyond the control of Winding Trails that cannot be made up may not be refunded.

REFUND POLICY

Winding Trails has multiple programs and specific policies for major programs such as camp and rentals. Please check website for details on these programs. The following refund policies are for our general programs and special events.

- Full refunds will be given when requested up to one (1) week prior to the start of the program.
- Once the decision has been made to run a particular program, no refund will be given unless Winding Trails can find a substitute, or there is a medical emergency.
- Absolutely no refunds will be given for any attended portion of a program.
- There will be no cash refunds. Allow two (2) to four (4) weeks to process a refund.
- **A $25.00 fee will be assessed for *ALL* bounced checks!**

PLEASE REMEMBER TO RECYCLE!

Spot the Difference!

Can you find all 8 differences?



1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

7. _____

8. _____

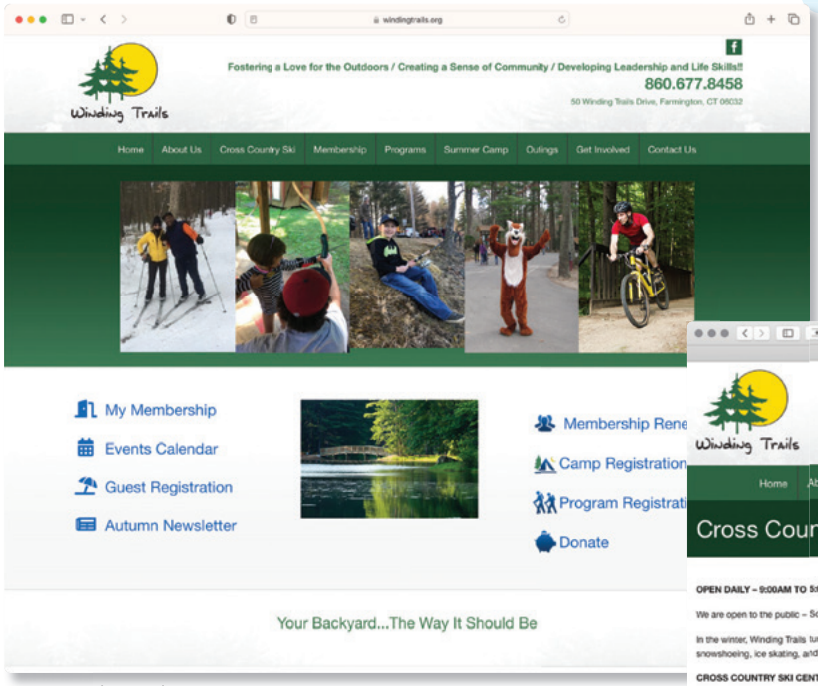
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MISSION STATEMENT

Winding Trails, Inc. is a non-profit organization serving people from Farmington and surrounding communities, providing year-round recreational and educational activities for the enjoyment and growth of all families and individuals. Winding Trails is dedicated to the conservation and stewardship of the natural woodlands and waterways that allow outdoor programming, character development, and other activities that strengthen the lives of those we serve.

www.windingtrails.org



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SURFED OUR WAY LATELY?

Visit our website to learn more about our organization and programs. We encourage our members and the general public to browse our site and send us feedback. Online registrations is available for most programs



FIND IT ONLINE

You can find online registration, medical forms, summer camp bus schedules, ski and skate conditions and much more on our website. We encourage our members and non-members alike to browse our site and send us feedback.

Fostering a Love for the Outdoors • Developing Leadership and Lifeskills • Creating a Sense of Community